



## Short-term effects of the triple-therapy combined with ion therapy of Chinese herbal medicine on 50 cases of peptic ulcer

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### Abstract

**AIM:** To improve the therapeutic effects of combined Chinese and western medicine in patients with peptic ulcer (PU).

**METHODS:** Ninety cases of patients with PU were divided into two groups. Fifty cases in group A were treated with triple therapy [Omeprazole 20 mg qd, Amoxicillin 1.0 g tid, Colloidal Bismuth Subcitrate (CBS) 110 mg tid] for 28 d and the ion therapy of Chinese

herbal medicines for 10-20 d; 40 cases in group B only with the triple-therapy as control.

**RESULTS:** By the 4<sup>th</sup> week the short-term effective rate (90% in group A versus 85.0% in B), or the ulcer healing rate (80.0% in group A versus 72.5% in B) showed no significant difference between group A and B ( $P > 0.05$ ), but patients in group A recovered more quickly than in B (average 8.7 d versus 13.9 d,  $P < 0.01$ ).

**CONCLUSION:** This therapy can release the symptoms of PU more quickly, and shorten the period of hospital stay.

**Key words:** Peptic ulcer/drug therapy; Amoxicillin/administration and dosage; Omeprazole/administration and dosage; Bismuth potassium citrate/administration and dosage

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