

# Study on the possibility of insulin as a carrier of IUDR for hepatocellular carcinoma-targeted therapy

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## Abstract

**AIM:** To evaluate the possibility of using insulin as a carrier for carcinoma-targeted therapy mediated by receptor, and to investigate the expression of insulin receptor in human hepatocellular carcinoma and the receptor binding characteristics of insulin-IUDR (iododeoxyuridine).

**METHODS:** IUDR was covalently conjugated to insulin. Receptor binding assays of  $^{125}\text{I}$ -insulin to human hepatocellular carcinoma and its adjacent tissue were performed. Competitive displacements of  $^{125}\text{I}$ -insulin by insulin and insulin-IUDR to bind to insulin receptor were respectively carried out. Statistical comparisons between the means were made with paired t-test at a confidence level of 95 %.

**RESULTS:** The data indicated that there were high- and low- affinity binding sites for  $^{125}\text{I}$ -insulin on both hepatocellular carcinoma and its adjacent tissue. Hepatocellular carcinoma had a significantly higher Bmax for high affinity binding site than its adjacent liver tissue ( $P < 0.05$ ,  $t = 2.275$ ). Insulin-IUDR competed as effectively as insulin with  $^{125}\text{I}$ -insulin for binding to insulin receptor. Values of  $\text{IC}_{501}$ ,  $\text{C}_{502}$ , K11 and K12 for insulin-IUDR were  $11.50 \pm 2.83 \text{ nmol} \cdot \text{L}^{-1}$ ,  $19.35 \pm 5.11 \text{ nmol} \cdot \text{L}^{-1}$ ,  $11.26 \pm 2.65 \text{ nmol} \cdot \text{L}^{-1}$  and  $19.30 \pm 5.02 \text{ nmol} \cdot \text{L}^{-1}$  respectively, and for insulin were  $5.01 \pm 1.24 \text{ nmol} \cdot \text{L}^{-1}$ ,  $17.75 \pm 4.86 \text{ nmol} \cdot \text{L}^{-1}$ ,  $4.85 \pm 1.12 \text{ nmol} \cdot \text{L}^{-1}$  and  $17.69 \pm 4.81 \text{ nmol} \cdot \text{L}^{-1}$ , respectively. Values of  $\text{IC}_{501}$  and K11 for insulin-IUDR were significantly higher than that for insulin ( $P < 0.01$ ,  $t = 4.537$  and  $4.813$ ).

**CONCLUSION:** It is possible to use insulin as a carrier for carcinoma-targeted therapy mediated by receptor.

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## INTRODUCTION

Hepatocellular carcinoma is one of the most common cancers with highly uneven geographic distribution and its treatment by conventional methods is still difficult. In recent years receptor-based radiopharmaceuticals have been used for localization diagnosis and therapy of certain tumors<sup>[1-5]</sup>. Insulin

may be a convenient carrier for anticancer drugs or radionuclides in targeted therapy of carcinoma, because several studies have shown there is an increased expression of insulin receptor on a variety of malignant tumor cells<sup>[6-11]</sup>. Moreover, insulin is internalized by cells possessing insulin receptor and reported in the cell nuclei subsequent to endocytosis<sup>[12-14]</sup>.

S-iodo-z-deoxyuridine (IUDR), a thymidine analog, can be incorporated into the DNA of cells in the S phase.  $^{125}\text{I}$ -IUDR has been successfully applied for the treatment of bladder cancer and hepatic metastases<sup>[15-18]</sup>. Short-range Auger electrons emitted by  $^{125}\text{I}$ -IUDR can cause DNA double-strand broken and deliver a lethal radiation dose to the cell when it is incorporated into DNA. But when killing malignant cells,  $^{125}\text{I}$ -IUDR also brings damage to normal tissues, such as the bone marrow, the small intestine and the large intestine. To reduce the damage, we presented a strategy for IUDR targeting delivery to hepatocellular carcinoma which exploited the efficiency and specificity of internalization afforded by the process of receptor-mediated endocytosis. IUDR was primarily used in this investigation, because it had the identical chemical and biological properties with  $^{125}\text{I}$ -IUDR. The expression of insulin receptor in human hepatocellular carcinoma and the receptor binding characteristics of insulin-IUDR conjugate were investigated.

## MATERIALS AND METHODS

### Preparation of cell membrane

Hepatocellular carcinoma and its adjacent liver tissue specimens were obtained from six patients at surgery whose diagnosis was confirmed by histopathology and immediately frozen at  $-70^\circ\text{C}$  for further use. Cell membrane fractions were prepared according to established techniques<sup>[19]</sup>. Tissues were cut into pieces, put into Tris-HCL buffer (pH 7.5) and homogenized. The cell membrane fractions purified by centrifugation in a discontinuity sucrose density gradient were stored at  $-70^\circ\text{C}$ . The protein concentration was determined according to Lowry method<sup>[20]</sup>.

### Radioiodination of insulin

Porcine insulin was radioiodinated with the Ch-T method and purified by polyacrylamide gel electrophoresis. The radiochemical purity of  $^{125}\text{I}$ -insulin was measured by TLC (thin layer chromatography).

### Preparation of insulin-IUDR

Insulin-IUDR was kindly synthesized by Department of Pharmaceutical, Sichuan University. Briefly, both IUDR (1.2 g) and succinic anhydride (1.5 g) were dissolved in 25 ml of pyridine and the mixture was stirred at  $70-80^\circ\text{C}$  for 24 hours. The solvents were evaporated under vacuum and the residue was crystallized from isopropanol.

Conjugation of IUDR-succinin to insulin was done as follows: IUDR-succinin (50 mg), EDC (100 mg) and HOBt (50 mg) were dissolved in 3 ml phosphate-buffered saline (pH=8.9) and mixed with 1 ml phosphate-buffered saline (pH=8.9) containing 25 mg insulin. The mixture was stirred at

4 °C for 48 hours. The precipitation was removed by filtration and pH of the solvent was adjusted to 5.5 with 0.5 mol·L<sup>-1</sup> HCl. The reaction mixture was kept at 4 °C overnight. Thereafter, white solid precipitation was collected with filter and purified by polyacrylamine agarose gel electrophoresis. The solvents were evaporated under vacuum.

Isolated insulin-IUdR was analyzed by analytical HPLC (Beckman) with 4×200 mm ODS column. The mobile phase was 27 % (v/v) acetonitrile and 73 % 0.1 mol·L<sup>-1</sup> NaH<sub>2</sub>PO<sub>4</sub> (pH=0.3) at a flow rate of 0.5 ml·min<sup>-1</sup>.

SDS-polyacrylamine gel electrophoresis (SDS-PAGE) was performed in 15 % polyacrylamine gel to calculate the molecular weight of insulin-IUdR.

### Saturation binding assay

Cell membrane fractions (80 µg protein) of hepatocellular carcinoma or its adjacent liver tissue were incubated for 20 hours at 4 °C with binding buffer (NaCl 118 mmol·L<sup>-1</sup> CaCl<sub>2</sub> 1.3 mmol·L<sup>-1</sup> KCl 5 mmol·L<sup>-1</sup> MgSO<sub>4</sub> 1.2 mmol·L<sup>-1</sup> KH<sub>2</sub>PO<sub>4</sub> 1.2 mmol·L<sup>-1</sup> pH 7.5) containing increasing concentration (5×10<sup>3</sup>-5×10<sup>5</sup> cpm) of <sup>125</sup>I-insulin. The free ligands were removed by centrifugation at 2 000×g for 10 minutes after addition of 0.1 ml 0.3 % bovine γ-globulin and 0.8 mL 15.8 % PEG. Radioactivity of the membrane pellets was determined in a gamma counter for one minute as the total binding. The nonspecific binding was estimated by incubating membrane with <sup>125</sup>I-insulin in the presence of 4.3 nmol unlabeled insulin. Specific binding was obtained by subtracting nonspecific binding from total binding.

### Competition binding assay

Cell membrane fractions (80 µg protein) were incubated with 5 nmol <sup>125</sup>I-insulin in the presence of increasing concentrations (10<sup>-12</sup>-10<sup>-7</sup> mol/L) of the unlabeled insulin or insulin-IUdR. After incubated for 20 hours at 4 °C, the unbound ligands were removed as saturation binding assay. Radioactivity of the membrane pellets was determined in a gamma counter for one lmin as the total binding. The nonspecific binding was estimated by incubating membrane with <sup>125</sup>I-insulin in the presence of 4.3 nmol unlabeled insulin.

### Statistical analysis

Binding data were calculated on a computer with receptor binding analysis software. Values are presented as means ±SD. Statistical comparisons between the means were made with paired *t*-test at a confidence level of 95 %.

## RESULTS

### Radioiodination of insulin

The radiochemical purity of <sup>125</sup>I-insulin was 98 % and remained over 95 % after 14 days stored at -20 °C.

### Analysis of insulin-IUdR

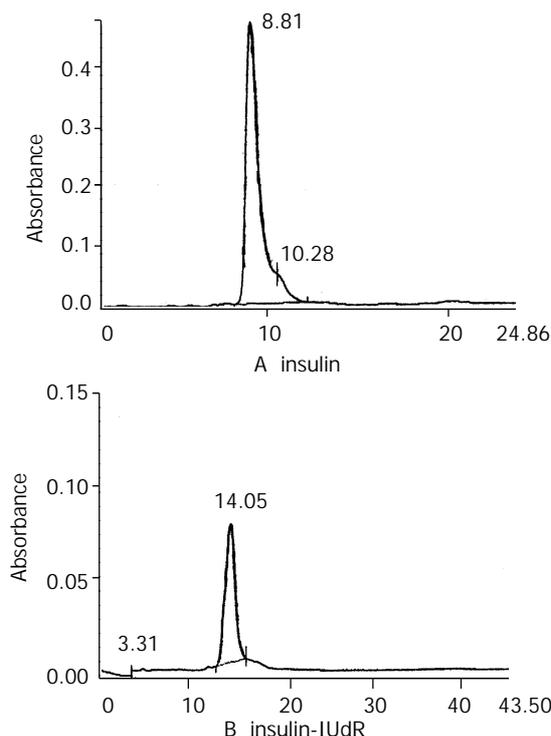
The recovery of insulin-IUdR was about 76.3 %. HPLC showed that isolated insulin-IUdR (retention time 13.91 min) yield was about 98 % (shown in Figure 1). The other 2 % was the insulin (8.81 min) and IUdR (3.87 min).

The calculated molecular weight of insulin-IUdR was 7179Da according to its relative position to the molecular weight marker in the SDS-PAGE pattern.

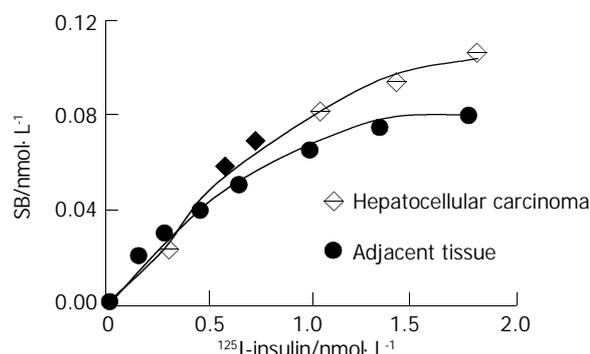
### Saturation binding assay

For cell membrane of hepatocellular carcinoma and its adjacent tissue, as concentration of the radioligand increased, binding amount went up and then plateaued rapidly (Figure 2). The Scatchard plot corresponding to the saturation binding curve

had a slightly curvilinear shape (Figure 3). Curvilinear Scatchard plots were characteristic of insulin binding in many other systems and had been attributed to interaction of ligand with two or more classes of sites that exhibited different affinities. Using the RBA software, the Scatchard plot of hepatocellular carcinoma could be resolved in a component with K<sub>d</sub>=2.20 nmol·L<sup>-1</sup> (B<sub>max</sub>=0.36 nmol/L) and another component with K<sub>d</sub>=18.8 nmol·L<sup>-1</sup> (B<sub>max</sub>=1.58 nmol·L<sup>-1</sup>) by the computer. And that of adjacent tissue could be resolved in a component with K<sub>d</sub>=2.21 nmol·L<sup>-1</sup> (B<sub>max</sub>=0.33 nmol·L<sup>-1</sup>) and another component with K<sub>d</sub>=17.89 nmol·L<sup>-1</sup> (B<sub>max</sub>=1.09 nmol·L<sup>-1</sup>). Remarkably higher B<sub>max</sub> of high affinity insulin binding sites was identified in hepatocellular carcinoma (*P*<0.05).



**Figure 1** Insulin and insulin-IUdR analysis by HPLC. Retention time of insulin was 8.81 minutes (A); Retention time of insulin-IUdR was 13.91 minutes (B).



**Figure 2** Saturation binding curves of <sup>125</sup>I-insulin in hepatocellular carcinoma and its adjacent tissue.

### Competition binding assay

Competition displacement assays compared the ability of insulin-IUdR and unlabeled insulin to compete with <sup>125</sup>I-insulin for binding to insulin receptor in hepatocellular carcinoma (Figure 4). The conjugate competed as effectively as insulin for binding to the insulin receptor in a dose-dependent manner. IUdR had no effect on <sup>125</sup>I-insulin binding (data not shown). Values of IC<sub>50</sub> and KI for insulin-IUdR and insulin are shown

in Table 2. Although there were increased IC<sub>50</sub>1 and KI1, the data showed that most of the receptor-binding activity of insulin-IUdR remained.

**Table 1** Values of Bmax and Kd of <sup>125</sup>I-insulin binding to insulin receptor in hepatocellular carcinoma and its adjacent liver tissue (mean ±SD for six identical experiments)

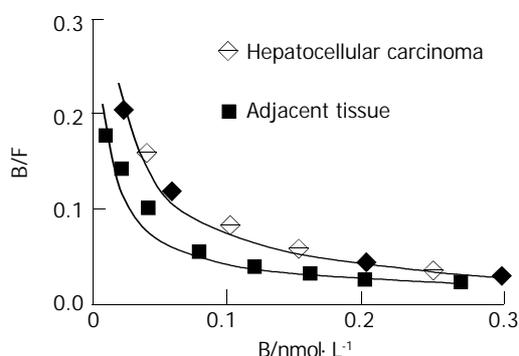
	High affinity sites		Low affinity sites	
	Bmax (nmol·L <sup>-1</sup> )	Kd (nmol·L <sup>-1</sup> )	Bmax (nmol·L <sup>-1</sup> )	Kd (nmol·L <sup>-1</sup> )
Hepatocellular carcinoma	1.58±0.16 <sup>a</sup>	2.20±0.66	0.36±0.11	18.80±7.85
Adjacent liver tissue	1.09±0.51	2.21±0.72	0.33±0.74	17.89±7.87

<sup>a</sup>P<0.05 vs adjacent liver tissue. Bmax was the maximal amount of ligand bound; Kd was the dissociation constant of the binding site for the ligand.

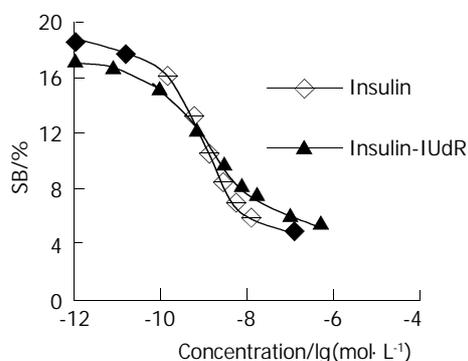
**Table 2** Values of IC<sub>50</sub> and KI for insulin-IUdR and insulin competing with <sup>125</sup>I-insulin for binding to insulin receptor on hepatocellular carcinoma (mean ±SD for four identical experiments)

	High affinity sites		Low affinity sites	
	IC <sub>50</sub> (nmol·L <sup>-1</sup> )	KI (nmol·L <sup>-1</sup> )	IC <sub>50</sub> (nmol·L <sup>-1</sup> )	KI (nmol·L <sup>-1</sup> )
Insulin-IUdR	11.50±2.83 <sup>b</sup>	11.26±2.65 <sup>b</sup>	19.35±5.11	19.30±5.02
Insulin	5.01±1.24	4.85±1.12	17.75±4.86	17.69±4.81

<sup>b</sup>P<0.01 vs insulin. IC<sub>50</sub> was the concentration of competing ligand to displace radioligand binding by 50 %; KI was the dissociation constant of competing ligand.



**Figure 3** The Scatchard plot corresponding to the saturation binding.



**Figure 4** Competitive binding curves of <sup>125</sup>I-insulin against insulin-IUdR or insulin.

**DISCUSSION**

In recent years, there have been several studies on target

delivery of specific gene to living cells mediated by insulin receptor. For example, Ivanova *et al* introduced a foreign DNA into early mouse and rabbit embryos by using insulin as a carrier<sup>[21]</sup>, and Alexder carried out transfection of H-11 murine epithelial mammary cells as well as murine and sheep mammary glands using insulin-containing constructs that deliver DNA by receptor-mediated endocytosis<sup>[22]</sup>. Sosenkranz *et al* synthesized a soluble construct consisting of a plasmid carrying the gene of SV40 large T-antigen and an insulin-poly-L-lysine conjugate which is able to selectively transfect PLC/PRF/S human hepatoma cells possessing insulin receptors<sup>[23]</sup>. Moreover, Zhang *et al* measured the levels of luciferase gene expression in human or rat glioma cells after targeting the PIL-encapsulated plasmid DNA via human insulin receptor, the human epidermal growth factor receptor, or rat transferrin receptor. The highest levels of gene expression were obtained after targeting the insulin receptor, and this may derive from the nuclear targeting properties of this receptor system<sup>[24]</sup>.

In the present study, we presented a procedure for tumor treatment which combined the targeted transportation function afforded by insulin receptor mediating endocytosis with radiotoxicity of <sup>125</sup>I-IUdR to cells at the S phase. IUdR is usually administrated by local infusion or intratumor injection. Systemic therapy is not indicated because of potential severity of undesirable side effects. Insulin used as a carrier might offer an advantage in this aspect. Firstly, most of <sup>125</sup>I-IUdR is directly delivered into the liver by insulin. Thereby, other actively dividing normal tissue can efficiently avoid being damaged. Secondly, because of overexpression of insulin receptor in tumor cells, there will be very little conjugate entering normal liver cells. At last, Auger electron's range is about 10 nm, it is hardly harmful to cells until it is incorporated in the DNA of cells. Since IUdR can only be incorporated in the DNA of cells at the S phase<sup>[25]</sup>, non-dividing tissues possessing insulin receptor will not be injured.

We found that hepatocellular carcinoma bound more <sup>125</sup>I-insulin than its adjacent liver tissue. Amir kurtaran has successfully applied <sup>123</sup>I-insulin for *in vivo* scintigraphy in the diagnosis of hepatocellular carcinoma<sup>[26]</sup>. Kuang Anren reported that <sup>131</sup>I-insulin was localized within H22 hepatoma in mice, and cleared rapidly from the rest of the body<sup>[27]</sup>. Schar reported that insulin receptor might play a role in the regulation of hepatocellular carcinoma<sup>[28]</sup>. Our finding was consistent with theirs. The results demonstrated that escalated binding site for <sup>125</sup>I-insulin was expressed in hepatocellular carcinoma. The Bmax values indicated that the increased binding of <sup>125</sup>I-insulin in hepatocellular carcinoma was due to an apparent increase in high affinity insulin receptor rather than an increase in low affinity insulin receptor. Our studies also showed that high affinity insulin receptor, constituting 87.72 % of insulin receptor on cell surface of hepatocellular carcinoma, predominated over low affinity insulin receptor. These observations indicated that more IUdR covalently linked to insulin could be transferred to the carcinoma through mediation of the overexpressed high affinity insulin receptor.

It has also been verified in *in vitro* studies that insulin-IUdR is capable of binding specifically to insulin receptor in human hepatocellular carcinoma with high affinity. Chakrabarti *et al* conjugated <sup>125</sup>I-IUdR with T101 antibody via polylysine, but the conjugate remained only 68 % immunoactivity<sup>[29]</sup>. The conjugate used was prepared by covalently linking IUdR to insulin via succine. This complex has an advantage over the conjugate linked via poly-L-lysine<sup>[30]</sup> or albumin<sup>[31]</sup> or other large molecules. Both succine and IUdR are small molecules. The small size of the complex may result in less interference in insulin binding to its receptor or other cellular proteins and may permit this complex to be processed intracellularly in a manner more identical to that of unlabelled insulin.

Why insulin-IUDR has an increased IC<sub>50</sub> and KI for high affinity insulin receptor but not for low affinity receptor is unclear. It is possible that the functional sites of structural microheterogeneity in the two receptors have different sensitivity to the structural change of ligand. Competition binding assays showed that insulin-IUDR still maintained the greater part of affinity for insulin receptor. Therefore, it is not necessary to administer insulin-IUDR in a micromolar range, which may result in glucopenia.

SDS-polyacrylamide agarose gel electrophoresis showed the molecular weight of insulin-IUDR was 7 179 Da, which was equal to the total weight of one molecule of insulin ( $M_r=5\ 800$  Da) and three molecules of IUDR ( $M_r=454$  Da). It might be concluded that the ratio of insulin molarity to the IUDR is 1:3. On the basis of this molar ratio, it is calculated that for administration 100-300 MBq <sup>125</sup>I-IUDR, about 10<sup>-9</sup> mol insulin was required. Administration of such a low dose of insulin in therapy would not result in glucopenia.

In summary, hepatocellular carcinoma overexpressing insulin receptor and insulin-IUDR conjugate can specifically bind to insulin receptor. This new conjugate holds promise for therapy of hepatocellular carcinoma, but further investigation into transportation of IUDR and its interactions with tumor cells during subsequent intracellular processing would be a desirable prerequisite.

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