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ABOUT COVER

Associate editor of World Journal of Hepatology, Dr. Yong-Ping Yang is a Distinguished Professor at Peking University Health Science Center in Beijing, China. Having received his Bachelor's degree from Yanbian University in 1985, Dr. Yang undertook his postgraduate training at PLA Medical College, receiving his Master's degree in 1992. He rose to Chief Physician in the Hepatology Division of the Fifth Medical Center of the Chinese PLA General Hospital in 2003 and has held the position since. His ongoing research interests involve liver fibrosis, cirrhosis and hepatocellular carcinoma, with a particular focus on cryoablation and cryo-immunotherapy for hepatocellular carcinoma. Currently, he serves as Chairman of the Department of Liver Disease of the Chinese PLA General Hospital and as President of the Chinese Research Hospital Association for the Study of the Liver Disease. (L-Editor: Filipodia)

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ORIGINAL ARTICLE

Randomized Controlled Trial

Metalloproteinase expression after desflurane preconditioning in hepatectomies: A randomized clinical trial

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Abstract

BACKGROUND

Hepatectomy with inflow occlusion results in ischemia-reperfusion injury; however, pharmacological preconditioning can prevent such injury and optimize the postoperative recovery of hepatectomized patients. The normal inflammatory response after a hepatectomy involves increased expression of metalloproteinases, which may signal pathologic hepatic tissue reformation.

AIM

To investigate the effect of desflurane preconditioning on these inflammatory indices in patients with inflow occlusion undergoing hepatectomy.

METHODS



The study is registered at clinicaltrials.gov. The registration identification number is NCT03848780.

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This is a single-center, prospective, randomized controlled trial conducted at the 4th Department of Surgery of the Medical School of Aristotle University of Thessaloniki, between August 2016 and December 2017. Forty-six patients were randomized to either the desflurane treatment group for pharmacological preconditioning (by replacement of propofol with desflurane, administered 30 min before induction of ischemia) or the control group for standard intravenous propofol. The primary endpoint of expression levels of matrix metalloproteinases and their inhibitors was determined preoperatively and at 30 min posthepatic reperfusion. The secondary endpoints of neutrophil infiltration, coagulation profile, activity of antithrombin III (AT III), protein C (PC), protein S and biochemical markers of liver function were determined for 5 d postoperatively and compared between the groups.

RESULTS

The desflurane treatment group showed significantly increased levels of tissue inhibitor of metalloproteinases 1 and 2, significantly decreased levels of matrix metalloproteinases 2 and 9, decreased neutrophil infiltration, and less profound changes in the coagulation profile. During the 5-d postoperative period, all patients showed significantly decreased activity of AT III, PC and protein S (vs baseline values, P < 0.05). The activity of AT III and PC differed significantly between the two groups from postoperative day 1 to postoperative day 5 (P <0.05), showing a moderate drop in activity of AT III and PC in the desflurane treatment group and a dramatic drop in the control group. Compared to the control group, the desflurane treatment group also had significantly lower international normalized ratio values on all postoperative days (P < 0.005) and lower serum glutamic oxaloacetic transaminase and serum glutamic pyruvic transaminase values on postoperative days 2 and 3 (P < 0.05). Total length of stay was significantly less in the desflurane group (P = 0.009).

CONCLUSION

Desflurane preconditioning can lessen the inflammatory response related to ischemia-reperfusion injury and may shorten length of hospitalization.

Key Words: Desflurane; Preconditioning; Hepatectomy; Inflammation; Metalloproteinases; Reperfusion injury

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Core Tip: Ischemia-reperfusion injury remains a leading cause of morbidity and mortality in hepatectomies. In our study, 46 patients were randomly and equally allocated to receive pharmacological preconditioning with desflurane (intervention group) or not (control group) to compare inflammatory indices between the two groups. We found significantly reduced levels of matrix metalloproteinases 2 and 9, increased levels of tissue inhibitor matrix metalloproteinases 1 and 2, and decreased neutrophil infiltration in the intervention group. Thus, hepatoprotective strategies may ameliorate the pathophysiologic effects of ischemia-reperfusion during liver surgery, with our study suggesting a novel promising strategy that may benefit patients postoperatively.

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INTRODUCTION

Hepatectomy is one of the most frequently performed strategies to treat benign and malignant liver diseases, and the number of patients undergoing hepatectomy is increasing^[1]. Unfortunately, the ischemia-reperfusion (IR) technique in the hepatectomy procedure can cause liver damage and represents one of the most important reasons for postoperative liver failure^[2]. When prolonged ischemia is applied to a tissue, the cellular metabolism inevitably becomes anaerobic, leading to loss of cellular function and ultimately cell death^[3,4]. The extent of the resection along with IR injury (IRI) results in tissue trauma and triggers the acute phase response. It consequently impacts the physiology of the liver and affects the mechanisms underlying production of clotting factors, including that of inflammatory cytokines, chemokines and complement products, and the recruitment of neutrophils to the site of injury^[5,6]. Indeed, previous studies have demonstrated increased neutrophil infiltration in the livers of animals which have suffered from IRI and that exposure to pharmacological agents attenuating neutrophil activities leads to milder hepatic IRI^[7-9].

The inflammatory response complicating IRI leads to induction of matrix metalloproteinases (MMPs), which are produced by hepatic stellate cells, Kupffer cells and hepatocytes^[10]. While the MMPs in general play a major role in tissue remodeling and molecular signaling, and correlate with the inflammation process, MMP2 and MMP9 are expressed under pathological conditions and are responsible for the extracellular matrix disruption linked to IRI^[11,12]. Parallel to this, the balance between MMPs and their endogenous inhibitors (known as the tissue inhibitors of metalloproteinases, or TIMPs) regulate their activity in pathologic conditions^[13].

Pharmacological preconditioning may limit the anticipated rise in the concentration of MMPs following hepatic IRI. Although this procedure has been studied extensively in cardiac surgery^[14-16], its efficacy in hepatic surgery remains unknown. Desflurane, a volatile anesthetic in routine clinical use, protects hepatic blood flow. It is also known to cause less toxicity to the liver than other volatile anesthetics, to have minor biological degradation, with a 0.02% calculated metabolism ratio, and to be less soluble in plasma and tissues^[17]. Moreover, it was found to be superior to total intravenous anesthesia, regarding patient outcomes following liver surgery^[18,19].

Taking the role of MMPs and pharmacological preconditioning in IRI into consideration, we aimed to investigate the effect of preconditioning with desflurane on MMP induction.

MATERIALS AND METHODS

This single-center, prospective, randomized controlled trial was conducted in patients undergoing liver resection at the 4th Department of Surgery of the Medical School of Aristotle University of Thessaloniki, between August 2016 and December 2017. Patients were randomized, in a 1:1 ratio, into the hepatectomy with pharmacological preconditioning with desflurane group (intervention group) or the hepatectomy without preconditioning group (control group). The study was carried out following review and approval by the Institutional Review Board of the General Hospital "Georgios Papanikolaou" where the 4th Surgical Department of Aristotle University in Thessaloniki is located. Written informed consent was obtained from all participants. The study was also conducted in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans and is registered at clinicaltrials.gov (NCT03848780).

Patients eligible for study inclusion were older than 18 years of age and undergoing an elective extensive hepatic resection that included more than two segments of the liver. Exclusion criteria were infection with hepatitis B or C or human immunodeficiency virus, liver cirrhosis, autoimmune disease, inflammatory bowel disease, or pregnancy. Patients who received additional ablation therapies (cryosurgery or radiofrequency) or liver resections without inflow occlusion were also not eligible for study inclusion. During the study, there were no changes in the eligibility criteria.

Ultimately, 46 consecutive patients undergoing elective major hepatectomy were included in this prospective study. The patients were randomized equally into either the intervention group (receiving preconditioning with desflurane) or the control group. The randomization sequence was generated by a computer and sealed in envelopes. Each patient was operated by the same experienced hepatobiliary surgical team, who were all blinded to the intervention assignment.



Anesthetic technique

The preoperative physical status of the patients was categorized into classes, according to the criteria of the American Society of Anesthesiologists (commonly known as ASA). Standard monitoring, along with invasive blood pressure, cardiac output/stroke volume variation, a central venous line and depth of anesthesia (measured with the bispectral index), were conducted routinely. General anesthesia was accomplished with 3 µg/kg fentanyl, 2-2.5 mg/kg propofol, 1 mg/kg lidocaine, and 0.2 mg/kg cis-atracurium. Anesthesia was maintained by the continuous infusion of 0.05-0.1 mg/kg/min propofol, 5 µg/kg fentanyl, 2-4 mg boluses cis-atracurium (according to clinical need) and $0.3-0.6 \,\mu g/kg/min$ remifentanil. Both the control and desflurane groups underwent the same protocol for administration of fentanyl and remifentanil.

In patients with preconditioning, propofol anesthesia was replaced by desflurane according to previous practice for pharmacological preconditioning in IR^[20]. Specifically, at 30 min before the induction of ischemia, propofol administration was stopped and replaced by desflurane, set to achieve a minimal alveolar concentration of 1 (induction time of 5 min). The pharmacological preconditioning was performed for 20 min, after which the following 5 min were used to cease desflurane administration and reinitiate propofol (with washout of 5 min). Hepatic ischemia was then begun. The hemodynamic tolerance to clamping was the same in both groups.

Surgical technique

Surgical procedures were performed in a standardized manner, by the same experienced hepatobiliary surgeon. At 30 min before clamping of the portal triad, the anesthesiologist was informed as to whether a pharmacological preconditioning with desflurane was to be performed or not, according to the randomized assignment. The surgeon remained blinded to the assignment for the entire operation. During resection, we aimed for a low central venous pressure (0-5 mmHg). Liver transection was performed by parenchyma crushing, using a 3-mm tip Kelly clamp. Vessels $\leq 2 \text{ mm}$ were coagulated at 120W with the irrigated bipolar forceps. Clipping or ligation was applied for all other elements. A stapler device was used only for the transection of hepatic veins. The Pringle maneuver was applied intermittently and the cumulative duration was at least 30 min. Specifically, every interval of 10 min of inflow occlusion was followed by 5 min reperfusion time^[21]. Postoperatively, all patients in both groups received thromboprophylaxis with tinzaparin.

Study endpoints

Primary endpoints: Primary outcomes of the study were the serum levels of MMP2, MMP9, TIMP1 and TIMP2 in both groups. Blood samples were taken preoperatively and at 30 min after hepatic reperfusion had been permanently established. The samples were tested to determine the relative gene expression using real-time polymerase chain reaction (PCR). The comparative log fold-change method (also referred to as the 2^{-ΔΔCT} method) was used to calculate the fold-change and then convert it to a percentage.

Secondary endpoints: A sample of hepatic tissue was taken immediately before ischemia induction and at 30 min after liver reperfusion, for histological analysis. Hematoxylin-eosin staining was used to assess the degree of steatosis, while Gomori and Masson staining was used to determine the level of fibrosis. Steatosis was characterized (100 × magnification) as mild (10%-30%), moderate (30%-60%) or severe (> 60%), according to the presence of fat droplets in the hepatic cells. Fibrosis was graded based on the METAVIR score, with absence graded as F0, portal fibrosis without septa as F1, with rare septa as F2 or numerous septa as F3, and cirrhosis as F4.

Coagulation markers and the activity of anticoagulation factors were monitored perioperatively and followed for the first 5 d after liver resection. Blood samples were collected preoperatively and on postoperative days (PODs) 1-5. Standard coagulation tests, international normalized ratio (INR), prothrombin time (PT), activated partial thromboplastin time (aPTT), the fibrin degradation product D-dimer (D-d), platelet count, and natural anticoagulant activity levels [antithrombin III (AT III), protein C (PC), and protein S (PS)] were measured and compared between the two groups using chromogenic assays for plasma AT III and PC and electro-immunodiffusion assay for free PS (all from Dade-Behring Inc., Deerfield, IL, United States). The AT III assay had normal values at 80%-120%, an intra-assay coefficient of 7.7% and inter-assay coefficient of 8.2%. The PC assay had normal values at 70%-130%, an intra-assay coefficient of 8.1% and inter-assay coefficient of 8.6%. The PS assay had normal values of 70%-130%, an intra-assay coefficient of 8.2% and inter-assay coefficient of 8.7%. To



assess activation of the fibrinolytic system, fibrinogen and D-d were measured, with the latter measured by latex semiquantitative assay (Diagnostica Stago, Asnières-sur-Seine, France) wherein a negative result was indicated by concentrations of < 0.5 $\mu g/mL$.

The lengths of intensive care unit and hospital stays were also recorded. In addition, biochemical markers of liver function, including aspartate aminotransferase, alanine transaminase, total bilirubin, gamma-glutamyl transferase and alkaline phosphatase, were evaluated in all patients preoperatively and up to POD 5. No changes were made to the trial outcomes after the trial commenced.

Statistical analysis

In order to determine the appropriate sample size of the study, power analysis was carried out in G*Power (version 3.1.7; Universität Kiel, Germany). Data from a previous study^[20] were used as a proxy of the anticipated findings in the present study, with 80% power and 5% significance level. Power calculation resulted in 20 patients per group.

The independent samples *t*-test and independent samples Mann-Whitney test were implemented for group (intervention vs control) comparisons. Furthermore, Fisher's exact test and the χ^2 test were used for comparisons of groups relative to qualitative variables. Data on biological markers were analyzed within the frame of general linear models with the ANOVA method, according to the model which involves one factor between patients (factor "group" with two levels) and one factor within patients (factor "time" with five levels, with repeated measures). Comparisons of means were carried out with the least significant difference criterion. The significance level was preset at $P \le 0.05$ for all hypotheses testing procedures. The SPSS v.22.0 software (IBM Corp., Armonk, NY, United States) was utilized for all statistical analyses. All data were subjected to the Kolmogorov-Smirnov test and found to be normally distributed; as such, they are presented as mean ± standard deviation in the tables. The statistical methods used in this study were reviewed by Anna Bettina Haidich, Assistant Professor in Hygiene-Medical Statistics Department of the Aristotle University of Thessaloniki.

RESULTS

Patients' characteristics

The selection process is displayed in Figure 1, as a flow diagram. Patients' characteristics are presented in Table 1. The leading reason for liver resection among the study population was hepatic metastasis (n = 20). There was no significant difference between the two groups in terms of sex (P = 0.719), age (P = 0.612), body mass index (BMI) or ASA class (P = 0.963).

The mean duration of ischemia during the hepatectomies was 61 ± 30 min in the intervention group and 55 \pm 26 min in the control group (*P* = 0.654). Median duration of operation was 300 min (range: 241-380 min) in the intervention group and 270 min (range: 210-340 min) in the control group (P = 0.364). There was no statistically significant difference between the two groups in the units of blood administered intraoperatively (Table 1). The median length of intensive care unit stay after liver resection was also similar between the two groups [1 (1-2) vs 1 (1-2) d; P = 0.373]; however, a shorter hospital stay was observed for patients undergoing liver resection with desflurane preconditioning [9.5 (8-11) d vs 12 (11-20.3) d; P = 0.009]. Postoperative complications are presented in Table 2.

Primary endpoints

MMPs: After hepatic IR, the control group showed significantly higher levels of both MMP2 and MMP9 (vs the intervention group; Table 3).

TIMPs: After hepatic IR, the intervention group showed significantly higher levels of both TIMP1 and TIMP2 (vs the control group; Table 3).

Secondary endpoints

Neutrophil infiltration: After hepatic IR, the control group showed a significantly higher infiltration of neutrophils (vs the intervention group; Table 4).

Hepatic fibrosis and steatosis: After hepatic IR, the rates and grades of fibrosis and steatosis were not significantly different between the two groups (Table 4). Also, after



Table 1 Patients' characteristics							
Characteristics	Desflurane group, <i>n</i> = 23	Control group, <i>n</i> = 23	<i>P</i> value				
Age, yr	64.5 ± 10.6	61.5 ± 11.4	0.612				
Males	12 (52.1)	14 (60.8)	0.719				
BMI, kg/m ²	25.6 ± 5.1	26.2 ± 4.8	0.953				
Cause of liver resection			0.914				
Hepatic cancer	10 (44)	9 (39)					
Liver metastasis	9 (39)	11 (48)					
Hemangioma	1 (4.3)	1 (4.3)					
Klatskin tumor	2 (8.6)	1 (4.3)					
Focal nodular hyperplasia	1 (4.4)	1 (4.3)					
No of tumors			0.772				
Solitary	14 (60.9)	12 (52.2)					
2	5 (21.7)	7 (30.4)					
3	3 (13)	4 (17.4)					
4	1 (4.3)	0					
Size of largest tumor, cm	12.5 ± 8.7	11.9 ± 7.5	0.711				
No of segments			1				
1	10 (43.5)	11 (47.8)					
2-3	8 (34.6)	7 (30.4)					
> 3	5 (21.7)	5 (21.7)					
Type of hepatectomy			0.853				
Right extended	3 (13)	2 (8.6)					
Right	8 (34.7)	10 (43.5)					
Left	10 (43.5)	8 (34.7)					
Left extended	2 (8.6)	3 (13)					
Previous treatment status			0.552				
No preoperative treatment	14 (60.9)	12 (52.2)					
Neo-adjuvant chemotherapy	9 (39.1)	11 (47.8)					
Intraoperative blood loss, mL	630 ± 550	690 ± 580	0.847				
Intraoperative blood transfusion, units of re-	d blood cells		0.875				
0	5 (21.7)	5 (21.7)					
1	6 (26)	7 (30.4)					
2	8 (34.7)	7 (30.4)					
3	3 (13)	2 (8.6)					
4	1 (4.3)	2 (8.6)					

Quantitative variables are expressed as mean and standard deviation, while qualitative variables are expressed as absolute (n) and relative values (%). The *t*-test was used for comparison of patient's age between the two groups. The χ^2 test was used for sex (male). Fisher's exact test was used for etiologies of hepatectomy, type of hepatectomy, and intraoperative transfusion. BMI: Body mass index.

reperfusion, the findings were identical to baseline among the participants.

Coagulation markers: Upon intensive care unit admission, all patients had significant acquired reduction in the activity of AT III, PC and PS. However, the postoperative activity of AT III (Figure 2) and PC (Figure 3) differed significantly between the two

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Table 2 Postoperative complications, n (%)							
Postoperative complications	Desflurane group, <i>n</i> = 23	Control group, <i>n</i> = 23	P value				
Postoperative blood transfusion (red blood cells)			0.555				
0 U	13 (56.5)	11 (47.8)					
1 U	10 (43.5)	10 (43.5)					
2 U	0	2 (8.7)					
Bile leak	2 (8.7)	2 (8.7)	1.00				
Deep vein thrombosis	2 (8.7)	1 (4.3)	0.555				
Pneumonia	4 (17.4)	5 (21.7)	0.71				

Variables are expressed as absolute and relative values (%). Fisher's exact test was used for comparisons between the two groups.

Table 3 Matrix metalloproteinases and tissue inhibitors of metalloproteinases in the different groups

	Groups		P (95%CI)
MMP2	Desflurane	80.6 ± 42.3	^a (-46.4 to 3.1)
	Control	123.5 ± 51.7	
MMP9	Desflurane	178.5 ± 80.3	^b (-473.9 to 203.1)
	Control	449.9 ± 298.8	
TIMP1	Desflurane	173.3 ± 87.6	^b (25.9 to 104.3)
	Control	104.4 ± 39.7	
TIMP2	Desflurane	154.4 ± 65.4	^b (35.7 to 93.6)
	Control	90.6 ± 29.3	

 $^{a}P < 0.05$ statistical significance *vs* intervention group.

^bP < 0.01 statistical significance vs intervention group. Results are expressed as means and standard deviation. The t-test was used for between-groups comparisons, resulting in P values and 95% confidence intervals (CIs, in brackets). MMP: Matrix metalloproteinase; TIMP: Tissue inhibitors of metalloproteinase; CI: Confidence interval.

> groups from POD 1 to POD 5. The intervention group showed a postoperative moderate drop in the activities of both AT III and PC, while the control group showed a substantial drop (Table 5).

> **INR and aPTT:** Both groups showed significantly elevated INR postoperatively. At baseline, there was no difference in INR between the two groups; however, from POD 1 to POD 5, INR in the intervention group was significantly lower than that in the control group (Figure 4, Table 5). The aPTT did not differ significantly between the two groups (Table 6).

> Platelets: From POD 1, all patients showed a reduction in platelets in comparison to preoperative levels (P < 0.05), although no differences were observed in platelet levels between the two groups (Table 6).

> Fibrinogen and D-d: Although fibrinogen and D-d levels increased from POD 1 to POD 5 in all patients (P < 0.05), no statistically significant differences were observed between the two groups (Table 6).

> White blood cell count: White blood cell count was significantly lower in the intervention group from POD 1 to POD 5, in comparison to that in the control group (P < 0.02) (Table 6).

> Serum glutamic oxaloacetic transaminase and serum glutamic pyruvic transaminase: Both serum glutamic oxaloacetic transaminase and serum glutamic pyruvic transaminase increased in the intervention and control groups in POD 2 and remained elevated until POD 3. However, the intervention group showed a less extensive



Table 4 Histological findings between the different groups, n (%)							
Score	Desflurane group, <i>n</i> = 23	Control group, <i>n</i> = 23	<i>P</i> value				
Neutrophil infiltration							
0	9 (39)	NA	b				
1	9 (39)	5 (23)					
2	5 (23)	9 (39)					
3	NA	9 (39)					
Fibrosis							
0	11 (48)	7 (30)	0.767				
1	7 (30)	9 (39)					
2	3 (13)	4 (18)					
3	2 (9)	3 (13)					
Steatosis							
0	11 (48)	9 (39)	0.780				
1	10 (43)	10 (43)					
2	2 (9)	4 (18)					
3							

 $^{a}P < 0.05$ statistical significance *vs* intervention group.

 $^{b}P < 0.01$ statistical significance vs intervention group. Results are expressed as absolute and relative values. The χ^2 test or Fisher's exact test was used for comparisons between the groups. NA: Not available.

> increase on those days (P < 0.05). There were no significant differences in gammaglutamyl transferase or total bilirubin concentrations between the two groups (Table 6).

DISCUSSION

Pharmacological preconditioning as a strategy for IRI prevention in humans has been the focus of researchers in many fields of medicine^[14,15], especially hepatic IRI. Pharmacological interventions that transiently subject the liver to ischemic conditions may lessen the systemic inflammatory response after surgery and enhance liver function^[22,23]. The inflammatory response complicating IR leads to induction of MMPs^[10], which have a key role in the inflammation process and their levels reflect the severity of that process^[24-26]. Desflurane preconditioning has been promisingly associated with the upregulation of antiapoptotic molecules in an IRI model^[27]. We found that levels of MMP2 and MMP9 were significantly increased in the control group, in comparison to the desflurane preconditioning intervention group. These findings indicate, for the first time in a clinical trial, that preconditioning with desflurane limits the anticipated rise in the concentration of MMPs following hepatic IRI.

In a laboratory model, MMP2 activity was found to be reduced after preconditioning in isolated rat hearts^[28], while MMP2 inhibition halted IRI in a rat myocardium IR model^[29]. In an inducible nitric oxide synthase knockout mouse study, researchers observed inhibition of MMP9 activity and mitigated leukocyte infiltration and liver trauma^[30]; Romanic et al^[31] reported similar results in MMP9 knockout mice. Taking into consideration the known physiologic and pathogenic actions of MMPs and enhanced liver function after their inhibition in research models, MMPs represent a significant topic of interest for investigation as they are directly involved in IR injury^[32,33].

In the present study, we showed that the post-hepatectomy characteristic infiltration of neutrophils in the hepatic parenchyma was greater in the control group than in the desflurane preconditioning group of patients. During the inflammatory process,



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Table 5 Relative changes between baseline and postoperative values in the two groups							
Change, %	AT III	P (95%CI)	PC	P (95%CI)	INR	P (95%CI)	
Day 1		^a (4.6 to 15.4)		^a (2.2 to 13.5)		^a (-22.6 to -7.5)	
Desflurane	-17.9 ± 16.7		-11.9 ± 13.2		12.5 ± 17.1		
Control	-27.9 ± 14.9		-20.9 ± 16.1		27.5 ± 13.6		
Day 2		^a (5.3 to 18.5)		^b (9.7 to 18.1)		^b (-39.5 to -11.7)	
Desflurane	-15.4 ± 16.6		-8.2 ± 10.1		14.5 ± 20.1		
Control	-27.3 ± 18.9		-22.1 ± 16.5		40.1 ± 31.1		
Day 3		^b (14.3 to 23.7)		^b (10.2 to 18.9)		^a (-27.6 to -4.2)	
Desflurane	-12.1 ± 16.6		-8.3 ± 11.9		17.9 ± 15.6		
Control	-31.1 ± 28.2		-22.9 ± 15.7		33.6 ± 28.2		
Day 4		^a (10.9 to 18.2)		^a (5.6 to 15.5)		^a (-26.8 to -4.1)	
Desflurane	-12.3 ± 19.8		$\textbf{-1.4} \pm 14.8$		14.4 ± 20.1		
Control	-23.7 ± 16.2		-11.9 ± 15.4		29.8 ±23.6		
Day 5		^b (9.8 to 22.7)		^a (2.5 to 14.3)		^a (-23.7 to -2.2)	
Desflurane	-3.8 ± 17.7		3.3 ± 13.6		7.7 ± 18.7		
Control	-12.4 ± 17.4		-5.5 ±11.5		22.2 ± 17.8		

 $^{a}P < 0.05$ statistical significance *vs* intervention group.

^bP < 0.01 statistical significance vs intervention group. AT III: Antithrombin III; CI: Confidence interval; INR: International normalized ratio; PC: Protein C.

recruitment of neutrophils is facilitated by nuclear factor-κappa beta (NF-κβ) regulation of cytokine release [e.g., tumor necrosis factor alpha (TNFa), interleukin (IL) 1, and IL8] and the production of adhesion molecules [e.g., intercellular cell adhesion molecule (ICAM) 1 and vascular cell adhesion molecule (VCAM) 1]^[34]. In parallel, TNFα promotes NF-κB action as well as ICAM1 and MMP9 expression^[35]. Desflurane can halt these pathways through its direct inhibition of expression of adhesion molecules^[36], NF-KB and TNFa^[37] all of which lead to decreased penetration of neutrophils in the hepatic tissue. Therefore, our results indicate that preconditioning with desflurane decreases the inflammatory response following hepatic IR, which in turn protects the hepatic tissue. Regarding the pathology of hepatic parenchyma, fibrosis and steatosis may be risk factors for intraoperative hemorrhage, transfusion and postoperative complications^[38,39]. However, histological results in the two groups were similar.

Although, pharmacological anesthetic preconditioning, such as the administration of volatile and intravenous anesthetics has been extensively studied, no conclusive data recommend the use of a specific technique. In liver transplantation, especially in living liver donors, optimization of liver function is of outmost importance. Desflurane was questioned in this population and was found to be superior to sevoflurane and isoflurane in two studies comparing postoperative hepatic function^[40,41]. Beck-Schimmer et al^[20], in a randomized controlled trial of patients undergoing liver surgery, showed that ischemic preconditioning with sevoflurane before inflow occlusion dampened postoperative liver injury, even in patients with steatosis. Nguyen et al^[42] also pointed that hepatectomy patients receiving sevoflurane, presented better liver function postoperatively. However, the protective effect of pharmacological preconditioning with volatile anesthetics on the remnant liver has been disputed by findings from other studies^[43].

With regard to coagulation parameters, our study showed that in the desflurane preconditioning group, the activity of AT III and PC showed a moderate drop postoperatively, while the control group experienced a substantial drop. In addition, INR in the desflurane preconditioning intervention group was significantly lower in comparison to that in the control group, in the postoperative period. Coagulation system homeostasis is frequently impaired in patients undergoing major surgery, especially in those indicated for hepatectomy^[44-46]. The coagulopathy present in surgical patients is associated with the marked depletion and decreased activity of the endogenous regulators of blood coagulation^[47]. Numerous studies have provided



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Table 6 Postoperative course of coagulation and inflammation laboratory indices											
Day	Group	WBCs (10³ /µL)	SGOT (U/L)	SGPT (U/L)	γ-GT (U/L)	Tbil (mg/dL)	Fib (g/L)	Pits (10º /L)	D-dimer (µg/mL)	Protein S (%)	aPTT (s)
0	Control	6.1 ± 1.6	30 ± 13	44 ± 30	47 ± 26	0.78 ± 0.45	2.4 ± 0.5	229.2 ± 78	0.57 ± 0.3	83.5 ± 12	26 ± 1.4
	Desflurane	5.8 ± 1.8	29 ± 10	38 ± 33	39 ± 24	0.72 ± 0.36	2.4 ± 0.4	202.5 ± 92	0.55 ± 0.3	84.1 ± 14	26.2 ± 1.6
Р		> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05
1	Control	8 ± 2	32 ± 16	44 ± 32	50 ± 24	0.88 ± 0.48	3.6 ± 1	126.1 ± 32	3.8 ± 1.4	60.8 ± 11	28 ± 2
	Desflurane	6 ± 1.8	26 ± 10	39 ± 23	37 ± 22	0.69 ± 0.38	2.7 ± 0.6	168.3 ± 86	2.6 ± 1.3	64.8 ± 16	27.8 ± 3
Р		b	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05
2	Control	11.6 ± 6.4	395 ± 256	373 ± 263	113 ± 96	1.91 ± 0.94	3.2 ± 0.8	130.5 ± 29	4.1 ± 0.9	60 ± 12	31 ± 4.8
	Desflurane	9.2 ± 4.7	197 ± 83	227 ± 170	140 ± 109	1.65 ± 0.83	2.9 ± 0.5	160.2 ± 81	3.7 ± 1.1	65.4 ± 14	28 ± 3.9
Р		a	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05
3	Control	12.5 ± 3.8	543 ± 395	395 ± 326	129 ± 106	2.29 ± 1.22	2.9 ± 0.7	137.8 ± 89	4.2 ± 2.3	59.9 ± 13	29.5 ± 3.7
	Desflurane	10.1 ± 2	256 ± 140	197 ± 83	131 ± 70	2.4 ± 1.72	3.06 ± 0.6	146.2 ± 54	4.9 ± 3.1	66.6 ± 14	27.2 ± 2.5
Р		b	a	a	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05
4	Control	11.7 ± 2.9	187 ± 109	304 ± 236	124 ± 107	1.31 ± 0.72	3 ± 0.4	166.4 ± 51	3.9 ± 1.4	67 ± 12	28 ± 2.6
	Desflurane	9.9 ± 2.1	137 ± 102	177 ± 106	101 ± 93	1.6 ± 1.1	3.5 ± 0.9	157.2 ± 41	4.1 ± 1.1	77 ± 14	26 ± 2.7
Р		b	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05
5	Control	9.5 ± 2.8	105 ± 89	135 ± 81	120 ± 73	0.88 ± 0.48	3.2 ± 0.5	186.3 ± 31	3.2 ± 1.6	85 ± 11	26.7 ± 3
	Desflurane	8.2 ± 2	84 ± 71	162 ± 91	92 ± 66	0.69 ± 0.38	4.1 ± 0.6	176.5 ± 76	3.6 ± 1.6	87 ± 16	25.9 ± 3
Р		a	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05	> 0.05

^aP < 0.05 statistical significance vs intervention group.

^b*P* < 0.01 statistical significance *vs* intervention group. WBCs: White blood cells; SGOT: Serum glutamic oxaloacetic transaminase; SGPT: Serum glutamic pyruvic transaminase; γ-Gt: Gamma-glutamyl transferase; Tbil: Total bilirubin; Fib: Fibrinogen; Plts: Platelets; aPTT: Activated partial thromboplastin time.

evidence of the platelet count being reduced while INR, PT and aPTT are increased in the first PODs after hepatectomy^[47-49], which coincides with the results of our study. Cerruti et al^[48] studied the perioperative coagulation profile of living liver donors with the use of routine tests, including those for platelet count, PT-INR and aPTT, as well as testing by thromboelastogram. They reported that in the postoperative period, despite the presence of decreased platelet counts, increased PT-INR and normal aPTT values, thromboelastogram demonstrated the progressive development of hypercoagulability. The complex interaction between coagulation and inflammation may provide insight into derangements of both pathways^[50]. Our findings indicate that preconditioning with desflurane may prevent coagulopathies following hepatectomy. The attenuated indices in either pathway may be at least partially attributed to the effect of desflurane on inflammatory mediators. In terms of intraoperative transfusion, the rate is relatively high in both arms compared to the literature despite the use of low central venous pressure^[51]. The Pringle maneuver prevents bleeding only from portal inflow but cannot control backflow bleeding from hepatic veins. Thus, blood loss occurs during both transection and reperfusion of the liver. This may also be attributed to the characteristics of the population which includes mostly hepatic tumors and extensive resections^[52].

Except for the molecular and biochemical findings, total length of hospital stay was significantly shorter in the intervention group. This may have socioeconomic implications including reduced cost of hospitalization and greater patient satisfaction. Further prospective cohorts should be designed to identify superiority of any pharmacological regimen in relation to outcomes of survival and morbidity^[53].

Lastly, this is the first study to investigate the role of desflurane as a volatile preconditioning factor in liver resection. The study is a well-designed and performed randomized controlled trial with excellent allocation concealment, as the surgeon was blinded to the preconditioning intervention. Furthermore, all the hepatectomies were

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Figure 1 Flow diagram of study design.

performed by the same expert hepatobiliary surgeon, in order to avoid bias due to inter-surgeon differences in operation techniques. In this study, hepatic IRI was assessed from different aspects, including levels of MMPs, neutrophil infiltration of hepatic parenchyma, and coagulation status. However, as with all studies, a limitation exists; that being, our inability to assess the coagulation status of the patients by thromboelastography. In addition, a larger scale study focusing on more pathways of inflammation and coagulation may be needed in order to elucidate the potential mechanisms of IRI that can be inhibited and introduce desflurane preconditioning in clinical practice.

CONCLUSION

To summarize, desflurane preconditioning was shown to decrease the inflammatory response and ameliorate the coagulation status following hepatic IRI, thereby protecting hepatic tissue in patients undergoing hepatectomy.

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Figure 2 Antithrombin activity compared between groups. The t-test was used for between-groups comparisons, resulting in P values and 95% confidence intervals (CIs, provided in brackets). *P < 0.05 statistical significance between desflurane vs control group, *P < 0.01 statistical significance between desflurane vs control group. ATIII: Antithrombin III.



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Figure 3 Protein C activity compared between groups. The *t*-test was used for between-groups comparisons, resulting in *P* values and 95% confidence intervals (CIs, provided in brackets). ^aP < 0.05 statistical significance between desflurane vs control group, ^bP < 0.01 statistical significance between desflurane vs control group.



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Figure 4 International normalized ratio between groups. The t-test was used for between-groups comparisons, resulting in P values and 95% confidence intervals (CIs, in brackets). *P < 0.05 statistical significance between desflurane vs control group, *P < 0.01 statistical significance between desflurane vs control group. INR: International normalized ratio.

ARTICLE HIGHLIGHTS

Research background

The primary cause of morbidity and mortality in hepatectomies is ischemiareperfusion injury (IRI).

Research motivation

Understanding the pathophysiology accompanying IRI can offer novel therapeutic targets. Metalloproteinases have been identified as regulators of IRI, and ischemic preconditioning has shown promising results in attenuating IRI.

Research objectives

Our aim was to investigate the effect of ischemic preconditioning with desflurane, primarily on metalloproteinases and their inhibitors, and on the indices of liver and coagulation function.

Research methods

Patients undergoing liver resection were randomized to receive pharmacologic preconditioning with desflurane or not. Blood samples and liver tissue specimens were collected for laboratory analysis.

Research results

Desflurane preconditioning resulted in an attenuated inflammatory response compared to the control group.

Research conclusions

Desflurane preconditioning may be effective in ameliorating IRI in hepatectomies, as indicated by the reduction in the expression of matrix metalloproteinases observed in the intervention group. Large scale studies are needed to verify our findings, with data



on long-term clinical outcomes.

Research perspectives

Metalloproteinases may represent a useful target for managing IRI after hepatectomy.

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