

## Effects of bile acids on cyclooxygenase-2 expression in a rat model of duodeno-esophageal anastomosis

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### Abstract

**AIM:** To examine the expression of cyclooxygenase-2 (COX-2) and prostaglandin E2 (PGE2) in rat esophageal lesions induced by reflux of duodenal contents.

**METHODS:** Thirty 8-week-old male Wistar rats were exposed to duodenal content esophageal reflux. All animals underwent an esophagoduodenal anastomosis (EDA) with total gastrectomy to elicit chronic esophagitis. In ten rats sham operations with only a midline laparotomy were performed (Control). The rats were sacrificed at the 40<sup>th</sup> week, their esophagi were taken for hematoxylin and eosin staining and for examination of expression of COX2, PGE2, and proliferating cell nuclear antigen (PCNA), and total bile acids in the esophageal lumen was measured.

**RESULTS:** After 40 wk of reflux, columnar dysplasia, squamous cell carcinoma and adenocarcinoma were observed. Total bile acids in the esophageal lumen were significantly increased in the EDA group compared with the sham operated rats. PCNA labelling index and esophageal tissue PGE2 levels were higher in dysplastic and cancer tissues than in control tissues. Overexpression of COX2 was observed in dysplastic and cancer tissues.

**CONCLUSION:** Reflux of duodenal contents induces COX2 expression and increases prostaglandin synthesis in dysplastic and cancer tissues. This result suggests a possible mechanism by which bile acids promote esophageal cancer.

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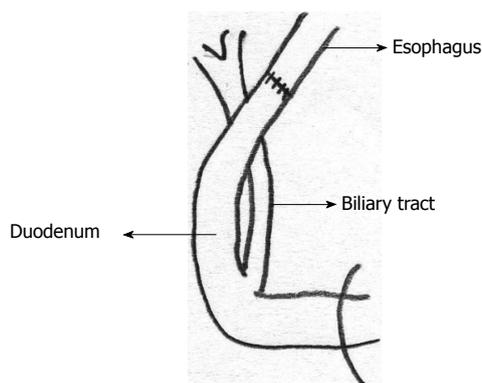
**Key words:** Bile acids; Cyclooxygenase-2; Prostaglandin E2; Esophageal cancer; Esophagoduodenal anastomosis

**Core tip:** It is known that reflux of duodenal contents (bile acids) can induce mucosal injury, stimulate cell proliferation, and promote tumorigenesis. We examined the expression of cyclooxygenase-2 (COX-2) and prostaglandin E2 in rat esophageal lesions induced by reflux of duodenal contents. All animals underwent an esophagoduodenal anastomosis with total gastrectomy to elicit chronic esophagitis. We demonstrated that reflux of duodenal contents induces COX-2 and increases prostaglandin synthesis in dysplastic and cancer tissues. This result suggests a possible mechanism by which bile acids promote esophageal cancer.

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### INTRODUCTION

Reflux of duodenal contents appears to contribute to the development of esophagitis and Barrett's esophagus<sup>[1,2]</sup>. This idea is supported by several observations. In patients with gastroesophageal reflux disease, the concentration of bile acids in the esophageal refluxate correlates with



**Figure 1** Esophagoduodenal anastomosis model: Esophagoduodenal anastomosis with total gastrectomy.

the degree of esophageal mucosal injury<sup>[3]</sup>. In experimental animals, induction of a duodeno-esophageal anastomosis led to esophagitis, Barrett's esophagus and esophageal cancer<sup>[4]</sup>. The precise mechanism by which duodenal reflux causes esophageal injury and predisposes to neoplasia is uncertain. However, there is considerable evidence to suggest that bile acids contribute to this mechanism. Bile acids can induce mucosal injury<sup>[5]</sup>, stimulate cell proliferation<sup>[6]</sup> and promote tumorigenesis<sup>[7]</sup>.

Two isoforms of cyclooxygenase (COX), designated COX-1 and COX-2, catalyze the synthesis of prostaglandins (PGs) from arachidonic acid. COX-1 is a house-keeping gene that is expressed constitutively in most tissues. COX-2 is an immediate-early response gene that is induced by a variety of mitogenic and inflammatory stimuli<sup>[8]</sup>. Elevated levels of COX-2 have been detected in both inflammatory<sup>[9]</sup> and neoplastic conditions<sup>[10]</sup>. For example, COX-2 is up-regulated in peptic ulcer disease, Barrett's esophagus and esophageal cancer. Taking this information together, it seems likely that COX-2 plays a role in the pathogenesis of duodenal reflux-related diseases of the esophagus.

In this study, we investigated the effects of bile acids and duodenal reflux on COX-2 expression in a rat model of duodeno-esophageal anastomosis.

## MATERIALS AND METHODS

Eight-week-old male Wistar rats weighing approximately 300 g were used for the experiments. They were allowed to acclimatize for 2 wk prior to surgery. Solid food was withdrawn 1 d before and for 1 d after surgery. Esophagoduodenal anastomosis (EDA) was performed in 30 rats under general anesthesia (pentobarbital 50 mg/kg body weight, *i.p.*) through an upper midline incision. The gastroesophageal junction was ligated, and the distal esophagus was transected 2 mm above the ligature. Furthermore, the gastroduodenal junction was also ligated, and the proximal duodenum was transected 3 mm distal to the pylorus. A total gastrectomy was performed with the removal of the entire stomach, and end-to-end anastomosis of the esophagus and duodenum. The abdomi-

nal incision was closed in two layers (Figure 1). In 10 rats, sham operations with only a midline laparotomy (control group) were performed. Postoperatively, the rats were allowed to drink water after six hours and were fed the following day. This procedure was approved by the Animal Care and Facilities Committee, Kinki University.

All of the rats were killed as described previously<sup>[11]</sup>. Special care was taken to separate the esophagus from the duodenum based on the suture line. For the animals killed at the 40<sup>th</sup> week, all of the esophagi were cut longitudinally and fixed in 10% buffered formalin. The formalin-fixed esophagus was Swiss-rolled, processed and embedded in paraffin. Five-micron sections were mounted on glass slides and used for pathological and immunohistochemical analyses.

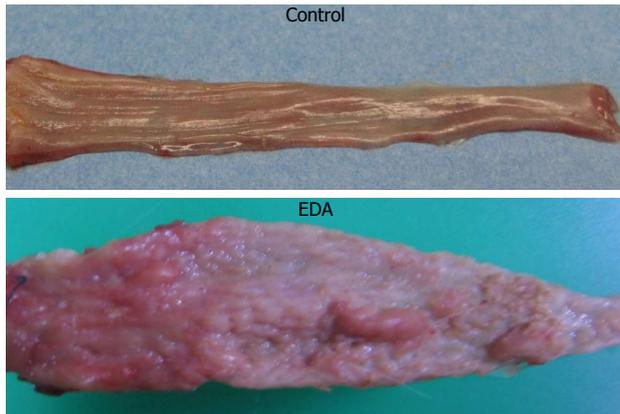
### Immunohistochemical analysis

**COX-2:** Localization of COX-2 protein was determined by immunohistochemical staining with a specific antibody. The DAKO EnVision system (Dako Cytomation Japan Co. Ltd., Kyoto, Japan) was used with autoclave acceleration. After blocking endogenous peroxidase, deparaffinized sections were covered with a protein block and serum-free medium (Dako) and were incubated overnight at 4 °C with a primary anti-COX2 monoclonal antibody (1:50; BD Transduction Laboratories, San Jose, CA). Sections were treated with a secondary biotinylated antibody (Dako), 3,3'-diaminobenzidine tetrahydrochloride was used as the chromogen, and the sections were counterstained with hematoxylin.

**Proliferating cell nuclear antigen:** Immunohistochemical detection of proliferating cell nuclear antigen (PCNA) was performed by the avidin-biotin complex method using a mouse anti-human PCNA monoclonal antibody and the appropriate Histostain Gold AEC kit. The PCNA labeling index has been widely used to assess cell proliferation. In this study, the index was defined as the number of squamous epithelial cells with a PCNA-positive nucleus (or nuclei)/100 squamous epithelial cells (%).

### Measurement of PGE2 production

Each tissue sample frozen at -80 °C was weighed and homogenized using a Polytron homogenizer PT-MR2100 in 0.5 mL of homogenization buffer (0.1 mol/L phosphate, pH 7.4, containing 1 mmol/L ethylenediamine tetraacetic acid and 10 μmol/L indomethacin) containing 100 mg tissue. Then, 2 volumes of acetone were added to the samples and vigorously spun. The samples were incubated at room temperature for 5 min, and centrifuged at 1500 × *g* for 10 min to remove precipitated proteins. The supernatant was transferred into a clean tube, and dried to remove the acetone using a gentle stream of nitrogen. One mL of 1.0 mol/L acetate buffer (pH 7.4) was added to dissolve the samples, which were immediately affinity purified with an SPE cartridge (Cayman Chemical, Ann Arbor, MI). The samples were assayed using a PGE2 EIA kit (Cayman Chemical), according to the manufac-



**Figure 2** Macroscopic appearance of resected esophagi from esophagoduodenal anastomosis and control rats. EDA: Esophagoduodenal anastomosis.

turer's instructions. PGE2 levels were shown as pg/mg of tissue.

### Measurement of bile acids in the esophageal lumen

After each rat was sacrificed, their esophagi were removed and lavaged with 0.5 mL of saline. The lavage was centrifuged at  $1500 \times g$  at  $4^\circ\text{C}$  for 5 min. The supernatant was frozen and stored. Total bile acid concentration was measured with an ENZa BILE kit (Daiichi Chemical, Tokyo).

### Statistical analysis

Data are expressed as mean  $\pm$  SD of each group. Student's *t* test was used for statistical analysis.  $P < 0.05$  was considered statistically significant.

## RESULTS

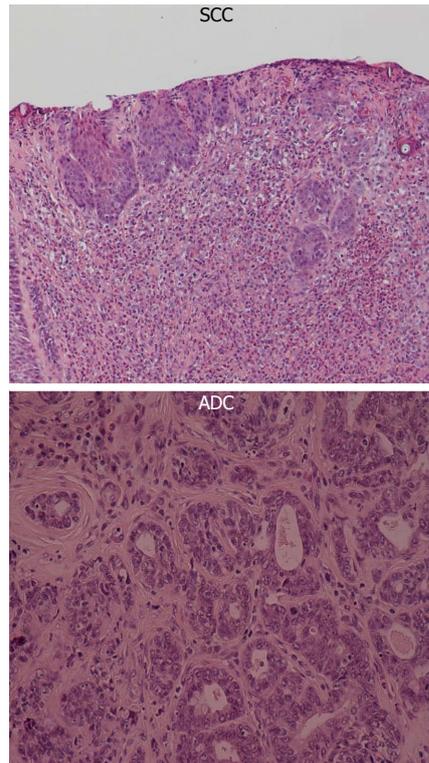
### General observations

A total of 37 of 40 (92.5%) rats completed the study. In the EDA group, 27 (90%) rats completed the study, and 3 rats died from complications, such as malnutrition and pneumonia. In the control group, 10 (100%) rats completed the study.

### Macroscopic findings

The middle and lower esophagus of animals in the EDA group was wide and thickened. There was gross evidence of severe esophageal mucosal injury in the EDA group, which included epithelial thickening and extensive hyperplasia of the lower two thirds of the esophagus. Ulceration was frequently present in the area above the anastomosis (Figure 2).

There was a small polyploid tumor in the lower esophagus in the EDA group. The tumor was squamous cell carcinoma and adenocarcinoma. Most of the nodular lesions were also associated with carcinomas, and the others with esophagitis. In addition, there were grossly normal tissues in the control group.



**Figure 3** Microscopic findings in the distal portion of the esophagus from esophagoduodenal anastomosis rats. ADC: Adenocarcinoma; SCC: Squamous cell carcinoma.

### Microscopic findings

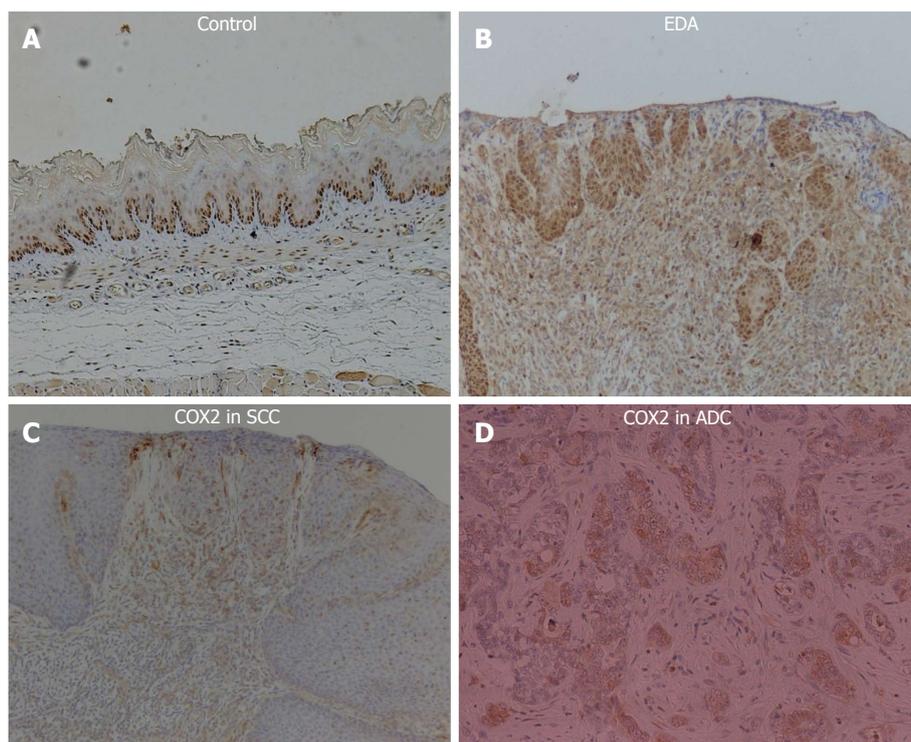
The esophagi of the control rats did not reveal any pathological findings, but various squamous cell lesions were observed in the middle and lower esophagus in the EDA group (Figure 3).

All animals from the EDA group showed histological features of esophagitis, including marked hyperplastic changes with increased thickness of the squamous epithelium, hyperkeratosis and regenerative changes with papillomatosis, and basal cell hyperplasia. These features were not found in the control group. Columnar lined epithelium (CLE) and epithelial ulceration were frequently present adjacent to the anastomosis. CLE was observed in 40% of rats at the 40<sup>th</sup> week. Severe dysplasia in the lower esophagus occurred in 100%, squamous cell carcinoma (SCC) was observed in 40% and adenocarcinoma (ADC) was observed in 30% at the 40<sup>th</sup> week.

To assess the biological behavior of various squamous lesions, we performed immunohistochemical staining for PCNA because the proliferative index is often increased in dysplastic and cancerous tissues. The PCNA labeling index of dysplasia and cancer ( $75\% \pm 5\%$ ) was higher than that of control ( $30\% \pm 5\%$ ) ( $P < 0.05$ ) (Figure 4).

### Total bile acids in the esophageal lumen ( $\mu\text{mol/L}$ )

Total bile acids in the esophageal lumen were significantly increased in the EDA group ( $180 \pm 50$ ) compared with



**Figure 4 Immunohistochemical findings.** A: For proliferating cell nuclear antigen in control; B: Esophagoduodenal anastomosis (EDA) rats; C: For cyclooxygenase-2 (COX2) in squamous cell carcinoma (SCC); D: Adenocarcinoma (ADC) in EDA rats.

the sham operated rats ( $35 \pm 5$ ) ( $P < 0.05$ ).

#### **Immunohistochemistry of COX-2**

Every animal that suffered from reflux demonstrated COX-2 protein expression in the lower esophagus. COX-2 was abundantly expressed in both inflammatory and proliferative esophageal mucosa of rats exposed to chronic EDA. Some SCC and ADC epithelial cells strongly expressed the COX-2 protein (Figure 4).

#### **Measurement of PGE2 production (pg/TPmg) in esophageal tissue**

PGE2 synthetic activity was significantly increased in the EDA group ( $260 \pm 50$ ) compared with the sham operated group ( $25 \pm 5$ ) ( $P < 0.01$ ).

## **DISCUSSION**

Overexpression of COX-2 has been linked to a variety of inflammatory and neoplastic conditions. Hence, it is logical to postulate that endogenous inducers of COX-2 could predispose to inflammation and malignancy. Previously, Song *et al*<sup>[12]</sup> reported that unconjugated bile acids induced COX-2 expression.

Recent evidence suggests that bile acids, major constituents of the duodenogastroesophageal refluxate, can also promote the development of Barrett's esophagus and esophageal cancer. Bile reflux is particularly common in individuals with gastroesophageal reflux disease who subsequently develop Barrett's esophagus<sup>[13,14]</sup>. Barrett's esophagus also develops in patients who have undergone total

gastrectomy, a situation in which bile reflux is common. Development of Barrett's esophagus and subsequently esophageal cancer occurs in a rat model of esophagoduodenostomy. The present study demonstrates that it is duodenal contents, not gastric contents, that induce esophageal carcinogenesis through reflux. Because this carcinogenesis required no administration of carcinogens, and because spontaneous esophageal carcinoma is rare in animals, duodenal contents are most likely carcinogenic in the development of esophageal carcinoma.

The histological pattern of esophageal carcinoma induced in the present study was classified into 2 types; ADC and SCC.

ADC always occurred near the esophagoduodenostomy and always in the columnar lined epithelium. Human esophageal ADC mostly arises in the lower third of the esophagus, and when it does occur, it is usually associated with Barrett's esophagus. The majority of Barrett's esophagus cases result from chronic gastro-esophageal reflux. SCC was observed distant from the site of the anastomosis, and was surrounded by chronic squamous esophagitis with features of basal-cell hyperplasia and regenerative thickening.

It is widely accepted in humans that regurgitation of duodenal contents is closely linked to Barrett's esophagus and to the development of esophageal ADC; however, esophageal SCC is not reported to be related to reflux<sup>[15]</sup>, but is strongly associated with tobacco smoking and alcohol consumption. Gastroesophageal reflux does not appear to be an independent risk factor for esophageal SCC, but it may enhance the acknowledged risk factors

such as tobacco smoking and alcohol consumption. In contrast, results from several studies using rat duodenal content reflux models have shown the development of esophageal carcinomas including SCC<sup>[16]</sup>. In this study, the incidence of pure ADC is lower than that of SCC. It is unclear what factors lead to the formation of carcinomas of specified histology.

The precise mechanisms by which duodenal reflux causes esophageal injury and predisposes to esophageal cancer are uncertain. There is considerable evidence, however, that bile acids contribute to this process. Total bile acids in the esophageal lumen were significantly increased in the EDA group compared with the control group. Bile acids induce AP-1-mediated gene transcription<sup>[17-19]</sup> and enhance the activity of protein kinase C<sup>[20]</sup>. Recent evidence has linked bile acid induced tumorigenesis to increased activity of COX-2. It is also unclear which bile acids in the refluxate contribute to COX-2 induction.

As discussed above, bile acids represent one of the important constituents of duodenal fluid that has been implicated in esophageal mucosal injury<sup>[21]</sup>. Bile acids strongly induce COX-2 by either transcriptional or post-transcriptional mechanisms in multiple gastrointestinal tract cancers, including cancer of the colon, pancreas, stomach, liver, esophagus and bile duct<sup>[22]</sup>.

An animal model was used to determine whether duodenoesophageal reflux caused induction of COX-2. We observed markedly enhanced expression of COX-2 in dysplastic and cancerous mucosa obtained from rats in which an esophagoduodenal anastomosis had been created. In contrast, COX-2 was undetectable in esophageal and duodenal mucosa from the control rats. Esophageal tissue PGE2 levels were significantly increased in rats that developed dysplasia and cancer. This result suggests a possible mechanism by which bile acids promote esophageal cancer.

Bile acids increase cellular proliferation and the number of mitotic events in colonic mucosa<sup>[23]</sup>. Enhanced DNA synthesis has been demonstrated in the epithelium of the large intestine of rats treated with bile acids<sup>[24]</sup>. Reduced susceptibility to apoptosis occurs in animal and human models of colon cancer following bile acid treatment<sup>[25]</sup>. Taken together, the data suggest that bile acids are important mediators of carcinogenesis.

In conclusion, our findings suggest that reflux of bile acids induced the development of esophageal cancers. COX-2 induced by bile acids might be responsible for tumor angiogenesis, an important process in the development of esophageal cancers.

## COMMENTS

### Background

It is known that reflux of duodenal contents (bile acids) can induce mucosal injury, stimulate cell proliferation, and promote tumorigenesis.

### Innovations and breakthroughs

In this study, bile reflux of duodenal contents induces cyclooxygenase-2 (COX-2) expression and increases prostaglandin synthesis in dysplastic and cancer tis-

sues. This result suggests a possible mechanism by which bile acids promote esophageal cancer.

### Terminology

Hematoxylin eosin, COX-2, PGE2, and proliferating cell nuclear antigen.

### Peer review

This is an excellent experimental study which probably adds to the existing literature.

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