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## Immunological properties of embryonic and adult stem cells

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### Abstract

The possibility of treating degenerative diseases by stem cell-based approaches is a promising therapeutical option. Among major concerns for the clinical application of stem cells, some derive from the possibility that stem cells may be rejected by the immune system as a consequence of histoincompatibility and that stem cells themselves may interfere with the normal functions of host immune response. Therefore, the immunogenicity and the immunomodulatory properties of stem cells must be carefully addressed. Although these properties are common features of different stem cell types, some peculiarities can be recognized and characterized for their proper clinical use.

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**Key words:** Immune suppression; Embryonic stem cells; Mesenchymal stem cells; Immunogenicity; Regenerative medicine; Neural stem cells

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### INTRODUCTION

In the case of tissue injury, activation of the immune system and cell regeneration from precursor cells normally occur. In mammals, these defensive mechanisms may differ depending on the organ considered: some organs such as the skin are highly regenerating; others such as the central nervous system (CNS) apparently are not. Embryonic and adult stem cells, due to their ability to self-renew and differentiate into many cell types, have been recently considered as promising tools for regenerative and cell-based therapies in a number of degenerative diseases<sup>[1]</sup>. Especially, those resulting from the destruction and/or dysfunction of a limited number of cell types such as diabetes mellitus, Parkinson's disease<sup>[2]</sup>, spinal cord injury<sup>[3]</sup>, liver<sup>[4]</sup> and heart failure<sup>[5]</sup>, Duchenne's muscular dystrophy<sup>[6]</sup> and osteogenesis imperfecta<sup>[7]</sup>. Embryonic stem cells (ES) have remarkable long-term proliferative potential, providing the possibility of unlimited expansion in culture<sup>[8]</sup> and a broad differentiation potential<sup>[9]</sup>. However, important ethical and safety issues still need to be addressed<sup>[10]</sup>, i.e. the risk of teratoma formation after transplantation<sup>[11,11]</sup>. On the other hand, ES cells are highly prone to be killed by effector cells in immunocompetent allogeneic recipients<sup>[12]</sup>. Strategies to provide HLA-matched human ES are focused on the establishment of HLA-typed ES bank<sup>[13]</sup>.

Adult, tissue-specific, somatic stem cells have more restricted proliferation and differentiation potential but less ethical and safety implications. Many adult tissues host a stem cell compartment that could be *ex-vivo* expanded and

used as a therapeutic tool for tissue regeneration. Theoretically, tissue-specific, adult stem cell-based therapy could be designed in the autologous setting. However, many of the clinical and preclinical studies with tissue specific adult stem cells require the allogeneic setting<sup>[14]</sup>. Thus, the immunological properties of these stem cells as well as the interaction with host immune effector cells are very important.

Some of the benefits obtained with stem cell therapy are not due to cell replacement but rather to the protective effect of trophic and anti-apoptotic factors released in the damaged tissues by either the grafted stem cells themselves or by endogenous cells following the interaction with the grafted stem cells<sup>[15-18]</sup>. Many of these factors are mediators of inflammation that allow stem cells to survive and specifically migrate to the damaged area<sup>[19]</sup> such as cell-adhesion molecules and chemokine receptors<sup>[20,21]</sup>. The ability of different stem cell types, especially mesenchymal stem cells, to modulate the immune response has been described in many *in vitro* and *in vivo* studies. Immunomodulatory mechanisms seem to play an important role not only in the autologous and allogeneic therapeutic approaches but also for the normal endogenous tissue regeneration<sup>[22]</sup>. Considering the pathological processes occurring upon degeneration, cell loss and immune activation/inflammation are indeed strictly related. Therefore, it is not surprising that stem cells and the immune system may play a finely tuned cross-talk aimed to confine tissue loss and to promote regeneration (Figure 1).

## EMBRYONIC STEM CELLS

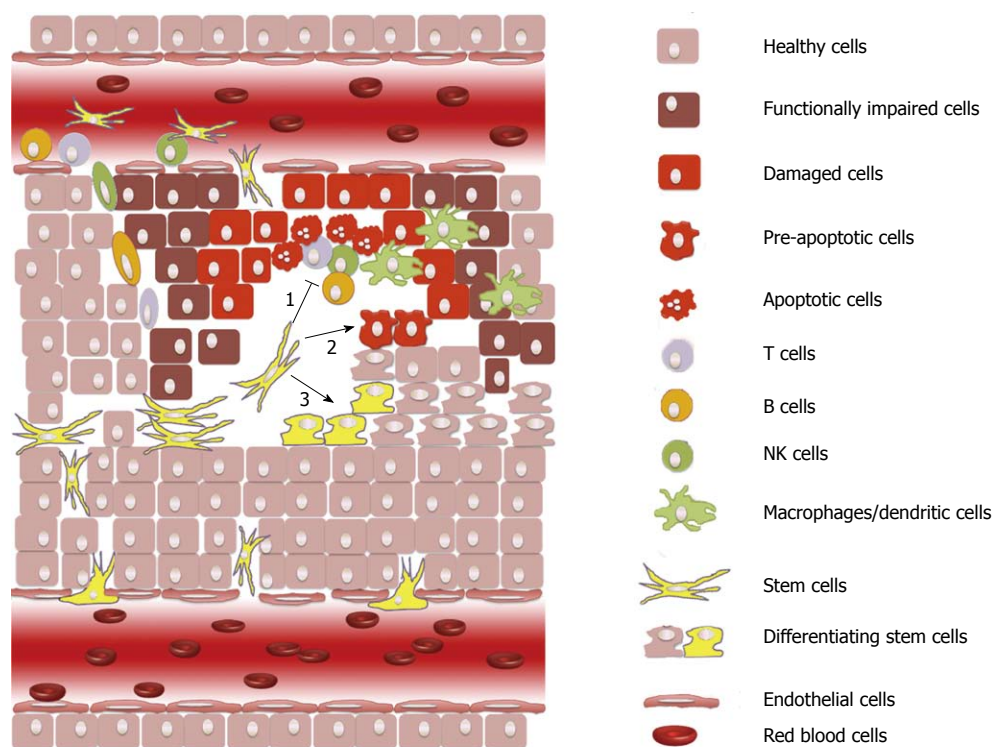
ES express low levels of HLA class I molecules<sup>[23]</sup> which are up-regulated by IFN- $\gamma$  stimulation, after teratoma formation<sup>[11,23,24]</sup> or differentiation<sup>[24-28]</sup> and almost undetectable expression of HLA class II and costimulatory molecules<sup>[25]</sup>. Although the immune stimulation induced by ES is lower than that by allogeneic adult cells, HLA class I molecule expression in ES is sufficient for rejection mediated by cytotoxic T cells<sup>[25,29]</sup>. Data regarding immunogenicity of ES are not concordant. Mouse ES have been shown to survive in immunocompetent mice<sup>[24,30]</sup> as well as in rats<sup>[31]</sup> and sheep<sup>[32]</sup> for many weeks after transplantation. Similarly, rat ES permanently engraft in allogeneic recipients leading to allo-specific down-regulation of the host immune response<sup>[33]</sup>. On the contrary, murine ES transplantation into injured myocardium determined tissue infiltration by T cells, B cells and macrophages, followed by the disappearance of ES cells and their progeny over a period of weeks<sup>[28,34]</sup>. When transplanted in an immunocompetent xenogeneic host, human ES triggered robust cellular and humoral immune responses leading to intragraft infiltration of inflammatory cells and subsequent ES rejection<sup>[35]</sup>. In this setting, CD4<sup>+</sup> T cells seem to play an important modulatory role in ES immune-mediated rejection. Notably, repeated transplantation of ES into immunocompetent hosts results in accelerated human ES death, suggesting an adaptive donor-specific immune response<sup>[28]</sup>. Transplantation in im-

munodeficient mice or together with the administration of immunosuppressive drug regimens can mitigate the anti-ES immune response and significantly prolongs xeno-transplantation survival. Beside the low immunogenicity, ES have also shown evidence of immunomodulatory properties both *in vitro* and *in vivo*. Human ES are not recognized *in vitro* by NK cells and inhibit T-cell activation by third party antigen presenting cells<sup>[25]</sup>. However, ES cells injected *in vivo* into immunocompetent recipients resulted in being highly susceptible to killing by NK cells due to their expression of ligands of the activating NK receptor NKG2D<sup>[11]</sup>. For this reason and as a consequence of the increasing tissue transplantation demand, some countries are making efforts to establish HLA-typed human ES banks to collect HLA-matched human ES to overcome the current immunological problem<sup>[13]</sup>.

## NEURAL STEM CELLS

Neural stem/progenitor cells (NSCs) are tissue precursor cells that have been found in the main neurogenic regions of the adult brain, i.e. hippocampus, subventricular zone (SVZ), olfactory bulb<sup>[36,37]</sup> and in some non-neurogenic regions, i.e. spinal cord<sup>[38]</sup>. Despite their self-renewal capability, NSC neuro-glial differentiation potential and the possible use in autologous setting are still debated. Among technical problems, of relevance is that NSCs are not easily accessible, they are difficult to expand *in vitro* as homogeneous stem cell population and show a low rate of *in vivo* neuronal differentiation efficiency<sup>[39]</sup>. Moreover, adult NSCs can be easily expanded only from rodent adult brain; by contrast, it is difficult to obtain adult NSCs from human tissues. For this reason, most of the studies on human NSCs are carried out with NSCs of fetal origin<sup>[40-42]</sup>.

For a long time the central nervous system has been considered an immune privileged organ as it does not contain either lymphoid or dendritic cells and it is partially isolated from circulating immune cells by the blood-brain barrier (BBB)<sup>[43]</sup>. However, this privilege is not absolute as neural grafts placed in CNS may be rejected although less quickly than in other organs. However, the rejection can be enhanced by brain trauma leading to BBB interruption and infiltration by immune effector cells<sup>[44]</sup>. Primary neural cell culture has been reported to up-regulate major histocompatibility complex (MHC) proteins in cell populations normally displaying low expression profiles *in vivo*<sup>[45]</sup>. *In vitro* cultured NSCs before differentiating exhibit low MHC molecule expression<sup>[46,47]</sup> that then increases especially in differentiated astrocytes<sup>[47]</sup>. Isolated NSCs express also the costimulatory molecules CD80 (B7.1) and CD86 (B7.2). The exposure to pro-inflammatory cytokine (i.e. IFN- $\gamma$  and TNF- $\alpha$ ) enhances the expression of CD80, CD86 and MHC class I (but not class II) molecules<sup>[48,49]</sup>. Similarly, *in vitro* expansion of human forebrain and spinal cord neural cells results in the induction of HLA class I and II molecules<sup>[50]</sup>. However, human NSC lines can be recognized by allogeneic PBLs regardless low levels of MHC expression<sup>[51]</sup>. In a model of brain trauma allogeneic NSC grafts may be immunogenic



**Figure 1** Different mechanisms may have a role in the positive effects following the recruitment of stem cells. (1) modulation of the immune effector cells involved in the onset and extension of tissue damage; (2) release of trophic and anti-apoptotic factors that may either hamper tissue degeneration or favor spontaneous cell recovery; and (3) direct replacement of dead cells through tissue-specific differentiation.

as shown by the evidence of lymphocyte infiltration after transplantation<sup>[52]</sup>. In addition, human neural progenitor cells express many adhesion molecules involved in inflammation such as  $\alpha 2$ ,  $\alpha 6$  and  $\beta 1$  integrins<sup>[53]</sup>, CD44 and chemokine receptors (CCR3, CCR6, CCR7, CCR9, CXCR3)<sup>[54]</sup>. Less than 25% of human NSCs express the inflammatory chemokine receptors CCR4, CCR5 and CXCR4<sup>[41]</sup>. Nevertheless, the *in vivo* trophic and immunomodulatory properties of NSCs have recently become as evident as their regenerative potential<sup>[20,55-57]</sup>. Rodent SVZ-derived and human ES-derived NSCs exhibit an inhibitory effect on T lymphocytes both *in vitro* and *in vivo*<sup>[55,56,58,59]</sup>. Rodent and human NSCs can suppress T cell proliferation in a dose-dependent fashion<sup>[41]</sup> and inhibit antigen (myelin)-specific immune responses. Interestingly, the suppression of T cell proliferation from NSCs does not require cell-to-cell contact<sup>[55,56,58,59]</sup>. Mouse and human NSCs may impair the activation of myeloid dendritic cells (DCs)<sup>[60]</sup> and the differentiation of CD14<sup>+</sup> myeloid cells into CD1a<sup>+</sup> immature and then functional (antigen-presenting) DCs. Additionally, NSCs prevent the up-regulation in DCs of the costimulatory molecules CD80, CD86 and of MHC class II molecules induced by LPS as well as the *in vivo* DC activation within draining lymph nodes<sup>[60]</sup>. The *in vivo* immunomodulatory properties of NSC have been tested in several neurological diseases in which the immune response plays a role<sup>[61]</sup>.

## MESENCHYMAL STEM CELLS

First described in bone marrow as multipotent non-hem-

apoeitic progenitor cells<sup>[62]</sup>, mesenchymal stem cells/multipotent marrow stromal cells (MSCs) are multipotent adult stem cells capable of differentiating both *in vitro* and *in vivo* into various tissues of mesodermal origin such as fibroblasts, osteocytes, adipocytes and chondrocytes<sup>[63]</sup>. Moreover, some studies have shown the MSCs potential to differentiate into tissues of endodermal and neuroectodermal lineages including hepatocyte<sup>[64]</sup>, epithelia<sup>[65]</sup> and neurons<sup>[66,67]</sup>. Stromal cell precursors with the immunophenotype and multilineage differentiation potential of MSCs are present also in adult lymphoid tissues such as lymph nodes<sup>[68]</sup> spleen and thymus<sup>[69]</sup>. MSCs reside virtually in all the tissues as part of the pericyte population in the vasculature wall<sup>[70]</sup>. Besides their differentiation potential, MSCs can exert important trophic effects supporting hematopoiesis and angiogenesis<sup>[71,72]</sup>.

MSCs exert a profound immune modulatory effect capable of suppressing lymphocyte proliferation *in vitro* and prolonging MHC-mismatched skin graft survival *in vivo*<sup>[73]</sup>. Subsequently, MSC regulatory activity has been characterized on a large number of effector cells of adaptive and innate immunity including CD4<sup>+</sup> and CD8<sup>+</sup> T cells<sup>[74-82]</sup>, B cells<sup>[76,83-87]</sup>, NK cells<sup>[76,88-90]</sup>, monocyte-derived DCs<sup>[91-96]</sup> and neutrophils<sup>[96]</sup>. The interaction with MSCs leads to lymphocyte<sup>[78,97]</sup> and DC<sup>[97]</sup> anergy due to early proliferation arrest and inhibits apoptosis of resting and activated neutrophils<sup>[96]</sup>. MSCs may suppress immune reactions *in vitro* and *in vivo* in a MHC-independent manner<sup>[75,76]</sup>. Interestingly, the immune regulatory properties are expressed not only by bone marrow MSCs but also by MSCs derived



from other tissues including fat<sup>[98]</sup>, thymus, spleen<sup>[69]</sup>, and others<sup>[99-101]</sup>. Moreover, MSCs differentiated into fibroblasts, adipocytes, and osteoblasts<sup>[102-104]</sup> retain similar functions. At present, there is no unique and hierarchically prevalent mechanism responsible for MSC immune regulation but there is a redundant panel of mechanisms which suggests the *in vivo* importance of the immune regulation by stromal cell compartment. Some contradictory results have been produced by different groups probably due to different experimental factors related to MSC origin, culture conditions, lymphocyte subset and cell activation state. Interactions between MSCs and cells of the adaptive immune system could vary depending on the microenvironment in which the reaction takes place. On the whole, both soluble factors and cell-cell contact are involved.

*In vivo*, MSC infusion can significantly lower the incidence and cure the refractoriness to treatment of graft-versus-host disease (GvHD) after allogeneic hematopoietic stem cell transplantation in humans<sup>[14,105]</sup> and improve experimental autoimmune encephalomyelitis (EAE) in mice<sup>[106,107]</sup>.

MSCs are unable to induce significant alloreactivity<sup>[75]</sup>. Human MSCs express low-intermediate level of HLA-class I and LFA-3 and they do not express the co-stimulatory molecules CD80 (B7-1), CD86 (B7-2), CD40 or CD40L even after IFN- $\gamma$  stimulation<sup>[76,102,108]</sup> which in turn may induce HLA-class II molecule up-regulation<sup>[76]</sup>. In addition, human MSCs express HLA-G, a non-classical MHC class I antigen that may prevent the immune response against MSCs, as shown by blocking experiments although the expression seems to decrease in culture<sup>[109]</sup>. MSCs may escape not only from the recognition by alloreactive T-cells but also the cell-specific lysis by CD8+ cytotoxic cells<sup>[110]</sup> and freshly isolated NK cells<sup>[80]</sup>. By contrast, activated NK cells are capable to lyse MSCs efficiently<sup>[88]</sup>. Moreover, MSCs exogenously loaded with the relevant MHC class I peptide epitopes still remain resistant to lysis<sup>[111]</sup>. Transplanted allogeneic MHC-mismatched MSCs fail to induce specific rejection, thus engrafting in adult rodent, porcine and baboon experimental models. Engraftment of allogeneic MSCs in immune-compromised hosts or inside immune privileged sites have been shown in animals and in humans<sup>[73,112]</sup>. Xenogenic transplantation (mouse MSCs into rats) may induce immunological tolerance<sup>[113]</sup>. By contrast, allogeneic MSC transplantation into hosts with intact immune system may determine MSC rejection<sup>[114,115]</sup>. The infusion of allogeneic MSCs can prime naïve T cells in immunocompetent mice<sup>[116]</sup>. Moreover, intra-coronary injection of adult human MSCs in rat myocardium is associated with rejection and macrophages infiltration<sup>[117]</sup>. Culture conditions may affect MSC immunogenicity<sup>[118]</sup>. However, patients treated with allogeneic human MSCs did not show anti-allogeneic MSC antibody production or T-cell priming<sup>[119]</sup>.

### MSCs and T lymphocytes

T cell proliferation, activation and effector functions may be affected by MSCs *in vitro*<sup>[74]</sup> and *in vivo*<sup>[73]</sup>. Inhibition of T-cell proliferation by MSCs occurs not only when T cells are triggered by non-specific stimuli such as allogeneic

peripheral blood lymphocytes, dendritic cells or mitogens such as phytohaemagglutinin (PHA) or IL-2<sup>[74]</sup> but also when T cells are activated by their specific antigen<sup>[75]</sup>. Similarly, T cell-mediated IFN- $\gamma$  production<sup>[75,76,78]</sup> and cytotoxic activity<sup>[75,110]</sup> may be inhibited. Proliferation of CD4+ and CD8+ T cells is equally inhibited by MSCs<sup>[74-76]</sup>. This effect does not seem to be related either to the lack of activation or the induction of apoptosis<sup>[78]</sup>. In fact, in T-cell/MSC co-culture the number of T cells expressing early activation markers i.e. CD25 and CD69 is not affected although some data are contradictory<sup>[102,108,120,121]</sup>. CD8+ T-cell mediated lysis is suppressed by MSCs if they are added at the beginning of the mixed lymphocyte culture<sup>[80]</sup> but not when T cells are already in the cytotoxic phase<sup>[122,123]</sup> thus suggesting that it is the generation of activated lytic effector cells affected rather than the lytic effector phase. MSCs interfere with naïve CD4+ T cell differentiation into T helper (Th)-1 effector cells by decreasing the amount of IFN- $\gamma$  produced. In addition, MSCs may induce a Th-2 shift, by increasing the production of IL-4<sup>[124]</sup>. Both naïve and memory T cells can be inhibited by MSCs<sup>[75]</sup>. In a mouse model, IFN- $\gamma$  production by T cells may be restored after MSC removal from culture<sup>[75]</sup>; by contrast, T cell proliferation is irreversibly abrogated by cyclin-D2 inhibition, thus suggesting a mechanism of T cell arrest anergy in the early G1 phase of the cell cycle<sup>[78]</sup>. This anergic state is only partially reverted by exogenous IL-2. Other studies with human MSCs show that T cell unresponsiveness is transient and may be restored by MSC removal<sup>[125]</sup>.

The presence of CD4+/CD25+ T cells is not required for the anti-proliferative effect of MSC on T-cells<sup>[75]</sup>; however, MSCs may induce the expansion of these regulatory T cells<sup>[123,124]</sup> capable of inhibiting mixed lymphocyte reactions and T cell activation<sup>[126]</sup>. MSC-induced suppression of T cell proliferation does not require MHC restriction but it may be mediated also by allogeneic MSCs<sup>[29]</sup> in a dose-dependent and antigen-independent manner<sup>[75,103]</sup>. The optimal ratio between MSCs and responder T cells is quite variable from 1:100<sup>[75]</sup> to 1:1<sup>[93]</sup> depending on the MSC model (human or animal), the culture conditions and the origin and purity of MSCs but most studies show that at 1:10 ratio the maximum inhibitory effect normally occurs<sup>[75,76,124]</sup>. It is difficult to assess if these ratios are reached inside the tissues but they are not unlikely; in addition, the persistence of the immune regulatory properties in MSC-derived tissue stromal cells<sup>[104,127]</sup> would suggest that this phenomenon may have a physiological role also *in vivo*. MSC may inhibit the apoptosis of proliferating thymocytes cultured in the absence of trophic factors and resting T-cells<sup>[127,128]</sup>. Moreover, MSCs may rescue from activation-induced cell death (AICD) T cells over-stimulated by T cell receptor (TCR) engagement through a down-regulation of Fas receptor and Fas ligand<sup>[128]</sup>.

MSC-induced immunosuppression is due to both soluble factors and cell-cell contact but the latter mechanism is prevalent in rodent MSCs<sup>[74-82]</sup>. Most of the inhibitory soluble factors are not constitutively secreted by MSCs but they can be induced by the interaction between activated ef-

factor cells and MSCs. A broad panel of factors is involved in the immune regulation induced by MSCs including interferon- $\gamma$  (IFN- $\gamma$ )<sup>[69,75]</sup>, IL-1 $\beta$ <sup>[120]</sup>, transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1)<sup>[74,82,103]</sup>, indoleamine 2,3-dioxygenase (IDO)<sup>[75,76,79]</sup>, IL-6<sup>[129,130]</sup>, IL-10<sup>[91,92]</sup>, prostaglandin E2 (PGE2)<sup>[124]</sup>, hepatocyte growth factor (HGF)<sup>[74]</sup>, tumor necrosis factor (TNF)- $\alpha$ <sup>[122,125,131]</sup>, nitric oxide (NO)<sup>[64]</sup>, heme oxygenase-1 (HO-1)<sup>[132]</sup>, HLA-G5<sup>[109,133]</sup> and other unknown factors. This probably reflects the redundancy of the MSCs immune regulatory mechanisms. It is interesting that cytokines favoring the immune responses such as IFN- $\gamma$  produced by activated T lymphocytes or NK cells may promote the immune modulation by MSCs which in turn suppress T- or NK-cell proliferation. This effect is related at least in part to the enhancement of the IDO activity<sup>[76,134]</sup>. However, human IFN- $\gamma$  receptor 1(R1)-deficient MSCs do not elicit IDO transcription despite the preservation of immune regulation<sup>[135]</sup>. Following cell-cell contact with T cells, MSCs can secrete the soluble isoform of HLA-G5, CCL-1 and LIF that seem to mediate, at least in part, the expansion of functional CD4<sup>+</sup>CD25<sup>high</sup>FoxP3<sup>+</sup> regulatory T cells<sup>[83,136,137]</sup>. MSCs recruit, regulate and maintain T-regulatory phenotype and function for a long period of time.

MSCs were found to express some Toll-like receptors such as TLR 1, TLR3, TLR4 and TLR5. The triggering of TLR3 and TLR4 by their natural ligands may suppress MSC immune regulatory activity thus suggesting that T-cell responses may arise efficiently during infections leading to pathogen elimination<sup>[138]</sup>.

### MSCs and NK cells

MSCs inhibit both IL-2- and IL-15-induced NK proliferation<sup>[75,88]</sup>. Soluble factors or cell-cell contact mediate different effects depending on the experimental settings. Thus, IFN- $\gamma$  secretion following IL-2-mediated NK stimulation is responsible for the inhibition of NK proliferation by MSCs<sup>[75]</sup>; on the other hand, MSC-dependent inhibition of IL-15-activated NK cells requires both cell-cell contact and soluble factors such as TGF $\beta$ 1 and PGE2 that are produced during MSC/NK co-culture<sup>[88]</sup>. The influence of MSCs on cytotoxicity of freshly isolated NK is still controversial. In some studies with freshly isolated NK cells, no MSC-mediated modulation of cytotoxicity has been observed towards HLA-class I negative targets (K562 cell line) whereas MSCs may impair the cytolytic activity against HLA-class I positive targets<sup>[88]</sup>. In other experiences, MSCs not only inhibit the cytokine-induced proliferation of freshly isolated NK cells but also prevent their effector functions and cytokine production against HLA- class I -positive as well as class I-negative target cells (SKNBE and HTLA-30 cell lines)<sup>[90]</sup>. Thus, MSC suppression of NK cytolytic activities may be stronger against HLA-class I negative targets expressing a limited number of ligands for different NK receptors. Instead, when considering IL-15-activated NK, the suppressive effect of MSCs on NK cytotoxicity depends on culture time. In fact, short-term co-culture of IL-15-stimulated NK cells and MSCs leads to the inhibition of NK cytolytic activity against both the HLA class I -negative and

-positive cells<sup>[89]</sup>. This phenomenon is associated with the reduction of IL-15-induced cytokines such as IFN- $\gamma$ , IL-10 and TNF- $\alpha$  and it requires cell-cell contact<sup>[89]</sup>. Similar results have been obtained with prolonged co-culture of IL-2-activated NK cells with MSCs, leading to the decrease of killing against the HLA class I -negative K562 cell line<sup>[75]</sup>. Taken together, these data show that MSCs may inhibit NK functions against HLA class I -negative and positive targets which, in turn become less susceptible to NK attack. The suppression of NK lytic activity and IFN- $\gamma$  secretion have been related to the release by MSCs of HLA-G5<sup>[133]</sup>, a soluble isoform of non classical HLA class I, usually expressed in a few healthy tissues such as cytotrophoblasts but also involved in tumor-driven immune escape and to IDO activity<sup>[90]</sup>.

MSC susceptibility to NK-mediated killing by activated NK is due to the MSC expression of some ligands for NK receptors such as NKP30, NKG2D and DNAM-1 KK<sup>[89]</sup>. After IL-2 activation, NK may lyse MSCs in both autologous and allogeneic settings<sup>[89]</sup>. However, this phenomenon may be partially prevented by IFN- $\gamma$  which up-regulates the expression of HLA I molecules by MSCs<sup>[95]</sup>; in addition, MSCs may inhibit the surface expression of NKP30 and NKG2D as well as NKP44 activating receptor, thus impairing NK effector functions<sup>[139]</sup>.

### MSCs and dendritic cells

MSCs strongly inhibit DC generation from peripheral blood monocytes<sup>[91,92]</sup> without interfering with LPS-induced maturation of immature DCs. Moreover, MSCs block monocytes by determining division arrest anergy<sup>[140]</sup>. Inhibition of DC differentiation by MSC seems to be reversible as MSCs do not affect the maturation process of DCs once they are already committed into immature DC. MSCs produce a shift from DCs type 1 to a more tolerogenic phenotype DC type 2 by increasing interleukin-10 (IL-10) production<sup>[93]</sup> and decreasing TNF- $\alpha$  secretion. This leads to a reduced number of IFN- $\gamma$ -producing Th1 cells<sup>[124]</sup> and favors IL-4-producing Th2 cells and regulatory T cells<sup>[124]</sup>. The mechanisms leading to the inhibition of DC commitment by MSC imply both secretion of soluble factors and cell-to-cell contact. IL-6, macrophage-colony-stimulating factor and PGE2 are involved<sup>[116,130]</sup>. Interestingly, PGE2 seems to be a key inhibitory mediator acting independently of IL-6.

### MSCs and B cells

B-cell development occurs in the bone marrow and is strictly dependent on the close interaction of B-cell progenitors with stromal cells that produce trophic factors both supporting B-cell survival and proliferation and maintaining long-living plasma cells. Depending on experimental conditions, particularly regarding the strength and the quality of B-cell stimulation, MSCs have been shown to either inhibit or support both proliferation and differentiation of B-cells. The proliferative stimuli used in MSC/B-cells interaction studies were either T-independent<sup>[75,141]</sup> or T-dependent<sup>[78,142]</sup>, specific<sup>[83]</sup> or not specific<sup>[139]</sup>. When strong

primary stimulus is used to activate B cells such as BCR triggering, CD40, Toll-like receptor 9 (TLR9), IL2R and IL4R, the inhibition of proliferation and immunoglobulin production occurs. The addition of blocking antibodies against the molecules of the programmed death pathway (PD-1, PD-L1 and PD-L2) may restore about 30% of B cell proliferation<sup>[139]</sup>. The arrest of B-lymphocytes cell cycle in G<sub>0</sub>/G<sub>1</sub> phases rather than the induction of apoptosis<sup>[83]</sup>, seems to be the MSC-dependent mechanism. Notably, adipose tissue-derived MSCs suppressed Ig production to a much greater extent than BM-MSCs. However, in some culture conditions, IgG secretion and B-cell proliferation can be induced<sup>[143]</sup> and B-cell survival sustained and this effect does not depend on the presence of IFN- $\gamma$  in the culture. In the absence of B cell receptor triggering, naïve B cells stimulated with an agonist of TLR9 are promoted to proliferate and differentiate into immunoglobulin-secreting cells by MSC. The effects of MSCs on B cells are dose-dependent and the MSC/B-cell ratios at which effects have been observed may vary according to culture conditions. Most results have been observed MSC modulatory effect at 1:1 ratio<sup>[83]</sup> but other studies suggest that lower ratios such as 1:10<sup>[143,144]</sup> and 1:30<sup>[141]</sup> are still effective.

Pre-clinical and clinical trials based on the immunomodulation of MSCs have been attempted. Overall data are encouraging and confirm the profound immunomodulation of MSCs described *in vitro*<sup>[14,107,145-150]</sup>.

## OTHER STEM CELL TYPES

Other stem cell populations have been studied for their immunomodulatory properties. Amnion-derived multipotent progenitor cells express MHC class I molecules but they lack MHC class II antigens and the co-stimulatory molecules B7-1 and B7-2. Moreover, they express HLA-G that can be increased after IFN $\gamma$  treatment. These stem cells may inhibit peripheral blood mononuclear cell proliferation in response to mitogens, alloantigens and recall antigens. This immunomodulatory effect was found to be dependent on cell-to-cell contact. Recently, a stem cell population with trophic and immunoregulatory functions from human intestinal tissues was characterized. Immunomodulatory activity was shown in co-cultures with normal heterologous phytohemagglutinin-stimulated peripheral blood mononuclear cells<sup>[151]</sup>.

## CONCLUSION

Tissue damage derives from both cell degeneration and development of inflammation, variably combined. The therapeutical potential of stem cell-based therapy is complex and related to different effects *in vivo* that may vary depending on the pathological microenvironments. Many stem cell types have both regenerative potential and immunomodulatory functions. As stem cells not only may be theoretically rejected by immune system but also interfere with the normal functions of host immune response, the understanding of their immunomodulatory properties *in vitro* and *in vivo* have great relevance for their proper clinical use.

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