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Retrospective Study

High expression of the circadian clock gene NPAS2 is associated with progression and poor prognosis of gastric cancer: A single-center study

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Abstract

BACKGROUND

The prognostic assessment of patients after surgical resection of gastric cancer (GC) patients is critical. However, the role of the circadian clock gene NPAS2 expression in GC remains unknown.

AIM

To explore the relationship between NPAS2 and the survival prognosis of GC

patients and clarify its role in evaluating GC prognosis.

METHODS

The tumor tissues and clinical data of 101 patients with GC were collected retrospectively. Immunohistochemical staining (IHC) was used to detect the expression of NPAS2 protein in GC and adjacent tissues. Univariate and multivariate Cox regression analysis was used to determine the independent prognostic factors of GC, and a nomogram prediction model was established. The receiver operating characteristic (ROC) curve, the ROC area under the curve, the calibration curve, and C-index were used to evaluate the predictive effectiveness of the model. Kaplan Meier analysis was used to compare the risk stratification of subgroups according to the median score in the nomogram model of each patient.

RESULTS

Microarray IHC analysis showed that the positive rate of NPAS2 protein expression in GC tissues was 65.35%, which was significantly higher than 30.69% in adjacent tissues. The high expression of NPAS2 was correlated with tumor-node-metastasis (TNM) stage ($P < 0.05$), pN stage ($P < 0.05$), metastasis ($P < 0.05$), venous invasion ($P < 0.05$), lymphatic invasion ($P < 0.05$), and lymph node positive ($P < 0.05$) of GC. Kaplan Meier survival analysis showed that the 3-year overall survival (OS) of patients with high NPAS2 expression was significantly shortened ($P < 0.0001$). Univariate and multivariate COX regression analysis showed that TNM stage ($P = 0.009$), metastasis ($P = 0.009$), and NPAS2 expression ($P = 0.020$) were independent prognostic factors of OS in GC patients for 3 years. The nomogram prediction model based on independent prognostic factors has a C-Index of 0.740 (95%CI: 0.713-0.767). Furthermore, subgroup analysis showed that the 3-year OS time of the high-risk group was significantly lower than that of the low-risk group ($P < 0.0001$).

CONCLUSION

NPAS2 is highly expressed in GC tissues and is closely related to worse OS in patients. Therefore, the evaluation of NPAS2 expression may be a potential marker for GC prognosis evaluation. Notably, the nomogram model based on NPAS2 can improve the accuracy of GC prognosis prediction and assist clinicians in postoperative patient management and decision-making.

Key Words: NPAS2; Gastric cancer; Tissue microarray; Survival analysis; Prediction model; Nomogram

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Core Tip: The prognostic assessment of patients after surgical resection of gastric cancer (GC) is critical. However, the role of NPAS2 expression in GC remains unknown. Our study identified for the first time that high NPAS2 protein expression was associated with poor overall survival prognosis in GC patients and was an independent risk factor for patients after radical resection of GC. We constructed a nomogram prediction model by combining NPAS2 and other clinically independent risk factors, thus improving the predictive accuracy of GC prognosis.

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INTRODUCTION

Gastric cancer (GC) ranks fifth and fourth in the incidence and mortality of global cancer, respectively, and is more likely to occur in men[1,2]. The etiology of GC remains unclear, involving multiple cell types and complex molecular mechanisms[3]. Despite recent improvements in the diagnosis and treatment of GC, the overall treatment outcome remains poor[4]. Notably, radical gastrectomy is the primary treatment method for GC. However, postoperative recurrence rates and mortality remain high, and their mortality rates are closely associated with peritoneal, hematologic, and lymph node metastases in GC[5]. Therefore, there is an urgent need to identify new markers to predict the malignant biological behavior and prognosis of GC to guide the treatment strategy and improve the clinical outcome of GC.

Biological rhythm is a regulatory system in almost all living things. It produces 24-h periodic rhythm changes in many essential behaviors and physiological processes[6], including the sleep-wake cycle, body temperature cycle, hormone secretion, heart rate, blood pressure, excretion, *etc.*[7,8]. The destruction of normal biological rhythm adversely affects mammalian physiology[9]. The role and mechanism of biological rhythm-related genes in tumors, and the design of tumor treatment methods targeting biological rhythm genes, are one of the hot spots in the current cancer research field[10]. NPAS2, also known as MOP4, is the largest core circadian gene found so far, with a length of about 176.68Kb, located on human chromosome 2 (2q11.2), encoding proteins belonging to the basic helix loop helix PAS domain of transcription factors[11]. NPAS2 is mainly present in the forebrain of mammals and is also expressed in some peripheral organs such as the liver and skin[12]. Additionally, it is an important part of the positive circadian rhythm feedback circuit[8]. Furthermore, Studies have confirmed that NPAS2 is associated with various rhythm-related diseases, such as cancer, diabetes, depression, sleep disorders, obesity, *etc.*[13].

Recent studies have shown that low expression of NPAS2 accelerates cell growth and tumor cell cycle progression and plays a unique and critical role in cancer progression[14]. The low expression of NPAS2 promotes the proliferation and invasion of colorectal cancer cells. Additionally, it increases the wound-healing ability of colorectal cancer cells, indicating that NPAS2 has a key tumor inhibitory effect. Additionally, its high expression is positively correlated with overall survival (OS)[15]. However, some studies have found that NPAS2, as an oncogene, promotes the proliferation of hepatocellular carcinoma (HCC) cells and participates in the critical process of hepatocellular carcinogenesis. Its high expression is related to the invasive clinical characteristics and low OS of HCC patients[16]. It promotes the survival of HCC cells by up-regulating the expression of mitotic cycle 25A and inhibiting mitochondrial-dependent intrinsic apoptosis[16]. These results have also been observed in acute myeloid leukemia [17]. In contrast, there are few studies on the expression and role of NPAS2 in GC at home and abroad, and there is a significant lack of experimental research. Therefore, the expression level of NPAS2 in GC and its role in the occurrence and development of GC in different signal pathways are controversial and need to be further studied.

This study intends to detect the expression level of NPAS2 in GC and paraneoplastic tissues by using tissue microarray immunohistochemical staining to establish a nomogram prediction model based on NPAS2 and other clinicopathologically independent risk factors. Furthermore, we aim to investigate the effect of NPAS2 on the prognosis of GC and its value in the prognosis prediction of GC patients.

MATERIALS AND METHODS

This study was approved by the Medical Ethics Committee of the Second Hospital of Lanzhou University. Informed consent was obtained from all patients, and all specimens were pseudonymous. The tumor tissues, precancerous tissues, and clinical data of 101 patients with primary GC resected by surgery from July to October 2019 in the second Hospital of Lanzhou University were collected and followed up by standard outpatient clinic and telephone. The inclusion criteria of the study were as follows: (1) Histopathological diagnosis of gastric adenocarcinoma; (2) age ≥ 18 years old; (3) patients with primary GC underwent surgical resection; (4) complete pathological, treatment, surgical and follow-up data; and (5) the patient gave written informed consent. Exclusion criteria: (1) Death before discharge; (2) preoperative radiotherapy and chemotherapy or neoadjuvant chemotherapy; (3) multiple cancers; and (4) gastric stump cancer. 10% neutral formalin fixation and routine paraffin-embedded GC and paraffin-embedded tissues were confirmed by pathology, and all pathology was independently reviewed by two pathologists. The patients were followed up every 3 mo in the first 2 years and every 6 mo in the third year. Follow-up included laboratory examination, chest X-ray examination, and abdominal computed tomography (CT) examination. The follow-up period was 36 mo, and OS was defined as from the date of the first operation to the end of follow-up or the time of death.

Construction of tissue microarray and immunohistochemical staining

One hundred one paraffin-embedded primary GC tissues and adjacent tissues were fixed with formalin and then serially sectioned on a microtome with a thickness of 4 μ m. After drying, hematoxylin and eosin staining (HE) were performed. A professional pathologist selected and marked the representative positions of HE-stained pathological sections and corresponding wax blocks according to the view under the light microscope. The tissue chip wax blocks were made by a drilling mechanism and sliced with a thickness of 4 μ m. After being dewaxed in xylene and washed in gradient ethanol, the slices were immersed in a pressure tank containing 800 mL of 0.1% sodium citrate buffer solution (pH 6.0) and boiled for 3 min, followed by cooling. Following the manufacturer's instructions, we then conducted a streptavidin-Biotin Complex assay (Fuzhou Maxin Biotechnology Development Company). The slides were then incubated overnight with the primary antibody against NPAS2 at 4 °C (diluted, 1:200, rabbit anti-human NPAS2 polyclonal antibody, Biossantibodies, China). Color development, hematoxylin re-staining, differentiation, blueing, and dehydration were performed prior to sealing.

Evaluation of immunostaining

The complete immunohistochemical sections of 101 cases were observed under the microscope. NPAS2 was mainly expressed in the cytoplasm and nucleus, and the positive cells were yellow and brown granular. Two professional pathologists scored the section staining and did not know the clinicopathological factors and clinical outcome of the patient. The positive results were judged by the semi-quantitative integration method. Five high-power visual fields (400 ×) were selected for each chip on each slide under the microscope, and cells' positive rate and staining intensity were observed. (1) The score of cell positive rate: 0 indicates that the proportion of positive cells is less than 5%. The score of 5%-25% is 1, 26%-50% is 2, 51%-75% is 3, and more than 75% is 4; and (2) Staining intensity score: 0 = no coloring, 1 = light yellow, 2 = brown, 3 = brown. The immunostaining score was obtained by multiplying the positive rate of cells with the result of staining intensity. 0 was negative, 1 to 4 was weakly positive, 5 to 8 was moderately positive, and 9 to 12 was strongly positive. In this study, negative and weak positive was defined as low expression of NPAS2, while medium positive and strong positive was defined as high expression.

Statistical analysis

All data were analyzed using R software (Version 4.1.1, <http://www.r-project.org>) and SPSS (Version 26). Classification variables are represented by percentage (%), chi-square test, and continuity correction. Pearson's chi-squared test was used to evaluate the correlation between NPAS2 expression and clinicopathological factors. Survival analysis was performed by Kaplan-Meier curve and log-rank test. Univariate and multivariate Cox analysis determined the independent prognostic factors of OS and established the Cox proportional hazards model, and the hazard ratios (HRs) and 95% confidence intervals (CIs) were subsequently calculated. "Survival" and "surminer" R package were used for survival and Cox analysis. The "rms" package drew a nomogram model based on independent risk factors to predict OS. Furthermore, the receiver operating characteristic (ROC) curve, area under the curve (AUC), calibration curve, and C-index were used to evaluate its prediction performance. In this study, $P < 0.05$ was considered to be statistically significant.

RESULTS

High expression of NPAS2 in human GC tissues

To explore the prognostic value of NPAS2 in GC, we performed immunohistochemical staining on 101 GC tissues collected. Strong or moderate positive immunostaining of NPAS2 protein was observed in the nucleus and cytoplasm of tumor cells in GC tissues. In contrast, weak positive or negative immunostaining was mainly detected in adjacent tissues. Representative positive staining results of NPAS2 showed that the positive rate of NPAS2 expression in GC tissues was 65.35% (66/101) (Figure 1), while the positive rate in corresponding adjacent tissues was 30.69% (31/101).

High expression of NPAS2 correlates with clinicopathological factors in GC patients

Of the 101 patients with GC, 65 (64.36%) died during follow-up. Table 1 summarizes the correlation between clinicopathological characteristics and NPAS2, showing that high expression of NPAS2 is associated with clinical progression in GC patients. The high expression of NPAS2 was significantly correlated with tumor-node-metastasis (TNM) stage ($P = 0.001$), pN stage ($P = 0.009$), metastasis ($P = 0.032$), venous invasion ($P = 0.012$), lymphatic invasion ($P = 0.001$) and lymph node positivity ($P = 0.001$).

The high expression of NPAS2 is associated with the prognosis of GC patients

The prognostic value of NPAS2 expression in GC was further investigated by Kaplan-Meier analysis and log-rank test. The results demonstrated that GC patients with high NPAS2 expression were significantly associated with shorter OS ($P < 0.001$) (Figure 2). Univariate Cox regression analysis showed that the TNM stage of GC patients (HR = 7.07, 95%CI: 3.47-14.41, $P < 0.001$), pN stage (HR = 1.72, 95%CI: 1.38-2.15, $P < 0.001$), metastasis (HR = 4.85, 95%CI: 2.24-10.46, $P < 0.001$), venous invasion (HR = 5.01, 95%CI: 1.57-15.98, $P = 0.007$), neural invasion (HR = 1.73, 95%CI: 1.03-2.9, $P = 0.037$), lymphatic invasion (HR = 3.53, 95%CI: 1.88-6.64, $P < 0.001$), lymph node positivity (HR = 3.35, 95%CI: 1.82-6.18, $P < 0.001$), and high expression of NPAS2 (HR = 5.13, 95%CI: 2.6-10.13, $P < 0.001$) were significantly correlated with OS. Multivariate Cox regression analysis showed that the TNM stage (HR = 3.61, 95%CI: 1.37-9.49, $P = 0.009$), metastasis (HR = 3.07, 95%CI: 1.33-7.1, $P = 0.009$), and high expression of NPAS2 (HR = 2.43, 95%CI: 1.15-5.13, $P = 0.020$) were independent risk factors for predicting OS (Table 2). Therefore, these collective data suggest that the expression level of NPAS2 has a good predictive value in the prognosis of GC patients.

Construction and evaluation of the prediction model

To obtain the best prediction model, TNM stage and metastasis were determined as independent

Table 1 Correlation between clinicopathological characteristic and NPAS2 in gastric cancer

| Characteristic | Low expression of NPAS2 | High expression of NPAS2 | P value |
|-------------------------------------|-------------------------|--------------------------|---------|
| Number | 35 | 66 | |
| Age, <i>n</i> (%) | | | 0.599 |
| < 60 | 21 (60.0) | 36 (54.5) | |
| ≥ 60 | 14 (40.0) | 30 (45.5) | |
| Sex, <i>n</i> (%) | | | 0.626 |
| Female | 7 (20.0) | 16 (24.2) | |
| Male | 28 (80.0) | 51 (75.8) | |
| TNM stage, <i>n</i> (%) | | | 0.001 |
| I-II | 25 (71.4) | 11 (16.7) | |
| III-IV | 10 (28.6) | 55 (83.3) | |
| pT stage, <i>n</i> (%) | | | 0.351 |
| T1-T2 | 6 (17.1) | 29 (82.9) | |
| T3-T4 | 7 (10.6) | 59 (89.4) | |
| pN stage, <i>n</i> (%) | | | 0.009 |
| N0 | 16 (45.7) | 12 (18.2) | |
| N1-N3 | 19 (54.3) | 54 (81.8) | |
| Metastasis, <i>n</i> (%) | | | 0.032 |
| M0 | 35 (100.0) | 58 (87.9) | |
| M1 | 0 (0.0) | 8 (12.1) | |
| Tumor size, <i>n</i> (%) | | | 0.626 |
| < 5 | 15 (42.9) | 25 (37.9) | |
| ≥ 5 | 20 (57.1) | 41 (62.1) | |
| Tumor location, <i>n</i> (%) | | | 0.611 |
| Antrum | 14 (40.0) | 33 (50.0) | |
| Body | 9 (25.7) | 13 (19.7) | |
| Cardia | 12 (34.3) | 20 (30.3) | |
| Venous invasion, <i>n</i> (%) | | | 0.012 |
| Negative | 9 (25.7) | 5 (7.6) | |
| Positive | 26 (74.3) | 61 (92.4) | |
| Neural invasion, <i>n</i> (%) | | | 0.736 |
| Negative | 15 (42.9) | 26 (39.4) | |
| Positive | 20 (57.1) | 40 (60.6) | |
| Lymphatic invasion, <i>n</i> (%) | | | 0.001 |
| Negative | 22 (62.9) | 12 (18.2) | |
| Positive | 13 (37.1) | 54 (81.8) | |
| Positive lymph node, <i>n</i> (%) | | | 0.001 |
| Negative | 22 (62.9) | 14 (21.2) | |
| Positive | 13 (37.1) | 52 (78.8) | |
| Differentiated degree, <i>n</i> (%) | | | 0.16 |
| Poorly | 27 (77.1) | 58 (87.9) | |
| Moderately and highly | 8 (22.9) | 8 (12.1) | |

| | | |
|---------------------------------------|-----------|-----------|
| Lauren's Classification, <i>n</i> (%) | | 0.569 |
| Intestinal | 23 (65.7) | 47 (71.2) |
| Diffuse | 12 (34.3) | 19 (28.8) |

pT stage: Pathological assessment of primary tumor; pN stage: Pathological assessment of regional lymph nodes; TNM: Tumor-node-metastasis.

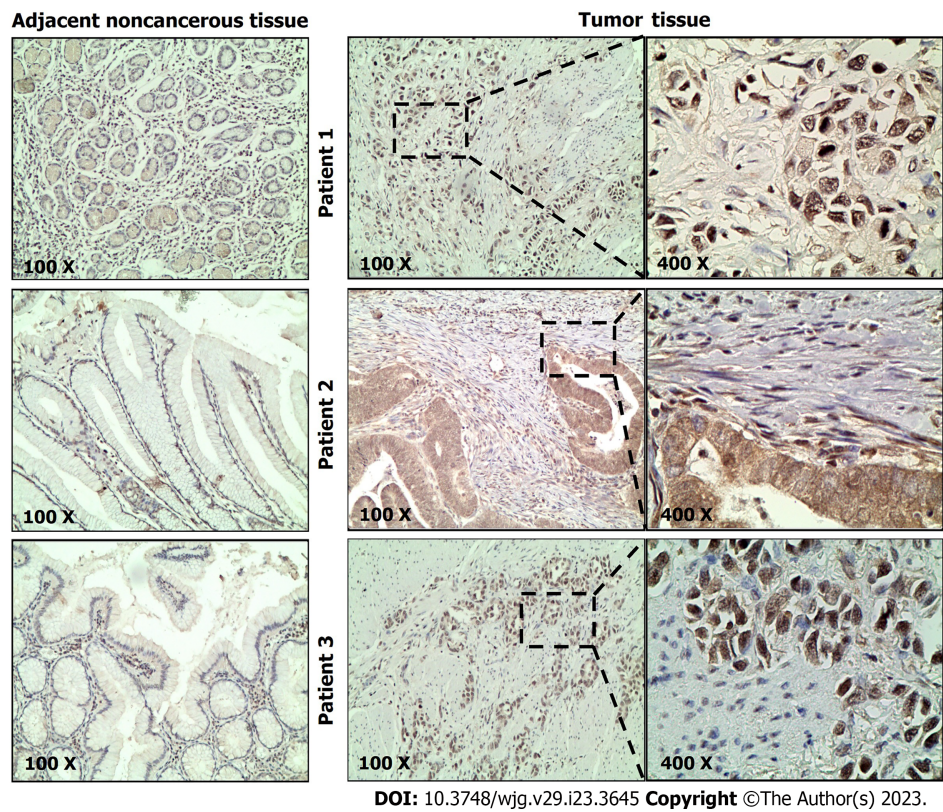


Figure 1 Expression of NPAS2 in gastric cancer. The expression of NPAS2 in tumor tissues of gastric cancer was detected by immunohistochemical staining and compared with adjacent normal tissues. High expression of NPAS2 in gastric cancer and low expression in adjacent non-cancerous tissue.

prognostic factors for GC according to multivariate Cox regression analysis and combined with NPAS2 high expression. Together, these were used as a combined prediction model for predicting OS at 1, 2, and 3 years after GC resection was constructed. The prediction model was visualized by nomogram (Figure 3). The 1-year, 2-year, and 3-year ROC curves of the Nomogram prediction model and other independent factors (Figure 4A) and the Time-dependent ROC curve were used to show the model's prediction performance (Figure 4C). The AUC of the nomogram prediction model for 1, 2, and 3 years is 0.763, 0.800, and 0.848, respectively (Figure 4B). Additionally, the C-index of each model shows the prediction performance of different models (Figure 4D), and the nomogram has the best prediction performance with a C-index of 0.740 (95%CI: 0.713-0.767). Finally, the prediction accuracy of the nomogram was verified by calibration curves, and the results showed that the combined nomogram model's 1-year, 2-year, and 3-year survival rates based on NPAS2 were in good agreement with the actual survival probability (Figure 5).

Risk stratification of OS by the nomogram model

To evaluate the positive effect of the nomogram prediction model in different subgroups, we divided all patients into a low-risk subgroup (score < 158) and a high-risk subgroup (score ≥ 158) according to the median nomogram score. Our results showed that patients in the high-risk group had significantly lower OS than those in the low-risk group (*P* < 0.0001) (Figure 6).

DISCUSSION

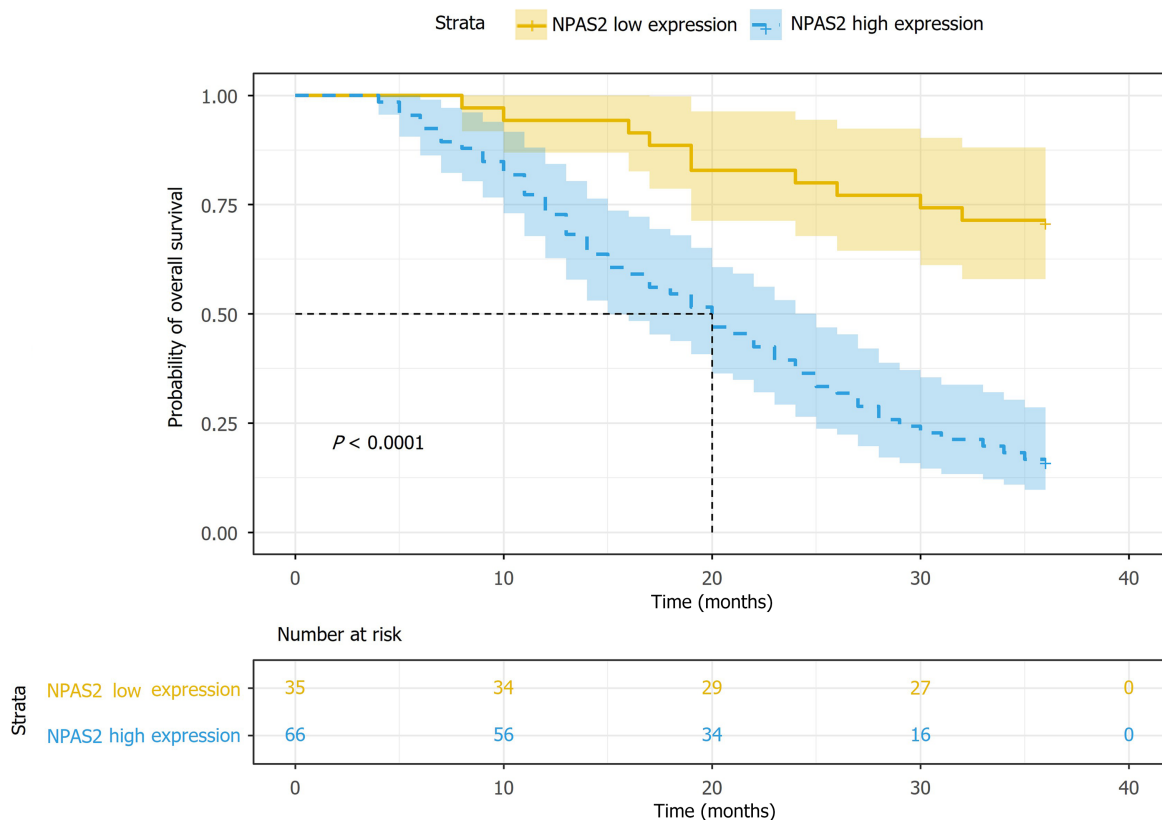
Epidemiological studies have shown that the disruption of normal circadian rhythm may increase the

Table 2 Univariate and multivariate Cox analysis of clinicopathological factors associated with the overall survival of gastric cancers

| Characteristics | Univariate analysis | | Multivariate analysis | |
|-----------------------|----------------------|---------|-----------------------|---------|
| | Hazard ratio (95%CI) | P value | Hazard ratio (95%CI) | P value |
| Age | | | | |
| < 60 | 1 | | | |
| ≥ 60 | 1.33 (0.82-2.17) | 0.25 | | |
| Gender | | | | |
| Female | 1 | | | |
| Male | 1.13 (0.63-2.05) | 0.679 | | |
| TNM stage | | | | |
| I-II | 1 | | | |
| III-IV | 7.07 (3.47-14.41) | < 0.001 | 3.61 (1.37-9.49) | 0.009 |
| pT stage | | | | |
| T1-T2 | 1 | | | |
| T3-T4 | 1.87 (0.81-4.35) | 0.143 | | |
| pN stage | | | | |
| N0 | 1 | | | |
| N1-N3 | 1.72 (1.38-2.15) | < 0.001 | 1.66 (0.68-4.07) | 0.265 |
| Metastasis | | | | |
| M0 | 1 | | | |
| M1 | 4.85 (2.24-10.46) | < 0.001 | 3.07 (1.33-7.1) | 0.009 |
| Tumor size | | | | |
| < 5 | 1 | | | |
| ≥ 5 | 1.63 (0.97-2.72) | 0.063 | | |
| Tumor location | | | | |
| Antrum | 1 | | | |
| Body | 0.92 (0.53-1.60) | 0.76 | | |
| Cardia | 1.13 (0.58-2.23) | 0.72 | | |
| Venous invasion | | | | |
| Negative | 1 | | | |
| Positive | 5.01 (1.57-15.98) | 0.007 | 1.69 (0.49-5.84) | 0.409 |
| Neural invasion | | | | |
| Negative | 1 | | | |
| Positive | 1.73 (1.03-2.9) | 0.037 | 1.71 (0.98-3) | 0.06 |
| Lymphatic invasion | | | | |
| Negative | 1 | | | |
| Positive | 3.53 (1.88-6.64) | < 0.001 | 0.39 (0.09-1.77) | 0.225 |
| Positive lymph node | | | | |
| Negative | 1 | | | |
| Positive | 3.35 (1.82-6.18) | < 0.001 | 2.23 (0.58-8.49) | 0.241 |
| Differentiated degree | | | | |
| Moderately and highly | 1 | | | |
| Poorly | 0.62 (0.29-1.30) | 0.203 | | |

| | | | | |
|-------------------------|------------------|---------|------------------|-------|
| Lauren's Classification | | | | |
| Diffuse type | 1 | | | |
| Intestinal type | 0.97 (0.57-1.64) | 0.908 | | |
| | 0.97 (0.57-1.64) | | | |
| NPAS2 expression | | | | |
| Low | 1 | | | |
| High | 5.13 (2.6-10.13) | < 0.001 | 2.43 (1.15-5.13) | 0.020 |

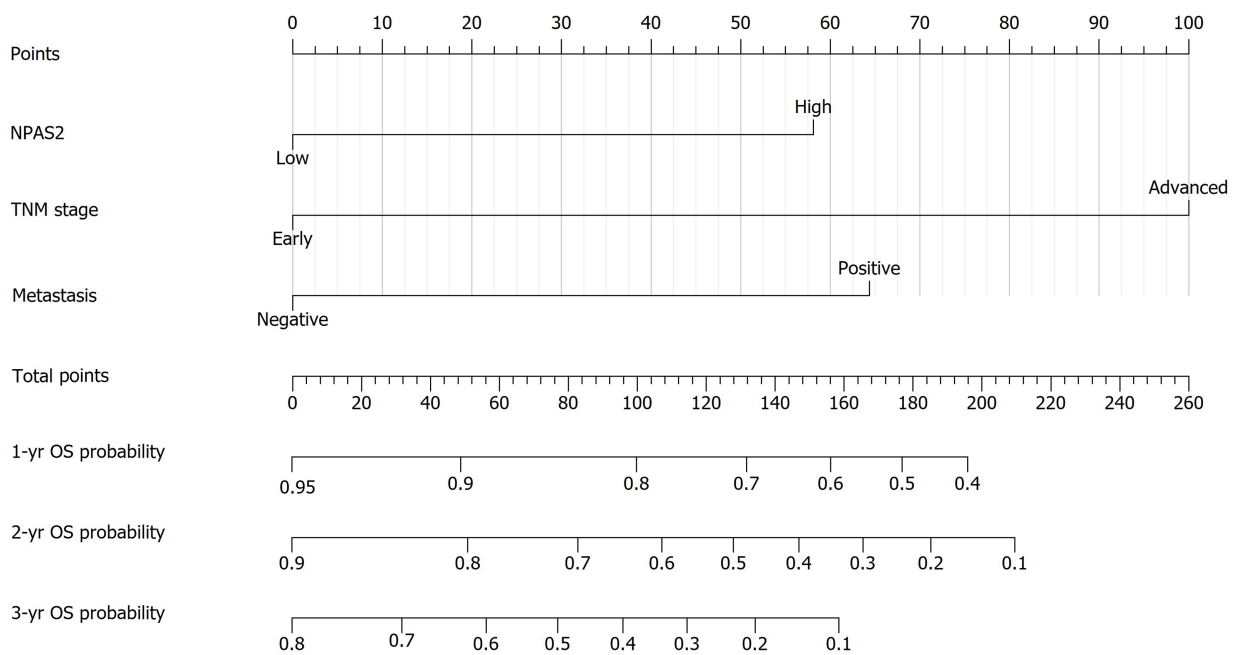
pT stage: Pathological assessment of primary tumor; pN stage: Pathological assessment of regional lymph nodes; TNM: Tumor-node-metastasis.



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Figure 2 Kaplan-Meier curves for NPAS2 expression in gastric cancer. Gastric cancer patients with high NPAS2 expression were significantly associated with shorter overall survival.

risk of a variety of cancers[18], such as breast cancer[19], lung cancer[20], bladder cancer[21], prostate cancer[22], and liver cancer[23]. Notably, women on night shifts have a higher risk of breast cancer[19]. Likewise, breast cancer patients with irregular circadian rhythms have a worse prognosis because of changes in the expression of NPAS2 in breast cancer tissues[19]. Additionally, the disruption of biorhythm can promote the occurrence of lung cancer, which is a promising diagnostic marker for patients with lung adenocarcinoma and an independent prognostic marker for non-small cell lung cancer[24]. Notably, NPAS2 regulates the expression of several genes as markers of bladder cancer and further reduces the migration ability of bladder cancer cells[21]. The development of prostate cancer depends on androgen levels, and NPAS2 may interact with dihydrotestosterone, thus affecting the androgen receptor-dependent signaling pathway leading to prostate cancer[25]. Importantly, NPAS2 plays a role in reprogramming glucose metabolism and the progression of liver cancer, suggesting that NPAS2 may be an important therapeutic target to normalize the abnormal glucose metabolism that leads to the advancement of HCC[23]. Furthermore, NPAS2 plays different roles in different tumors, which can be understood that the expression level and function of NPAS2 are tumor-specific. The exact molecular mechanism of the change of NPAS2 expression in GC remains unclear. Moreover, there are no reports on the correlation between NPAS2 expression and clinicopathological data of GC patients.



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Figure 3 Nomogram prediction of 1-, 2- and 3-year overall survival rate in patients with gastric cancer. The total points is calculated by adding up the points of each factor. The total points corresponds to the 1-year, 2-year and 3-year survival probability of the patients. OS: Overall survival; TNM: Tumor-node-metastasis.

The tissue microarray results in this study showed that NPAS2 was expressed in GC and precancerous tissues and was primarily located in the nucleus and cytoplasm. The results showed that the expression was high in 65.35% of GC tissues and low in 34.65% of GC tissues. To the best of our knowledge, our experimental data demonstrate the role of NPAS2 in the diagnosis and prognosis of GC for the first time. The survival analysis showed that the high expression of NPAS2 in GC was significantly correlated with the shorter OS ($P < 0.001$). Univariate and multivariate Cox analysis also showed that the high expression of NPAS2 was an independent risk factor for GC. Furthermore, the ROC curve shows that NPAS2 is valuable in predicting the prognosis of GC. Therefore, the expression level of NPAS2 in GC tissue directly affects the OS of GC patients and may be used as a tumor-promoting factor to affect the occurrence and development of GC, which is a new prognostic biomarker. Various animal and *in vitro* studies have found that NPAS2 can regulate the expression of oncogenes (such as c-myc), tumor suppressor genes (such as P53 and P21), and transcription factors[26], thereby regulating cell cycle, apoptosis, DNA damage and repair systems, invasion, metastasis, carcinogen metabolism, and detoxification[27]. Notably, DNA repair maintains genetic stability and protects DNA from internal and external stimuli. Once human biorhythm genes are mutated (due to spontaneous mutations, prolonged late nights, or other environmental factors), it may lead to irreversible disorders and loss of DNA repair capacity[27].

The American Joint Commission on the Cancer TNM staging system is widely used to monitor the prognosis of patients with GC[28]. Our study analyzed the clinicopathological factors affecting OS in patients with GC, and our results showed that TNM stage and metastasis were independent risk factors for poor survival outcomes. Although the TNM stage and metastasis of GC patients have been widely used in the formulation of the treatment plan and the evaluation of prognosis, with the increasing number of GC patients, more studies and related factors are needed to evaluate the survival and prognosis of these patients more accurately and individually. Our study combined three independent risk factors of NPAS2 and TNM stage and metastasis to establish a Cox regression model for predicting 3-year OS in patients with GC. Compared with the TNM stage alone, it has more predictive power and can be used as a more convenient and accurate tool to predict the prognosis of patients with GC following gastrectomy. Therefore, the accurate prognosis prediction by nomogram score is of great significance for postoperative management and diagnosis and treatment of patients.

However, we can not solve the causal relationship in this study. Therefore, further basic and clinical research is needed to explore these aspects. Our advantage is that this is the first study to show that the increased expression of NPAS2 may be related to the malignant biological behavior and poor prognosis of patients with GC. Of course, our research has the following noted limitations. First, the sample size of our study is small, and there may be selection bias. Secondly, this study is a single-center retrospective study, so it is necessary to conduct a multicenter prospective study to verify it further. Finally, we used immunohistochemical staining to detect the expression of NPAS2 in the center and periphery of each

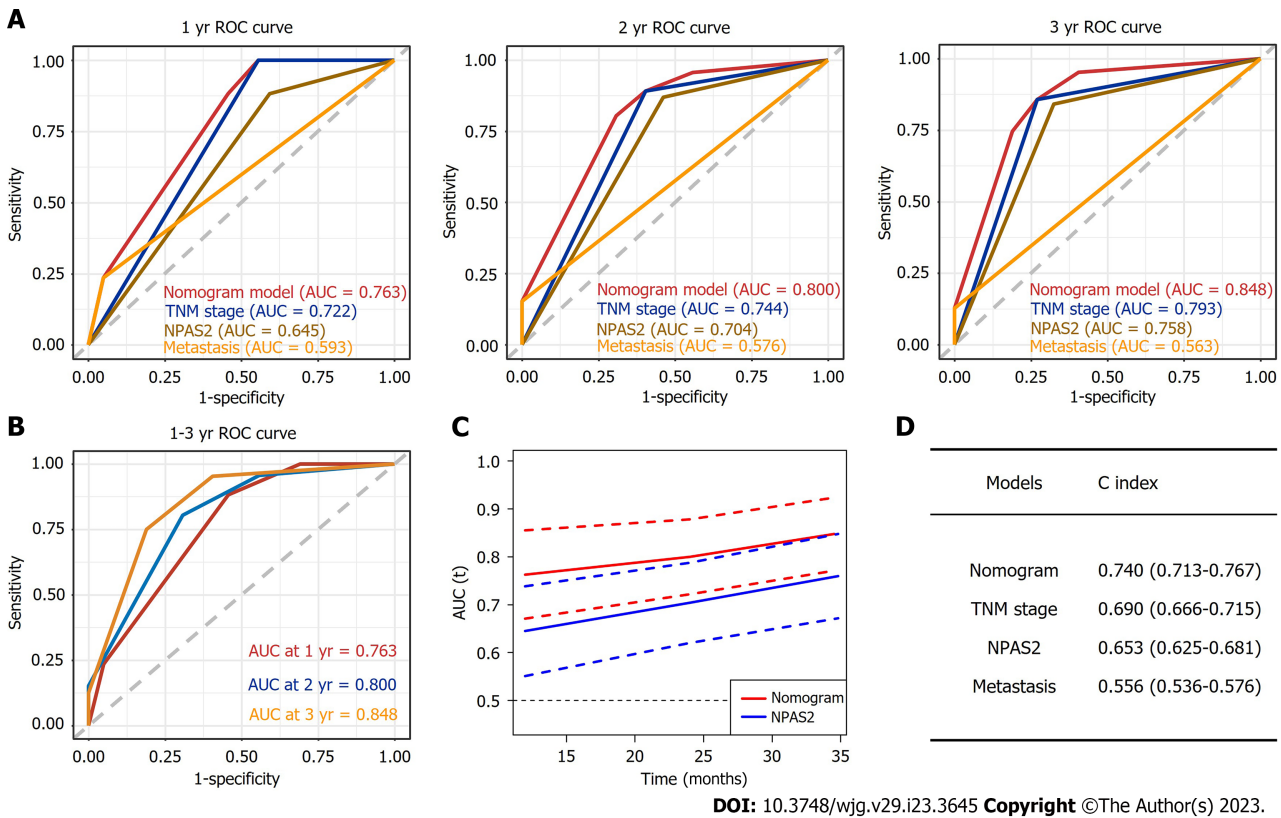


Figure 4 Construction of prognostic nomogram in gastric cancer. A: NPAS2, tumor-node-metastasis (TNM) stage, metastasis, and nomogram predict the receiver operating characteristic (ROC) curves of 1-year, 2-year and 3-year overall survival (OS) in gastric cancer patients; B: Nomogram predict the ROC curve of 1-year, 2-year and 3-year OS in gastric cancer patients; C: Comparison of time-dependent ROC curves between nomogram and NPAS2; D: C-index for nomogram, NPAS2, TNM stage, metastasis. ROC: Receiver operating characteristic; OS: Overall survival; TNM: Tumor-node-metastasis; AUC: Area under the curve.

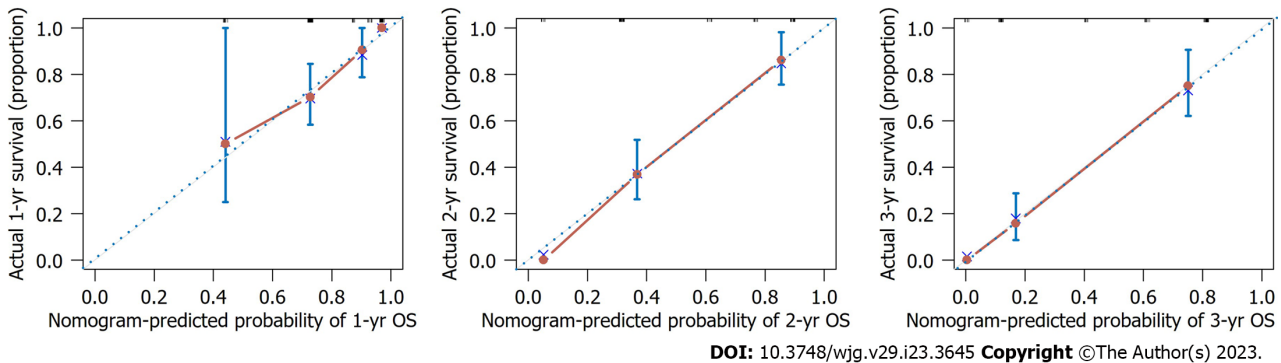


Figure 5 Nomogram calibration plots to predict 1-, 2-, and 3-year overall survival in gastric cancer patients. OS: Overall survival.

GC tissue. However, considering the heterogeneity, the expression level of NPAS2 in the sampling site may not represent whole tumor regions.

Based on these investigations, further exploration of the molecular mechanism and influence of NPAS2 in the occurrence and development of GC will help to promote its clinical application. The established nomogram prediction model provides a potential objective clinical prediction tool to assist clinicians in predicting the prognosis of GC patients and making postoperative management and clinical decisions.

CONCLUSION

In conclusion, our study found that high expression of NAPS2 is associated with poor prognosis of OS in patients with GC and is an independent risk factor for patients after radical resection of GC. We

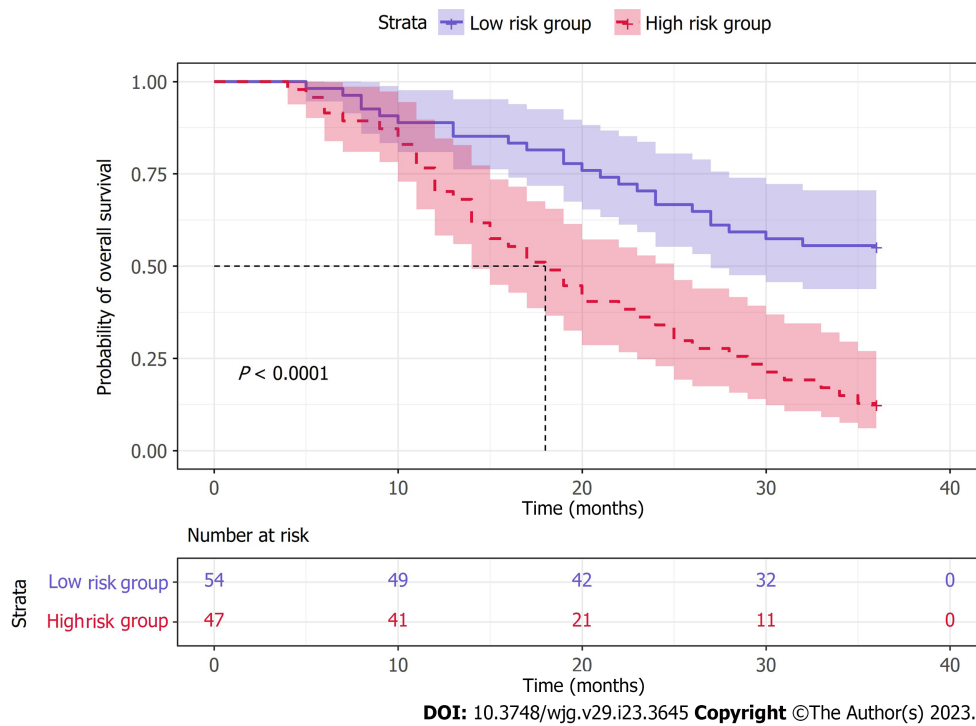


Figure 6 Overall survival Kaplan-Meier curves for patients in the low- and high-risk groups.

further constructed a nomogram model by combining NPAS2 and other independent risk factors, thus improving the accuracy of predicting the prognosis of GC.

ARTICLE HIGHLIGHTS

Research background

The circadian clock gene NPAS2 expression is associated with multiple tumor prognosis, its role in gastric cancer (GC) is unknown.

Research motivation

NPAS2 can improve the accuracy of GC prognosis prediction and assist clinicians in postoperative patient management and decision-making.

Research objectives

This study aimed to explore the relationship between the circadian clock gene NPAS2 and the survival prognosis of GC patients and clarify its role in evaluating GC prognosis.

Research methods

Immunohistochemical staining was used to detect the expression of NPAS2 protein in GC and adjacent tissues. Univariate and multivariate Cox regression analysis was used to determine the independent prognostic factors of GC, and a nomogram prediction model was established. The receiver operating characteristic curve and area under the curve, the calibration curve, and C-index were used to evaluate the predictive effectiveness of the model.

Research results

The NPAS2 expression were independent prognostic factors of overall survival in GC patients for 3 years.

Research conclusions

NPAS2 is highly expressed in GC and is closely related to worse overall survival in patients. Therefore, the evaluation of NPAS2 expression may be a potential marker for GC prognosis evaluation.

Research perspectives

Based on NPAS2 expression, clinicians can predict patient prognosis and guide clinical decision making and follow up.

FOOTNOTES

Author contributions: Cao XM and Kang WD contributed equally to this work and share first authorship; Cao XM, Kang WD, and Liu HB designed the project and reviewed and edited the manuscript; Cao XM and Kang WD analyzed the data and wrote the main manuscripts; Xia TH and Yuan SB carried out research selection and data collection; Guo CA, Wang WJ and Liu HB participated in the discussion of classification criteria.

Institutional review board statement: The studies involving human participants were reviewed and approved by Medical Ethics Committee of the Second Hospital of Lanzhou University, approval No. 2021A-561. The patients/participants provided written informed consent to participate in this study.

Informed consent statement: The Medical Ethics Committee of the Second Hospital of Lanzhou University waived the need for informed consent due to the retrospective nature of the study.

Conflict-of-interest statement: The authors declare no conflict of interest.

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