# World Journal of *Gastroenterology*

World J Gastroenterol 2022 July 28; 28(28): 3535-3752





Published by Baishideng Publishing Group Inc

WJG

# World Journal of Gastroenterology

# Contents

Weekly Volume 28 Number 28 July 28, 2022

# **REVIEW**

3535 Peroxisome proliferator-activated receptor gamma as a therapeutic target for hepatocellular carcinoma: Experimental and clinical scenarios

Katoch S, Sharma V, Patial V

3555 Gut microbiota alteration and modulation in hepatitis B virus-related fibrosis and complications: Molecular mechanisms and therapeutic inventions

Li YG, Yu ZJ, Li A, Ren ZG

# **MINIREVIEWS**

Combination approaches in hepatocellular carcinoma: How systemic treatment can benefit candidates to 3573 locoregional modalities

da Fonseca LG, Araujo RLC

Update on endoscopic ultrasound-guided liver biopsy 3586

Rangwani S, Ardeshna DR, Mumtaz K, Kelly SG, Han SY, Krishna SG

- 3595 Non-alcoholic fatty liver disease-related hepatocellular carcinoma: Is there a role for immunotherapy? Mattos ÂZ, Debes JD, Vogel A, Arrese M, Revelo X, Pase THS, Manica M, Mattos AA
- 3608 Potassium-competitive acid blockers and gastroesophageal reflux disease Leowattana W, Leowattana T
- 3620 Making the case for multidisciplinary pediatric aerodigestive programs Kanotra SP, Weiner R, Rahhal R
- 3627 Therapeutic potential of mesenchymal stem cells in the treatment of acute liver failure Harrell CR, Pavlovic D, Djonov V, Volarevic V
- 3637 Effective combinations of anti-cancer and targeted drugs for pancreatic cancer treatment Nishimoto A

# **ORIGINAL ARTICLE**

# **Basic Study**

3644 Mechanism of electroacupuncture and herb-partitioned moxibustion on ulcerative colitis animal model: A study based on proteomics

Qi Q, Zhong R, Liu YN, Zhao C, Huang Y, Lu Y, Ma Z, Zheng HD, Wu LY



# Contents

# Weekly Volume 28 Number 28 July 28, 2022

#### **Retrospective Study**

How has the disease course of pediatric ulcerative colitis changed throughout the biologics era? A 3666 comparison with the IBSEN study

Kwon Y, Kim ES, Choe YH, Kim MJ

3682 Gastric mucosal precancerous lesions in Helicobacter pylori-infected pediatric patients in central China: A single-center, retrospective investigation

Yu M, Ma J, Song XX, Shao QQ, Yu XC, Khan MN, Qi YB, Hu RB, Wei PR, Xiao W, Jia BL, Cheng YB, Kong LF, Chen CL, Ding SZ

#### **Observational Study**

3695 Secular trends of intrahepatic cholangiocarcinoma in a high endemic area: A population-based study Lin CR, Lee YK, Chiang CJ, Yang YW, Chang HC, You SL

3706 Family-based Helicobacter pylori infection status and transmission pattern in central China, and its clinical implications for related disease prevention

Yu XC, Shao QQ, Ma J, Yu M, Zhang C, Lei L, Zhou Y, Chen WC, Zhang W, Fang XH, Zhu YZ, Wu G, Wang XM, Han SY, Sun PC, Ding SZ

# **SCIENTOMETRICS**

3720 Global research on Clostridium difficile-associated diarrhoea: A visualized study Zyoud SH

# **CASE REPORT**

3732 Delayed immune-related sclerosing cholangitis after discontinuation of pembrolizumab: A case report Tanaka T, Sakai A, Tsujimae M, Yamada Y, Kobayashi T, Masuda A, Kodama Y

# LETTER TO THE EDITOR

- 3739 Prednisolone induced pneumatosis coli and pneumoperitoneum Goh SSN, Shelat V
- 3743 Is patient satisfaction sufficient to validate endoscopic anti-reflux treatments? Bortolotti M
- 3747 Endoluminal vacuum-assisted therapy as a treatment for anastomotic leakage in colorectal surgery Chiarello MM, Bianchi V, Fransvea P, Brisinda G



# Contents

Weekly Volume 28 Number 28 July 28, 2022

# **ABOUT COVER**

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# **INDEXING/ABSTRACTING**

The WJG is now abstracted and indexed in Science Citation Index Expanded (SCIE, also known as SciSearch®), Current Contents/Clinical Medicine, Journal Citation Reports, Index Medicus, MEDLINE, PubMed, PubMed Central, Scopus, Reference Citation Analysis, China National Knowledge Infrastructure, China Science and Technology Journal Database, and Superstar Journals Database. The 2022 edition of Journal Citation Reports® cites the 2021 impact factor (IF) for WJG as 5.374; IF without journal self cites: 5.187; 5-year IF: 5.715; Journal Citation Indicator: 0.84; Ranking: 31 among 93 journals in gastroenterology and hepatology; and Quartile category: Q2. The WJG's CiteScore for 2021 is 8.1 and Scopus CiteScore rank 2021: Gastroenterology is 18/149.

# **RESPONSIBLE EDITORS FOR THIS ISSUE**

Production Editor: Yu-Xi Chen; Production Department Director: Xu Guo; Editorial Office Director: Jia-Ru Fan.

NAME OF JOURNAL	INSTRUCTIONS TO AUTHORS
World Journal of Gastroenterology	https://www.wjgnet.com/bpg/gerinfo/204
ISSN	GUIDELINES FOR ETHICS DOCUMENTS
ISSN 1007-9327 (print) ISSN 2219-2840 (online)	https://www.wjgnet.com/bpg/GerInfo/287
LAUNCH DATE	GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH
October 1, 1995	https://www.wjgnet.com/bpg/gerinfo/240
FREQUENCY	PUBLICATION ETHICS
Weekly	https://www.wjgnet.com/bpg/GerInfo/288
EDITORS-IN-CHIEF	PUBLICATION MISCONDUCT
Andrzej S Tarnawski	https://www.wjgnet.com/bpg/gerinfo/208
EDITORIAL BOARD MEMBERS	ARTICLE PROCESSING CHARGE
http://www.wignet.com/1007-9327/editorialboard.htm	https://www.wjgnet.com/bpg/gerinfo/242
PUBLICATION DATE	STEPS FOR SUBMITTING MANUSCRIPTS
July 28, 2022	https://www.wjgnet.com/bpg/GerInfo/239
COPYRIGHT	ONLINE SUBMISSION
© 2022 Baishideng Publishing Group Inc	https://www.f6publishing.com

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# World Journal of Gastroenterology

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World J Gastroenterol 2022 July 28; 28(28): 3637-3643

DOI: 10.3748/wjg.v28.i28.3637

ISSN 1007-9327 (print) ISSN 2219-2840 (online)

MINIREVIEWS

# Effective combinations of anti-cancer and targeted drugs for pancreatic cancer treatment

# Arata Nishimoto

Specialty type: Oncology

Provenance and peer review: Invited article; Externally peer reviewed.

Peer-review model: Single blind

# Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): B, B Grade C (Good): 0 Grade D (Fair): 0 Grade E (Poor): 0

P-Reviewer: Chen H, China; lee Y, South Korea

Received: April 1, 2022 Peer-review started: April 1, 2022 First decision: May 9, 2022 Revised: June 6, 2022 Accepted: June 30, 2022 Article in press: June 30, 2022 Published online: July 28, 2022



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# Abstract

Pancreatic cancer is highly aggressive and lethal. Due to the lack of effective methods for detecting the disease at an early stage, pancreatic cancer is frequently diagnosed late. Gemcitabine has been the standard chemotherapy drug for patients with pancreatic cancer for over 20 years, but its anti-tumor effect is limited. Therefore, FOLFIRINOX (leucovorin, fluorouracil, irinotecan, oxaliplatin) as well as combination therapies using gemcitabine and conventional agents, such as cisplatin and capecitabine, has also been administered; however, these have not resulted in complete remission. Therefore, there is a need to develop novel and effective therapies for pancreatic cancer. Recently, some studies have reported that combinations of gemcitabine and targeted drugs have had significant antitumor effects on pancreatic cancer cells. As gemcitabine induced DNA damage response, the proteins related to DNA damage response can be suitable additional targets for novel gemcitabine-based combination therapy. Furthermore, KRAS/ RAF/MEK/ERK signaling triggered by oncogenic mutated KRAS and autophagy are frequently activated in pancreatic cancer. Therefore, these characteristics of pancreatic cancer are potential targets for developing effective novel therapies.

In this minireview, combinations of gemcitabine and targeted drugs to these characteristics, combinations of targeted drugs, combinations of natural products and anti-cancer agents, including gemcitabine, and combinations among natural products are discussed.

Key Words: Pancreatic cancer; Gemcitabine; Targeted drug; Combination therapy

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Core Tip: Gemcitabine has been the standard chemotherapy drug for patients with pancreatic cancer; however, its effectiveness is limited. Therefore, various combination therapies involving gencitabine and targeted drugs are being explored. A review of combination therapies based mainly on clinical studies has been published recently; therefore, this minireview focuses on the findings of basic studies and discusses combinations of gemcitabine and targeted drugs, combinations of targeted drugs, combinations of natural products and anti-cancer agents, including gemcitabine, and combinations among natural products.

Citation: Nishimoto A. Effective combinations of anti-cancer and targeted drugs for pancreatic cancer treatment. World J Gastroenterol 2022; 28(28): 3637-3643

URL: https://www.wjgnet.com/1007-9327/full/v28/i28/3637.htm DOI: https://dx.doi.org/10.3748/wjg.v28.i28.3637

# INTRODUCTION

Pancreatic cancer is fatal and has a 5-year survival rate of approximate 10%[1]. It is estimated that pancreatic cancer will become the second most common cause of cancer-related deaths in the United States by 2030[2]. Pancreatic cancer is frequently diagnosed at a late stage owing to the lack of effective methods for detecting it at earlier stages and non-specific symptoms. Therefore, there is an urgent need to develop both novel effective therapies for pancreatic cancer that has progressed to a late stage and effective methods for detecting pancreatic cancer at an early stage.

Gemcitabine is the standard treatment for patients with pancreatic cancer. However, as the antitumor effect of gemcitabine is limited, FOLFIRINOX (leucovorin, fluorouracil, irinotecan, oxaliplatin) as well as combination therapies of gemcitabine and conventional agents, such as cisplatin and capecitabine, has also been administered [3-5]. Although these combination therapies improved overall survival compared to gemcitabine alone, they did not achieve complete remission. In addition, the incidence of toxicity associated with these combination therapies has increased[3-6].

Recent studies have attempted to identify effective combinations of gemcitabine and targeted drugs for pancreatic cancer. As gemcitabine, a well-known DNA-damaging agent, induced DNA damage response, the proteins related to DNA damage response can be suitable additional targets for novel gemcitabine-based combination therapy. Furthermore, KRAS/RAF/MEK/ERK signaling triggered by oncogenic mutated KRAS and autophagy, which are described as the characteristics of pancreatic ductal adenocarcinoma (PDAC), are frequently activated. Therefore, these characteristics are promising targets for effective novel therapeutic strategies [7-12]. An excellent review on effective combination therapies for pancreatic cancer was published recently<sup>[13]</sup>. This review was based mainly on the findings of preclinical and clinical studies<sup>[13]</sup>; therefore, this minireview focuses on the findings of basic studies and discusses combinations of gemcitabine and targeted drugs, combinations of targeted drugs, combinations of natural products and anti-cancer agents, including gemcitabine, and combinations among natural products.

# COMBINATIONS OF GEMCITABINE AND TARGETED DRUGS

Gemcitabine, a well-known DNA-damaging agent, has been the standard first-line drug for patients with pancreatic cancer. However, the efficacy of gemcitabine in pancreatic cancer is limited and a novel gemcitabine-based combination therapy is required. In this section and Figure 1, combinations of gemcitabine and targeted drugs to enhance the anti-tumor effect are summarized.

#### Gemcitabine and Chk1 inhibitor

Quinone-methide triterpenoid pristimerin induces lysosomal degradation of checkpoint kinase 1 (Chk1) and augments the expression of  $\gamma$ -H2AX, which is a biomarker of DNA damage following gemcitabine treatment[14]. Furthermore, the combination of gemcitabine and pristimerin was shown to increase apoptosis of pancreatic cancer cells[14]. The Chk1 inhibitor MK-8776 also enhances the sensitivity of multiple human cancer cell lines, including pancreatic cancer cells, to gemcitabine[15]. The DNA damage response mediated by Chk1 in pancreatic cancer stem cells was greater than that in nonpancreatic cancer stem cells, indicating that Chk1 inhibition selectively sensitizes pancreatic cancer stem cells to gemcitabine [16]. The combination of Chk1 inhibition and gemcitabine reduces the ability of tumor initiation in pancreatic cancer stem cells[16]. The anti-tumor effect of the combination of gemcitabine and doublecortin-like kinase 1 (Dclk1) inhibitor has also been reported[17]. The latter significantly decreased the expression of gemcitabine-induced phosphorylated Chk1 in pancreatic cancer cells. The combination of gemcitabine and Dclk1 inhibitor did not arrest the cell cycle at the S



[The representative characteristics of pancreatic cancer]	
Gemcitabine-induced CNA damage	NA damage response
Glycolysis mediated by KRAS-RAF-MEK-ERK signaling	– Energy pathway
Autophagy	]

Combinations of gemcitabine and targeted drugs Gemcitabine + inhibitor of Chk1, MEK, or autophagy [Combinations of targeted drugs] Inhibitors of Chk1 + MEK, Chk1 + autophagy, MEK/ERK + autophagy, and Chk1 + ERK + autophagy

DOI: 10.3748/wjg.v28.i28.3637 Copyright ©The Author(s) 2022.

#### Figure 1 The representative characteristics of pancreatic cancer as potential targets for effective combination therapy.

phase and allowed cell cycle progression[17]. In addition, the combination of gemcitabine and Dclk1 inhibitor increased the rate of  $\gamma$ -H2AX-positive cells compared to individual treatments. The combination of gemcitabine and Dclk1 inhibitor induced PARP1 cleavage as well as caspase-3 activation and significantly decreased the survival rate of pancreatic cancer cells compared to gemcitabine treatment alone[17].

#### Gemcitabine and KRAS antibody/MEK inhibitor

Oncogenic KRAS mutations are present in approximately 90% of pancreatic cancer cases. Consequently, KRAS and its downstream proteins, such as RAF, MEK, and ERK, are activated in pancreatic cancer cases and contribute to the progression of the disease. Therefore, inhibitors targeting these proteins may be effective in inhibiting this progression.

Antibodies that bind intracellularly to the activated GTP-bound form of oncogenic KRAS mutants have been developed and significantly sensitize pancreatic cancer cells to gemcitabine[18,19]. These antibodies synergistically increase the anti-tumor effect of gemcitabine by inhibiting the RAF/MEK/ERK signaling pathway downstream of KRAS[18,19]. The antibodies are internalized in the cytoplasm by endocytosis through the tumor-associated receptors of extracellular epithelial cell adhesion molecules<sup>[19]</sup>. These antibodies synergistically increase the anti-tumor effect of gemcitabine by inhibiting KRAS/RAF/MEK/ERK signaling in pancreatic cancer cells[18,19].

The MEK inhibitor, trametinib, both alone and in combination with gemcitabine, was shown to exhibit significantly enhanced anti-tumor effects compared to gemcitabine alone[20]. The combination of gemcitabine and trametinib also increased the inhibition of tumor growth in pancreatic cancer patient-derived orthotopic xenografts in nude mice compared to trametinib alone<sup>[20]</sup>. Moreover, the combination of the MEK inhibitors, trametinib and cobimetinib, prevented tumor growth in gemcitabine-resistant pancreatic cancer patient-derived orthotopic xenografts in nude mice[21]. These results suggest that such combinations have therapeutic potential against pancreatic cancer.

#### Gemcitabine and autophagy inhibitor

Gemcitabine has significantly been shown to increase autophagy induction in human pancreatic cancer cells, and combined treatment with gemcitabine and chloroquine, an autophagy inhibitor, triggered a marked boost in reactive oxygen species (ROS) levels and increased lysosomal membrane permeability [22]. Consequently, proteases, including cathepsins, are released from lysosomes into the cytoplasm, leading to apoptosis. Thus, the combination of gemcitabine and chloroquine has an anti-tumor effect on pancreatic cancer cells through the apoptotic pathway by lysosomal dysfunction via a marked boost of ROS[22]. Cancer stem cells are considered to be responsible for the recurrence and chemoresistance of cancer. The expression of the markers of cancer stem cells, aldehyde dehydrogenase 1, CD44, and CD133, was found to be positively correlated with the expression of LC3 type II, an autophagy marker, in pancreatic cancer tissues<sup>[23]</sup>; this suggests an association between autophagy and cancer stem cells. Indeed, autophagy inhibition decreased the activity of sphere formation of pancreatic cancer stem cells, and gemcitabine and autophagy inhibition markedly reduced the populations of cancer stem cells[23].

# COMBINATIONS OF TARGETED DRUGS

Recent studies have demonstrated that combinations of targeted drugs have potential for developing novel and effective therapy for pancreatic cancer. In this section and Figure 1, combinations of targeted drugs for PDAC therapy are summarized.



#### ERK and autophagy inhibitors

KRAS suppression or ERK inhibition was shown to decrease both glycolytic and mitochondrial functions and to increase autophagic flux in PDAC, suggesting that ERK inhibition enhances dependence on autophagy [24]. The combination of ERK and autophagy inhibitors synergistically enhanced anti-tumor activity in KRAS-driven PDAC via the dysfunction of the energy pathways consisting of glycolysis and autophagy [24]. It has been reported that inhibition of the KRAS/ RAF/MEK/ERK signaling pathway elicits autophagy, resulting in protection of PDAC cells from cytotoxic effects<sup>[25]</sup>. The combination of MEK1/2 and autophagy inhibitors showed synergistic antitumor effects against PDAC cells in vitro and promoted the regression of patient-derived xenografts of PDAC in mice[25]. Furthermore, the effect of the combination of trametinib and chloroquine was not limited to PDAC and resulted in similar responses in patient-derived xenografts of BRAF-mutated colorectal cancer and NRAS-mutated melanoma<sup>[25]</sup>.

# ERK, Chk1, and autophagy inhibitors

Screening of druggable genes by genetic loss-of-function using CRISPR-Cas9 and small interfering RNA revealed that components of the ATR-Chk1 DNA damage response pathway were modulators of sensitivity to ERK inhibitor treatment in KRAS-mutant PDAC[26]. Chk1 inhibition suppressed the growth of both PDAC cell lines and organoids and activated ERK signaling and autophagy, suggesting that Chk1 inhibition enhances dependence on ERK signaling and autophagy[26]. These findings provide a mechanistic basis for the effectiveness of the inhibition of Chk1, ERK, and autophagy. Indeed, this triple combination of inhibitors synergistically enhanced the anti-tumor effect in KRAS-mutant PDAC [26].

# 2-deoxyglucose and MEK inhibitor

Pooled shRNA library screening was used in an orthotopic xenograft model to identify multiple glycolysis genes as potential targets that may sensitize PDAC cells to MEK inhibition[27]. Apoptosis in KrasG12D-driven PDAC cells was synergistically induced, in vitro, via the combination of 2deoxyglucose, a glycolysis inhibitor, and a MEK inhibitor; the same also inhibited tumor growth of PDAC xenografts, leading to prolonged overall survival in a genetically engineered PDAC mouse model<sup>[27]</sup>. Molecular and metabolic analyses revealed that the combined inhibition of glycolysis and ERK signaling synergistically caused apoptosis by inducing lethal stress in the endoplasmic reticulum. These results indicate that the combination of 2-deoxyglucose and a MEK inhibitor may be an effective approach for targeting KRAS-driven PDAC[27].

# Replication stress response and autophagy inhibitors

PDAC exhibits high basal lysosomal activity and relies on lysosome-dependent recycling pathways, such as autophagy, to generate substrates for metabolism[28]. Kinase inhibitor screening revealed that the replication stress response inhibitor and chloroquine, an autophagy inhibitor that works via the functional inhibition of lysosomes, were synthetically lethal in PDAC cells[28]. Chloroquine induces replication stress due to aspartate depletion, and a replication stress response inhibitor and chloroquine synergistically inhibit tumor growth in PDAC<sup>[28]</sup>.

# Immune checkpoint and autophagy inhibitors

Major histocompatibility complex class I (MHC-I) molecules are selectively degraded via autophagy in PDAC[29]. Consequently, the expression of MHC-I at the cell surface is reduced, and MHC-I is localized predominantly within autophagosomes and lysosomes. Autophagy inhibition was shown to restore the expression of MHC-I at the cell surface and improve antigen presentation[29]. Furthermore, autophagy inhibition synergizes with dual immune checkpoint blockade therapy (anti-PD1 and anti-CTLA4 antibodies) to enhance the anti-tumor immune response and reduce tumor growth in syngeneic host mice[29].

# COMBINATIONS OF NATURAL PRODUCTS AND ANTI-CANCER AGENTS, INCLUDING GEMCITABINE

The use of natural products as adjunctive therapies for pancreatic cancer has a great potential due to the anti-cancer efficacy and low toxicity. Yue et al[30] summarized combinations of natural products and anti-cancer agents, including gemcitabine, and combinations among natural products. They focused on the following: combinations of natural products and gemcitabine (for example, cucurbitacin B and gemcitabine[31], glaucarubinone and gemcitabine[32], escin and gemcitabine[33], and gum mastic and gemcitabine[34]); combinations of natural products and other agents, such as all-trans retinoic acid and sulindac (for example, 12-O-tetradecanoylphorbol-13-acetate and all-trans retinoic acid[35], parthenolide and sulindac[36], and triptolide and hydroxycamptothecin[37]); and combinations among natural products (for example, sulforaphane and quercetin[38], wogonin, apigenin, and chrysin[39], and



metformin and aspirin[40]).

While agents from purified chemical compounds generally target single molecules, natural products mostly consist of multiple components that concurrently act on various molecular targets. Therefore, natural products are expected to have various functions, including improvement of anti-cancer efficacy, enhancement of immune system, and reduction of side effects<sup>[41]</sup>.

# CONCLUSION

In general, it is widely accepted that combination therapy is more effective than monotherapy. In this minireview, combinations of gemcitabine and targeted drugs, combinations of targeted drugs, combinations of natural products and anti-cancer agents, including gemcitabine, and combinations among natural products are described. Hereafter, preclinical and clinical studies are needed to examine the possibility for clinical applications. Concurrently, additional basic studies that attempt to identify combinations that synergize anti-cancer effects are needed to find the better treatment options.

# FOOTNOTES

Author contributions: Nishimoto A wrote the manuscript.

**Conflict-of-interest statement:** There is no conflict of interest related to this minireview manuscript.

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#### Country/Territory of origin: Japan

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S-Editor: Ma YJ L-Editor: A P-Editor: Ma YJ

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