

# World Journal of *Gastroenterology*

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## Basic Study

# Anti-inflammatory and anti-apoptotic effects of rosuvastatin by regulation of oxidative stress in a dextran sulfate sodium-induced colitis model

Seung Kak Shin, Jae Hee Cho, Eui Joo Kim, Eun-Kyung Kim, Dong Kyun Park, Kwang An Kwon, Jun-Won Chung, Kyoung Oh Kim, Yoon Jae Kim

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## Abstract

### AIM

To evaluate the anti-inflammatory and anti-apoptotic effects of rosuvastatin by regulation of oxidative stress in a dextran sulfate sodium (DSS)-induced colitis model.

### METHODS

An acute colitis mouse model was induced by oral administration of 5% DSS in the drinking water for 7 d. In the treated group, rosuvastatin (0.3 mg/kg per day) was administered orally before and after DSS administration for 21 d. On day 21, mice were sacrificed and the colons were removed for macroscopic examination, histology, and Western blot analysis. In the *in vitro* study, IEC-6 cells were stimulated with

50 ng/mL tumor necrosis factor (TNF)- $\alpha$  and then treated with or without rosuvastatin (2  $\mu$ mol/L). The levels of reactive oxygen species (ROS), inflammatory mediators, and apoptotic markers were measured.

## RESULTS

In DSS-induced colitis mice, rosuvastatin treatment significantly reduced the disease activity index and histological damage score compared to untreated mice ( $P < 0.05$ ). Rosuvastatin also attenuated the DSS-induced increase of 8-hydroxy-2'-deoxyguanosine and NADPH oxidase-1 expression in colon tissue. Multiplex ELISA analysis revealed that rosuvastatin treatment reduced the DSS-induced increase of serum IL-2, IL-4, IL-5, IL-6, IL-12 and IL-17, and G-CSF levels. The increased levels of cleaved caspase-3, caspase-7, and poly (ADP-ribose) polymerase in the DSS group were attenuated by rosuvastatin treatment. *In vitro*, rosuvastatin significantly reduced the production of ROS, inflammatory mediators and apoptotic markers in TNF- $\alpha$ -treated IEC-6 cells ( $P < 0.05$ ).

## CONCLUSION

Rosuvastatin had the antioxidant, anti-inflammatory and anti-apoptotic effects in DSS-induced colitis model. Therefore, it might be a candidate anti-inflammatory drug in patients with inflammatory bowel disease.

**Key words:** Oxidative stress; Inflammatory bowel disease; Rosuvastatin; Apoptosis

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**Core tip:** Oxidative stress in the intestinal tract is considered a major factor that contributes to the pathogenesis and progression of inflammatory bowel disease (IBD). We report that rosuvastatin has the antioxidant, anti-inflammatory and anti-apoptotic effects in dextran sulfate sodium (DSS)-induced colitis mice. We assume the possibility of anti-inflammatory effects of rosuvastatin through the regulation of oxidative stress, and first describe the anti-apoptotic effects of rosuvastatin in a DSS-induced colitis model. Therefore, rosuvastatin might be a candidate anti-inflammatory drug in patients with IBD.

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## INTRODUCTION

Inflammatory bowel disease (IBD) encompasses

a range of intestinal diseases, including two major disorders: ulcerative colitis (UC) and Crohn's disease (CD). IBD is characterized by a chronic or relapsing inflammatory condition within the gastrointestinal tract. In recent years, several studies have focused on colonic inflammation and oxidative stress, such as reactive oxygen species (ROS) and reactive nitrogen species (RNS) as one of the major mechanisms involved in the pathophysiology of IBD<sup>[1,2]</sup>. Inhibition of both inflammatory mediators and ROS production could be an important protective and therapeutic treatment for IBD. Many drugs have been used to prevent inflammation and mutagenesis in patients with IBD<sup>[3]</sup>. However, until now, only a couple of drugs were commercially available to control IBD. In animal studies, antioxidants such as S-adenosylmethionine, green tea polyphenols, and 2(R,S)-n-propylthiazolidine-4(R)-carboxylic acid attenuated dextran sulfate sodium (DSS)-induced colitis, and exogenous 8-hydroxy-2'-deoxyguanosine paradoxically blocked Rac1 activation and subsequent nitrogen oxide (NO) inactivation in DSS-induced colitis and inflammation-associated carcinogenesis models<sup>[4-6]</sup>. In our previous studies, pantoprazole significantly reduced oxidative stress and the degree of colon inflammation through suppression of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and NO in a DSS-induced colitis mouse model, and infliximab was suggested as a preventive drug in a colitis-associated carcinogenesis model<sup>[7,8]</sup>. Statins inhibit 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase, the rate-limiting enzyme in the mevalonate pathway, and have long been used to lower cholesterol levels through inhibition of this pathway. Recently, their anti-inflammatory and endothelial cell protective actions, independent of their anti-hyperlipidemic effects were suggested<sup>[9]</sup>. In addition, a previous report demonstrated that rosuvastatin may be effective for preventing the development of DSS-induced colitis in mice *via* inhibition of mucosal inflammatory responses associated with the preservation of endothelial NO synthase transcription<sup>[10]</sup>.

However, the precise mechanism of anti-inflammatory effects by rosuvastatin in DSS-induced colitis is still unclear, and few studies have described the anti-apoptotic effects of rosuvastatin in DSS-induced colitis. We describe the antioxidant, anti-inflammatory and anti-apoptotic effects of rosuvastatin in a DSS-induced colitis model.

## MATERIALS AND METHODS

### Reagents and materials

Rosuvastatin was obtained from Sigma-Aldrich (St. Louis, MO, United States) and 2',7'-dichlorofluorescein diacetate (DCFH-DA) was purchased from Molecular Probes (Eugene, OR, United States). Antibodies to cyclooxygenase (COX)-2 (#12282), cleaved caspase-3 (#9664), caspase-7 (#8438) and poly (ADP-ribose)

polymerase (PARP) (#5625) were purchased from Cell Signaling Technology (Beverly, MA, United States).  $\beta$ -actin (LF-PA0207) antibodies were obtained from Ab Frontier (Seoul, South Korea).

### **Animal model of colitis**

Seven-week-old SPF male C57BL/6 mice (Orient Bio, Sungnam, Korea) were used for the experiments. A total of 15 mice were divided into three groups, with five mice per group. In the untreated control group, mice did not receive DSS or rosuvastatin. In the DSS (molecular weight of 35-50 kDa; MP Biomedicals) group, mice were given drinking water containing 5% DSS for one week. In the rosuvastatin treatment group, rosuvastatin (0.3 mg/kg per day) was administered orally for 21 d (before 7 d and after 7 d of DSS administration). On day 21, all of the mice were sacrificed and their colons were removed, measured, opened longitudinally, and rinsed with ice-cold phosphate-buffered saline (PBS). For histological examination, the isolated tissues were stained with hematoxylin and eosin (H&E), and for immunofluorescence, tissues were subjected to immunohistochemistry staining. Tissue samples were also processed for immunoblotting.

### **Evaluation of colitis severity**

We evaluated colitis severity using a histologic damage score and a disease activity index (DAI) score. The histologic damage score was assessed in tissues by H&E staining and was obtained by evaluating crypt architecture, inflammatory cell infiltration, goblet cell depletion, and crypt abscess. The histologic damage score consists of four grades of crypt architecture (0, normal; 1, distortion up to 1/3; 2, distortion up to 2/3; and 3, complete loss), four grades of inflammatory cell infiltration (0, normal; 1, mild; 2, moderated; and 3, dense), two grades of goblet cell depletion (0, absent; and 1, present), and two grades of crypt abscess (0, absent; and 1, present). These grades are combined to calculate the histologic damage score<sup>[11]</sup>. The DAI consists of scores for weight change, gross bleeding, and stool consistency. There are five grades of weight loss (0, no loss or weight gain; 1, 1%-10% loss; 2, 10%-15% loss; 3, 15%-20% loss; and 4, > 20% loss), two grades of stool consistency (0, normal; and 4, diarrhea), and two grades of gross bleeding (0, normal; and 4, gross bleeding). The combined scores were used to calculate the DAI after 1, 2, and 3 wk of DSS administration. After determining the DAI, the mice were sacrificed by cervical dislocation on day 21, and the colons were resected between the ileocecal junction and the proximal rectum, close to its passage under the pelvis. The colons were placed on a nonabsorbent surface and measured with a ruler. The entire colon was divided into three segments (proximal, middle, and distal), and a part of each segment was

fixed in 10% neutral buffered formalin. After fixation, the specimens were embedded in paraffin, divided into 7  $\mu$ m sections, and stained with H&E.

### **Immunohistochemistry**

Sections (3-10  $\mu$ m) were deparaffinized in xylene and rehydrated through a graded ethanol series. Antigen retrieval was achieved by immersing the sections in 10 mmol/L sodium citrate buffer (pH 6.0), heating to 95 °C for 10 min, and cooling in cold water for 30 min. Slides were treated with 3% hydrogen peroxidase for 10 min to block endogenous peroxidase, rinsed in PBS for 5 min, and incubated with a mouse monoclonal antibody to 8-hydroxydeoxyguanosine (8-OHdG) (ab48508; Abcam, Cambridge, MA, United States) at 4 °C overnight. Immunohistochemical assays were performed using a Dako REAL EnVision Detection system (Peroxidase/DAB+) (K500711, DaKo, Denmark). Nuclei were counterstained with hematoxylin.

### **Immunofluorescence**

Immunofluorescence assays were performed using anti-NADPH oxidase (NOX)-1 (NBP1-31546; Novus Biologicals, Canada) and anti-NOX2 (ab80508; abcam, Cambridge, MA, United States) antibodies. The nuclei were stained with propidium iodide (Invitrogen, Carlsbad, CA, United States) and images were acquired using a Zeiss LSM 700 confocal microscope.

### **Serum cytokine assays**

The concentrations of serum cytokines (IL-2, IL-3, IL-4, IL-5, IL-6, IL-12 and IL-17, MCP-1 and GM-CSF) were quantified using a Mouse Cytokine Array Kit (110951MS, Quansys Biosciences, UT, United States). Serum samples were diluted 1:2 with the supplied diluents and run in duplicate according to the manufacturer's protocol.

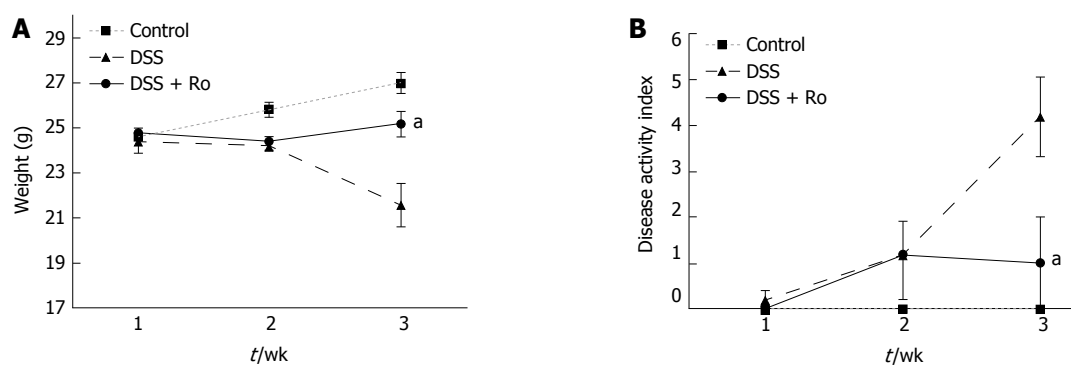
### **Cell culture**

The normal rat intestinal epithelial cell line IEC-6 was purchased from the Korean Cell Lines Bank (KCLB, Seoul, South Korea) and cultured in DMEM medium (Hyclon, NY, United States) supplemented with 10% fetal bovine serum (GIBCO, Grand Island, NY, United States) and 1% antibiotic-antimycotic in a humidified 5% CO<sub>2</sub> atmosphere.

### **Analysis of reactive oxygen species**

Levels of ROS were detected using DCF-DA, which measures the production of hydrogen peroxide and superoxide anion. IEC-6 cells were stimulated with 50 ng/mL TNF- $\alpha$  or 2  $\mu$ mol/L rosuvastatin for 20 min. Cells were incubated with 25  $\mu$ mol/L DCF-DA in the dark for 40 min. DCF fluorescence was detected by confocal microscopy and the fluorescence intensity was measured using a FACSCalibur apparatus (Beckton Dickinson, San Jose, CA, United States).





**Figure 1** Rosuvastatin attenuated changes in body weight and the disease activity index in dextran sodium sulphate-induced colitis model. In mice, acute colitis was induced by oral DSS administration in drinking water for 7 d. Rosuvastatin (0.3 mg/kg per day) was administered orally before and after DSS administration for 21 d in the rosuvastatin-treated group. A: Changes in body weight during DSS administration in mice treated with and without rosuvastatin. Mice in the rosuvastatin group showed less weight loss than mice in DSS-induced colitis model; B: Disease activity index (sum of weight change, gross bleeding, and stool consistency scores) in mice treated with and without rosuvastatin. The rosuvastatin group had a lower disease activity index than untreated mice. Data are expressed as mean  $\pm$  SE. <sup>a</sup> $P < 0.05$  vs DSS group. DSS: Dextran sodium sulphate; Ro: Rosuvastatin.

### Quantitative reverse transcription PCR

RNA was isolated using the RNeasy Plus Mini Kit (Qiagen, Hilden, Germany). To remove genomic DNA, the extracted total RNA was treated with DNase I (New England BioLabs, Ipswich, MA, United States). A total of 1  $\mu$ g purified total RNA was reverse transcribed by one-step RT-PCR using a High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA, United States). For relative mRNA quantification, the reactions were tested using TaKaRa SYBR Premix Ex taq II (TaKaRa, Japan), and the PCR reactions were run on an iCycler (Bio-Rad, Hercules, CA, United States). The following primer pairs were used: mIL-1 $\beta$ , 5'-TACCTATGTCTTCCCCGTGGAG-3' and 5'-ATCATCCCACGAGTCACAGAGG-3'; mIL-8, 5'-CATTAATATTTAACGATGTGGATGCGTTTCA-3' and 5'-GCCTACCATCTTTAACTGCACAAT-3'; COX-2, 5'-TGAT CGAAGACTACGTGCAACA-3' and 5'-AAAAGCAG CTCTGGGTCGAA-3'; and GAPDH, 5'-CTCCCATCTT CCACCTTTG-3' and 5'-ATGTAGGCCATGAGGTCCAC-3'. GAPDH was amplified as a reference.

### Immunoblotting

Harvested cells and mice tissue were lysed in cold RIPA lysis buffer (0.5 mol/L Tris-HCl, pH 7.4, 1.5 mol/L NaCl, 2.5% deoxycholic acid, 10% NP-40, and 10 mmol/L EDTA) containing protease and phosphatase inhibitors (GenDEPOT, San Jose, CA, United States). Cell lysates were subjected to SDS-PAGE and then transferred to a nitrocellulose membrane. After blocking in 5% bovine serum albumin, the membrane was probed with anti-COX-2, anti-poly ADP-ribose polymerase (PARP), anti-cleaved caspase-7, and anti-cleaved caspase-3 antibodies, followed by incubation with a secondary antibody conjugated to horseradish peroxidase. Then the membranes then stripped and reprobed with an anti- $\beta$ -actin antibody.

### Ethics

Animals were handled in an accredited animal facility

in accordance with the Association for Assessment and Accreditation of Laboratory Animal Care International guidelines under the Center of Animal Care and Use facility of the Gachon University Lee Gil Ya Cancer and Diabetes Institute (LCDI-2015-0044).

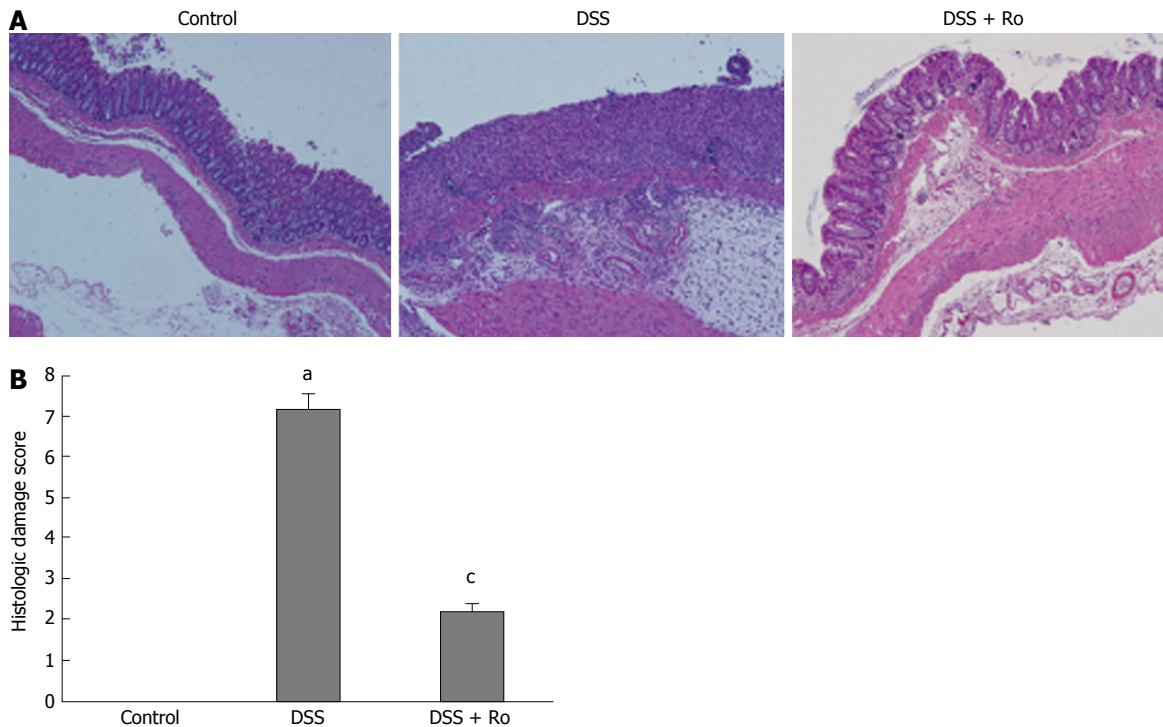
### Statistical analysis

The data are presented as mean  $\pm$  SD. Statistical significance of the difference between experimental groups was assessed using the two-tailed Student's *t*-test, with a  $P < 0.05$  considered statistically significant.

## RESULTS

### Rosuvastatin significantly attenuated changes in colon length, weight, and colitis severity

The mean colon length ( $89 \pm 4.2$  mm vs  $100.4 \pm 17.8$  mm) was lower in the DSS-induced colitis group than in the control group. Although the decrease in colon length after DSS administration ( $89.0 \pm 4.2$  mm vs  $97.0 \pm 9.1$  mm,  $P = 0.127$ ) was reversed by rosuvastatin, the difference was not statistically significant. Significant weight loss was observed in the DSS-induced colitis group compared to the control group, and the rosuvastatin group showed less weight loss than the DSS-induced colitis group ( $21.6 \pm 2.2$  g vs  $25.2 \pm 1.3$  g,  $P = 0.018$ ) (Figure 1A). On day 21, the DAI score in the DSS-induced colitis group was higher than that in the control group and was significantly lower in the rosuvastatin-treated group ( $4.2 \pm 1.9$  vs  $1.0 \pm 2.2$ ,  $P = 0.041$ ) (Figure 1B). H&E staining showed that DSS administration distorted glandular formation and led to the recruitment of inflammatory cells into the submucosal layer, leading to mucosal destruction. On the other hand, rosuvastatin treatment significantly attenuated these pathologic changes (Figure 2A). In the DSS-induced colitis group, the histologic damage score on day 21 was higher than that in the control group and was significantly decreased in the rosuvastatin-treated group ( $7.2 \pm 0.4$



**Figure 2** Rosuvastatin alleviated dextran sodium sulphate-induced histologic damage. A: Hematoxylin and eosin (H&E)-stained colon sections from DSS-induced colitis mouse models treated with and without rosuvastatin. Magnification  $\times 4$ ; B: Histologic damage score. Rosuvastatin-treated mice had lower histological damage scores than untreated mice. Data are expressed as mean  $\pm$  SE. <sup>a</sup> $P < 0.05$  vs control; <sup>c</sup> $P < 0.05$  vs DSS group. DSS: Dextran sodium sulphate; Ro: Rosuvastatin.

vs  $2.2 \pm 0.2$ ,  $P < 0.001$ ) (Figure 2B).

#### Rosuvastatin reduced levels of DSS-induced serum inflammatory cytokines

After 7 d of 5% DSS ingestion, serum levels of IL-2, IL-4, IL-5, IL-6, IL-12 and IL-17, and G-CSF were markedly decreased in the rosuvastatin-treated group. However, serum levels of IL-3, mMCP-1, and mRANTES levels were not markedly different (Figure 3).

#### Rosuvastatin attenuated oxidative stress

It is well known that oxidative stress leads to the accumulation of 8-OHdG in colon tissue. To evaluate the antioxidant effects of rosuvastatin in a DSS-induced colitis model, we analyzed the expression of 8-OHdG by immunohistochemistry. In the DSS-induced colitis group, 8-OHdG expression was increased compared to the control group and rosuvastatin treatment attenuated the 8-OHdG expression in colon tissue (Figure 4A). To assess ROS production *via* NOX, we measured NOX1 expression in colon tissue from the DSS-induced colitis group and found that NOX1 expression was increased compared to the control group. In the rosuvastatin-treated group, NOX1 expression in colon tissue was attenuated. However, NOX2 expression in the DSS-induced colitis group was not different compared to the control group (Figure 4B). To evaluate the antioxidant effects of rosuvastatin, ROS production was measured by confocal microscopy and flow cytometry. As shown

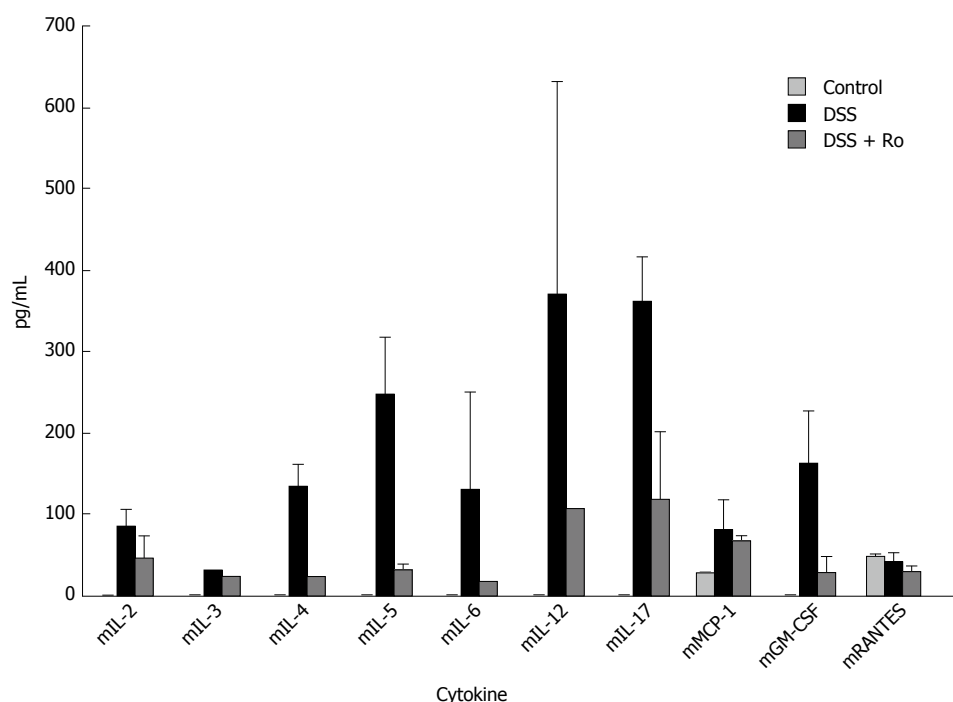
in Figure 5A, DCF fluorescence intensity was higher in TNF- $\alpha$ -treated IEC-6 cells than in control cells. TNF- $\alpha$  induced an increase in DCF fluorescence intensity that was suppressed in IEC-6 cells stimulated with 2  $\mu$ mol/L rosuvastatin for 20 min. In TNF- $\alpha$ -treated IEC-6 cells, rosuvastatin significantly decreased ROS levels, as measured by DCF fluorescence using fluorescence-activated cell sorting (FACS) analysis (Figure 5B).

#### Rosuvastatin reduced the inflammatory process

To explore whether rosuvastatin can modulate the inflammatory process, real-time quantitative RT-PCR (qRT-PCR) was used to measure mRNA levels of IL-1 $\beta$ , IL-8, and COX-2 in IEC-6 cells. Western blotting was also used to measure cleaved caspase-3 and COX-2 protein levels. The mRNA levels of IL-1 $\beta$ , IL-8, and COX-2 were all increased compared to the control, and were suppressed by rosuvastatin treatment (Figure 6A). The protein levels of COX-2 were increased in TNF- $\alpha$ -treated IEC-6 cells and were suppressed in rosuvastatin-treated cells (Figure 6B).

#### Rosuvastatin attenuated apoptosis

To evaluate the effects of rosuvastatin on apoptosis, protein levels of cleaved caspase-3, caspase-7, and PARP were evaluated by Western blotting in DSS-induced colitis group and in IEC-6 cells treated with 50 ng/mL TNF- $\alpha$ . Increased levels of cleaved caspase-3, caspase-7, and PARP in the DSS-induced colitis group



**Figure 3** Rosuvastatin reduced the levels of dextran sodium sulphate-induced serum inflammatory cytokines. Analysis of multiplex ELISA showed that the levels of serum IL-2, IL-4, IL-5, IL-6, IL-12 and IL-17, and G-CSF were markedly decreased in the rosuvastatin-treated group. Data are expressed as mean  $\pm$  SE. DSS: Dextran sodium sulphate; Ro: Rosuvastatin.

were attenuated by rosuvastatin treatment (Figure 7). An increase in cleaved caspase-3 in TNF- $\alpha$ -treated IEC-6 cells was attenuated by rosuvastatin treatment (Figure 6B).

## DISCUSSION

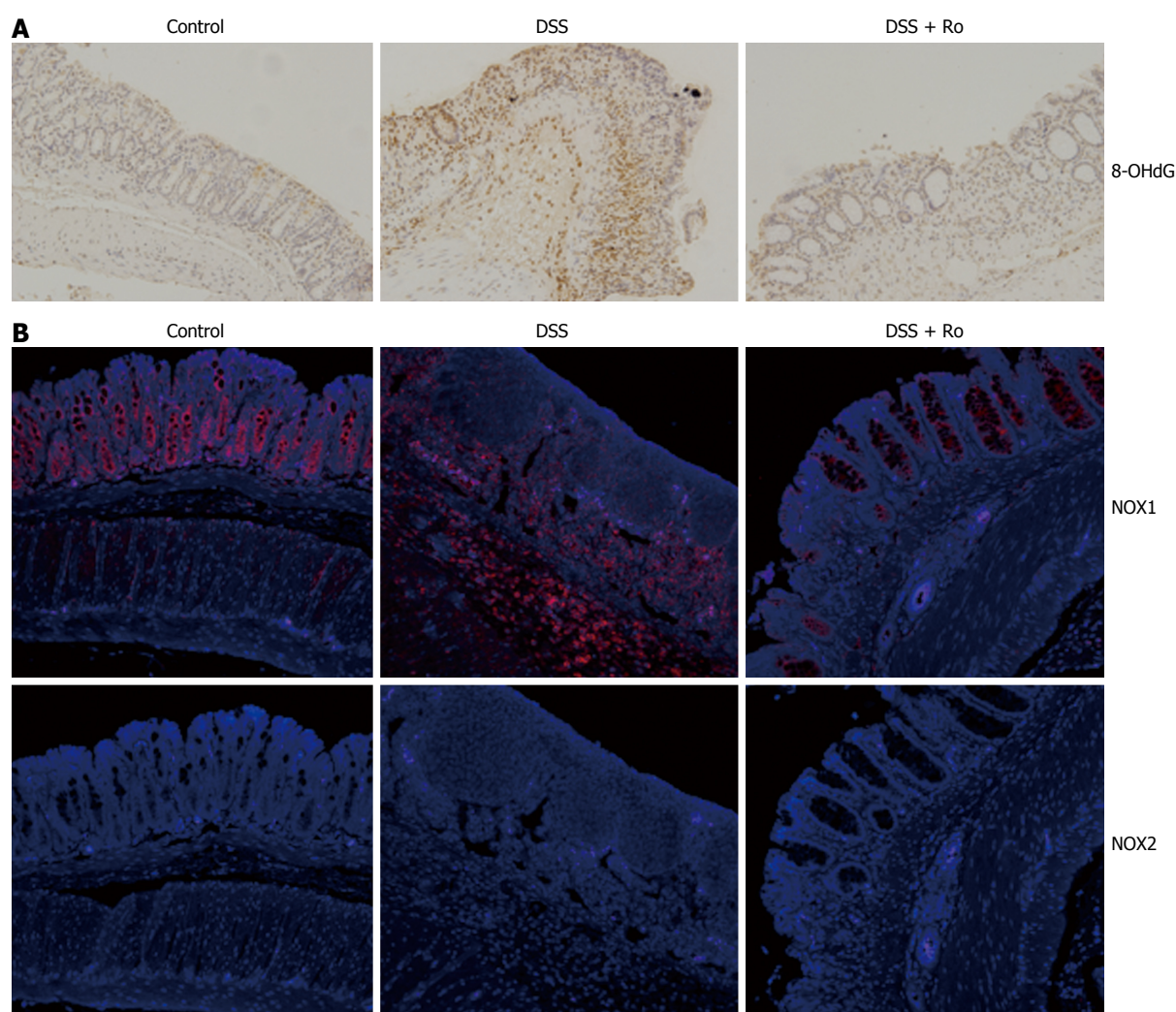
DSS is a chemical colitogen with anticoagulant properties that induces damage in the epithelial monolayer lining in the intestine, leading to the dissemination of pro-inflammatory intestinal contents including ROS<sup>[12]</sup>. A previous report showed that a mouse model of DSS-induced colitis had neutrophil accumulation and increased expression of TNF- $\alpha$  in the colon<sup>[10]</sup>. DSS-induced colitis models are commonly used to study for IBD. DSS induces bloody diarrhea, weight loss, shortening of the colon, and mucosal ulceration in mice<sup>[12]</sup>. Previously, Naito *et al.*<sup>[10]</sup> found that in DSS-treated mice, histological findings and DAI scores, as determined by weight loss, stool consistency, and blood in the stool, were improved in rosuvastatin-treated mice. In our study, rosuvastatin treatment also ameliorated DSS-induced colonic injury as assessed by the DAI and the histologic damage score.

Oxidative stress in the intestinal tract is considered a major factor that contributes to the pathogenesis and progression of IBD, and is supported by recent data that suggests a positive correlation between upregulated NOX expression and gastrointestinal inflammation<sup>[13]</sup>.

NOX has a dedicated function of generating reactive oxygen. Previous studies have shown that the epithelial NOX homologs, NOX1 and DUOX2, generate a higher level of superoxide in the colon compared to phagocyte NOX2<sup>[14]</sup>. In particular, a previous report showed that NOX1 was highly expressed in human colon epithelial cells, and lymphocytes within lesions of CD and UC had high levels of NOX1 expression<sup>[15]</sup>. Another report showed that NOX1 expression was increased in the colon of mice treated by TNF- $\alpha$ , a pro-inflammatory cytokine that is increased in the mucosa of IBD patients and mouse models of DSS-induced colitis<sup>[16,17]</sup>. In addition, it is well known that oxidative stress leads to the accumulation of products that cause oxidative damage such as 8-OHdG in colon tissue. In this study, expression levels of NOX1 and 8-OHdG in colon tissue from DSS-induced colitis mice were higher than those in control mice. Furthermore, ROS production was increased in TNF- $\alpha$ -treated IEC-6 cells.

Previous reports have demonstrated the anti-inflammatory effects of statins in colitis models. Maheshwari *et al.*<sup>[18]</sup> reported that simvastatin or rosuvastatin led to a significant reduction in oxidative stress levels by virtue of increasing levels of superoxide dismutase (SOD) and glutathione (GSH), and decreasing levels of malondialdehyde (MDA) in a trinitrobenzene sulfonic acid-induced colitis rat model. Naito *et al.*<sup>[10]</sup> suggested that rosuvastatin-induced TNF- $\alpha$  inhibition and eNOS transcription upregulation was accompanied by significant suppression of





**Figure 4** Rosuvastatin attenuated the expression of 8-OHdG and NOX1, but not of NOX2, in a dextran sodium sulphate-induced colitis model. A: 8-OHdG expression in colon sections from DSS-induced colitis mice treated with and without rosuvastatin by immunohistochemistry. 8-OHdG expression was attenuated in the rosuvastatin-treated group. Magnification  $\times 10$ ; B: NOX1 and NOX2 expression in colon sections from DSS-induced colitis mice treated with and without rosuvastatin by immunofluorescence. NOX1 expression was attenuated in the rosuvastatin-treated group. NOX2 expression levels were not different in DSS-induced colitis mice and control mice. Magnification  $\times 10$ . DSS: Dextran sodium sulphate; 8-OHdG: 8-hydroxy-2'-deoxyguanosine; NOX: NADPH oxidase.

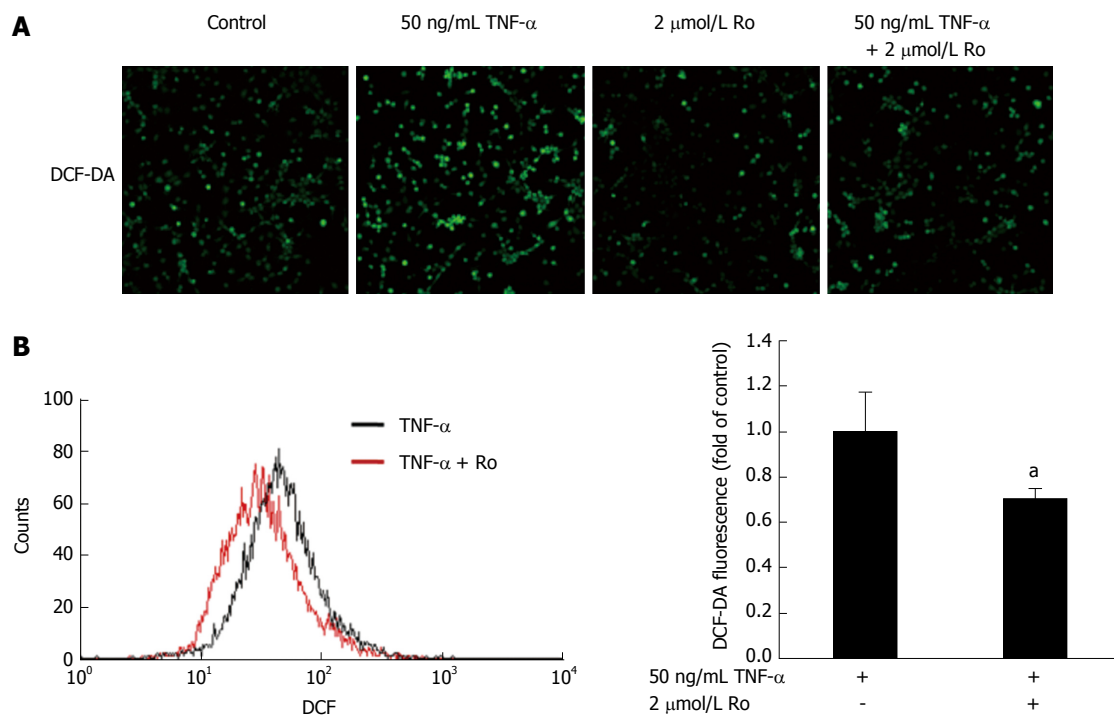
intestinal inflammation. However, few studies have investigated whether statins can suppress NOX-dependent ROS production in DSS-induced colitis models. Recently, it was suggested that statins reduced NOX-derived ROS in the vascular wall that was mediated by mevalonate-reversible inhibition of isoprenoid formation and membrane translocation of the small GTP protein Rac1<sup>[19]</sup>. In this study, we confirmed that in DSS-treated mice, the expression levels of NOX1 and 8-OHdG in colon tissue, and the production of TNF- $\alpha$ -induced ROS, were suppressed by rosuvastatin treatment.

The pro-inflammatory enzyme, COX-2, is over-expressed in the large intestinal epithelium in active human IBD, and the expression of COX-2 can be induced by the cytokines such as IL-1 $\beta$  and IL-8<sup>[20,21]</sup>. In our *in vitro* study, rosuvastatin treatment reduced the expression of pro-inflammatory cytokines such as

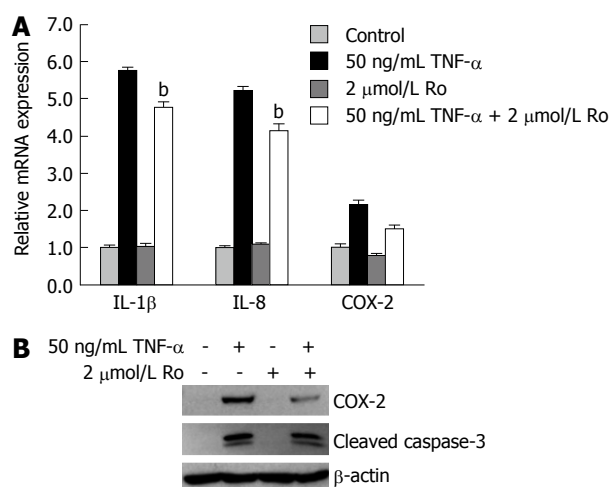
IL-1 $\beta$ , IL-8, and COX-2, and attenuated serum levels of pro-inflammatory cytokines such as IL-2, IL-4, IL-5, IL-6, IL-12 and IL-17, and G-CSF in DSS-treated mice.

High levels of apoptosis are observed in the intestinal epithelium of IBD patients, and in UC, ROS are thought to play an important role in inducing epithelial cell apoptosis<sup>[22]</sup>. Cell death mechanisms have been associated with the development of IBD in humans and mice. The activation of extrinsic (mediated by caspase-8) and intrinsic (mediated by caspase-9) pathways leads to the activation of caspase-3, caspase-6, and caspase-7, which leads to the cleavage of other proteins<sup>[23]</sup>. One of the essential substrates cleaved by both caspase-3 and caspase-7 is PARP, an abundant DNA-binding enzyme that detects and signals DNA strand breaks<sup>[24]</sup>. PARP has been implicated in intestinal barrier dysfunction in the development of IBD<sup>[25]</sup>. In our study, rosuvastatin





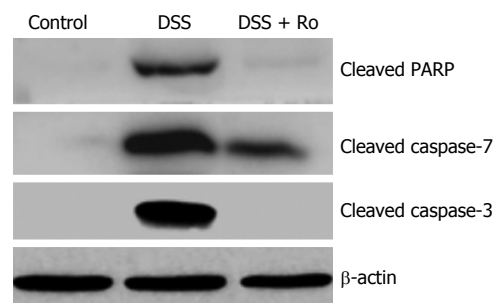
**Figure 5 Rosuvastatin attenuated oxidative stress.** IEC-6 cells were treated with 2  $\mu$ mol/L rosuvastatin for 20 min or 50 ng/mL TNF- $\alpha$  and then stained with 25  $\mu$ mol/L DCF-DA for 30 min. DCF fluorescence was detected by (A) confocal microscopy and (B) flow cytometry. Rosuvastatin significantly reduced ROS production. <sup>a</sup> $P < 0.05$  vs TNF- $\alpha$ -treated IEC-6 cells without rosuvastatin. TNF: Tumor necrosis factor; DCF-DA: 2'-7'-dichlorodihydrofluorescein diacetate; ROS: Reactive oxygen species; R: Rosuvastatin.



**Figure 6 In vitro, rosuvastatin reduced the expression of inflammatory mediators and cleaved caspase-3.** IEC-6 cells were treated with 50 ng/mL and/or 2  $\mu$ mol/L rosuvastatin for 24 h. (A) qRT-PCR showing mRNA expression levels of IL-1 $\beta$ , IL-8, and COX-2. Rosuvastatin significantly attenuated mRNA levels of IL-1 $\beta$ , IL-8, and COX-2 in TNF- $\alpha$ -treated IEC-6 cells. Data are expressed as mean  $\pm$  SE. (B) Western blot showing protein expression levels of COX-2 and cleaved caspase-3. Rosuvastatin significantly attenuated COX-2 and cleaved caspase-3 protein expression in 50 ng/mL TNF- $\alpha$ -treated IEC-6 cells. <sup>b</sup> $P < 0.01$  vs TNF- $\alpha$ -treated IEC-6 cells without rosuvastatin. TNF: Tumor necrosis factor; COX: Cyclooxygenase; Ro: Rosuvastatin.

inhibited the apoptotic pathway by activating caspase-3 in TNF- $\alpha$ -treated IEC-6 cells and activating caspase-3, caspase-7, and PARP in DSS-treated mice.

In conclusion, we assume the possibility of anti-



**Figure 7 Rosuvastatin attenuated apoptosis in a dextran sodium sulphate-induced colitis model.** Western blot showing protein levels of cleaved caspase-3, caspase-7, and PARP. Rosuvastatin attenuated the increase in cleaved caspase-3, caspase-7, and PARP in DSS-treated mice. PARP: Poly (ADP-ribose) polymerase; DSS: Dextran sodium sulphate; Ro: Rosuvastatin.

inflammatory effects of rosuvastatin through the regulation of oxidative stress, and first describe the anti-apoptotic effects of rosuvastatin in a DSS-induced colitis model. These results show that rosuvastatin may be a potential anti-inflammatory drug for the treatment of IBD.

## COMMENTS

### Background

Oxidative stress in the intestinal tract is considered a major factor that contributes to the pathogenesis and progression of inflammatory bowel disease (IBD). Recently, anti-inflammatory actions of statins, independent of their anti-hyperlipidemic effects were suggested. The authors investigated the anti-

inflammatory and anti-apoptotic effects of rosuvastatin by regulation of oxidative stress in a dextran sulfate sodium (DSS)-induced colitis model.

### Research frontiers

The precise mechanism of anti-inflammatory effects by rosuvastatin in DSS-induced colitis is still unclear, and few studies have described the anti-apoptotic effects of rosuvastatin in DSS-induced colitis.

### Innovations and breakthroughs

This study demonstrates the possibility of anti-inflammatory effects of rosuvastatin through the regulation of oxidative stress, and is the first to describe the anti-apoptotic effects of rosuvastatin in a DSS-induced colitis model.

### Applications

Rosuvastatin might be a candidate anti-inflammatory drug in patients with IBD.

### Terminology

Oxidative stress in the intestinal tract is considered a major factor that contributes to the pathogenesis and progression of IBD, and is supported by recent data that suggests a positive correlation between upregulated NADPH oxidase (NOX) expression and gastrointestinal inflammation.

### Peer-review

Authors tested a hypothesis of presence of protective effect of rosuvastatin in animal DSS-induced colitis model and also performed a IEC6 cell line model of another *in vitro* study. The study showed promising results about protective effects of rosuvastatin by reduction of oxidative stress, reduced apoptosis and decreased inflammation. The study is interesting and could possibly to further investigations for a possible treatment modality.

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