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AIMS AND SCOPE

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WJCCM mainly publishes articles reporting research results and findings obtained in the field of critical care medicine and covering a wide range of topics including acute kidney failure, acute respiratory distress syndrome and mechanical ventilation, application of bronchofiberscopy in critically ill patients, cardiopulmonary cerebral resuscitation, coagulant dysfunction, continuous renal replacement therapy, fluid resuscitation and tissue perfusion, hemodynamic monitoring and circulatory support, ICU management and treatment control, sedation and analgesia, severe infection, etc.

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ORIGINAL ARTICLE

Retrospective Study Scoring systems in critically ill: Which one to use in cancer patients?

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Abstract

BACKGROUND

Scoring systems have not been evaluated in oncology patients. We aimed to assess the performance of Acute Physiology and Chronic Health Evaluation (APACHE) II, APACHE III, APACHE IV, Simplified Acute Physiology Score (SAPS) II, SAPS III, Mortality Probability Model (MPM) II₀ and Sequential Organ Failure Assessment (SOFA) score in critically ill oncology patients.

AIM

To compare the efficacy of seven commonly employed scoring systems to predict outcomes of critically ill cancer patients.

METHODS

We conducted a retrospective analysis of 400 consecutive cancer patients admitted in the medical intensive care unit over a two-year period. Primary outcome was hospital mortality and the secondary outcome measure was comparison of various scoring systems in predicting hospital mortality.

RESULTS

In our study, the overall intensive care unit and hospital mortality was 43.5% and 57.8%, respectively. All of the seven tested scores underestimated mortality. The mortality as predicted by MPM II₀ predicted death rate (PDR) was nearest to the actual mortality followed by that predicted by APACHE II, with a standardized mortality rate (SMR) of 1.305 and 1.547, respectively. The best calibration was shown by the APACHE III score (χ^2 = 4.704, *P* = 0.788). On the other hand, SOFA score (χ^2 = 15.966, *P* = 0.025) had the worst calibration, although the difference was not statistically significant. All of the seven scores had acceptable discrimination with good efficacy however, SAPS III PDR and MPM II₀ PDR (AUROC = 0.762),



had a better performance as compared to others. The correlation between the different scoring systems was significant (P < 0.001).

CONCLUSION

All the severity scores were tested under-predicted mortality in the present study. As the difference in efficacy and performance was not statistically significant, the choice of scoring system used may depend on the ease of use and local preferences.

Key Words: APACHE score; Intensive care unit; Medical oncology; SOFA score; Scoring systems; Severity of illness index

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Core Tip: Scoring systems are important for patient triaging, benchmarking intensive care unit (ICU) performance, comparing different ICUs and may also help in patient prognostication, selecting treatment options and resource utilization. However, validity and utility of these scores may be questionable in the patient population apart from where they were developed. Hence, these scores need to be tested and validated in different patient populations, in different geographical areas and over different time periods. There is a lack of an ideal score for prognostication of critically ill cancer patients. In our retrospective study, analyzing data from 400 patients and comparing seven commonly employed critical illness scores, we observed that all the scores had similar efficacy and under-predicted mortality. Therefore, the selection of severity of illness score should depend on the ease of use and local preferences.

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INTRODUCTION

The application of prognosticating scoring systems is considered as an important phase in intensive care units (ICUs) since these severity scoring systems estimate the probability of mortality for patients. These scores help the physicians to facilitate resource utilization or continuous quality improvement and to stratify the patients for clinical research [1,2]. ICU scoring systems can help both patients as well as their attendants to select from further treatment options. Further, the scores calculated by these scoring systems help in evaluating the impact of newer treatment modalities and organizational changes which in turn contributes towards the development of treatment standards. In addition to the above, the scoring systems' outcomes also help in benchmarking ICU performance and comparing the scores secured by different ICU patient populations so as to find out the differences in mortality. However, these systems are unreliable in predicting the clinical outcomes of an individual though it has proven efficacy in predicting mortality for a particular patient cohort[3].

Acute Physiology and Chronic Health Evaluation (APACHE) II and Simplified Acute Physiology Score (SAPS) II are arguably the two most-commonly used and validated tools used in the prediction of ICU patient outcomes[4,5]. These scoring systems were developed in the 1980s and have become outdated due to technological and clinical advancements in critical care management of patients in recent years. Hence, there is a need to develop new scoring systems that include APACHE IV, SAPS III and Mortality Probability Model (MPM) II0[6-9]. Such newly-created systems encompass a large number of variables and are highly complicated to compute.

In addition, both validity and utility of the existing scoring systems may be questionable in terms of current patient population compared to the patient population during which they were developed. These scores are widely used and the scoring systems have been validated for a notable time to predict the outcome in general medical or surgical procedures conducted upon critically ill patients. However, whether these systems can predict the mortality accurately among cancer patients remains unknown [10]. There is a dearth of studies that compare different generations of scoring systems and especially the ones used upon cancer patients admitted in medical oncology ICUs. Only a few studies have assessed their usefulness in cancer patients with conflicting results. Moreover, geographic variations in patient populations and the types of cancer necessitate that these scores should be evaluated for different populations[11]. Therefore, the current study is aimed at analyzing the efficacy of seven commonly-used scoring systems to predict the mortality amongst patients admitted in oncology ICUs.



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MATERIALS AND METHODS

A retrospective observational cohort study was carried out at a multi-disciplinary onco-medical ICU of a tertiary care center in India. We have an advanced ICU setup and 24-h intensivist coverage with stateof-the-art facilities. Approval for the study and a consent waiver from the institutional ethics committee was obtained.

The data from the records of adult patients who were admitted between January 2018 and February 2020, i.e., 2 years, was collected and analyzed. If the patient was readmitted to the ICU more than once during his/her hospital stay, only the first admission was included in the study. Patients who had ICU stays of less than 12 h, post-operative patients and those admitted from or discharged to another ICU were excluded from the study. Patients fulfilling inclusion criteria were serially recruited. The researchers collected the following data; baseline patient characteristics, indication for ICU admission, type of malignancy, presence of metastasis, need for vasopressor, renal and mechanical ventilation (MV), length of ICU and hospital stay, and ICU and hospital mortality. The data, required to compute various scores, was collected and calculated specified by the procedures.

Statistical analysis

The collected data was then transformed into variables, coded and entered in Microsoft Excel. Then, it was statistically analyzed using SPSS software (version. PC-25). Quantitative data was expressed in mean ± SD or median with an interquartile range. Normality distribution difference between two comparable groups was measured using student's *t*-test or Mann Whitney 'U' test. Qualitative data was expressed in percentage whereas the statistical differences between the proportions were tested using chi square or Fisher's exact test, as appropriate.

Standardized Mortality Ratio (SMR) was computed by dividing the observed 28 d' mortality by predicted hospital mortality based on different scores. Further, 95% confidence interval (CI) was calculated for SMR by considering the observed mortality as a Poisson variable and then dividing its 95%CI by predicted mortality.

The calibration of the scores was executed using Hosmer-Lemeshow goodness-of-fit statistics which divides the subjects into deciles based on the predicted probabilities of death. Afterwards, it computes a Chi-square value from the observed and expected frequencies. Low Chi-square values and high P values (P > 0.5) correspond to a better fit. The ability of the scores to predict ICU mortality was explored and discrimination was tested using Area Under Receiver Operating Characteristic (AUROC) curves. If the AUROC curves are more than 0.8, it denotes excellent outcome while 0.6-0.8 are considered to be acceptable. The cut-off values were calculated for different scores using Youden's index based on which sensitivity and specificity of the scores were calculated.

Clinically-relevant variables that produced P < 0.05 during univariate analyses and are easily accessible on admission were also entered into multiple logistic regression models as the outcome variable of interest. Odds ratio (OR) was calculated along with 95%CI. A P value < 0.05 was considered to be statistically significant.

Sample size calculation

The sample size calculation was done for the estimation of the AUROC curve for APACHE 2 score, using the following formula:

 $n \ge Z^{2}_{\alpha/2}V$ (AUC) ÷ d^{2}

Where, V(AUC) = $0.0099 \times e^{a2/2} \times (6a^2 + 16)$, $a = \phi^{-1}(AUC) \times 1.414$ and ϕ^{-1} is the inverse of standard cumulative normal distribution for AUC.

For a 95% level of confidence $Z_{\alpha/2=1.96}$; d = 0.05 which is the margin of error in estimation and AUC was obtained from a similar study conducted by Schellongowski *et al*^[12] who reported an AUC of 0.776 for the APACHE II score.

Substituting these values in the above formula gives $n \ge 196$. As our study was retrospective in nature, we included 400 patients.

RESULTS

During the study period, the data from 400 patients who fulfilled the inclusion criteria were included in the final analysis. Thirty-eight patients were excluded because 31 were admitted from or discharged to another ICU, five were post-operative patients and two had ICU stays less than 12 h. Their baseline characteristics are given in Table 1 and the comparison between various scores is given in Table 2.

Predicted mortality

All of the scoring systems tested in the current study underestimated the mortality (Table 3). The mortality, predicted by MPM II_0 PDR, was nearest to the actual mortality with an SMR of 1.305, followed by APACHE II (1.547) and SAPS II (1.74).



Table 1 Comparison of baseline variables among survivors and non-survivors						
Parameters	Survivors, <i>n</i> = 169	Non-survivors, <i>n</i> = 231	Total, <i>n</i> = 400	P value		
Age in yr	62.85 ± 12.49	61.45 ± 14.82	62.04 ± 13.88	0.527		
Male	98 (58.0%)	142 (61.5%)	240 (60.0%)	0.48		
Female	71 (42.0%)	89 (38.5%)	160 (40.0%)			
DM	56 (33.1%)	62 (26.8%)	118 (29.5%)	0.17		
Hypertension	61 (36.1%)	63 (27.3%)	124 (31.0%)	0.06		
Reason for ICU admission						
Sepsis	42 (24.9%)	68 (29.4%)	110 (27.5%)	0.31		
Respiratory distress/failure	76 (45.0%)	93 (40.3%)	169 (42.2%)	0.34		
Cardiac arrest	1 (0.6%)	8 (3.5%)	9 (2.2%)	0.08		
Gastrointestinal bleed	15 (8.9%)	14 (6.1%)	29 (7.2%)	0.33		
Altered sensorium	33 (19.5%)	45 (19.5%)	78 (19.5%)	1		
Acute kidney injury	2 (1.2%)	3 (1.3%)	5 (1.2%)	1		
Type of malignancy						
Solid organ	135 (79.9%)	187 (81.0%)	322 (80.5%)	0.78		
Hematological	34 (20.1%)	44 (19.0%)	78 (19.5%)			
Metastasis	80 (59.3%)	145 (77.5%)	225 (69.9%)	0.001		
Previous history of surgery for CA						
Yes	72 (42.6%)	74 (32.0%)	146 (36.5%)	0.03		
No	97 (57.4%)	157 (68.0%)	254 (63.5%)			
ICU stay	5 (3-8)	4 (2-10)	5 (3-9)	0.58		
Hospital stay	14 (8-21)	11 (5-22)	12 (7-21)	0.006		
Use of MV	24 (14.2%)	130 (56.3%)	154 (38.5%)	< 0.001		
Days of MV	5 (3-7.75)	3 (2-6)	3 (2-7)	0.002		
Use of renal support	7 (4.1%)	29 (12.6%)	36 (9.0%)	0.004		
Days of renal support	2.14 ± 0.90	2.48 ± 2.06	2.42 ± 1.88	0.786		
Use of vasopressor support	26 (15.4%)	174 (75.3%)	200 (50.0%)	< 0.001		
Days of vasopressor support	3 (2-4)	2 (1.75-4.0)	2 (2-4)	0.276		

ICU: Intensive care unit; MV: Mechanical ventilation.

Calibration

Using the Lemeshow-Hosmer goodness-of fit test, APACHE III (4.704) achieved the best calibration with P = 0.788 whereas SOFA score (15.966) was the worst with P = 0.025 (Table 4). The least statistically significant discrepancy between the predicted and observed mortality was shown by the APACHE III score.

Discrimination

The efficacy of various scores is given in Figure 1. All the scores tested in the current study exhibited good efficacy, even though there was no statistically significant difference between AUROCs and SAPS III PDR. On the other hand, MPM II₀ PDR (AUROC = 0.762) yielded the best performance (Table 5).

Correlation between various scoring systems

As shown in Table 6, there was a significant correlation found among various scoring systems (P < P0.001) as assessed by linear regression analysis.

Factors associated with hospital mortality

Five factors that showed significance in univariate analysis such as hypertension, surgery for cancer, use



Table 2 Comparison between survivors and non-survivors for various scores							
Scoring system	Survivors, <i>n</i> = 169	Non-survivors, <i>n</i> = 231	Total, <i>n</i> = 400	P value			
APACHE II	17.66 ± 4.96	22.82 ± 8.34	20.64 ± 7.55	< 0.001			
APACHE II PDR	28.10 ± 17.74	44.04 ± 25.88	37.30 ± 24.10	< 0.001			
APACHE III	59.01 ± 16.95	81.36 ± 31.37	71.92 ± 28.46	< 0.001			
APACHE III PDR	17.59 ± 15.80	37.59 ± 28.51	29.14 ± 25.91	< 0.001			
APACHE IV	58.80 ± 16.98	80.45 ± 31.70	71.30 ± 28.55	< 0.001			
APACHE IV PDR	20.45 ± 14.99	40.45 ± 27.91	32.00 ± 25.33	< 0.001			
SAPS II	34.67 ± 11.83	49.20 ± 19.87	43.06 ± 18.39	< 0.001			
SAPS II PDR	19.81 ± 16.97	42.83 ± 30.51	33.10 ± 28.06	< 0.001			
SAPS III PDR	18.12 ± 16.95	34.66 ± 24.12	27.67 ± 22.88	< 0.001			
SOFA Score	5.76 ± 2.80	9.02 ± 4.58	7.64 ± 4.24	< 0.001			
$\mathrm{MPM}\mathrm{II}_{0}\mathrm{PDR}$	33.39 ± 15.08	52.16 ± 26.63	44.23 ± 24.31	< 0.001			

APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; SOFA: Sequential Organ Failure Assessment; MPM: Mortality Probability Model; PDR: Predicted death rate.

Table 3 Comparison of the actual and predicted mortality rates for the various scoring systems							
Scoring system Actual mortality Predicted mortality SMR 95%CI							
APACHE II	0.577	0.373	1.547	1.423-1.678			
APACHE III	0.577	0.291	1.982	1.824-2.151			
APACHE IV	0.577	0.320	1.803	1.659-1.956			
SAPS II	0.577	0.331	1.743	1.604-1.891			
SAPS III	0.577	0.277	2.083	1.917-2.26			
$\mathrm{MPM}\mathrm{II}_{0}\mathrm{PDR}$	0.577	0.442	1.305	1.201-1.416			

SMR: Standardized mortality rate; CI: Confidence interval; APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; MPM: Mortality Probability Model; PDR: Predicted death rate.

> of MV, vasopressors and renal support were used in multivariate analysis as well. Out of the five factors, two factors, i.e. need for MV (OR 2.437, 95% CI = 1.315-4.515, P = 0.005) and vasopressor support (OR 10.465, 95% CI = 5.901-18.557, *P* = 0.000) were statistically associated with hospital mortality.

DISCUSSION

The current study compared various mortality prediction scoring systems and found that all the scores under-predicted the mortality in critically-ill cancer patients. Amongst the scoring systems considered, mortality predicted by MPM PDR was the closest to that of the actual mortality with an SMR of 1.305. AUROC values showed that all of the seven scoring systems had good efficacy and acceptable discrimination. MPM PDR and SAPS III PDR achieved the best discrimination. We found the best sensitivity in SAPS II score (76.2%) and best specificity in SAPS III PDR score (92%). The Lemeshow-Hosmer goodness-of fit tests showed that the APACHE III score had the best calibration although there was no statistically significant difference.

In the current study, all of the scores were significantly higher among non-survivors (*P* value < 0.001) as reported in the literature[13-18]. However, all the scores tested in this study underestimated the mortality (SMR > 1), like previous studies[14,15,19,20].

Discrimination is the ability to determine the patients who may die and who will survive. Measures of discrimination include sensitivity, specificity and AUROC curve. But no single scoring system excelled in all of the three areas. SAPS III PDR and MPM II_0 PDR (AUROC = 0.762) had the best AUROC values whereas sensitivity was at its best for SAPS II and specificity was at its best for SAPS III PDR.



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Table 4 Lemeshow-Hosmer goodness-of-fit tests for evaluating the calibration of the scoring systems						
Scoring system	Chi square value	<i>P</i> value				
АРАСНЕ ІІ	9.366	0.312				
APACHE II PDR	12.159	0.144				
APACHE III	4.707	0.788				
APACHE III PDR	6.471	0.595				
APACHE IV	9.331	0.315				
APACHE IV PDR	10.763	0.216				
SAPS II	9.479	0.304				
SAPS II PDR	10.410	0.237				
SAPS III PDR	10.787	0.214				
SOFA Score	15.966	0.025				
$\mathrm{MPM}\mathrm{II}_{0}\mathrm{PDR}$	11.265	0.187				

APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; SOFA: Sequential Organ Failure Assessment; MPM: Mortality Probability Model; PDR: Predicted death rate.

Table 5 Area under curve for predicting hospital mortality for various scoring system							
Scoring system	AUC	P value	95%CI	Cut off	Sensitivity	Specificity	
APACHE II	0.688	< 0.001	0.637-0.739	> 18.5	67.5%	62.7%	
APACHE III	0.720	< 0.001	0.672-0.769	> 78.5	46.8%	87.6%	
APACHE IV	0.708	< 0.001	0.659-0.758	> 72.5	53.7%	79.3%	
SAPS II	0.734	< 0.001	0.685-0.782	> 34.5	76.2%	60.4%	
SAPS III PDR	0.762	< 0.001	0.715-0.808	39.0	44.3%	92.0%	
SOFA Score	0.715	< 0.001	0.665-0.764	> 7.5	58.0%	79.3%	
$\mathrm{MPM}\:\mathrm{II}_{0}\:\mathrm{PDR}$	0.762	< 0.001	0.714-0.810	36.45	71.3%	69.9%	

AUC: Area under the curve; CI: Confidence interval; APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; SOFA: Sequential Organ Failure Assessment; MPM: Mortality Probability Model; PDR: Predicted death rate.

> However, these differences were not statistically significant. In the current study, AUROC outcomes showed that discrimination is acceptable in all the scoring systems tested as reported in the literature [14-16,20-22]. All the severity illness scores showed good efficacy with no statistically significant difference in AUROCs.

> Calibration evaluates the accuracy of the degree of correspondence between the estimated probability of mortality and the observed actual mortality. Calibration is good if the predicted mortality is close to the observed mortality. APACHE III (4.704) had the best calibration with P = 0.788. This infers that it had the least statistically significant discrepancy between the predicted and observed mortality. Good calibration of these scores have also been reported by other authors[14-16,20].

> A significant correlation was found among various scoring systems (P < 0.001) as per linear regression analysis. This correlation may be attributed to the overlap of multiple variables, considered for calculating the scores. Sculier et al[21] also reported an excellent correlation between APACHE II and SAPS II in their study on oncology patients. ICU mortality rate among cancer patients was reportedly high and in the range of 30% to 77% [23-26]. The overall ICU mortality rate in the current study was 43.5%. Even though it is higher, the ICU mortality of the current cohort does not differ from the mortality reported in similar studies conducted earlier[23,24]. The hospital mortality rate in the current study was 57.8% which is again similar as reported earlier[27,28].

> Use of MV and vasopressor support have a direct association with hospital mortality. Similar studies conducted earlier have also reported the need for organ support in the form of MV. At times, vasopressor use is directly associated with increased mortality among cancer patients[29]. An ideal scoring system is the need of the hour. This system should be well calibrated, easy to compute, able to have high



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Scoring syste	em	APACHE II Score	A2 PDR	APACHE III Score	A3 PDR	APACHE IV Score	A4 PDR	SAPS II Score	SAPS2 PDR	SAPS 3 PDR	SOFA score
APACHE II	r value		0.898	0.892	0.836	0.883	0.826	0.820	0.812	0.748	0.679
Score	P value		0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
A2 PDR	r value	0.898		0.824	0.832	0.814	0.805	0.751	0.752	0.716	0.635
	P value	0.000		0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
APACHE III	r value	0.892	0.824		0.929	0.966	0.895	0.910	0.902	0.820	0.753
Score	P value	0.000	0.000		0.000	0.000	0.000	0.000	0.000	0.000	0.000
A3 PDR	r value	0.836	0.832	0.929		0.897	0.895	0.851	0.852	0.763	0.711
	P value	0.000	0.000	0.000		0.000	0.000	0.000	0.000	0.000	0.000
APACHE IV	r value	0.883	0.814	0.966	0.897		0.915	0.890	0.877	0.821	0.762
Score	P value	0.000	0.000	0.000	0.000		0.000	0.000	0.000	0.000	0.000
A4 PDR	r value	0.826	0.805	0.895	0.895	0.915		0.836	0.839	0.782	0.727
	P value	0.000	0.000	0.000	0.000	0.000		0.000	0.000	0.000	0.000
SAPS II Score	r value	0.820	0.751	0.910	0.851	0.890	0.836		0.972	0.814	0.756
	P value	0.000	0.000	0.000	0.000	0.000	0.000		0.000	0.000	0.000
SAPS 2 PDR	r value	0.812	0.752	0.902	0.852	0.877	0.839	0.972		0.813	0.773
	P value	0.000	0.000	0.000	0.000	0.000	0.000	0.000		0.000	0.000
SAPS 3 PDR	r value	0.748	0.716	0.820	0.763	0.821	0.782	0.814	0.813		0.684
	P value	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000		0.000
SOFA score	r value	0.679	0.635	0.753	0.711	0.762	0.727	0.756	0.773	0.684	
	P value	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	
MPM II ₀ PDR	r value	0.704	0.653	0.777	0.729	0.759	0.734	0.790	0.805	0.714	0.700
	P value	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000

APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; SOFA: Sequential Organ Failure Assessment; MPM: Mortality Probability Model; PDR: Predicted death rate.

levels of discrimination and predict mortality rates with high accuracy based on the easily-available patient parameters. Additionally, an ideal score also needs to be dynamic, reflecting the change in management and case mix over time. In this search for an ideal scoring system, newer scoring systems have been developed. However, these systems are highly complex in nature, demand huge sets of patient data and need computer assistance to calculate the scores. Hence, the development of an ideal scoring system has a long way to go.

The accuracy of scoring systems may differ over a period of time and may produce varied results in different countries due to differences in ethnicity, patient population, healthcare systems, ICU structure and organization. So, its accuracy cannot be generalized and all such models need external validation in independent patient populations to prove its reproducibility. Therefore, it becomes imperative to compare and test the validity of scoring systems under different geographical areas and upon different patient populations. The current study is one of the few studies conducted on the Indian subcontinent and the researchers have compared a huge number of scoring systems developed for cancer patients in a significantly large cohort of patients.

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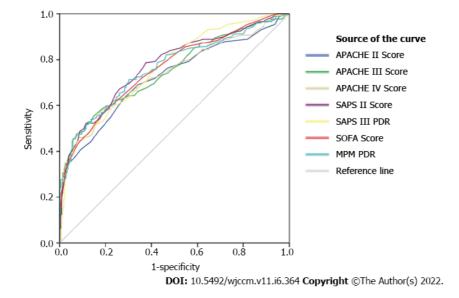


Figure 1 Comparison between the area under the receiver operating characteristic curves of APACHE II, APACHE III, APACHE IV SAPS-II, SAPS-III, SOFA score and MPM II₀-PDR in discriminating survivors from non-survivors. APACHE: Acute Physiology and Chronic Health Evaluation; SAPS: Simplified Acute Physiology Score; SOFA: Sequential Organ Failure Assessment; MPM: Mortality Probability Model.

> The current study has a limitation to address, *i.e.* being a single center retrospective study where concerns may arise in terms of generalizing the conclusions arrived in this study. The missing data may have also led to information bias. Nonetheless, the study has several salient features such as the comparison of seven scoring systems, fairly large sample size, well-defined study protocol and the inclusion of only medical oncology patients.

CONCLUSION

The current study concludes that all of the scoring systems considered for this study cohort underpredicted the mortality. However, the APACHE III score had the least discrepancy between the predicted and observed mortality. There was no statistically significant difference in efficacy and all the scores tested had good calibration and acceptable discrimination. Hence, the choice of scoring system in critically-ill oncology patients should not only be based on the performance of the score, but also on other factors such as ease of use and local preferences.

ARTICLE HIGHLIGHTS

Research background

The application of prognosticating scoring systems is considered as an important phase in intensive care units (ICUs) since these severity scoring systems estimate the probability of mortality for patients. These scores help the physicians to facilitate resource utilization or continuous quality improvement and to stratify the patients for clinical research. ICU scoring systems can help both patients as well as their attendants to select from further treatment options. Further, the scores calculated by these scoring systems help in evaluating the impact of newer treatment modalities and organizational changes which in turn contributes towards the development of treatment standards. In addition to the above, the scoring systems' outcomes also help in benchmarking ICU performance and comparing the scores secured by different ICU patient populations so as to find out the differences in mortality.

Research motivation

There is a dearth of studies that compare different generations of scoring systems especially the ones used upon cancer patients admitted in medical oncology ICUs. Only a few studies have assessed their usefulness in cancer patients with conflicting results.

Research objectives

To compare the efficacy of seven commonly employed scoring systems to predict outcomes of critically ill cancer patients.



Research methods

We conducted a retrospective analysis of 400 consecutive cancer patients admitted in the medical intensive care unit over a 2-year period. The primary outcome was hospital mortality and the secondary outcome measure was comparison of various scoring systems in predicting hospital mortality.

Research results

Overall ICU mortality in our study was 43.5% whereas hospital mortality was 57.8%. All scoring systems tested underestimated the mortality. Mortality predicted by MPM II₀ predicted death rate (PDR), was closest to that of the actual mortality followed by that of APACHE II, with a standardized mortality rate (SMR) of 1.305 and 1.547, respectively. APACHE III ($\chi^2 = 4.704$, P = 0.788) had the best calibration and SOFA score (χ^2 = 15.966, *P* = 0.025) had the worst calibration, but the difference was not statistically significant. All the scores tested had good efficacy and acceptable discrimination, however SAPS III PDR and MPM II₀ PDR (AUROC = 0.762), performed better than others. There was a significant correlation between the various scoring systems (P < 0.001).

Research conclusions

Overall, all the scores in our study cohort under-predicted the mortality. The difference in efficacy was not statistically significant in all scores. The choice of scoring system should depend on the ease of use and local preferences as all the scores tested had similar performance.

Research perspectives

There is a lack of an ideal score for prognostication of critically ill cancer patients. In our retrospective study, analyzing data from 400 patients and comparing seven commonly employed critical illness scores, we observed that all the scores had similar efficacy but under-predicted mortality. Therefore, the choice of scoring system should depend on the ease of use and local preferences.

FOOTNOTES

Author contributions: Beniwal A and Juneja D designed the study; Beniwal A, Juneja D and Beniwal HK collected the data, analyzed the results, performed the majority of the writing and prepared the tables; Singh O, Goel A and Singh A provided critical input in writing the paper and reviewed the manuscript.

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