World Journal of *Cardiology*

World J Cardiol 2023 January 26; 15(1): 1-44





Published by Baishideng Publishing Group Inc

W J C World Journ Cardiology

World Journal of

Contents

Monthly Volume 15 Number 1 January 26, 2023

ORIGINAL ARTICLE

Retrospective Study

Does the intracoronary pressure differ according to two types (diffuse or focal) of coronary spasm? 1 Teragawa H, Oshita C, Uchimura Y

Observational Study

Role of fibrinogen, albumin and fibrinogen to albumin ratio in determining angiographic severity and 13 outcomes in acute coronary syndrome

Makkar K, Sharma YP, Batta A, Hatwal J, Panda PK

Prospective Study

23 Feasibility and efficacy of delayed pharmacoinvasive therapy for ST-elevation myocardial infarction

Sethi R, Mohan L, Vishwakarma P, Singh A, Sharma S, Bhandari M, Shukla A, Sharma A, Chaudhary G, Pradhan A, Chandra S, Narain VS, Dwivedi SK

SYSTEMATIC REVIEWS

33 Takotsubo cardiomyopathy following envenomation: An updated review

Mishra AK, George AA, John KJ, Arun Kumar P, Dasari M, Afraz Pasha M, Hadley M



Contents

Monthly Volume 15 Number 1 January 26, 2023

ABOUT COVER

Editorial Board Member of World Journal of Cardiology, Hiroki Teragawa, MD, PhD, Head of Department, Department of Cardiovascular Medicine, JR Hiroshima Hospital, 3-1-36 Futabanosato, Higashi-Ku, Hiroshima 732-0057, Japan. hiroki-teragawa@jrhh.or.jp

AIMS AND SCOPE

The primary aim of World Journal of Cardiology (WJC, World J Cardiol) is to provide scholars and readers from various fields of cardiology with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

WIC mainly publishes articles reporting research results and findings obtained in the field of cardiology and covering a wide range of topics including acute coronary syndromes, aneurysm, angina, arrhythmias, atherosclerosis, atrial fibrillation, cardiomyopathy, congenital heart disease, coronary artery disease, heart failure, hypertension, imaging, infection, myocardial infarction, pathology, peripheral vessels, public health, Raynaud's syndrome, stroke, thrombosis, and valvular disease.

INDEXING/ABSTRACTING

The WJC is now abstracted and indexed in Emerging Sources Citation Index (Web of Science), PubMed, PubMed Central, Scopus, Reference Citation Analysis, China National Knowledge Infrastructure, China Science and Technology Journal Database, and Superstar Journals Database. The 2022 edition of Journal Citation Reports® cites the 2021 Journal Citation Indicator (JCI) for WJC as 0.35. The WJC's CiteScore for 2021 is 0.9, and Scopus CiteScore rank 2021: Cardiology and Cardiovascular Medicine is 260/336.

RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: Hua-Ge Yu; Production Department Director: Xiang Li; Editorial Office Director: Yun-Xiaojiao Wu.

INSTRUCTIONS TO AUTHORS https://www.wjgnet.com/bpg/gerinfo/204
GUIDELINES FOR ETHICS DOCUMENTS
https://www.wjgnet.com/bpg/GerInfo/287
GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH
https://www.wjgnet.com/bpg/gerinfo/240
PUBLICATION ETHICS
https://www.wjgnet.com/bpg/GerInfo/288
PUBLICATION MISCONDUCT
https://www.wjgnet.com/bpg/gerinfo/208
ARTICLE PROCESSING CHARGE
https://www.wjgnet.com/bpg/gerinfo/242
STEPS FOR SUBMITTING MANUSCRIPTS
https://www.wjgnet.com/bpg/GerInfo/239
ONLINE SUBMISSION
https://www.f6publishing.com

© 2023 Baishideng Publishing Group Inc. All rights reserved. 7041 Koll Center Parkway, Suite 160, Pleasanton, CA 94566, USA E-mail: bpgoffice@wjgnet.com https://www.wjgnet.com



WJC

World Journal of *Cardiology*

Submit a Manuscript: https://www.f6publishing.com

World J Cardiol 2023 January 26; 15(1): 23-32

DOI: 10.4330/wjc.v15.i1.23

ISSN 1949-8462 (online)

ORIGINAL ARTICLE

Prospective Study Feasibility and efficacy of delayed pharmacoinvasive therapy for STelevation myocardial infarction

Rishi Sethi, Lalit Mohan, Pravesh Vishwakarma, Abhishek Singh, Swati Sharma, Monika Bhandari, Ayush Shukla, Akhil Sharma, Gaurav Chaudhary, Akshyaya Pradhan, Sharad Chandra, Varun Shankar Narain, Sudhanshu Kumar Dwivedi

Specialty type: Cardiac and cardiovascular systems

Provenance and peer review: Unsolicited article; Externally peer reviewed.

Peer-review model: Single blind

Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): B Grade C (Good): C Grade D (Fair): 0 Grade E (Poor): 0

P-Reviewer: Cang Y, China; Carlan SJ, United States

Received: July 18, 2022 Peer-review started: July 18, 2022 First decision: September 26, 2022 Revised: November 14, 2022 Accepted: December 13, 2022 Article in press: December 13, 2022 Published online: January 26, 2023



Rishi Sethi, Lalit Mohan, Pravesh Vishwakarma, Abhishek Singh, Swati Sharma, Monika Bhandari, Ayush Shukla, Akhil Sharma, Gaurav Chaudhary, Akshyaya Pradhan, Sharad Chandra, Varun Shankar Narain, Sudhanshu Kumar Dwivedi, Department of Cardiology, King George's Medical University, Lucknow 226003, Uttar Pradesh, India

Corresponding author: Akshyaya Pradhan, MD, Professor, Department of Cardiology, King George's Medical University, Shah Mina Road, Chowk, Lucknow 226003, Uttar Pradesh, India. akshyaya33@gmail.com

Abstract

BACKGROUND

ST-elevation myocardial infarction (STEMI) refers to a clinical syndrome that features symptoms of myocardial ischemia with consequent ST-elevation on electrocardiography and an associated rise in cardiac biomarkers. Rapid restoration of brisk flow in the coronary vasculature is critical in reducing mortality and morbidity. In patients with STEMI who could not receive primary percutaneous coronary intervention (PCI) on time, pharmacoinvasive strategy (thrombolysis followed by timely PCI within 3-24 h of its initiation) is an effective option.

AIM

To analyze the role of delayed pharmacoinvasive strategy in the window period of 24-72 h after thrombolysis.

METHODS

This was a physician-initiated, single-center prospective registry between January 2017 and July 2017 which enrolled 337 acute STEMI patients with partially occluded coronary arteries. Patients received routine pharmacoinvasive therapy (PCI within 3-24 h of thrombolysis) in one group and delayed pharmacoinvasive therapy (PCI within 24-72 h of thrombolysis) in another group. The primary endpoint was major adverse cardiac and cerebrovascular events (MACCE) within 30 d of the procedure. The secondary endpoints included major bleeding as defined by Bleeding Academic Research Consortium classification, angina, and dyspnea within 30 d.

RESULTS

The mean age in the two groups was comparable (55.1 \pm 10.1 years *vs* 54.2 \pm 10.5 years, *P* = 0.426). Diabetes was present among 20.2% and 22.1% of patients in the routine and delayed groups, respectively. Smoking rate was 54.6% and 55.8% in the routine and delayed groups, respectively. Thrombolysis was initiated within 6 h of onset of symptoms in both groups (*P* = 0.125). The mean time from thrombolysis to PCI in the routine and delayed groups was 16.9 \pm 5.3 h and 44.1 \pm 14.7 h, respectively. No significant difference was found for the occurrence of measured clinical outcomes in the two groups within 30 d (8.7% *vs* 12.9%, *P* = 0.152). Univariate analysis of demographic characteristics and risk factors for patients who reported MACCE in the two groups did not demonstrate any significantly different between the two groups.

CONCLUSION

Delayed PCI pharmacoinvasive strategy in a critical diseased but not completely occluded artery beyond 24 h in patients who have been timely thrombolyzed seems a reasonable strategy.

Key Words: Coronary artery disease; ST-elevation myocardial infarction; Primary percutaneous coronary intervention; Pharmacoinvasive strategy; Thrombolysis; Atherosclerosis

©The Author(s) 2023. Published by Baishideng Publishing Group Inc. All rights reserved.

Core Tip: Pharmacoinvasive strategy with percutaneous coronary intervention (PCI) within 3 to 24 h after successful thrombolysis has been proven to be a viable alternative to primary PCI. In resource poor countries, patients often present to the interventionist beyond 24 h of thrombolysis due to logistic reasons. The results of this study demonstrate that the clinical outcomes of delayed pharmacoinvasive therapy (24-72 h of initiation of thrombolysis) are comparable to those of routine pharmacoinvasive (3-24 h of initiation of thrombolysis) in patients with acute ST-elevation myocardial infarction (STEMI). Hence, in critically diseased acute STEMI patients who have been timey thrombolysed, delayed PCI (24-72 h following thrombolysis) appears a reasonable strategy.

Citation: Sethi R, Mohan L, Vishwakarma P, Singh A, Sharma S, Bhandari M, Shukla A, Sharma A, Chaudhary G, Pradhan A, Chandra S, Narain VS, Dwivedi SK. Feasibility and efficacy of delayed pharmacoinvasive therapy for ST-elevation myocardial infarction. *World J Cardiol* 2023; 15(1): 23-32 **URL:** https://www.wjgnet.com/1949-8462/full/v15/i1/23.htm

DOI: https://dx.doi.org/10.4330/wjc.v15.i1.23

INTRODUCTION

ST-elevation myocardial infarction (STEMI), a potentially lethal diagnosis, refers to a clinical syndrome that encompasses symptoms of myocardial ischemia with consequent ST-elevation on electrocardiography and an associated rise in cardiac biomarkers. Rapid restoration of brisk flow in the coronary vasculature is critical in reducing mortality and morbidity. Primary percutaneous coronary intervention (PCI) is the global standard of care for patients presenting with acute STEMI[1,2]. However, the practicality of all patients reaching the PCI-capable center within 1 h is a challenge. Thus, in patients with acute STEMI who cannot get primary PCI in a timely manner, pharmacoinvasive strategy is considered as an effective and viable option[3,4]. This is particularly true in developing nations where this delay often crosses the golden period of 24 h due to the exponentially increasing disease burden and limited availability of resources. The famous Occluded Artery Trial (OAT), failed to show any advantage of performing PCI (beyond 72 h) + optimal medical therapy compared to optimal medical therapy alone[5].

Therefore, in the present study we analyzed a novel concept of 'delayed pharmacoinvasive therapy' in acute STEMI patients with partially occluded coronary vasculature who had received thrombolysis within the first 12 h of symptoms onset and underwent PCI in a window period of 24-72 h, and compared both routine and delayed pharmacoinvasive strategies in such patients.

Raisbidena® WJC https://www.wjgnet.com

MATERIALS AND METHODS

This was a physician-initiated, single-center prospective registry which enrolled STEMI patients who were thrombolyzed within 12 h of symptom onset and subsequently underwent PCI between January 2017 and July 2017. The study protocol was approved by the local Institutional Review Board and was performed in accordance with Declaration of Helsinki. Written informed consent was obtained from all patients or from their designees before enrollment.

The enrolled patients with STEMI were either admitted to peripheral hospitals, thrombolyzed, and referred to us; or else were directly admitted to our hospital but could not undergo primary PCI and thus received thrombolysis. For various nonspecific reasons, some of them could not undergo PCI within 3-24 h of initiation of thrombolytic therapy. The common reasons for this delay were financial constraints and imbalance between the service seekers and providers which does not support 24 h functioning of catheterization laboratory, even in tertiary care centers. The period of 24-72 h has remained a grey area for the decision of primary PCI in the literature but is one of the usually encountered strategy in low resource clinical setup and used in many centers with PCI, if vessels are still found to be occluded on angiography. We called this group as delayed pharmacoinvasive group. To evaluate the effectiveness of this strategy, we compared the results with those obtained in the cohort who underwent routine pharmacoinvasive therapy (thrombolyzed within 12 h of symptom onset followed by PCI within 3-24 h initiation of thrombolysis). The groups were not randomized. Stated simply, Group 1 (routine) represented those patients undergoing PCI < 24 h of symptom onset.

Patients who underwent primary PCI were excluded from the study. Other exclusion criteria included contraindication for thrombolysis, patients presenting beyond the window period for thrombolysis, or patients with totally occluded arteries on angiogram within 24-72 h.

Clinical endpoints and definitions

The primary endpoint was major adverse cardiac and cerebrovascular events (MACCE) within 30 d that included composite of death, rehospitalization due to reinfarction and congestive heart failure, target vessel revascularization, and stroke. The secondary endpoints included individual primary endpoints, major bleeding as defined by Bleeding Academic Research Consortium classification, and angina and dyspnea within 30 d. The impact of time of thrombolysis to PCI on the clinical outcome (< 24 h, 24-48 h, and 48-72 h) was also assessed.

Statistical analysis

The statistical review of this study was performed by a biomedical statistician from King George's Medical University. All the data were analyzed using the Statistical Package for the Social Sciences (SPSS for Windows version 20.0; Chicago, IL, United States). Categorical and continuous variables are summarized as frequency (percentage) and the mean \pm SD, respectively. The difference between groups was verified using Chi-square test for categorical variables and independent sample *t*-test for continuous variables. *P* < 0.05 was considered statistically significant.

RESULTS

The flow chart of selection of study patients is demonstrated in Figure 1. Among 880 STEMI patients who presented at our tertiary care center in the given period, 337 were divided into two groups: (1) 183 patients in the routine group who underwent PCI within 3-24 h of initiation of thrombolysis; and (2) 154 patients in the delayed group who underwent PCI within 24-72 h of initiation of thrombolysis.

Demographic characteristics of the study cohorts (routine group *vs* delayed group) are compared in Table 1. Mean age in the two groups was comparable (55.1 ± 10.1 years *vs* 54.2 ± 10.5 years, *P* = 0.426), with a predominance of male patients in both groups (87.4% in routine group and 89.6% in delayed group). The occurrence of anterior wall STEMI and non-anterior STEMI was almost equally distributed in the routine and delayed groups (53.6% *vs* 57.1% and 46.4% *vs* 42.9%; *P* = 0.509, respectively). In both groups, around 58% of patients had single vessel disease while 42% had multiple vessel disease. A statistically significant difference was noted in mean left ventricular ejection fraction between the two groups (routine: 46.9 ± 4.7 and delayed: 45.8 ± 4.5 ; *P* = 0.034).

In both the routine and delayed groups, thrombolysis was initiated within 6 h of onset of symptoms (5.2 \pm 3.4 h *vs* 5.8 \pm 4.5 h, *P* = 0.125). The mean time from thrombolysis to PCI was 16.9 \pm 5.3 h in the routine group while it was 44.1 \pm 14.7 h (an average 27 h late) in the delayed group.

The clinical outcomes within 30 d of the procedure in the two groups are depicted in Table 2. The primary endpoint. *i.e.*, MACCE, was reported in 16 (8.7%) patients in the routine group and in 20 (12.9%) patients in the delayed group (P = 0.152). Angina occurred in 4 (2.2%) patients in the routine group and in 1 (0.6%) in the delayed group (P = 0.381). Dyspnea occurred in 6 (3.3%) and 5 (3.2%) in the routine and delayed groups, respectively (P = 0.99).

Characteristic	Routine (<i>n</i> = 183)	Delayed (<i>n</i> = 154)	P value
Age, years	55.1 ± 10.1	54.2 ± 10.5	0.426
Age group, n (%)			
20-29 yr	0	2 (1.3)	0.197
30-39 yr	13 (7.1)	10 (6.5)	
40-49 yr	38 (20.8)	34 (22.1)	
50–59 yr	47 (25.7)	52 (33.8)	
50-69 yr	71 (38.8)	43 (27.9)	
70-79 yr	14 (7.7)	13 (8.4)	
Gender, n (%)			
Male	160 (87.4)	138 (89.6)	0.533
emale	23 (12.6)	16 (10.4)	
Risk factors, n (%)			
Diabetes	37 (20.2)	34 (22.1)	0.677
Iypertension	49 (26.8)	43 (27.9)	0.814
moking	100 (54.6)	86 (55.8)	0.825
Killip class, n (%)			
Class 1	165 (90.2)	129 (83.8)	0.176
Class 2	11 (6.0)	10 (6.5)	
Class 3	5 (2.7)	10 (6.5)	
Class 4	2 (1.1)	5 (3.2)	
eft ventricular ejection fraction (%)	46.9 ± 4.7	45.8 ± 4.5	0.034
Type of myocardial infarction, n (%)			
AWMI	98 (53.6)	88 (57.1)	0.509
Jon-AWMI	85 (46.4)	66 (42.9)	
Type of coronary artery disease, n (%)			
VD	105 (57.4)	89 (57.8)	0.939
/IVD	78 (42.6)	65 (42.2)	
ymptoms to needle time, h	5.2 ± 3.4	5.8 ± 4.5	0.125
Thrombolysis to PCI time, h	16.9 ± 5.3	44.1 ± 14.7	0.001

AWMI: Anterior wall ST segment elevation myocardial infarction; Non-AWMI: Non-anterior wall ST segment elevation myocardial infarction; SVD: Single vessel disease; MVD: Multi-vessel disease; PCI: Percutaneous coronary intervention.

To analyze the effect of time from thrombolysis to PCI on clinical outcomes, we further divided the delayed group into two subgroups based on the time from thrombolysis to PCI: (1) $24 \le 48$ h (n = 96); and (2) 48-72 h (n = 58). The two subgroups were both compared with the routine group (thrombolysis to PCI time < 24 h; n = 183). However, no statistically significant difference was observed in measured clinical outcomes among the three groups (Table 3).

Univariate analysis of demographic characteristics and risk factors for patients who reported MACCE in the two groups are outlined in Table 4. A significant correlation was reported between Killip class II and the occurrence of primary outcomes in the routine group (odds ratio: 4.59; 95% confidence interval: 1.08-19.40).

Baishideng® WJC | https://www.wjgnet.com

Table 2 Outcomes based on primary and secondary endpoints in the two study groups					
Clinical outcome	Routine (<i>n</i> = 183)	Delayed (<i>n</i> = 154)	<i>P</i> value		
Primary endpoints, n (%)					
MACCE	16 (8.7)	20 (12.9)	0.152		
Secondary endpoints, n (%)					
Death	5 (2.7)	3 (1.9)	0.732		
Myocardial infarction	2 (1.1)	7 (4.5)	0.085		
Target vessel revascularization	3 (1.6)	3 (1.9)	0.999		
Congestive heart failure	6 (3.3)	7 (4.5)	0.547		
Stroke	0	0	0.999		
Angina	4 (2.2)	1 (0.6)	0.381		
Dyspnea	6 (3.3)	5 (3.2)	0.999		
Major Bleeding ¹	1 (0.5)	3 (1.9)	0.335		

¹As defined by Bleeding Academic Research Consortium (BARC) classification. MACCE: Major adverse cardiac and cerebrovascular events.

Table 3 Outcomes based on primary and secondary endpoints among study groups

	Routine	Delayed		P value		
	Group A (≤ 24.0 h), <i>n</i> = 183	Group B (24.0 ≤ 48.0 h), <i>n</i> = 96	Group C (48.0–72.0 h), <i>n</i> = 58	Group A <i>vs</i> Group B	Group A <i>vs</i> Group C	Group B vs Group C
Primary outcomes, n (%)						
MACCE	16 (8.7)	13 (13.5)	7 (12.06)	0.212	0.263	0.965
Secondary outcomes, <i>n</i> (%)						
Death	5 (2.7)	2 (2.1)	1 (1.7)	0.999	0.999	0.999
Myocardial infarction	2 (1.1)	3 (3.1)	4 (6.9)	0.343	0.093	0.427
Target vessel revascular- ization	3 (1.6)	2 (2.1)	1 (1.7)	0.999	0.999	0.999
Congestive heart failure	6 (3.3)	6 (6.3)	1 (1.7)	0.245	0.999	0.256
Stroke	0	0	0	-	-	-
Major bleeding ¹	1 (0.5)	1 (1.0)	2 (3.4)	0.999	0.145	0.557

¹As defined by Bleeding Academic Research Consortium (BARC) classification.

MACCE: Major adverse cardiac and cerebrovascular events.

DISCUSSION

Primary PCI within 1 h of symptom onset is the standard of care strategy in acute STEMI[1,6]. However, the real world scenarios are not always ideal, thus decision making in such cases is a challenge for interventional cardiologists[7-10]. *As per* guidelines, pharmacoinvasive therapy (thrombolysis followed with PCI within 3-24 h) is recommended as an effective option in patients with acute STEMI who could not receive primary PCI within this golden hour[6]. Furthermore, there is a lacuna in the literature regarding the role of PCI, in patients who present in a window of 24-72 h of thrombolysis. This period is critical and the benefits of reperfusion of partially occluded artery must be balanced against the potential harm from procedure-related complications, myocardial injury because of distal embolization of athero-thrombotic debris, and loss of recruitable collateral flow to other coronary territories[11,12]. In our study, we compared the effectiveness of routine (PCI within 24 h of thrombolysis) and delayed (PCI within 24-72 h of thrombolysis) pharmacoinvasive therapies and the results revealed no statistically significant difference in the clinical outcome between two therapies within 30 d of the procedure.

Sethi R et al. Delayed pharmacoinvasive strategy in acute STEMI

Table 4 Univariate analysis for prediction of primary endpoints as a measure of outcome					
Mariahla	E ((10/100)	Routine (3-24 h)	E ((04/454)	Delayed (> 24 h)	
Variable	Events (16/183)	ents (16/183) OR (95%CI) Events (— Events (21/154)	OR (95%CI)	
Age (> 65 yr)	1/16	0.68 (0.08-5.48)	3/18	1.31 (0.34-4.98)	
Age (55-65 yr)	9/81	1.70 (0.62-4.77)	8/47	1.48 (0.57-3.86)	
Age (45-55 yr)	1/41	0.21 (0.03-1.65)	5/56	0.50 (0.17-1.46)	
Age (35-45 yr)	4/38	1.30 (0.40-4.30)	4/26	1.19 (0.36-3.87)	
Age (< 35 yr)	1/7	1.79 (0.20-15.86)	1/7	1.06 (0.12-9.26)	
Male	15/160	2.28 (0.29-18.10)	17/138	0.42 (0.12-1.46)	
KILLIP Class-1	13/165	0.43 (0.11-1.67)	17/132	0.67 (0.20-2.20)	
KILLIP Class-2	3/11	4.59 (1.08-19.40)	1/9	0.78 (0.09-6.59)	
AWMI	9/99	1.10 (0.39-3.09)	10/88	0.64(0.25-1.61)	
Type 2 DM	3/37	0.9 (0.24-3.35)	2/34	0.33(0.07-1.50)	
Smoking	10/100	1.43 (0.50-4.10)	14/86	1.69 (0.64-4.47)	
HTN	4/49	0.90 (0.28-2.95)	4/43	0.57 (0.18-1.79)	
LVEF (35-45)	3/70	0.34 (0.09-1.25)	7/73	0.51 (0.19-1.34)	
LVEF (> 45)	12/112	2.01 (0.62-6.50)	14/78	2.16 (0.82-5.68)	
MVD	7/78	1.05 (0.37-2.96)	11/65	1.61 (0.64-4.05)	
SVD	9/98	1.13 (0.40-3.17)	10/87	0.66 (0.26-1.66)	
CrCl (30-60)	1/29	0.33 (0.04-2.61)	5/30	1.35 (0.45-4.03)	
CrCl (60-90)	11/113	1.40 (0.47-4.22)	11/78	1.08 (0.43-2.72)	
CrCl (> 90)	4/40	1.21 (0.37-3.99)	5/42	0.81 (0.28-2.37)	

AWMI: Anterior wall ST-elevation myocardial infarction; DM: Diabetes mellitus; HTN: Hypertension; LVEF: Left ventricular ejection fraction; MVD: Multi-vessel disease; SVD: Single vessel disease; CrCL: Creatinine clearance.

> Almost a decade ago, OAT-trial was published to test whether opening a totally occluded infarct related artery, 3-28 d following acute STEMI, will improve the clinical outcome or not. The results of that trial cautioned about a trend towards excess non-fatal re-infarction when PCI was performed in stable patients with a totally occluded infarct related artery, 3 to 28 d after STEMI, and did not show any reduction in major cardiovascular events during a mean follow-up of 3 years among these patients[5, 13]. Furthermore, in an analysis from the Melbourne Interventional Group registry of 4307 patients with STEMI who underwent PCI, no mortality hazard was reported where PCI was delayed beyond the first 24 h but was performed within the index admission. However, they have not defined/specified the index admission in terms of time/hours[14].

> A meta-analysis of ten randomized controlled trials on timing of PCI in non-STEMI patients showed no reduction in death or re-infarction rate in early vs delayed intervention. However, recurrent ischemia and length of stay were significantly reduced with an early invasive strategy[15]. In non-STEMI cases, a delayed invasive approach is recommended, with an early invasive strategy within 24 h in high-risk patients and a delayed invasive strategy within 72 h in intermediate risk patients [16]. As randomized controlled trials of these kinds are difficult to plan for STEMI patients, decisions must be based on observational studies or clinical registries. Recently, a randomized controlled trial was published for transient STEMI in which the outcomes of a STEMI-like approach (with an immediate invasive strategy) were compared with a non-STEMI like approach (with a delayed invasive strategy) and the results showed no difference in clinical outcomes^[17].

> PCI in any scenario after 72 h is not recommended as it can be more detrimental than beneficial to vascularize the myocardium which is already dead[18]. In the present study, the mean time from symptom onset to angiography was 22.0 ± 6.6 h and 49.4 ± 15.5 h in the routine and delayed groups, respectively. Contrary to this, these time windows are significantly less in the reported literature [3,19]. Notably, it is difficult to compare the triage and referral facilities between developed and developing countries. Delayed presentation was one of the most important factors in our study determining the poor primary outcomes as compared to Western data. The delay in reaching STEMI care hospital in our country is multifactorial: (1) Delay in recognition of chest symptom by patients themselves; (2) unavail-

WJC | https://www.wjgnet.com

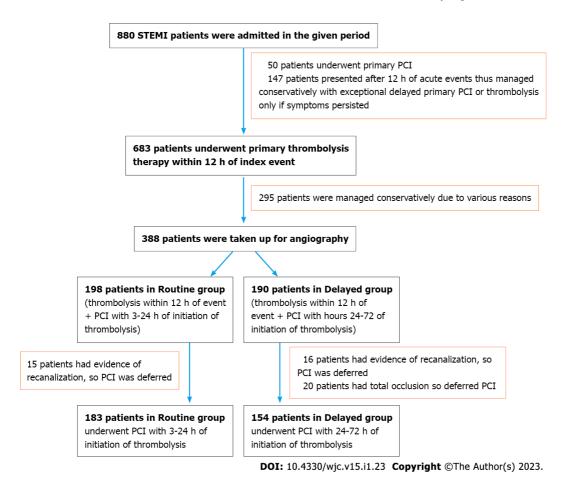


Figure 1 Flow chart of patient enrollment in the study. STEMI: ST-elevation myocardial infarction; PCI: Percutaneous coronary intervention.

ability of electrocardiogram machine at peripheral health care centers; (3) incompetency in diagnosing and taking decision for referral to higher centers by the health care provider; and (4) poor transportation services. However, in our opinion these loopholes in our systems are not too difficult to handle. The lag time for patient presentation can be reduced by creating public awareness regarding symptoms of acute coronary syndrome, educating the grass root level health care providers, ensuring the availability of an electrocardiogram machine at peripheral health care centers, and strengthening the ambulance services. Increasing the number of catheterization laboratories and their working hours by increasing the number of work force will also prevent the procedural delays.

The primary outcome, i.e., MACCE within 30 d, was reported in 8.7% in the routine group and 13.6% in the delayed group (P = 0.152). The STEMI patients undergoing primary PCI have witnessed a wide range of MACCE (1.6% to 23.3%) with in 30 d, in various studies and variation depends on the baseline risk factors of the study population and pharmacological intervention prior to PCI[20-22]. Furthermore, in our cohort Killip class was the most important predictor of worse outcomes among all the clinical parameters analyzed by univariate analysis. Killip class II patients had larger infarct and poorer left ventricular function as compared to Killip class I and it is a well-recognized fact that the outcome of STEMI with high Killip class (\geq class II) is poor[23,24]. Male sex and left ventricular ejection fraction > 45% were the other two parameters which reported moderate significance in predicting the outcomes.

Our study is the first of its kind to clearly document the useful role of delayed pharmacoinvasive therapy (24-72 h of initiation of thrombolysis) in patients with acute STEMI, which is extremely important and practical in low resource high burden settings.

Limitations

There were several limitations to our study. First, we enrolled a comparatively small number of patient population and had a shorter duration of the study. As randomized controlled trials are difficult to conduct in these subjects because of ethical and legal issues, keeping in mind our preliminary results which support delayed pharmacoinvasive therapy in a specified group of population, prospective registries must be encouraged to conclude further. Second, despite a prospective design, we did not use Cox proportional hazard model which has been shown to have more statistical power than logistic regression model in cross sectional studies[25]. However, when the follow-up period is short and event rates are low (as in our study), both methods may be comparable^[26]. Third, we did not evaluate the psychological impact of a delayed PCI or the Post Traumatic Stress Disorder symptoms during the extra



waiting period. Fourth, despite a high rate of smoking at baseline, data regarding persistent smoking at 30 d was not available. However, counselling for smoking cessation was provided to all smokers as a protocol.

CONCLUSION

The results of the present study specifically established that the clinical outcomes of delayed pharmacoinvasive therapy (24-72 h of initiation of thrombolysis) are comparable to those of routine pharmacoinvasive (3-24 h of initiation of thrombolysis) in patients with acute STEMI. Delayed PCI (24-72 h following thrombolysis) in critical diseased but not completely occluded arteries, which have been timely thrombolysed, seems a reasonable strategy in acute STEMI patients.

ARTICLE HIGHLIGHTS

Research background

ST-elevation myocardial infarction (STEMI) when untreated is a potentially fatal condition and timely primary percutaneous coronary intervention (PCI) is the key to improving outcomes.

Research motivation

In developing countries, despite multiple guidelines and interventions, the primary PCI coverage in STEMI remains low in clinical practice. PCI within 24 h of thrombolysis (pharmacoinvasive approach) has emerged as a viable alternative to primary PCI. However, due to logistic and financial reasons, patients in developing world may undergo PCI late (> 24 h) after thrombolysis.

Research objectives

This study aimed to analyze the safety and feasibility of delayed pharmacoinvasive strategy in the window period of 24-72 h after thrombolysis. Group 1 (routine) represented those patients undergoing PCI < 24 h of symptom onset and Group 2 (delayed) consisted of those subjects undergoing PCI between 24-72 h of symptom onset.

Research methods

This was a single center, prospective registry at a tertiary care center. The primary endpoint was major adverse cardiac and cerebrovascular events (MACCE) within 30 d of the procedure.

Research results

Among 337 patients with STEMI who underwent thrombolyis, there was no difference in measured clinical outcomes (MACCE) at 30 d between the routine pharmacoinvasive and delayed pharmacoinvasive groups (8.7% vs 12.9%, P = 0.152). The mean time from thrombolysis to PCI in the routine and delayed groups was 16.9 ± 5.3 h and 44.1 ± 14.7 h, respectively.

Research conclusions

Delayed PCI pharmacoinvasive strategy in a critical diseased but not completely occluded artery beyond 24 h in patients who have been timely thrombolyzed seems a reasonable strategy.

Research perspectives

Late PCI after thromobolysis in STEMI is common in developing world due to logistic and financial reasons. This study demonstrates the safety and feasibility of such delayed pharmacoinvasive PCI, lending credibility to this approach utilized in daily practice.

ACKNOWLEDGEMENTS

We thank Ms. Ekta Patel for her assistance in organizing and writing the manuscript.

FOOTNOTES

Author contributions: Sethi R and Mohan L conceived the project; Pradhan A, Vishwakarma P, Singh A, and Mohan L were involved in data collection; Shukla A, Bhandari M, Sharma S, and Chaudhary G analyzed the data; Pradhan A and Mohan L performed the literature search; Pradhan A and Sethi R drafted the manuscript; Narain VS, Dwivedi



SK, and Chandra S critically reviewed the manuscript; Sethi R, Mohan L and Pradhan A prepared the final manuscript; Sethi R and Pradhan A submitted the initial version; Sethi R, Pradhan A, and Vishwakarma P revised the manuscript; Pradhan A and Vishwakarma P prepared the rebuttal; Pradhan A submitted the revised version.

Institutional review board statement: The study protocol was approved by the local Institutional Review Board and was performed in accordance with Declaration of Helsinki.

Informed consent statement: Written informed consent was received from patient or from patient designees before enrollment

Conflict-of-interest statement: All the authors report no relevant conflicts of interest for this article.

Data sharing statement: Data is available with authors and can be made available on request.

CONSORT 2010 statement: The authors have read the CONSORT 2010 Statement, and the manuscript was prepared and revised according to the CONSORT 2010 Statement.

Open-Access: This article is an open-access article that was selected by an in-house editor and fully peer-reviewed by external reviewers. It is distributed in accordance with the Creative Commons Attribution NonCommercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited and the use is noncommercial. See: https://creativecommons.org/Licenses/by-nc/4.0/

Country/Territory of origin: India

ORCID number: Rishi Sethi 0000-0002-6745-6235; Lalit Mohan 0000-0002-4449-604X; Pravesh Vishwakarma 0000-0003-4454-2189; Abhishek Singh 0000-0003-0494-4220; Swati Sharma 0000-0002-3174-3769; Monika Bhandari 0000-0002-4699-8633; Ayush Shukla 0000-0001-9822-5459; Akhil Sharma 0000-0002-5798-5889; Gaurav Chaudhary 0000-0001-7222-9443; Akshyaya Pradhan 0000-0002-2360-7580; Sharad Chandra 0000-0002-1655-6965; Varun Shankar Narain 0000-0001-6085-5674; Sudhanshu Kumar Dwivedi 0000-0003-4656-5827.

Corresponding Author's Membership in Professional Societies: American Heart Association; European Society of Cardiology.

S-Editor: Fan JR L-Editor: Wang TQ P-Editor: Fan JR

REFERENCES

- Keeley EC, Boura JA, Grines CL. Primary angioplasty versus intravenous thrombolytic therapy for acute myocardial infarction: a quantitative review of 23 randomised trials. Lancet 2003; 361: 13-20 [PMID: 12517460 DOI: 10.1016/S0140-6736(03)12113-7
- 2 Global Use of Strategies to Open Occluded Coronary Arteries in Acute Coronary Syndromes (GUSTO IIb) Angioplasty Substudy Investigators. A clinical trial comparing primary coronary angioplasty with tissue plasminogen activator for acute myocardial infarction. N Engl J Med 1997; 336: 1621-1628 [PMID: 9173270 DOI: 10.1056/neim1997060533623011
- 3 Armstrong PW, Gershlick AH, Goldstein P, Wilcox R, Danays T, Lambert Y, Sulimov V, Rosell Ortiz F, Ostojic M, Welsh RC, Carvalho AC, Nanas J, Arntz HR, Halvorsen S, Huber K, Grajek S, Fresco C, Bluhmki E, Regelin A, Vandenberghe K, Bogaerts K, Van de Werf F; STREAM Investigative Team. Fibrinolysis or primary PCI in ST-segment elevation myocardial infarction. N Engl J Med 2013; 368: 1379-1387 [PMID: 23473396 DOI: 10.1056/NEJMoa1301092]
- Armstrong PW, Boden WE. Reperfusion paradox in ST-segment elevation myocardial infarction. Ann Intern Med 2011; 4 155: 389-391 [PMID: 21930857 DOI: 10.7326/0003-4819-155-6-201109200-00008]
- 5 Hochman JS, Lamas GA, Buller CE, Dzavik V, Reynolds HR, Abramsky SJ, Forman S, Ruzyllo W, Maggioni AP, White H, Sadowski Z, Carvalho AC, Rankin JM, Renkin JP, Steg PG, Mascette AM, Sopko G, Pfisterer ME, Leor J, Fridrich V, Mark DB, Knatterud GL; Occluded Artery Trial Investigators. Coronary intervention for persistent occlusion after myocardial infarction. N Engl J Med 2006; 355: 2395-2407 [PMID: 17105759 DOI: 10.1056/NEJMoa066139]
- Ibanez B, James S, Agewall S, Antunes MJ, Bucciarelli-Ducci C, Bueno H, Caforio ALP, Crea F, Goudevenos JA, Halvorsen S, Hindricks G, Kastrati A, Lenzen MJ, Prescott E, Roffi M, Valgimigli M, Varenhorst C, Vranckx P, Widimský P; ESC Scientific Document Group. 2017 ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation: The Task Force for the management of acute myocardial infarction in patients presenting with ST-segment elevation of the European Society of Cardiology (ESC). Eur Heart J 2018; 39: 119-177 [PMID: 28886621 DOI: 10.1093/eurheartj/ehx393]
- 7 Dai X, Kaul P, Smith SC Jr, Stouffer GA. Predictors, treatment, and outcomes of STEMI occurring in hospitalized patients. Nat Rev Cardiol 2016; 13: 148-154 [PMID: 26525542 DOI: 10.1038/nrcardio.2015.165]
- Alexander T, Mullasari AS, Joseph G, Kannan K, Veerasekar G, Victor SM, Ayers C, Thomson VS, Subban V, Gnanaraj JP, Narula J, Kumbhani DJ, Nallamothu BK. A System of Care for Patients With ST-Segment Elevation Myocardial



Infarction in India: The Tamil Nadu-ST-Segment Elevation Myocardial Infarction Program. JAMA Cardiol 2017; 2: 498-505 [PMID: 28273293 DOI: 10.1001/jamacardio.2016.5977]

- 9 Krumholz HM, Herrin J, Miller LE, Drye EE, Ling SM, Han LF, Rapp MT, Bradley EH, Nallamothu BK, Nsa W, Bratzler DW, Curtis JP. Improvements in door-to-balloon time in the United States, 2005 to 2010. Circulation 2011; 124: 1038-1045 [PMID: 21859971 DOI: 10.1161/CIRCULATIONAHA.111.044107]
- 10 Zheng W, Yu CM, Liu J, Xie WX, Wang M, Zhang YJ, Sun J, Nie SP, Zhao D. Patients with ST-segment elevation of myocardial infarction miss out on early reperfusion: when to undergo delayed revascularization. J Geriatr Cardiol 2017; 14: 524-531 [PMID: 29089969 DOI: 10.11909/j.issn.1671-5411.2017.08.006]
- Singh M, Rihal CS, Lennon RJ, Garratt KN, Mathew V, Holmes DR Jr. Prediction of complications following 11 nonemergency percutaneous coronary interventions. Am J Cardiol 2005; 96: 907-912 [PMID: 16188514 DOI: 10.1016/j.amjcard.2005.05.045]
- 12 Porto I, Selvanayagam JB, Van Gaal WJ, Prati F, Cheng A, Channon K, Neubauer S, Banning AP. Plaque volume and occurrence and location of periprocedural myocardial necrosis after percutaneous coronary intervention: insights from delayed-enhancement magnetic resonance imaging, thrombolysis in myocardial infarction myocardial perfusion grade analysis, and intravascular ultrasound. Circulation 2006; 114: 662-669 [PMID: 16894040 DOI: 10.1161/CIRCULATIONAHA.105.593210
- Hochman JS, Lamas GA, Knatterud GL, Buller CE, Dzavik V, Mark DB, Reynolds HR, White HD; Occluded Artery Trial 13 Research Group. Design and methodology of the Occluded Artery Trial (OAT). Am Heart J 2005; 150: 627-642 [PMID: 16209957 DOI: 10.1016/j.ahj.2005.07.002]
- Yudi MB, Ajani AE, Andrianopoulos N, Duffy SJ, Farouque O, Ramchand J, Gurvitch R, Lefkovits J, Freeman M, 14 Brennan A, Clark DJ, Reid C, Eccleston D; Melbourne Interventional Group. Early versus delayed percutaneous coronary intervention in patients with non-ST elevation acute coronary syndromes. Coron Artery Dis 2016; 27: 344-349 [PMID: 27097120 DOI: 10.1097/MCA.00000000000374]
- 15 Bonello L, Laine M, Puymirat E, Lemesle G, Thuny F, Paganelli F, Michelet P, Roch A, Kerbaul F, Boyer L. Timing of Coronary Invasive Strategy in Non-ST-Segment Elevation Acute Coronary Syndromes and Clinical Outcomes: An Updated Meta-Analysis. JACC Cardiovasc Interv 2016; 9: 2267-2276 [PMID: 27884352 DOI: 10.1016/j.jcin.2016.09.017]
- 16 Roffi M, Patrono C, Collet JP, Mueller C, Valgimigli M, Andreotti F, Bax JJ, Borger MA, Brotons C, Chew DP, Gencer B, Hasenfuss G, Kjeldsen K, Lancellotti P, Landmesser U, Mehilli J, Mukherjee D, Storey RF, Windecker S; ESC Scientific Document Group. 2015 ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation: Task Force for the Management of Acute Coronary Syndromes in Patients Presenting without Persistent ST-Segment Elevation of the European Society of Cardiology (ESC). Eur Heart J 2016; 37: 267-315 [PMID: 26320110 DOI: 10.1093/eurheartj/ehv320]
- 17 Lemkes JS, Janssens GN, van der Hoeven NW, van de Ven PM, Marques KMJ, Nap A, van Leeuwen MAH, Appelman YEA, Knaapen P, Verouden NJW, Allaart CP, Brinckman SL, Saraber CE, Plomp KJ, Timmer JR, Kedhi E, Hermanides RS, Meuwissen M, Schaap J, van der Weerdt AP, van Rossum AC, Nijveldt R, van Royen N. Timing of revascularization in patients with transient ST-segment elevation myocardial infarction: a randomized clinical trial. Eur Heart J 2019; 40: 283-291 [PMID: 30371767 DOI: 10.1093/eurheartj/ehy651]
- Menon V, Ruzyllo W, Carvalho AC, Almeida de Sousa JM, Forman SA, Jaworska K, Lamas GA, Roik M, Thuaire C, 18 Turgeman Y, Hochman JS. Infarct artery distribution and clinical outcomes in occluded artery trial subjects presenting with non-ST-segment elevation myocardial infarction (from the long-term follow-up of Occluded Artery Trial [OAT]). Am J Cardiol 2013; 111: 930-935 [PMID: 23351464 DOI: 10.1016/j.amjcard.2012.12.009]
- Bøhmer E, Hoffmann P, Abdelnoor M, Arnesen H, Halvorsen S. Efficacy and safety of immediate angioplasty versus 19 ischemia-guided management after thrombolysis in acute myocardial infarction in areas with very long transfer distances results of the NORDISTEMI (NORwegian study on DIstrict treatment of ST-elevation myocardial infarction). J Am Coll Cardiol 2010; 55: 102-110 [PMID: 19747792 DOI: 10.1016/j.jacc.2009.08.007]
- 20 Vos NS, Amoroso G, Vink MA, Maarse M, Adams R, Herrman JR, Patterson MS, van der Schaaf RJ, Slagboom T, de Winter RJ. Prehospital Prasugrel Versus Ticagrelor in Real-World Patients With ST-Elevation Myocardial Infarction Referred for Primary PCI: Procedural and 30-Day Outcomes. J Invasive Cardiol 2018; 30: 431-436 [PMID: 30318484]
- 21 Choudhary S. Association of syntax score with short-term outcomes among acute ST-elevation myocardial infarction patients undergoing primary PCI. Indian Heart J 2017; 69 Suppl 1: S20-S23 [PMID: 28400034 DOI: 10.1016/j.ihj.2016.08.002
- 22 Berwanger O, Santucci EV, de Barros E Silva PGM, Jesuíno IA, Damiani LP, Barbosa LM, Santos RHN, Laranjeira LN, Egydio FM, Borges de Oliveira JA, Dall Orto FTC, Beraldo de Andrade P, Bienert IRC, Bosso CE, Mangione JA, Polanczyk CA, Sousa AGMR, Kalil RAK, Santos LM, Sposito AC, Rech RL, Sousa ACS, Baldissera F, Nascimento BR, Giraldez RRCV, Cavalcanti AB, Pereira SB, Mattos LA, Armaganijan LV, Guimarães HP, Sousa JEMR, Alexander JH, Granger CB, Lopes RD; SECURE-PCI Investigators. Effect of Loading Dose of Atorvastatin Prior to Planned Percutaneous Coronary Intervention on Major Adverse Cardiovascular Events in Acute Coronary Syndrome: The SECURE-PCI Randomized Clinical Trial. JAMA 2018; 319: 1331-1340 [PMID: 29525821 DOI: 10.1001/jama.2018.2444]
- 23 Vicent L, Velásquez-Rodríguez J, Valero-Masa MJ, Díez-Delhoyo F, González-Saldívar H, Bruña V, Devesa C, Juárez M, Sousa-Casasnovas I, Fernández-Avilés F, Martínez-Sellés M. Predictors of high Killip class after ST segment elevation myocardial infarction in the era of primary reperfusion. Int J Cardiol 2017; 248: 46-50 [PMID: 28942880 DOI: 10.1016/j.ijcard.2017.07.038]
- 24 Killip T 3rd, Kimball JT. Treatment of myocardial infarction in a coronary care unit. A two year experience with 250 patients. Am J Cardiol 1967; 20: 457-464 [PMID: 6059183 DOI: 10.1016/0002-9149(67)90023-9]
- 25 van der Net JB, Janssens AC, Eijkemans MJ, Kastelein JJ, Sijbrands EJ, Steyerberg EW. Cox proportional hazards models have more statistical power than logistic regression models in cross-sectional genetic association studies. Eur J Hum Genet 2008; 16: 1111-1116 [PMID: 18382476 DOI: 10.1038/ejhg.2008.59]
- 26 Annesi I, Moreau T, Lellouch J. Efficiency of the logistic regression and Cox proportional hazards models in longitudinal studies. Stat Med 1989; 8: 1515-1521 [PMID: 2616941 DOI: 10.1002/sim.4780081211]





Published by Baishideng Publishing Group Inc 7041 Koll Center Parkway, Suite 160, Pleasanton, CA 94566, USA Telephone: +1-925-3991568 E-mail: bpgoffice@wjgnet.com Help Desk: https://www.f6publishing.com/helpdesk https://www.wjgnet.com

