



Clinical observation on the treatment of IBS by “Jiechang Kang”

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Author contributions: The author solely contributed to the work.

Original title: *China National Journal of New Gastroenterology* (1995-1997) renamed *World Journal of Gastroenterology* (1998-).

Received: December 11, 1995

Revised: January 21, 1996

Accepted: July 19, 1996

Published online: September 15, 1996

Abstract

AIM: The author used Jiechang Kang (composed of 11 Chinese herbs) to treat IBS and observe the clinical effect.

METHODS: The patients were divided into 2 groups. The treated group consisted of 53 male and 47 female patients. They were from 0 to 74 years old. The duration of the illness was from half year to 10 years. The control group consisted of 16 male and 14 female

patients. They were from 16 to 63 years old. The duration of the illness was from half a year to 5 years.

RESULTS: Of the treated group, 60 cases had complete remission, 35 cases had partial remission, only 5 cases had no efficacy. The total effective rate was 95%. But of the control group, 4 cases had complete remission, 5 cases had partial remission, 21 cases had no efficacy. The total effective rate was 30%.

CONCLUSION: The herbs in Jiechang Kang can adjust bowel movement and secretion, relieve abdominal pain and distention, improve digestion and transportation of food. Therefore, it is an effective herbal preparation to cure IBS.

Key words: Jiechang Kang; Herb; IBS

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Zhong RZ. Clinical observation on the treatment of IBS by “Jiechang Kang”. *World J Gastroenterol* 1996; 2(Suppl1): 188 Available from: URL: <http://www.wjgnet.com/1007-9327/full/v2/iSuppl1/188.htm> DOI: <http://dx.doi.org/10.3748/wjg.v2.iSuppl1.188>



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