



Analysis of therapeutic effects of soothing the liver and regulating the stomach on 80 cases of functional dyspepsia

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Abstract

AIM: Functional dyspepsia is commonly seen in clinic, however, its cause is not clear. In order to search for a new effective means of TM for the treatment of the disease, the authors treated 80 cases of FD with the TCM methods of soothing the liver and regulating the function of stomach which showed a satisfactory effect and no side effects, compared with 76 cases of the same disease in the control group.

METHODS: From January 1992 to October 1995, 156 in or out

patients of FD in our hospital were randomly divided into 2 groups: 80 cases in the Chinese drug group and 76 cases in the control group (treated with Domperidone). The sex, age and course of the disease were basically comparable between the 2 groups. According to TCM, all the cases in the Chinese drug group were divided into 3 types: the type of disharmony of the liver and stomach. Patients of this type were given the basic recipe with ingredients as follows: Radix Bupleuri 12 g, Fructus Aurantii 12 g, Radix Paeniae Alba 18 g, Radix Curcumae 12 g, Radix Aucklandiae 10 g, Pericarpium Citri Reticulatae 10 g, Rhizoma Cyprei 10 g, Caulis Peillae 9 g, Pericarpium Arecae 18 g, Poria 15 g, Rhizoma Atracylodes Macrocephalatae 12 g, Rhizoma Pinelliae 12 g and Radix Glcyrrhizae 6 g.

Key words: Liver; Stomach; Functional dyspepsia

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