

## Clinical trail on cispride in treatment of constipation

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### Abstract

**AIM:** This clinical trail studied on cispride in treatment of constipation.

**METHODS:** 59 cases of constipation gastrointestinal disease with a mean age of 62 years old. Initial dose of cispride: 5 mg 2 times daily; Maximal dose: 20 mg 2 times daily; Maintenance treatment

of cispride: 5 mg daily. The patients were followed up before treatment and after treatment. The symptoms and side effects were recorded.

**RESULTS:** The cispride could significantly improve the symptoms of constipation. Total efficacy rate of cispride as 93.2%. Side effects are mainly borborygmi, diarrhea and transient abdominal cramping, but most of patients could endure.

**CONCLUSION:** The clinical trail indicated that the cispride is safe and effective in treatment of functional constipation.

**Key words:** Cispride; Constipation

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