

Face transplantation: Anesthetic challenges

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Abstract

Face transplantation is a complex vascular composite allotransplantation (VCA) surgery. It involves multiple types of tissue, such as bone, muscles, blood vessels, nerves to be transferred from the donor to the recipient as one unit. VCAs were added to the definition of organs covered by the Organ Procurement and Transplantation Network

Final Rule and National Organ Transplant Act. Prior to harvest of the face from the donor, a tracheostomy is usually performed. The osteotomies and dissection of the midface bony skeleton may involve severe hemorrhagic blood loss often requiring transfusion of blood products. A silicon face mask created from the facial impression is used to reconstruct the face and preserve the donor's dignity. The recipient airway management most commonly used is primary intubation of an existing tracheostoma with a flexometallic endotracheal tube. The recipient surgery usually averages to 19-20 h. Since the face is a very vascular organ, there is usually massive bleeding, both in the dissection phase as well as in the reperfusion phase. Prior to reperfusion, often, after one sided anastomosis of the graft, the contralateral side is allowed to bleed to get rid of the preservation solution and other additives. Intraoperative product replacement should be guided by laboratory values and point of care testing for coagulation and hemostasis. In face transplantation, bolus doses of pressors or pressor infusions have been used intraoperatively in several patients to manage hypotension. This article reviews the anesthetic considerations for management for face transplantation, and some of the perioperative challenges faced.

Key words: Face transplantation; Vascular composite allotransplantation; Organ harvest; Facial reconstruction

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Core tip: Face transplantation is a complex vascular composite allotransplantation surgery. During donor harvest, osteotomies and dissection of the midface bony skeleton may involve severe hemorrhagic blood loss often requiring transfusion of blood products. A silicon face mask created from the facial impression is used to reconstruct the face and preserve the donor's dignity. The recipient surgery usually averages to 19-20 h. Since the face is a very vascular organ, there is usually massive bleeding, both in the dissection phase as well as in the reperfusion phase, requiring use of pressors. This article reviews the anesthetic considerations for management

for face transplantation, and some of the perioperative challenges faced.

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INTRODUCTION

Face transplantation is a complex vascular composite allotransplantation (VCA) surgery. VCA involves multiple types of tissue, such as bone, muscles, blood vessels, nerves to be transferred from the donor to the recipient as one unit^[1]. It is a rapidly evolving field which has benefited tremendously from the advances in microsurgery, transplantation, and immunologic techniques. Complex facial defects can be corrected, both functionally and cosmetically. Restoration involves availability of sufficient blood supply, esthetic unit match, nerve function, and integration into the recipients surrounding structures.

The first face transplant was performed in France in 2005^[1] and the first near total face transplant was performed in the United States by the Cleveland Clinic Foundation in 2008^[2]. Till date (Jan 2016) there have been 37 (20 partial and 17 full face) transplants done in the world. In Europe, face transplants have been done in France, Spain, Belgium, Turkey and Poland. China has been the only Asian Country to venture in this field^[3-5]. There have been five patient deaths reported so far^[5].

VCAs were added to the definition of organs covered by federal regulation [the Organ Procurement and Transplantation Network (OPTN) Final Rule] and legislation (the National Organ Transplant Act). The designation went into effect on July 3, 2014^[6]. The United Network of Organ Sharing (UNOS) was assigned to oversee all face and hand transplants and take responsibility for developing all relevant policies and byelaws in this field. Thus a special VCA Transplantation committee was formed by UNOS in 2014, to develop aspects of VCA policies such as refining allocation policy, defining criteria for VCAs to be covered in OPTN policy, OPTN membership requirement for VCA transplant programs, data requirements, data collection procedures, etc.^[7].

Face transplantation is a relatively new and rapidly developing field, and experience and expertise in this field is still limited. The American Society of Anesthesiologists (ASA) has not yet developed any guidelines to manage face transplantation procedures. This article reviews the anesthetic considerations for management for face transplantation, and some of the perioperative challenges faced.

ANESTHETIC CONSIDERATIONS

Donor

The ASA Physical Status Classification System typically

classifies a declared brain dead patient whose organs are being removed for donor purposes as ASA VI. Prior to harvest of the face, a tracheostomy is usually performed because endotracheal intubation may hamper the surgical procedure^[8]. The donor operation involves removal of the facial segment which varies as per the recipient's requirements^[9]. The donor graft may contain skin, multiple vessels, nerves, muscles, and facial bones. The dissection can be very prolonged and may take 12-15 h, even up to 22 h^[9,10]. The osteotomies and dissection of the midface bony skeleton may involve severe hemorrhagic blood loss needing transfusion of blood products. Explantation is done after systemic heparinization. The vascular pedicle consisting of carotid and internal jugular vessels is also dissected and used to flush the graft with cold preservative solution such as University of Wisconsin solution^[9]. Though the total ischemia time tolerated by facial grafts is unknown, approximately 4 h should be well tolerated^[11-13]. A silicon face mask created from the facial impression is used to reconstruct the face and preserve the donor's dignity^[8,14].

If the donor is a multiorgan donor, co-ordination with other solid organ teams is vital. If there is elevated blood loss and hemodynamic instability, then the solid organ team should ideally be prepared to harvest the other organs immediately. Otherwise, solid organ retrieval could be delayed till just prior to the face explantation. The solid organs should ideally be given priority over the VCAs^[8].

Recipient

The common indications for face transplantation have been devastating facial injuries which not only produce subsequent disfigurement but also compromise key facial functions, such as breathing, eating, facial expressions, vision etc.^[3]. Though face allotransplantation may not be life saving, it certainly has a significant impact on an individual whose face has been severely injured, and constitutes a major reconstructive procedure^[15,16]. It is essential for both, physical and social survival, and optimal social survival makes physical life worth living^[15].

The ASA Physical Status Classification System typically classifies patient with end organ stage disease undergoing a transplant surgery as ASA IV, i.e., a patient with systemic disease that is a constant threat to life. However, since a face transplant is not theoretically life saving, the patient may fall into category ASA III, i.e., a patient with a severe systemic disease, with substantive functional limitations. However, the patient may have several other comorbidities which may increase the ASA Grade. Reports published so far have cited damage to other organs as well, due to thermal burns, animal attacks, radiation injury, ballistic trauma, electrical burns, lye burns etc.^[1,3,16].

The airway management most commonly used in facial transplantations has been *via* a primary intubation of an existing tracheostoma with a flexometallic endotracheal tube^[17,18]. Primary orotracheal intubation may be challenging in cases of restricted mouth opening,

with facial skin contractures as commonly seen in burns, chemical trauma, etc. In such cases, fiberoptic intubation, awake or asleep, depending on the patient airway and the risks of aspiration, can be performed. Prior to commencement of surgery, a tracheostomy is done and a soft flexometallic endotracheal tube is inserted into the trachea. This is then sutured rather than tied, in order to prevent compression to venous outflow from the face by pressure exerted by the circumferential tie^[17,18].

Face transplantation surgery has a very long duration, usually averaging to approximately 19-20 h^[17,18]. One case has been reported to have a surgical time of 36 h^[19]. Venous access and hemodynamic monitoring would depend on the patient and existing comorbidities. An arterial line allows accurate monitoring of hypotension especially during massive blood loss, and also sampling for hematocrits, blood gases and coagulation profiles. Radial or femoral arterial lines can be placed, depending on accessibility.

A central line is usually preferred to administer fluids and pressors. The internal jugular and subclavian veins may be at risk of thrombosis, or maybe inaccessible. Though femoral venous access is associated with a higher degree of infection^[20], it has been used in several cases^[17,18]. Whenever feasible, a subclavian central venous line is preferable, to reduce risk of infections in this group of patients receiving immunosuppressive therapy postoperatively. A slight reverse trendelenberg position (15 degrees) can be used to facilitate venous drainage and reduce blood loss.

Patients are usually induced using an induction agent such as propofol or etomidate, an opioid such as fentanyl or sufentanil, and a muscle relaxant. Muscle relaxants are usually avoided during the course of the procedure during dissection and reconstruction phases involving neural repair. Anesthesia is usually maintained using propofol, opioid, e.g., remifentanyl and inhalationals eg. sevoflurane. No particular anesthetic technique has been proven more superior than the other in face transplantation or free flap surgery. Normothermia is usually maintained by appropriate surface warming and by warming intravenous fluids and blood products administered to the patient. A mean arterial pressure of 65 mmHg ensures adequate perfusion and oxygen deliver to the vital organs including the graft. Urine output of 0.5-1 mL/kg per hour is usually adequate. In cases of severe hypotension, apical and subcostal views in transthoracic echocardiography maybe useful in assessing cardiac function. Antibiotics, timely redosing of antibiotics and immunosuppressants are crucial to the success of this surgery.

Since the face is a very vascular organ, there is usually massive bleeding, both in the dissection phase as well as in the reperfusion phase. Moreover, osteotomy sites can bleed excessively. Anesthesiologists involved in this surgery have reported that quantification of the bleeding is often difficult due to diffuse bleeding into the drapes and poor visualization of surgical site. Prior to reperfusion, often, after one sided anastomosis of the

graft, the contralateral side is allowed to bleed to get rid of the preservation solution and other additives which maybe used for allograft preservation, such as heparin or tissue plasminogen activator^[18].

A median of 20 U of packed red blood cells, 13 U of FFP, 2 platelet units, and 13 L of crystalloid administration has been reported^[18]. Though usually, massive transfusion protocols advocate 1:1:1 replacement of red blood cells, FFP and platelets^[21], the amount of plasma and platelets transfused have been on the lower side due to fear of risk of thrombosis of the facial vessels. Intraoperative product replacement should be guided by laboratory values and point of care testing for coagulation and hemostasis such as thromboelastography. Use of colloids such as dextrans^[22] are not preferred, and there is no data currently available on use of albumin for this surgery.

Many surgeons usually discourage use of pressors in microsurgical procedures, and though it is not typically a first line strategy, intraoperative use of pressors should be discussed in advance with the surgical team. It has been observed that there has been no difference in the outcomes when pressors were used or not used, and there is no reliable evidence to support contraindication of pressor use^[23]. Frequency of flap necrosis and postoperative complications and adverse events were similar with or without use of intraoperative pressors^[24]. Norepinephrine has been analysed as the most potential suitable agent for free flap transfer when compared to epinephrine, dobutamine and doxepine. This is because with norepinephrine, control of blood flow depends mostly on low frequency vasomotion or average blood pressure^[22,25]. Though vasoconstriction increased, the blood pressure increased too, resulting in overall increased flap blood flow^[26]. Dobutamine increases flap skin conductance, thereby benefiting flap blood flow^[26]. Epinephrine decreased flap blood flow^[26]. In face transplantation, bolus doses of pressors or pressor infusions have been used intraoperatively in several patients to manage hypotension^[17,18].

Post procedure, the regular flexometallic endotracheal tube maybe replaced by a regular tracheostomy tube, prior to transfer of the patient to the intensive care unit.

CONCLUSION

Face transplantation is a long procedure and involves complex planning for airway management, vascular access, fluid and pressor management. Teamwork between the surgeon, anesthesiologist and intensivist is essential for a successful outcome.

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