

## Role of hydrogen sulfide in portal hypertension and esophagogastric junction vascular disease

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### Abstract

**AIM:** To investigate the association between endogenous hydrogen sulfide (H<sub>2</sub>S) and portal hypertension as well as its effect on vascular smooth muscle cells.

**METHODS:** Portal hypertension patients were categorized by Child-Pugh score based on bilirubin and albumin levels, prothrombin time, ascites and hepatic encephalopathy. Plasma H<sub>2</sub>S concentrations and portal vein diameters (PVDs) were compared between portal

hypertension patients and control participants, as well as between portal hypertension patients with varying degrees of severity. In addition, we established a rabbit hepatic schistosomiasis portal hypertension (SPH) model and analyzed liver morphology, fibrosis grade, plasma and liver tissue H<sub>2</sub>S concentrations, as well as cystathionine  $\gamma$ -lyase (CSE) activity and phosphorylated extracellular signal-regulated kinase (pERK)1/2, B cell lymphoma (Bcl)-2 and Bcl-XL expression in portal vein smooth muscle cells, in addition to their H<sub>2</sub>S-induced apoptosis rates.

**RESULTS:** In portal hypertension patients, endogenous H<sub>2</sub>S levels were significantly lower than those in healthy controls. The more severe the disease was, the lower were the H<sub>2</sub>S plasma levels, which were inversely correlated with PVD and Child-Pugh score. Liver tissue H<sub>2</sub>S concentrations and CSE expression were significantly lower in the SPH rabbit livers compared with the control animals, starting at 3 wk, whereas pERK 1/2 expressions gradually increased 12-20 wk after SPH model establishment. In portal vein smooth muscle cells, increasing H<sub>2</sub>S levels led to increased apoptosis, while Bcl-2 and Bcl-XL expression decreased.

**CONCLUSION:** H<sub>2</sub>S prevents vascular restructuring caused by excessive proliferation of smooth muscle cells via apoptosis induction, which helps to maintain normal vascular structures.

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**Key words:** Portal hypertension; Apoptosis; B-cell lymphoma-2; B-cell lymphoma-XL; Cystathionine  $\gamma$ -lyase; pERK 1/2; Hydrogen sulfide

**Core tip:** In portal hypertension patients, endogenous hydrogen sulfide (H<sub>2</sub>S) levels were significantly lower than those in healthy controls. H<sub>2</sub>S plasma level reductions correlated with portal vein diameter and Child-

Pugh score. In a rabbit hepatic schistosomiasis portal hypertension model, liver tissue H<sub>2</sub>S concentrations and cystathionine  $\gamma$ -lyase expression were significantly reduced and phosphorylated extracellular signal regulated kinase 1/2 expression gradually increased. Increasing H<sub>2</sub>S levels led to increased apoptosis of portal vein smooth muscle cells, while B-cell lymphoma-2 (Bcl-2) and Bcl-XL expression decreased. We suggest that H<sub>2</sub>S prevents portal hypertension through apoptosis induction of otherwise excessive proliferating smooth muscle cells.

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## INTRODUCTION

Cirrhosis is a common chronic liver disease with various causes, and in the late stage, the main symptoms are liver function impairment and portal vein hypertension, which eventually lead to esophagogastric junction vascular diseases. Major critical pathophysiological processes accompanying the progression of cirrhosis are structural changes in the liver tissue and changes in vasoactive substance activation<sup>[1]</sup>. Recent studies have shown that the gaseous molecule hydrogen sulfide (H<sub>2</sub>S) has biological signaling characteristics similar to NO and CO, and is involved in pathophysiological processes leading to portal hypertension through multiple mechanisms. H<sub>2</sub>S, following NO and CO, is the third discovered endogenous gas signaling molecule, while various studies since the 1990s have shown that endogenous H<sub>2</sub>S exists in many mammalian tissues and organs<sup>[2-5]</sup>, serving as vascular and digestive tract smooth muscles relaxant, affecting long-term potentiation (LTP) induction in the hippocampus<sup>[6]</sup>, regulating the secretion of corticotrophin-releasing hormone (CRH) in the hypothalamus<sup>[7]</sup>, inhibiting the proliferation of vascular smooth muscle cells<sup>[8]</sup>, and inducing smooth muscle relaxation in the human corpora cavernosum<sup>[9]</sup>. In mammals, there are two pathways for endogenous H<sub>2</sub>S production: enzymatic and non-enzymatic. In the enzymatic pathway, which is the major source of endogenous H<sub>2</sub>S, it is produced by cysteine breakdown through the actions of cystathionine-B-synthase (CBS) and cystathionine- $\gamma$ -lyase (CSE). In the non-enzymatic pathway, glucose undergoes glycolysis and then combines with sulfur in the blood, thereby producing a small amount of H<sub>2</sub>S. CBS and CSE are expressed in a tissue-specific manner; hepatocytes express both enzymes, whereas hepatic stellate cells (HSCs) express only CSE, and sinusoidal endothelial cells express neither<sup>[10]</sup>. Endogenous H<sub>2</sub>S participates in the regulation of smooth muscle relaxation, therefore, it has been

shown that it plays an important role in the development of primary hypertension and in the regulation of cardiovascular system functions and structures. The CSE/H<sub>2</sub>S pathway participates in the pathophysiological processes of cardiovascular diseases, such as hypoxic pulmonary arterial hypertension and high pulmonary blood flow, leading to pulmonary arterial hypertension<sup>[11]</sup>. H<sub>2</sub>S is an important vasoactive substance, thus, increasing attention has focused on its role in the development of portal hypertension. A 2003 study by Poliakova *et al*<sup>[12]</sup> found that a mixture of gases containing H<sub>2</sub>S could induce biochemical restructuring of rat livers. Both long-term exposure (> 2 wk) to a low dose and short-term exposure to a high dose of the H<sub>2</sub>S-containing gaseous mixture could lead to reversible changes in the liver. Although there have been studies about H<sub>2</sub>S involvement in cirrhosis-induced portal hypertension, detailed mechanisms remain unclear. Some researchers<sup>[13-15]</sup> have speculated that H<sub>2</sub>S participates in portal hypertension through the following three pathways: (1) regulation of smooth muscle relaxation; (2) inhibition of vascular smooth muscle proliferation; and (3) induction of vascular smooth muscle apoptosis. In this study we collected data about endogenous H<sub>2</sub>S levels and other clinical data from patients with portal hypertension and also established rabbit portal hypertension as well as primary portal vein smooth muscle cell models in order to study correlations between H<sub>2</sub>S and portal hypertension and its mode of action.

## MATERIALS AND METHODS

### Inclusion and exclusion criteria

This study included 200 patients with cirrhosis-induced portal hypertension who were treated in the Department of General Surgery of the Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, from December 2008 to December 2011. Clinical data and blood samples were collected from all 200 patients (140 males and 60 females, mean age 44  $\pm$  14 years) and pathological studies identified 77 cases of hepatitis-induced cirrhosis, 82 of schistosomiasis-induced cirrhosis, 32 of cirrhosis of mixed causes, two of Caroli disease, four of portal vein cavernous transformation, and three of alcohol-induced cirrhosis. The control group comprised 100 healthy individuals examined at Tongji Hospital during the same period, consisting of 50 men and 50 women aged 47  $\pm$  13 years. Exclusion criteria were chronic illnesses such as hypertension and pulmonary arterial hypertension, which could affect endogenous H<sub>2</sub>S levels. Diagnosis of portal hypertension was made according to published guidelines<sup>[16]</sup> and portal vein diameter (PVD) was determined by Doppler ultrasound; if PVD was  $\geq$  1.3 cm and accompanied with cirrhosis, the patient was diagnosed with portal hypertension. Child-Pugh scores were evaluated based on bilirubin and albumin levels, prothrombin time, and the presence of ascites and hepatic encephalopathy. All

participants gave their written informed consent and the study was approved by the Ethical Committee of the Tongji Hospital.

### H<sub>2</sub>S detection

Upon admission, 3 mL venous blood was collected from all participants in both groups, stored in sealed tubes for 2 h, and centrifuged at 3000 r/min for 10 min to separate the plasma and stored again at -70 °C in eppendorf (EP) tubes (Eppendorf, Hamburg, Germany). Plasma and liver tissue H<sub>2</sub>S contents were measured according to Chunyu *et al.*<sup>[17]</sup>. The resultant supernatant was analyzed using a UV spectrophotometer at 665 nm and calculated with a standard curve obtained from NaHS solutions. Plasma H<sub>2</sub>S concentrations were expressed in  $\mu\text{mol/L}$  and liver tissue H<sub>2</sub>S contents were shown in nmol/mg wet tissue/min. All measurements were performed in triplicate and results were expressed as mean  $\pm$  SD.

### Animal experiments

Thirty healthy adult long-eared white rabbits (purchased from Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China) with a body weight of 2.5-3.5 kg, regardless of sex, were randomly divided into a control ( $n = 10$ ) and model ( $n = 20$ ) group.

### Model establishment

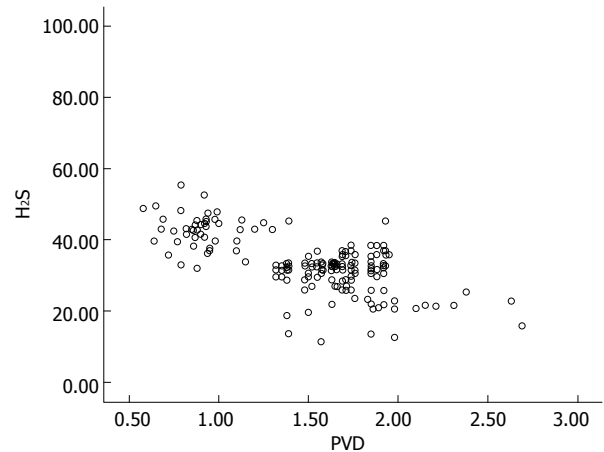
The animal model was established in the Schistosomiasis Research Facility, Hubei Provincial Disease Prevention and Control Center. Abdominal patches were used to infect the rabbits with schistosomal cercariae to induce a rabbit SPH model. The *Schistosoma japonicum* cercariae were collected from snails in Hubei Province. A 2 cm  $\times$  2 cm patch was collected into the abdominal region of the rabbits, creating a wound (Figure 1A). During wound cleansing, the cercariae were counted under a microscope ( $180 \pm 10/\text{rabbit}$ ) and the coverslips with the cercariae were located on the exposed skin for 15-20 min, leading to acute schistosomiasis infection. After infection, the animals were kept in rabbit rooms in the Tongji Hospital Laboratory Animal Facility. The control rabbits were treated similarly, apart from not being infected with the cercariae.

### Sample collection

At 8, 12 and 16 wk after infection, five or six animals from the model group and three from the control group were randomly selected and peripheral venous blood samples were collected from the ear vein. The animals were sacrificed using air embolism; after which, portal vein blood was drawn and samples from liver and spleen tissues as well as portal vein blood vessels were taken. The tissue samples were stored in liquid nitrogen, while the blood samples were stored in a freezer.

### Measurement of CSE activity in liver tissues

Using the method reported by Stipanuk *et al.*<sup>[18]</sup>, CSE ac-



**Figure 1** Negative correlation between H<sub>2</sub>S plasma levels and portal vein diameters in patients with portal hypertension.  $r = -0.478$ ,  $P < 0.05$ .

tivity was determined in a 1.0-mL volume by incubation of 100 mmol/L potassium phosphate buffer, pH 7.5, 4.0 mmol/L L-cystathionine, 0.125 nmol/L pyridoxal 5'-phosphate, 0.32 nmol/L NADH, 1.5 U lactate dehydrogenase, and 25 or 50  $\mu\text{L}$  of the 20000 g supernatant prepared from liver homogenate in a 1.5 mL semi-micro quartz cuvette (10 mm light path) at 37 °C. The decrease in OD<sub>340</sub> gave a linear response to decreasing NADH concentrations, corresponding to lactate synthesis via L-cysteine-derived pyruvate accumulation and lactate dehydrogenase activity.

### Liver hematoxylin and eosin staining

The rabbit liver tissues were fixed in a 10% formalin solution, embedded in paraffin, cut into 4- $\mu\text{m}$  slices, stained with hematoxylin and eosin (HE), and sealed with neutral resin. Liver histology was observed under a microscope.

### Masson's trichrome staining of liver tissues

The rabbit liver tissues were fixed in a 10% neutral formalin solution, embedded in paraffin, sliced, stained with potassium dichromate, acid fuchsin and aniline blue, and sealed with neutral resin. Morphological changes in the liver tissue were observed under an optical microscope. Collagen fibers were stained blue-green, muscle fibers and cellulose were stained red, and nuclei were stained blue to black.

### Cell culture

Portal vein smooth muscle cells were grown in complete culture medium at 37 °C for 1-2 d and cell growth was monitored under a microscope. Cells were replated at 80%-90% confluence. Culture medium was changed on the basis of the actual cell growth.

### Immunofluorescence and tissue cell apoptosis staining assays

Portal vein smooth muscle cells were inoculated on glass slides after conventional digestion. On the next day, the

**Table 1** Comparison of age, liver enzymes and plasma H<sub>2</sub>S levels between portal hypertension patients and healthy controls

	Portal hypertension group ( <i>n</i> = 200)	Control group ( <i>n</i> = 100)
Age (yr)	43.6 ± 14.4	47.1 ± 12.6
Albumin (g/dL)	33.0 ± 3.7	38.4 ± 4.1
TB (μmol/L)	31 ± 24	14 ± 13
ALT (U/L)	37 ± 29	25 ± 26
PVD (cm)	1.5 ± 0.4 <sup>a</sup>	1.1 ± 0.3
H <sub>2</sub> S		43.5 ± 6.2
Child-Pugh score		
A (H <sub>2</sub> S) <i>n</i> = 48	42.6 ± 4.7 <sup>a</sup>	
B (H <sub>2</sub> S) <i>n</i> = 125	33.5 ± 7.7 <sup>b,c</sup>	
C (H <sub>2</sub> S) <i>n</i> = 27	22.2 ± 7.9 <sup>c,d,f</sup>	

Significantly different compared with the control group, <sup>a</sup>*P* < 0.05, <sup>b</sup>*P* < 0.01; Compared with Child-Pugh score A group, both Child-Pugh score B and C groups had significantly lower values, <sup>c</sup>*P* < 0.05, <sup>d</sup>*P* < 0.01; Compared with the Child-Pugh score B group, the Child-Pugh score C group had a significantly lower value, <sup>f</sup>*P* < 0.01. TB: Tris-buffered; ALT: Alanine aminotransferase; PVD: Portal vein diameter.

cells were washed gently with PBS and 3.7% formaldehyde solution was added for 30 min at room temperature, after which they were washed three times with PBS for 2 min each. The cells were permeated for 10 min with 0.1% Triton-X-100 solution (prepared in PBS) and blocked with 10% goat serum (prepared in PBS) for 30 min, followed by incubation with rat α-smooth muscle actin (SMA) antibody (1:200 in PBS) at room temperature for 2 h. After washing three times with PBS, for 5 min each, the cells were incubated with fluorescent secondary antibody (1:200 dilute by PBS; Sigma, Shanghai, China) at room temperature in darkness for 1 h, followed by three times with PBS for 5 min each. Finally, we detected the fluorescence intensity using a fluorescence microscope (440/510 nm, excitation/emission) after adding fluorescent mounting medium.

### Flow cytometry and apoptosis assay

Cultured portal vein smooth muscle cells at 80% confluence were harvested from 6-cm dishes, washed with PBS, and collected into 5 mL centrifuge tubes in triplicate. Cells (1 × 10<sup>6</sup>) were prepared for apoptosis assays with an Annexin V/FITC Apoptosis Detection Kit, according to the manufacturer's instructions (Invitrogen, Carlsbad, CA, United States) and then analyzed by flow cytometry.

### Western blotting

Rabbit portal vein-tunica media dissections were prepared for detecting phosphorylated extracellular signal-regulated kinase (pERK)1/2 expression levels, and primary portal vein smooth muscle cells were used for analyzing B-cell lymphoma-XL (Bcl-XL) and Bcl-2, as well as β-actin expression. Protein concentrations were equalized after total protein extraction with lysate buffer and loading buffer was added, and samples were boiled and stored at -20 °C for further use. Ten micro-

liters of the samples were subjected to SDS-PAGE and the protein was transferred to polyvinylidene difluoride membranes via wet electroblotting (21 V, 40 min). After 2 h blocking at room temperature in 5% bovine serum albumin, primary antibodies (Santa Cruz Biotechnology, Santa Cruz, CA, United States) for Bcl-XL (1:400), Bcl-2 (1:400) and pERK1/2 (1:500) were added and the membranes were incubated for 2 h at room temperature and kept at 4 °C overnight. Samples were washed in Tris-buffered saline-Tween 20 (TBST), incubated with horseradish-peroxidase-conjugated secondary antibodies at room temperature for 90 min, and washed again with TBST. The membranes were placed in an imaging system to measure the signal intensities using chemiluminescent reagents.

### Electron microscopy

Rabbit liver samples were cut into 1 mm<sup>3</sup> pieces, fixed in 2.5% phosphate-buffered glutaraldehyde for 2 h, and washed in phosphate buffer for 30 min. Samples were fixed in osmium tetroxide for 2 h and then washed in phosphate buffer for 30 min. Samples were incubated in 50% ethanol for 15 min, 70% ethanol for 40 min, 90% ethanol for 15 min, 90% acetone/90% ethanol (1:1) for 15 min, 90% acetone for 15 min, 100% acetone for 3 × 10 min, 100% acetone/embedding medium (1:1) overnight, pure embedding medium for 5 h, and embedded overnight. Sample slices were stained with toluidine blue and cut into ultrathin 100 nm slices. Samples were stained with uranyl acetate and lead nitrate and observed under a transmission electron microscope to observe ultrastructural pathological changes.

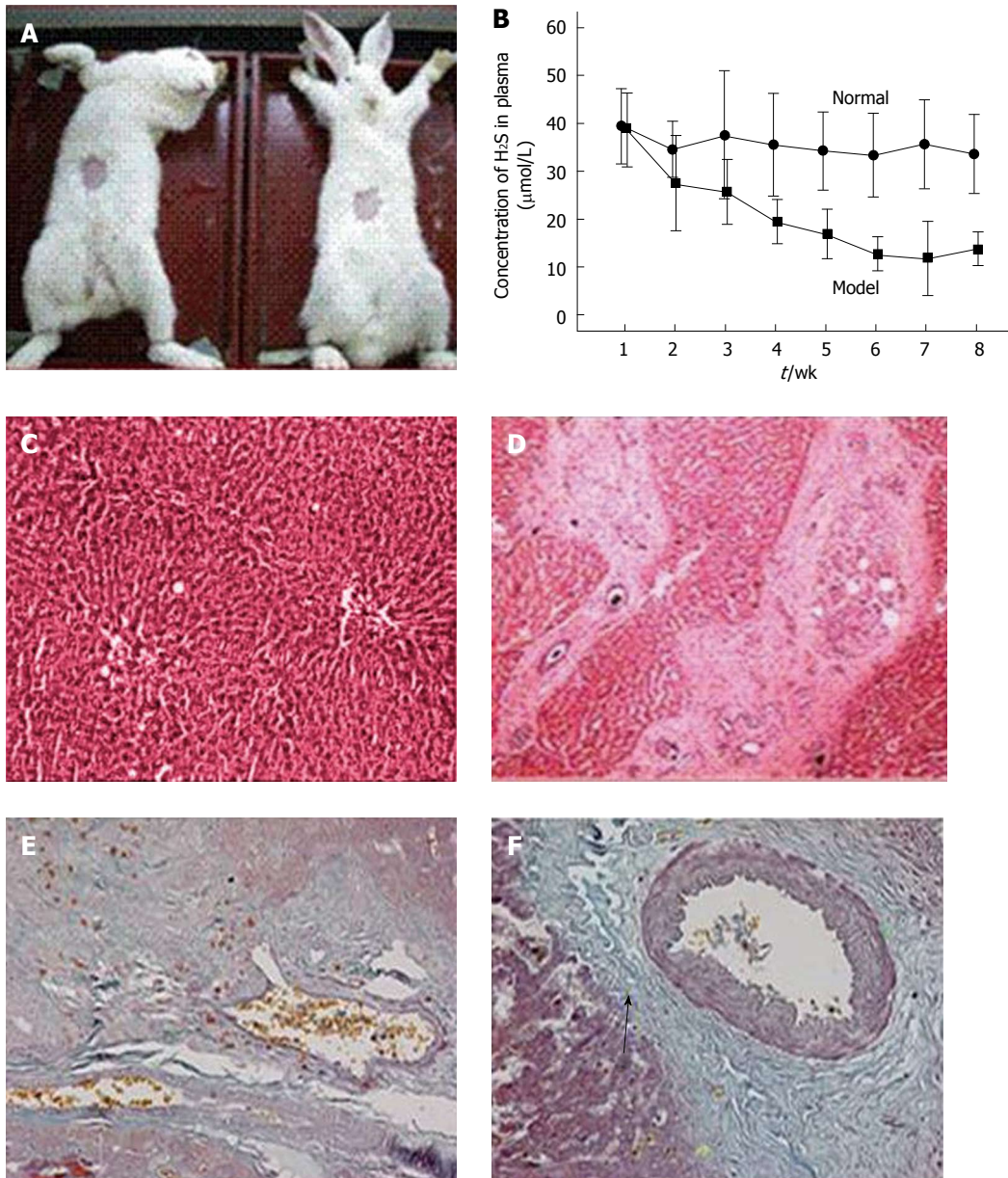
### Statistical analysis

Data were analyzed using SPSS version 12.0 software. Quantitative variables were described using mean ± SD in the case of normal distribution and each sample was measured at least three times. Possible differences between groups were evaluated using analysis of variance (ANOVA) in the case of continuous data. In the case of overall significant differences as a result of ANOVA, pair-wise *t* tests were conducted using the closed testing procedure. Analysis of PVD and endogenous H<sub>2</sub>S concentrations was done by linear correlation. Statistical significance was considered if *P* < 0.05.

## RESULTS

### Plasma H<sub>2</sub>S concentration in portal hypertension patients and controls

There was no significant difference in age between the control and portal hypertension groups. However, in the portal hypertension group, endogenous plasma H<sub>2</sub>S levels were significantly lower than those in the control group, correlating with disease severity. Furthermore, plasma H<sub>2</sub>S concentrations correlated inversely with PVD (*r* = -0.478, *P* < 0.05) (Table 1, Figure 1).



**Figure 2** Liver hematoxylin and eosin and Masson's trichrome staining of rabbits in portal hypertension model group and control group. A: Rabbit portal hypertension model; B: Relationship between rabbit portal hypertension progression and H<sub>2</sub>S concentration; C: Normal rabbit liver tissue [hematoxylin and eosin (HE) staining]; D: Schistosomiasis portal hypertension (SPH) rabbit liver sample with concentric arrangement of fibrous larval nodules and fibrous connective tissue in the portal area (HE staining); E and F: Masson's trichrome staining: collagen fibers are stained blue-green; muscle fibers and cellulose are stained red; and nuclei are stained blue to black; E: Normal liver tissue; F: SPH liver tissue with large amount of collagen fibers (arrow). All histological images are shown with × 40 magnification.

#### Liver morphology and H<sub>2</sub>S changes in the rabbit hepatic SPH model

During the progression of schistosomiasis-induced cirrhosis in rabbits, plasma H<sub>2</sub>S concentrations showed a clearly descending trend and starting from week 3, there were significant differences compared to the control group (Figure 2B). Furthermore, HE staining of the SPH rabbit livers showed that the liver hepatocytes of the control group were neatly arranged with no significant proliferation of fibrous tissue in the portal areas and lobular structures were maintained (Figure 2C). In contrast, in the portal areas of the SPH rabbit livers, fibrous larval nodules were arranged in concentric rings

and there were also significant proliferation and widening of the fibrous connective tissues in the portal areas with hyaline appearance (Figure 2D). There was a small amount of collagen fibers in the central venous tissue of normal livers (Figure 2E), whereas in the SPH rabbit livers, a larger amount of collagen fibers stained blue-green (arrow) (Figure 2F).

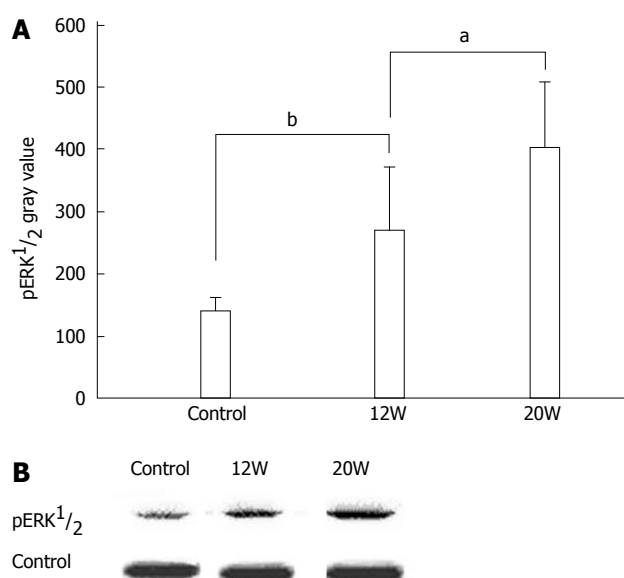
#### H<sub>2</sub>S and CSE concentrations in SPH rabbit and control liver tissues

CSE activity and H<sub>2</sub>S concentrations were both lower in the SPH rabbit livers (Table 2). In order to elucidate whether the H<sub>2</sub>S-related differences had an effect on

**Table 2** H<sub>2</sub>S concentration and cystathionine  $\gamma$ -lyase activity in rabbit liver tissues

		Control	SPH
H <sub>2</sub> S concentration (nmol/mg wet tissue/min)	8W	413.66 $\pm$ 57.38	326.43 $\pm$ 33.67 <sup>a</sup>
	12W	435.31 $\pm$ 442.46	236.57 $\pm$ 26.39 <sup>a</sup>
	16W	420.79 $\pm$ 31.52	158.64 $\pm$ 41.77 <sup>a</sup>
CSE (mmol/mg per min)	8W	120.64 $\pm$ 9.37	114.71 $\pm$ 11.34
	12W	178.23 $\pm$ 19.32	263.32 $\pm$ 28.97 <sup>a</sup>
	16W	118.35 $\pm$ 9.82	82.67 $\pm$ 7.48 <sup>a</sup>

Statistically significant differences compared with the control group, <sup>a</sup>*P* < 0.05. SPH: Schistosomiasis portal hypertension; CSE: Cystathionine  $\gamma$ -lyase.



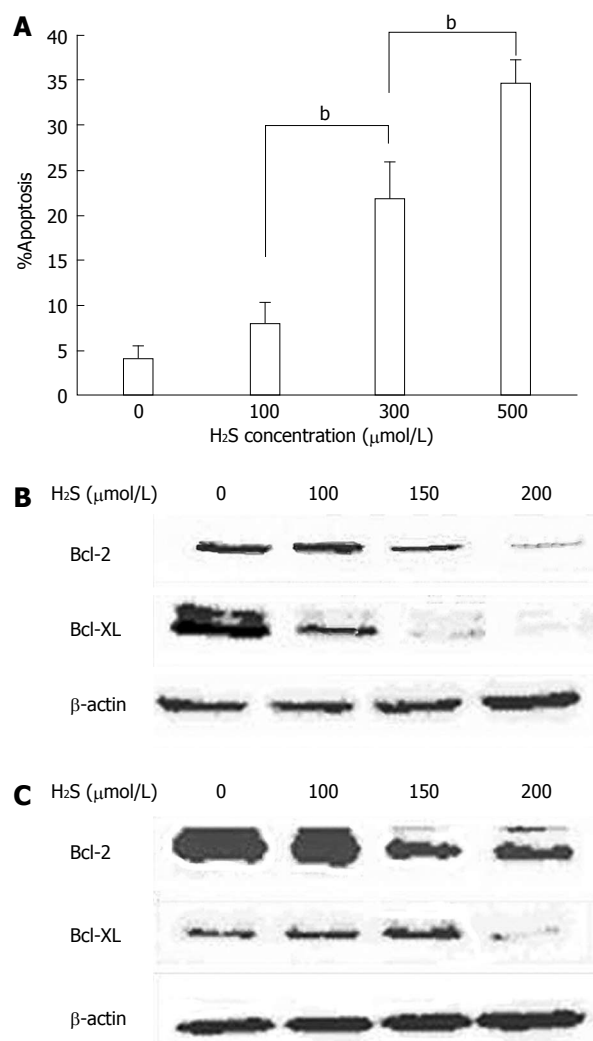
**Figure 3** Western blotting analysis of phosphorylated extracellular signal-regulated kinase 1/2 expression levels in schistosomiasis portal hypertension and control rabbit portal vein-tunica media dissections. <sup>a</sup>*P* < 0.05, <sup>b</sup>*P* < 0.001.

cell proliferation-related proteins, we measured pERK 1/2 expression levels in dissected SPH rabbit liver portal vein-tunica intima tissues and found that pERK 1/2 protein levels increased significantly with disease progression in the rabbit portal hypertension model (Figure 3).

### H<sub>2</sub>S inhibits anti-apoptotic Bcl-2 and Bcl-XL gene expression and triggers apoptosis in healthy liver cells

We collected primary rabbit portal vein smooth muscle cells and after cultivation, added H<sub>2</sub>S to the medium to observe its effect on apoptosis and Bcl-2 and Bcl-XL expression. Flow cytometry revealed that, with increasing concentrations of H<sub>2</sub>S in the cell culture medium, the apoptosis rate of the portal vein smooth muscle cells also increased (Figure 4A). In addition, with increasing H<sub>2</sub>S concentration, there was also decreased expression of the anti-apoptotic genes Bcl-2 and Bcl-XL (Figure 4B and C).

Our immunofluorescence apoptosis assay showed that vascular smooth muscle cells of the omentum un-

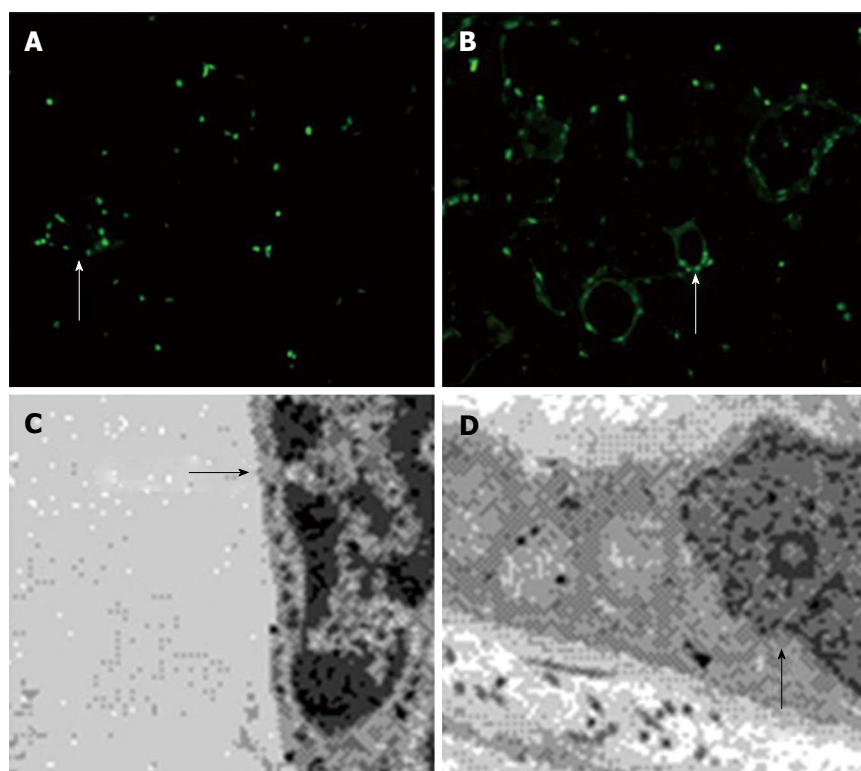


**Figure 4** (A) Smooth muscle cell apoptosis under varying H<sub>2</sub>S concentrations, observed by flow cytometry, (B) Protein levels of the apoptotic factors Bcl-2 and Bcl-XL in primary rabbit portal vein smooth muscle cells and (C) in primary human portal vein smooth muscle cells. <sup>b</sup>*P* < 0.001.

derwent significant apoptosis under normal H<sub>2</sub>S concentrations (50 μmol/L), which was reduced without H<sub>2</sub>S (Figure 5A and B). Under the electron microscope, we observed that with 50 μmol/L H<sub>2</sub>S in the medium, the nuclear membrane in some cells disintegrated, the nucleoplasm condensed, and the cells clearly underwent irreversible cell death. In contrast, when smooth muscle cells were cultured without H<sub>2</sub>S, the nucleus was round or had minor indentations, there was abundant evenly distributed euchromatin and the nucleolus was clearly visible. The mitochondria were round or kidney-shaped and the overall structural integrity was maintained (Figure 5C and D). These results indicated that a certain concentration of H<sub>2</sub>S leads to vascular smooth muscle cell apoptosis.

## DISCUSSION

Portal hypertension is one of the two most serious conditions resulting from cirrhosis. Signs include open-



**Figure 5** Effect of H<sub>2</sub>S concentrations on portal vein smooth muscle cell apoptosis rates. A: Immunofluorescence assays showed significant apoptosis in normal rabbit omentum vascular smooth muscle cells under normal H<sub>2</sub>S (50  $\mu$ mol/L) concentration; B: There was significantly less apoptosis in the cells without H<sub>2</sub>S (magnification  $\times 40$ ); C: Under an electron microscope, with normal H<sub>2</sub>S concentrations, rupturing of the nuclear membrane and condensation of the nucleoplasm was observed, indicating irreversible cell death; D: In cells without H<sub>2</sub>S substitution, the mitochondria appeared intact and the structural integrity was maintained.

ing of the systemic portal collateral circulation, splenomegaly, hypersplenism and ascites. Portal hypertension arises when liver fibrosis and regenerative nodules create pressure on the liver sinusoids and hepatic veins, thus increasing portal vein resistance. Impaired liver function and an imbalance of various vasoactive substances, which can result from multiple causes, are important factors in maintaining and exacerbating portal hypertension<sup>[19]</sup>. The main cause of increased resistance is that contraction of sinusoidal endothelial cells increases resistance in the liver sinusoids and contraction reactivity of intrahepatic blood vessels, leading to increased contractility in the portal venous system. Increased liver sinusoidal resistance is in turn dependent on HSC contraction. It is reported that portal hypertension can be caused by increased production of vasoconstrictors and decreased production of vasodilators. H<sub>2</sub>S is an important vasodilator in the hepatic microcirculation and causes relaxation of vascular smooth muscles<sup>[20,21]</sup>. In a previous study, NaHS solutions were injected into the abdominal cavity of rats with cirrhosis for 5 d, and NaHS was perfused through the liver tissue outside the body. NaHS significantly relaxed vascular smooth muscles and reduced HSC contraction, thus reducing intrahepatic resistance<sup>[10]</sup>. These results showed to a certain extent that treatment with exogenous H<sub>2</sub>S can reverse the excessive intrahepatic resistance caused by decreased production of endogenous H<sub>2</sub>S in cirrhosis. Our study also showed

in line with the previous findings that patients with portal hypertension had lower endogenous H<sub>2</sub>S concentrations than healthy controls, and that the lower the concentration, the more severe was the disease, while plasma H<sub>2</sub>S concentrations were inversely related with PVD. Our SPH results showed that rabbits with schistosomiasis-induced portal hypertension had lower plasma H<sub>2</sub>S concentrations after 3 wk than the control group had, and CSE activity in their tissue declined. A previous article reported that reduced CSE expression in cirrhotic liver contributed to the development of increased intrahepatic resistance and portal hypertension<sup>[10]</sup>. Hepatocyte apoptosis plays an important role in normal liver development and in various liver diseases<sup>[22,23]</sup>. When HSCs proliferate, they produce extracellular matrix and collagen, which leads to liver fibrosis, and it has been reported that H<sub>2</sub>S induces apoptosis<sup>[24]</sup> and inhibits HSC activation<sup>[25]</sup>, which reduces vascular restructuring and aggravates hypertension. We found that H<sub>2</sub>S led to reduced expression of antiapoptotic Bcl-2 and Bcl-XL proteins, in addition to elevated apoptosis.

In summary, we found that portal hypertension patients had significantly lower serum H<sub>2</sub>S concentrations and that disease severity and PVD were correlated with H<sub>2</sub>S concentration. In addition, our SPH model revealed that liver cirrhosis led to low serum and liver tissue H<sub>2</sub>S concentrations, and reduced liver tissue CSE activity, while pERK1/2 expression gradually increased. In

conclusion, we suggest that H<sub>2</sub>S deprivation may play a role in the initiation, progression and exacerbation of cirrhosis-related portal hypertension through reduction of portal vein smooth muscle cell apoptosis and concomitant pathological blood vessel restructuring.

## ACKNOWLEDGMENTS

We specially thank Jian-Li Wu for her help with the project design.

## COMMENTS

### Background

Major critical pathophysiological processes of cirrhosis are structural changes in the liver tissues leading to portal hypertension.

### Research frontiers

H<sub>2</sub>S, following NO and CO, is the third discovered endogenous gas signaling molecule, serving as a relaxant of vascular and digestive tract smooth muscles, inhibiting the proliferation of vascular smooth muscle cells, and inducing smooth muscle relaxation in the human corpora cavernosum.

### Innovations and breakthroughs

This study found that portal hypertension patients had significant lower serum H<sub>2</sub>S concentrations and that the severity of the disease and portal vein diameter correlated with H<sub>2</sub>S concentration. H<sub>2</sub>S concentration and cystathionine  $\gamma$ -lyase (CSE) expression were significantly lower in schistosomiasis portal hypertension (SPH) rabbit livers, and phosphorylated extracellular signal-regulated kinase (pERK)1/2 expression was increased. In portal vein smooth muscle cells, increasing H<sub>2</sub>S levels led to increased apoptosis, while B-cell lymphoma (Bcl)-2 and Bcl-XL expression decreased.

### Applications

H<sub>2</sub>S might be applied for treatment of liver cirrhosis.

### Terminology

pERK1/2, after stimulation by mitogens, hormones or growth factors, is involved in cell growth and differentiation, whereas Bcl-2 and Bcl-XL are antiapoptotic genes. Without H<sub>2</sub>S, high pERK1/2 and Bcl2 Bcl-XL activities lead to enhanced proliferation and reduced apoptosis rates in liver cells.

### Peer review

In their manuscript the authors first describe their clinical observation, that there is a correlation between H<sub>2</sub>S serum levels and portal vein diameter in portal hypertension patients. Then they extended their research on a rabbit hepatic schistosomiasis portal hypertension model and analyzed morphological changes and expression of the proliferation and apoptosis related genes. They concluded that H<sub>2</sub>S might be an important signal molecule for the integrity of hepatic veins. The research is interesting and might lead to a new approach for treatment of portal hypertension.

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