

Unusual case of digestive hemorrhage: Celiac axis-portal vein arteriovenous fistula

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case of unexplained APF who presented with portal hypertension and was successfully managed through endovascular aortic repair.

Key words: Arterioportal fistula; Portal hypertension; Endovascular aortic repair

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Core tip: We present a rare case of intractable upper gastrointestinal hemorrhage due to celiac axis-portal vein arteriovenous fistula. Through this case report, we hope to highlight diagnosis of this unusual condition, and discuss our subsequent management. This case represents an unusual cases of unexplained presenting with portal hypertension that was successfully managed through endovascular aortic repair.

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Abstract

A case of intractable upper gastrointestinal-hemorrhage was reported in a patient with portal hypertension caused by an arterioportal fistula (APF), namely, celiac axis-portal vein arteriovenous fistula. Portal hypertension caused by extrahepatic-APFs is extremely rare. Trauma, malignancy, and hereditary causes are the common etiology of APFs; but were absent in our patient. Our patient represents an unusual

INTRODUCTION

Portal hypertension is defined as the increase in porto-systemic resistance and/or flow^[1]. The etiology of portal hypertension can be divided into pre-, intra-, and post-hepatic causes. The primary cause of portal hypertension is liver cirrhosis, which accounts for 90% of the cases in the United States^[2]. The second - most common - etiology of portal hypertension is extrahepatic portal vein thrombosis, which accounts for 7% of cases. The remaining 3% of cases, including our case, are the result of a variety of rare etiologies.

CASE REPORT

A 17-year-old child with no history of liver disease or gastric ulcers was admitted to West China Hospital, Sichuan University for a five-day history of hematemesis and tarry stools. The physical examination revealed a blood pressure of 122/63 mmHg, a heart rate of 73 beats per minute, and a platelet count reduced to $45 \times 10^9/L$. Pertinent laboratory values of liver function, renal function, and electrolytes were normal; moreover all marks for hepatitis, and autoimmune disease were negative. Gastroscopy revealed esophageal varices (Figure 1). Based upon this finding, it was speculated that the overflowing of the portal vein due to the shunt between the artery and the portal vein was causing perisinusoidal portal hypertension. To further confirm this hypothesis, digital subtraction angiography was performed and revealed a mass of 52 mm \times 48 mm. The portal vein was highlighted at the arterial phase, strongly suggesting that the mass was an arterioportal fistula involving an arteriole from celiac axis feeding directly into the portal vein (Figure 2). Taken together, the arterioportal fistula was concluded to be the cause of this patient's non-cirrhotic portal hypertension. Surgery was performed under local anesthesia with full hemodynamic monitoring. The right femoral artery was isolated, and 5-F catheter sheaths were placed into the right femoral artery *via* guidewire. A covered stent (10 mm \times 40 mm, Fluency Plus-) was deployed slowly and accurately in the celiac axis. An aortogram revealed no endoleak and no blood flow entering into the portal vein, but the proper hepatic artery and left gastric artery were not observed (Figure 3). The post-operation recovery of the patient has been uneventful, and no additional episodes of upper gastrointestinal bleeding have been reported by the patient on three subsequent clinic visits during the last six months (Figure 4).

DISCUSSION

Most reports on the etiology of arterioportal fistula (APF) in the literature focus on trauma, hepatocellular carcinoma (HCC), and congenital causes^[3]. The clinical manifestations of APFs include congestive heart failure (40%-60%), portal hypertension (20%-40%), and diarrhea with abdominal pain (20%)^[4]. Hepatic trauma is a common cause of APFs. HCC can cause APFs, and studies have demonstrated that APFs may occur in up to 60% of patients with HCC^[5,6]. Congenital APFs are associated with portal hypertension and gastrointestinal hemorrhage^[3,7]. The portal hypertension in our patient manifested as splenomegaly on computed tomography, as esophageal varices on gastroscopy and, as blood platelet counts reduced to $45 \times 10^9/L$. Our patient

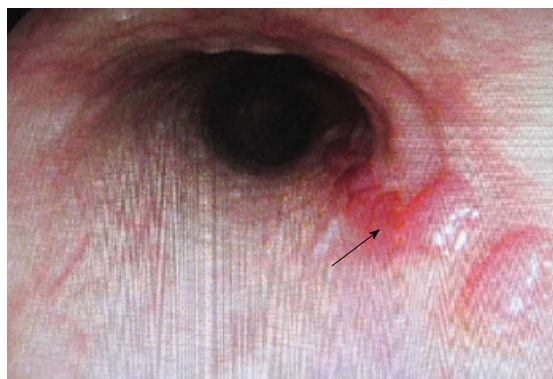


Figure 1 Gastroscopy revealed esophageal varices (black arrow).

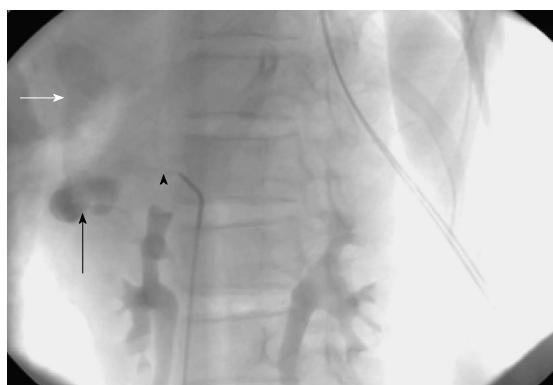


Figure 2 DSA showed a mass of 52 mm \times 48 mm (black arrow), the portal vein (white arrow) was highlighted at the arterial phase (black arrowhead), strongly suggesting the existence of a hepatic arterioportal communication.

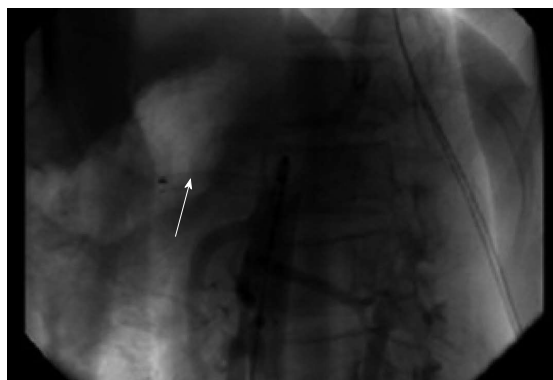


Figure 3 Aortogram revealed no endoleak and no blood flow entering into Portal Vein anymore (arrow).

did not have any history of congenital APF, abdominal trauma, or malignancy. Thus, we believe that the present report is a case of unexplained APF. Based on literature search, this is one of the few cases of unexplained APF presenting with portal hypertension.

The treatment of APF is either surgical or minimally invasive through interventional radiology (IR) techniques. Surgical ligation of the supplying artery can be performed, but the surgical wound of patient

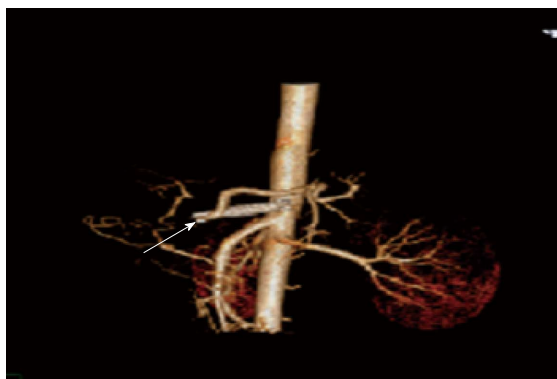


Figure 4 Post-operation recovery of the patient has been uneventful, and no additional episodes of upper gastrointestinal bleeding have been reported by the patient on three subsequent clinic visits during the last six months (arrow).

is not inconsequential. IR offers many advantages over surgical treatment. These advantages include decreased morbidity and mortality, reduced risk of subsequent complications, and a significant reduction in the time required for recovery. With the advancement of interventional radiology techniques, the trend has shifted to IR techniques^[8]. The APF adhesion in our patient was serious; therefore, we selected IR technique.

IR is accomplished through artery embolization. The therapy in our case was accomplished through celiac axis endovascular aortic repair; Because we were concerned about the risk of celiac axis embolism of the coils of the IR intervention. Endovascular aortic repair complications include non-target repair, hepatic infarction, and ischemic cholangitis. The proper hepatic artery in our case was covered with a stent because of stent migration, however, the proper hepatic artery in our case exhibited a decreased diameter, and no complications were observed.

In summary, we described a case of portal hypertension due to unexplained APF. The patient was successfully treated through endovascular aortic repair and is being monitored regularly in our outpatient clinic without any further episodes of bleeding.

COMMENTS

Case characteristics

The child with no history of liver disease or gastric ulcers was admitted to hospital for a five-day history of hematemesis and tarry stools.

Clinical diagnosis

Digestive hemorrhage: celiac axis-portal vein arteriovenous fistula.

Differential diagnosis

Portal hypertension was caused by liver diseases and gastric ulcers, but the patient with no history of liver diseases and gastric ulcers.

Laboratory diagnosis

Platelet count reduced to $45 \times 10^9/L$. Pertinent laboratory values of liver function, renal function, and electrolytes were normal; moreover all marks for hepatitis, and autoimmune disease were negative.

Imaging diagnosis

Computed tomography (CT) revealed a mass of 52 mm × 48 mm behind the head of the pancreas. The portal vein was highlighted at the arterial phase, strongly suggesting the existence of a hepatic arterioportal communication.

Treatment

Patient was successfully managed through endovascular aortic repair.

Related reports

Intractable upper gastrointestinal hemorrhage for portal hypertension caused by an arterioportal fistula (APF) is rare, however, though CT or digital subtraction angiography we can find the cause.

Experiences and lessons

Patients with intractable upper gastrointestinal hemorrhage, with no history of liver disease or gastric ulcers, should be diagnosed as portal hypertension caused by an APF.

Peer review

This manuscript illustrates an unusual cause of gastrointestinal hemorrhage. This article encourages the clinician to consider a unique source of portal hypertension caused by APF.

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