World Journal of *Gastroenterology*

World J Gastroenterol 2023 May 21; 29(19): 2888-3047





Published by Baishideng Publishing Group Inc

JG

World Journal of Gastroenterology

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ABOUT COVER

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INDEXING/ABSTRACTING

The WJG is now abstracted and indexed in Science Citation Index Expanded (SCIE, also known as SciSearch®), Current Contents/Clinical Medicine, Journal Citation Reports, Index Medicus, MEDLINE, PubMed, PubMed Central, Scopus, Reference Citation Analysis, China National Knowledge Infrastructure, China Science and Technology Journal Database, and Superstar Journals Database. The 2022 edition of Journal Citation Reports® cites the 2021 impact factor (IF) for WJG as 5.374; IF without journal self cites: 5.187; 5-year IF: 5.715; Journal Citation Indicator: 0.84; Ranking: 31 among 93 journals in gastroenterology and hepatology; and Quartile category: Q2. The WJG's CiteScore for 2021 is 8.1 and Scopus CiteScore rank 2021: Gastroenterology is 18/149.

RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: Yi-Xuan Cai; Production Department Director: Xiang Li; Editorial Office Director: Jia-Ru Fan.

NAME OF JOURNAL	INSTRUCTIONS TO AUTHORS
World Journal of Gastroenterology	https://www.wjgnet.com/bpg/gerinfo/204
ISSN	GUIDELINES FOR ETHICS DOCUMENTS
ISSN 1007-9327 (print) ISSN 2219-2840 (online)	https://www.wjgnet.com/bpg/GerInfo/287
LAUNCH DATE	GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH
October 1, 1995	https://www.wjgnet.com/bpg/gerinfo/240
FREQUENCY	PUBLICATION ETHICS
Weekly	https://www.wjgnet.com/bpg/GerInfo/288
EDITORS-IN-CHIEF	PUBLICATION MISCONDUCT
Andrzej S Tarnawski	https://www.wjgnet.com/bpg/gerinfo/208
EDITORIAL BOARD MEMBERS	ARTICLE PROCESSING CHARGE
http://www.wjgnet.com/1007-9327/editorialboard.htm	https://www.wjgnet.com/bpg/gerinfo/242
PUBLICATION DATE	STEPS FOR SUBMITTING MANUSCRIPTS
May 21, 2023	https://www.wjgnet.com/bpg/GerInfo/239
COPYRIGHT	ONLINE SUBMISSION
© 2023 Baishideng Publishing Group Inc	https://www.f6publishing.com

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World J Gastroenterol 2023 May 21; 29(19): 3040-3047

DOI: 10.3748/wjg.v29.i19.3040

ISSN 1007-9327 (print) ISSN 2219-2840 (online)

CASE REPORT

Pulmonary hypertension, nephrotic syndrome, and polymyositis due to hepatitis C virus infection: A case report

Ya-Nan Zhao, Guo-Hui Liu, Chang Wang, Yi-Xuan Zhang, Ping Yang, Ming Yu

Specialty type: Gastroenterology and hepatology

Provenance and peer review: Unsolicited article; Externally peer reviewed.

Peer-review model: Single blind

Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): B Grade C (Good): C, C Grade D (Fair): 0 Grade E (Poor): 0

P-Reviewer: Beenet L, United States; Rodrigues AT, Brazil; Salvadori M, Italy

Received: March 14, 2023 Peer-review started: March 14, 2023 First decision: April 10, 2023 Revised: April 17, 2023 Accepted: April 25, 2023 Article in press: April 25, 2023 Published online: May 21, 2023



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Abstract

BACKGROUND

Hepatitis C infection not only damages the liver but also often accompanies many extrahepatic manifestations. Incidences of pulmonary hypertension (PH) caused by hepatitis C are rare, and incidences of concurrent nephrotic syndrome and polymyositis are even rarer.

CASE SUMMARY

Herein we describe the case of a 57-year-old woman who was admitted to our department for intermittent chest tightness upon exertion for 5 years, aggravated with dyspnea for 10 d. After relevant examinations she was diagnosed with PH, nephrotic syndrome, and polymyositis due to chronic hepatitis C infection. A multi-disciplinary recommendation was that the patient should be treated with sildenafil and macitentan in combination and methylprednisolone. During treatment autoimmune symptoms, liver function, hepatitis C RNA levels, and cardiac parameters of right heart catheterization were monitored closely. The patient showed significant improvement in 6-min walking distance from 100 to 300 m at 3-mo follow-up and pulmonary artery pressure drops to 50 mmHg. Long-term follow-up is needed to confirm further efficacy and safety.

CONCLUSION

Increasing evidence supports a relationship between hepatitis C infection and diverse extrahepatic manifestations, but it is very rare to have PH, nephrotic syndrome, and polymyositis in a single patient. We conducted a literature review on the management of several specific extrahepatic manifestations of hepatitis C.

Key Words: Hepatitis C; Nephrotic syndrome; Polymyositis; Pulmonary hypertension; Case report

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Core Tip: Hepatitis C virus (HCV) infection should be considered a systemic disease which is often associated with many extrahepatic manifestations, but it is very rare to have multiple different extrahepatic manifestations in a single patient. In this article, we report a case of pulmonary hypertension (PH), nephrotic syndrome, and polymyositis due to HCV infection. The optimal treatment strategy for hepatitis C-related extrahepatic manifestations remains to be determined. Our case confirms sildenafil and macitentan as effective treatment option for patients suffering from PH due to hepatitis C infection. However, randomized, controlled trials are warranted to confirm the present results.

Citation: Zhao YN, Liu GH, Wang C, Zhang YX, Yang P, Yu M. Pulmonary hypertension, nephrotic syndrome, and polymyositis due to hepatitis C virus infection: A case report. World J Gastroenterol 2023; 29(19): 3040-3047 URL: https://www.wjgnet.com/1007-9327/full/v29/i19/3040.htm DOI: https://dx.doi.org/10.3748/wjg.v29.i19.3040

INTRODUCTION

Hepatitis C virus (HCV) is a sporadic and a common cause of chronic hepatitis after blood transfusion. In recent years various authors have described associations between hepatitis C infection and a heterogeneous group of non-hepatic diseases such as cryoglobulinemia, rheumatoid arthritis, Sjogren's syndrome, and glomerulonephritis, which are seen as extrahepatic manifestations of chronic hepatitis C infection[1].

Pulmonary hypertension (PH) is defined as a mean pulmonary arterial pressure (mPAP) \ge 20 mmHg at rest with right heart catheterization [2]. PH affects approximately 1% of the global population, up to 10% of individuals aged \geq 65 years, and at least 50% of patients with heart failure[3]. PH has several different causes with different management and outcomes. However, PH due to hepatitis C has rarely been reported. Herein we describe a case of PH, nephrotic syndrome, and polymyositis following chronic hepatitis C infection in a 57-year-old woman.

CASE PRESENTATION

Chief complaints

A 57-year-old Chinese woman presenting with untreated chest tightness, shortness of breath, and fatigue for 5 years and with dyspnea for 10 d was admitted to the China-Japan Union Hospital of Jilin University.

History of present illness

She had no precordial pain, orthopnea, or palpitation. She had no joint pain, dental ulcers, or rash.

History of past illness

Forty years previously she had received an intravenous blood transfusion for a right ovariectomy. Sixteen years previously she was diagnosed with hepatitis C, nephrotic syndrome, and hypertension, but did not receive standard treatment. Five years previously she developed mild PH with pulmonary arterial pressure of 54 mmHg measured by transthoracic echocardiography, which was not treated further. Three years previously she developed severe myopathy. She was diagnosed with polymyositis and administered methylprednisolone 40 mg once a day (QD) and cyclophosphamide 50 mg QD. She lapsed into intermittent coma due to hyperemic ammonia however, thus cyclophosphamide was discontinued, and methylprednisolone 20 mg QD was initiated and has been maintained to date.

Personal and family history

She had no family history of genetically related diseases, but her daughter had hepatitis C and had been treated with interferon.

Physical examination

Physical examination revealed no fever, heart rate 70 bpm, blood pressure 140/90 mmHg, O₂ saturation 94% on room air, second heart sound accentuation, and moderate edema in both lower limbs.

Laboratory examinations

Primary laboratory data on admission are shown in Table 1. The 6-min walking distance was 100 m.



Table 1 The patient's laboratory data at admission and at 1-mo follow-up						
Parameter	Value (admission)	Value (month 1)	References value	Unit		
N-terminal-pro B-type natriuretic peptide	590		0-125	pg/mL		
Urea	10.02	11.6	2.5-6.1	mmol/L		
Creatinine	123.4	124.9	46-92	µmol/L		
Troponin	< 0.01		0-0.04	ng/mL		
Myoglobin	208.1		0-120	ng/mL		
Creatine kinase	576.24	98.6	30-135	U/L		
Creatine kinase MB isoenzyme	42.1	50.2	0-16	U/L		
Lactic dehydrogenase	378.88	777.2	120-246	U/L		
D-dimer	1.28		0-0.5	µg/mL		
White blood cell	9.10	14.05	4-10	10 ⁹ /L		
Platelet	140	111	125-350	10 ⁹ /L		
Hemoglobin	119	152	110-150	g/L		
Alanine aminotransferase	18.28	41.4	5-40	IU/L		
Aspartate aminotransferase	15.44	16.1	8-40	IU/L		
Total bilirubin	16.48	30.10	5-21	µmol/L		
Direct bilirubin	3.36	7.40	0-3.4	µmol/L		
Indirect bilirubin	13.12	22.70	1.6-21	µmol/L		
Albumin	22.73	25.65	35-52	g/L		
Total cholesterol	7.67		3.0-5.7	mmol/L		
Low density lipoprotein cholesterol	3.65		< 4.13	mmol/L		
High density lipoprotein cholesterol	2.86		1.29-1.55	mmol/L		
Fasting blood glucose	4.44		3.9-6.1	Mmol/L		
Urinary protein	4+		negative	-		
24-h proteinuria	416.01		0-150	mg/d		
Hepatitis B surface antigen	0		< 0.05	IU/mL		
Antibody to hepatitis C	6.04		<1	S/CO		
Immunodeficiency virus antigen and antibody	0.09		<1	S/CO		
Antibody to treponema pallidum	0.07		<1	S/CO		
Hepatitis C virus RNA	0		0	IU/mL		
Anti-nuclear antibodies	negative		negative	-		
Anti-cyclic citrullinated peptide antibody	13.89		< 25	RU/mL		
Anti-cardiolipin antibody	2.23		0-12	RU/mL		
Immunoglobulin G	4.92		7.51-15.60	g/L		
Immunoglobulin A	2.82		0.82-4.53	g/L		
Immunoglobulin M	1.81		0.46-3.04	g/L		
C3	0.58		0.79-1.52	g/L		
C4	0.14		0.16-0.38	g/L		
Blood ammonia	56		9-30	µmol/L		
Erythrocyte sedimentation rate	22	6	0-20	mm/h		

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May 21, 2023 Volume 29 Issue 19

Imaging examinations

Muscle biopsy showed striated muscle atrophy with inflammatory cell infiltration (Figure 1A). Electrocardiography indicated a normal sinus rhythm (Figure 1B). Transthoracic echocardiography showed enlargement of the left atrium (43.7 × 45.2 × 60.0), right atrium (59.8 × 39.4), and right ventricle (49.3), normal left ventricular ejection fraction (71.3%), elevated pulmonary artery pressure (61 mmHg), and reduced diastolic function (Figure 1C-F). Chest computed tomography (CT) depicted pulmonary arterial hypertension, right atrium and right ventricle enlargement, and no parenchymal lung disease (Figure 2A-C). Pulmonary ventilation/perfusion scanning indicated no evidence of typical signs of thromboembolic disease (Figure 2D). Abdominal CT suggested normal liver size with a hepato-renal shunt and a spleno-renal shunt (Figure 2E and F). Right heart catheterization showed that mPAP was 55.33, pulmonary artery wedge pressure (PAWP) was 24, and pulmonary vascular resistance (PVR) was 5.13 Woods units (WU) (Table 2).

FINAL DIAGNOSIS

Based on the medical history, symptoms, and auxiliary examinations, a diagnosis of moderate PH, nephrotic syndrome, polymyositis, hypertension, and hepatitis C was determined.

TREATMENT

The patient was treated with sildenafil 20 mg QD, macitentan 10 mg QD, irbesartan and hydrochlorothiazide 150 mg QD, furosemide 20 mg QD, and methylprednisolone 80 mg QD with the dose gradually reduced to 20 mg QD. Due to suspected hepatitis C-induced multiple organ injury the patient was referred to the gastroenterology department for further assessment of liver disease. There was no evidence of a liver tumor. Liver stiffness as evaluated by transient elastography was 8.3 kPa. Hepatitis C antibody was 6.8 S/CO, but serum tests were negative for HCV RNA. Therefore, she was not prescribed antiviral therapy.

OUTCOME AND FOLLOW-UP

At the 3-mo follow up the patient's dyspnea was dramatically improved and the 6-min walking distance was 300 m and pulmonary artery pressure drops to 50 mmHg.

DISCUSSION

HCV infection should be considered a systemic disease which is often associated with many extrahepatic manifestations. According to different studies, 40%-80% of patients infected with HCV develop at least one extrahepatic manifestation^[4]. However, PH associated with HCV is relatively rare.

PH is divided into five clinical subgroups; pulmonary arterial hypertension (PAH), PH associated with left heart disease, PH associated with chronic lung disease and/or hypoxia, chronic thromboembolic, and PH with unclear and/or multifactorial mechanisms. Pre-capillary PH is hemodynamically defined as mPAP > 20 mmHg, PAWP ≤ 15 mmHg, and PVR > 2 WU. PAWP > 15 mmHg is the threshold of post-capillary PH. PVR is used to distinguish patients with post-capillary PH who have significant components of pre-capillary PH (PVR > 2 WU, combined with post-capillary and precapillary PH; CpcPH) from those who do not (PVR ≤ 2 WU, isolated post-capillary PH)[5]. The current patient had no relevant family history to support a heritable cause of PH. Valvular/congenital heart diseases, lung diseases, chronic pulmonary artery obstruction, and human immunodeficiency virus infection were systemically eliminated via relevant tests. Drugs were also unlikely to have caused her PH. The onset of PH predated the polymyositis, and connective tissue disease could also be excluded as a cause of PH. Thus, the possibility remained that PH associated with portal hypertension was due to chronic hepatitis C.

Portal PH (PoPH) is a well-known serious complication of portal hypertension in chronic liver disease. According to statistics, PoPH occurs in 1%-2% of patients with liver disease and portal hypertension[6]. The incidence of PoPH is higher in patients with HCV-related cirrhosis. In PAH registry studies, PoPH patients accounted for 5%-15% of PAH patients [7-9]. Hemodynamically, patients with PoPH had significantly higher cardiac output and lower systemic and PVR than patients with idiopathic PH[10]. The diagnosis of PoPH is based on the presence of otherwise unexplained precapillary PH in patients with portal hypertension or a portosystemic shunt[5]. In patients with an established diagnosis of PoPH, treatment should follow the same general principles as in other patients



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Table 2 Results of right heart catheterization				
Parameter	Value	Unit		
Heart rate	76	bpm		
Pulmonary arterial pressure	90/38/55.33	mmHg		
Right atrium pressure	12.17	mmHg		
Pulmonary artery wedge pressure	34/19/24	mmHg		
Pulmonary vascular resistance	5.13	Wood units		
Pulmonary vascular resistance	410.23	dyne s/cm		
Cardiac output	9.53	L/min		
Cardiac index	4.51	L/min/m ²		



DOI: 10.3748/wjg.v29.i19.3040 Copyright ©The Author(s) 2023.

Figure 1 Pathological image of muscle, electrocardiogram, and Echocardiography upon admission. A: Muscle biopsy with hematoxylin and eosin staining (× 100) showed inflammatory cell infiltration; B: Electrocardiography indicated a normal sinus rhythm; C: A four-chamber view showed an enlarged right atrium, right ventricle, and left atrium; D: A long axis view of the pulmonary artery indicated widening of that artery; E: Doppler echocardiography showed that the peak tricuspid regurgitation velocity was 3.4 m/s, and the tricuspid regurgitation pressure gradient was 46 mmHg; F: Bicuspid valve doppler indicated reduced diastolic function. RV: Right ventricular; LV: Left ventricle; RA: Right atrium; LA: Left atrium; PA: Pulmonary artery.

with PAH. PAH medications can affect gas exchange, which may deteriorate with vasodilators in patients with PoPH[11]. Various case series support the use of approved PAH medication in patients with PoPH. The survival and prognostic factors in PoPH remain controversial and are still poorly studied in the current era of PH management[7,12,13]. The current patient had a history of HCV infection, mild liver fibrosis, and hepato-renal shunt, thus the diagnosis of PoPH was considered. The results of right heart catheterization in the present patient were consistent with CpcPH, considering that there may have been other factors involved in PH, not only PoPH. The patient had a history of hypertension with left atrium and right atrium enlargement, and the N-terminal-pro B-type natriuretic peptide was elevated. Therefore, heart failure with preserved ejection fraction was involved in PH. Sildenafil, macitentan, diuretics, and angiotensin receptor blocker were prescribed. Short-term follow-up indicated improvement in respiratory status and increased activity tolerance. Confirmation of further efficacy requires long-term follow-up.

What is intriguing in the current case is the coexistence of PH, nephrotic syndrome, and polymyositis in a chronic hepatitis C patient, which is reported herein for the first time to our knowledge. Increasing epidemiological evidence indicates an association between HCV infection and renal disease, with membranoproliferative glomerulonephritis and membranous nephropathy being the most common [14]. The main clinical manifestations of nephrotic syndrome in HCV-infected patients are proteinuria and hypoalbuminemia, with or without a reduced glomerular filtration rate. Treatments include antiviral and nonspecific immunosuppressive therapy[15], but their efficacy and safety are contro-



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Figure 2 Computed tomography images and pulmonary ventilation/perfusion scan. A: Axial chest computed tomography (CT) depicted widening of the pulmonary artery; B: Coronal chest CT depicted right atrial and right ventricle enlargement; C: The pulmonary window showed no significant parenchymal pulmonary disease; D: A pulmonary ventilation/perfusion scan indicated normal perfusion function; E: An axial abdominal CT showed normal liver size, slight spleen enlargement, and multiple venous tortuosity; F: A coronal abdominal CT showed thickened venous shunt between the portal vein, splenic vein and left renal vein (red arrow).

> versial. HCV infection is often associated with autoimmune diseases such as cryoglobulinemia, rheumatoid arthritis, Sjogren's syndrome, systemic lupus erythematosus, dermatomyositis, and polymyositis[1,16-18]. Most of these diseases appear to be related to virus-induced non-specific activation of the immune system, including autoantibody production, cryoglobulinemia, autoimmune thyroid disorders, and B cell lymphomas[19]. Although most data are based on small series and case reports, the association between chronic HCV infection and systemic autoimmune disease has received increasing attention. The exact etiology is unknown, but interaction between viral infection and autoimmune responses is thought to be one of the mechanisms involved. Chronic HCV infection should be considered as the cause of polymyositis if no other etiology is found. The diagnosis and treatment of HCV-associated autoimmune features has become a clinical challenge in patients with HCV infection. There are few reports on the outcome of corticosteroid treatment in patients with chronic HCV infection. Several studies have described rapid progression of liver disease after immunosuppression therapy in patients with chronic HCV infection [20]. The current patient's nephrotic syndrome and polymyositis may have been caused by chronic HCV infection via an autoimmune mechanism. The patient was initially treated with methylprednisolone and cyclophosphamide at the time of her polymyositis diagnosis. However, cyclophosphamide was discontinued and methylprednisolone was reduced because of her repeated episodes of abnormal behavior and coma due to hyperammonemia.

> The optimal treatment strategy for hepatitis C-related extrahepatic manifestations remains to be determined. Due to the limited data available, more information is needed before definitive therapeutic recommendations can be established. The guidelines for treatment of HCV-related extrahepatic manifestations should be based on clinical features rather than underlying pathogenic mechanisms. Because of the poor prognosis and high mortality associated with these manifestations, the establishment of a safe and effective regimen for the therapy of HCV-related extrahepatic features requires further investigation.

CONCLUSION

Herein we have described a case of chronic hepatitis C with coexisting PoPH, nephrotic syndrome, and polymyositis. Increasing evidence supports a relationship between hepatitis C infection and diverse extrahepatic manifestations, but it is very rare to have multiple different extrahepatic manifestations in a single patient. To our knowledge, this is the first reported case. The exact mechanism by which hepatitis C mediated the development of diverse extrahepatic manifestations remains unclear. Further research on the specific mechanism involved is needed, to facilitated the development of safer and more effective



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treatment plans.

FOOTNOTES

Author contributions: Zhao YN and Liu GH were the patient's physicians; Yu M reviewed the literature and contributed to manuscript drafting; Wang C and Zhang YX performed the contributed to data collection; Yu M and Yang P were responsible for the revision of the manuscript for important intellectual content; All authors issued final approval for the version to be submitted.

Informed consent statement: Written informed consent was obtained from the patient for publication of this report and any accompanying images.

Conflict-of-interest statement: All the authors report no relevant conflicts of interest for this article.

CARE Checklist (2016) statement: The authors have read CARE Checklist (2016), and the manuscript was prepared and revised according to CARE Checklist (2016).

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Country/Territory of origin: China

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S-Editor: Li L L-Editor: A P-Editor: Fan JR

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