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Vulvovaginal myeloid sarcoma with massive pelvic floor infiltration: A case report and review of literature

W JX *et al.* Vulvovaginal MS with pelvic floor infiltration

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Abstract**BACKGROUND**

Myeloid sarcoma (MS), including isolated and leukaemic MS, is an extramedullary myeloid tumour. MS can involve any anatomical site, but MS of the female genital tract is rare, with the ovaries and uterine body and cervix being the most commonly seen sites. Involvement of the vagina and vulva is extremely rare.

CASE SUMMARY

We report a rare case of MS with involvement of the vulva and vagina and massive infiltration of the pelvic floor. A 26-year-old woman presented with a vulvar mass, irregular vaginal bleeding and night sweats. Magnetic resonance imaging demonstrated an ill-defined, irregular vulvovaginal mass with massive involvement of the paravaginal tissue, urethra, posterior wall of the bladder, and pelvic floor. The signal and enhancement of the huge mass was homogeneous without haemorrhage or necrosis. Positron emission tomography/computed tomography showed high fluorodeoxyglucose uptake by the mass. Peripheral blood count detected blast cells. Vulvovaginal mass and bone marrow biopsies were performed, and immunohistochemistry confirmed the diagnosis of acute myeloid leukaemia (M-2 type,

FAB classification) and vulvovaginal MS. The patient was treated with induction chemotherapy followed by allogeneic haematopoietic stem cell transplantation, and achieved complete remission. A systemic review of the literature on vulvovaginal MS was conducted to explore this rare entity's clinical and radiological features.

CONCLUSION

Vulvovaginal MS is extremely rare. Diagnosis of vulvovaginal MS can only be confirmed histopathologically. Even though its clinical and imaging presentations are nonspecific, MS should be considered in the differential diagnosis of a newly developed T2-hyperintense, homogeneously enhanced vulvovaginal mass, especially in a patient with suspected haematological malignancy.

Key Words: Myeloid sarcoma; Vagina; Vulva; Acute myeloid leukaemia; Imaging examination; Case report

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Core Tip: Female genital tract involvement in myeloid sarcoma (MS) is rare, and involvement of the vagina and vulva is extremely rare. Vulvovaginal MS can be localised or invade the adjacent cervix or paravaginal tissue. We report a rare case of MS with involvement of the vulva and vagina as well as massive infiltration of the pelvic floor. The clinical, pathological and imaging characteristics and treatment are reviewed to probe this rare entity.

¹¹

INTRODUCTION

Myeloid sarcoma (MS) is defined as an extramedullary myeloid tumour composed of immature myeloid cells^[1], including isolated MS and leukaemic MS. Leukaemic MS is a rare manifestation of leukaemia and has been reported in 2.5%–9.1% of acute myeloid

leukaemia (AML) patients, and is five times less frequent in patients with chronic myelogenous leukaemia^[2]. It can occur with or after the onset of AML, acute lymphocytic leukaemia, myelodysplastic syndrome (MDS) or chronic myeloproliferative disorder. Isolated MS, however, is not accompanied by the above haematological diseases and thus can be difficult to diagnose by clinical, radiological, or even pathological methods. It is a rare disease with an incidence of 2/1000000 in adults^[3]. Considering that the detection of MS can be an indication of poor prognosis regardless of the clinical setting^[4], timely diagnosis is of importance. Even though the diagnosis of MS can only be confirmed histopathologically, imaging examination plays an important role in both diagnosis and treatment guidance. MS can involve any anatomical site, either concurrently or sequentially, with skin, lymph nodes, gastrointestinal tract and soft tissue being the most common^[5]. Other reported sites include the central nervous system and the genitourinary system. Female genital tract involvement in MS is rare, and the most commonly involved organ is the ovaries, followed by the uterus. Involvement of the vagina and vulva is extremely rare. Vulvovaginal MS can be localised or invade the adjacent cervix or paravaginal tissue^[6-17].

CASE PRESENTATION

Chief complaints

Vulvar mass, irregular vaginal bleeding and night sweats for 1 mo.

History of present illness

A 26-year-old nulliparous woman came to our gynaecological department, complaining of a vulvar mass, irregular vaginal bleeding and night sweats for 1 mo.

History of past illness

The patient had no past illness.

Personal and family history

The patient had no personal or family history.

Physical examination

Pelvic examination found that her left vulva, vagina and cervix were swollen. The bimanual examination revealed a vulvovaginal mass fixed to the pelvic wall.

Laboratory examinations

Serum tumour markers, including α -fetoprotein, carcinoembryonic antigen, carbohydrate antigen (CA) 125, CA19-9 and human chorionic gonadotropin were all within the normal range. Immediately after her admission, the peripheral blood count showed that the white blood cell count was $3.7 \times 10^9/L$, haemoglobin and platelets were normal, and blasts were detected. A vulvovaginal mass biopsy was performed, and the initial result was a malignant small round cell tumour. Two weeks later, the patient had the peripheral blood count retested, and the white blood cell count was $18.9 \times 10^9/L$, haemoglobin 102 g/L, and platelets $24 \times 10^9/L$. Her peripheral blood smear revealed 79.0% blast cells. Immunohistochemical staining of bone marrow demonstrated positive reactions with myeloperoxidase (MPO) blast cells and the others were all negative. A bone marrow biopsy was performed, and a bone marrow smear showed that the proportion of myeloblasts was 64.5%, and that of erythroid cells was only 6.5%. Mature lymphocyte accounted for 11%, and only two megakaryocytes and a few platelets were seen. Flow cytometric studies in bone marrow showed that myeloblasts accounted for 76.0% of the nucleated cells, which expressed HLA-DR, CD117, CD13, CD33 and cMPO, and were weakly positive for CD34, CD123, CD38 and CD64, while negative for CD14, CD36, cCD3, CD5, CD7, CD56 and CD19. Fluorescence *in situ* hybridisation detected mutation in *ETV6* and *NPM1*. Further immunohistochemistry of the vaginal mass biopsy was positive for CD99 and MPO (Figure 1).

Imaging examinations

Magnetic resonance imaging (MRI) with contrast enhancement of the pelvis demonstrated an ill-defined, irregular, diffuse mass with involvement of the vagina, paravaginal tissue, urethra, posterior wall of the bladder, left ischiorectal fossa, left side of the pelvic diaphragm and pelvic floor, with a maximum diameter of 10.5 cm × 9.0 cm in the axial plane. The lesion was homogeneously isointense on T1-weighted imaging (T1WI), slightly hyperintense on T2-weighted imaging (T2WI) and diffusion-weighted imaging (DWI) (b = 800), and hypointense on apparent diffusion coefficient images with homogeneous enhancement greater than the muscle (Figure 2). Bilateral obturator lymph nodes were enlarged, especially on the left side. The signal and enhancement of the uterus, cervix and bilateral ovaries were normal. Positron emission tomography/computed tomography (PET/CT) showed high fluorodeoxyglucose (FDG) uptake in the mass and bilateral obturator lymph nodes, indicating malignancy (Figure 3). Thoracic CT was performed with no positive findings.

FINAL DIAGNOSIS

Bone marrow aspirate, cytochemistry and flow cytometry confirmed the diagnosis of AML (M-2 type, FAB classification). Further immunohistochemistry of the vaginal mass biopsy confirmed the presence of vulvovaginal MS.

TREATMENT

Upon the confirmed diagnosis, the patient received two cycles of induction chemotherapy (idarubicin, 20 mg d 1-3 + cytarabine 170 mg d 1-7). During the first course of chemotherapy, the patient developed fever and bacterial pneumonia, and responded well to antibiotics. Complete haematological remission was obtained and no vulvovaginal mass was found by pelvic examination after the second course of induction chemotherapy. Cytarabine (5 g q12h on d 1, 3 and 5) was administered as consolidation chemotherapy. The patient then received azacitidine, fludarabine, busulfex, Ara-C and antithymocyte globulin as the conditioning regimen, which was well tolerated. The graft-versus-host disease prophylaxis consisted of cyclosporine,

mycophenolate mofetil and short-range methotrexate. Allogeneic hematopoietic stem cell transplant (HSCT) was performed using peripheral blood stem cells from her haploidentical father (6/12). The neutrophil and platelet engraftment achieved +10 d. Bone marrow smear showed that the proportion of myeloblasts was 2.5% and the ratios of granulocytes to erythrocytes was reduced. Flow cytometry of the bone marrow showed no malignant blasts. The patient achieved complete donor chimerism. PET/CT showed negative FDG uptake in the pelvic cavity, pelvic floor, retroperitoneum and red bone marrow. Twelve courses of pelvic radiotherapy were administered.

OUTCOME AND FOLLOW-UP

Until now, the patient has been in complete remission for 2 years after hematopoietic stem-cell transplantation (HSCT). Recent pelvic MRI showed no sign of tumour recurrence (Figure 4).

DISCUSSION

The present case was leukaemic MS involving the vulva and vagina, with massive infiltration of the pelvic floor. We searched the literature on MS in the vagina and/or vulva to explore this rare entity's clinical and radiological features. There were 16 reported cases of MS involving the vagina and/or the vulva, of which, 11 reported the radiological findings, including our case (Table 1). Among the 16 cases, eight were isolated MS, and eight were leukaemic MS, which included five cases of M2, two of M5, and one case of leukaemia with no specific subtype mentioned. MS can occur at any age; however, children are generally more often affected than adults, with 60% of patients younger than 15 years^[18]. Patients with vulvovaginal MS were older; in the 16 case reports, they were aged from 16 to 77 years, with a median age of 44 years. Patients with MS can be asymptomatic, or with various clinical manifestations that are mainly determined by specific location and size^[19]. Typical initial symptoms of vulvovaginal MS are vaginal/vulvar mass or vaginal bleeding. Other presentations include genitourinary tract infection and local swelling. Histologically, MS is frequently

undifferentiated and consequently is often misdiagnosed, particularly in patients whose tumours precede the appearance of overt leukaemia symptoms or when the neoplasm is found at an unusual location^[20]. Malignant ⁵ small cell tumours can occasionally be difficult to distinguish from granulocytic sarcoma, especially when only small biopsy samples are available for examination^[21], as in our case. In addition, most isolated MS is poorly differentiated, and the correct diagnosis is made or suspected by routinely stained sections in only 44% of cases^[9]. Therefore, once the possibility of MS is considered, cytochemical and immunohistochemical studies can reliably make the distinction in nearly all cases^[22]. Immunohistochemistry is essential for the diagnosis and differential diagnosis of MS. The most commonly used immunohistochemical antibody markers are MPO, lysozyme, CD68 and CD99. The presence of eosinophilic myelocytes or granulocytic differentiation in neoplastic cells suggests a diagnosis of MS. Myeloid cells and blast cell markers CD117, CD34 and CD43, are positive in the immunophenotype, which is helpful for diagnosis. MPO, a specific marker for granulocytic sarcoma, is the most commonly used antibody for diagnosing MS with high specificity and sensitivity. However, MPO is often not expressed in less-differentiated MS. Lysozyme is the most sensitive marker of myeloid cells and is expressed in granulocytes and monocyte lines, especially in differentiated immature myeloid cells, and the positive rate reaches 60%–90%. However, lysozyme is contained in many tissues in the human body, so its specificity is lower than that of MPO. In the reported cases, nine (56%) were CD68 positive, eight (50%) were CD117, and MPO positive, and the positive rates of lysozyme, CD43 and CD34 were 38% (6 cases), 31% (5 cases) and 25% (4 cases), respectively. Therefore, the combination of multiple relevant immunohistochemical antibody markers may help with the final diagnosis.

Imaging examination plays an important role in the diagnosis of MS. Different imaging tests can be performed according to the location of the tumour^[23]. Ultrasonography (US) is convenient, efficient, and radiation free. It has certain advantages for superficial lesions, such as breast and skin MS; however, it is not sensitive in detecting vulvovaginal lesions, especially in paediatric patients when

transvaginal US is avoided. CT can locate masses in different anatomical sites and demonstrate the tumour's size, shape, local invasion, and lymph node metastasis. However, the soft-tissue contrast resolution of CT is not high, and the vulva and vagina cannot be clearly delineated. PET/CT can detect metabolically active tissue and are effective in the detection and localisation of various haematological malignancies^[24], especially those with multiple lesions. However, false-negative results may still occur when FDG-PET alone is used to detect MS^[25]. PET/CT is mainly suggested for planning radiotherapy and monitoring the treatment response^[8]. Compared with other imaging examinations, MRI has irreplaceable advantages for diagnosing vulvovaginal lesions, with its excellent soft-tissue contrast, multiplanar capabilities and large field of view. MRI allows a detailed assessment of the anatomical extent of vulvovaginal MS and its characteristic appearance^[26]. Among the 11 cases with imaging examinations, seven had MRI, five CT, three US, and two PET/CT. On imaging, vulvovaginal MS presented as a mass or nodule in the vaginal wall or vulva, ranging from 2.0 to 10.5 (mean 6.4) cm in the greatest dimension. The lesions were irregularly shaped with unclear borders. The vaginal wall was thickened, yet the vaginal mucosa was hardly affected. Half of them were located only at the vagina and/or the vulva, while the rest had invaded the adjacent tissues or organs, such as the cervix or the rectovaginal septum, indicating its invasiveness, which was consistent with a previous report^[27]. Our case was the largest mass with extensive infiltration of the whole pelvic floor, which has not been found previously. On CT, the lesions were usually isodense, and on MRI, they were isointense on T1WI and slightly hyperintense on T2WI, with restricted diffusion on DWI. Due to the intrinsic high signal intensity of the tumour and the low signal intensity of the vaginal wall on T2WI, MRI can accurately demonstrate invasion into paravaginal tissues. The contrast enhancement patterns of MS were either homogeneous or peripheral enhancement. Calcification, haemorrhage or cystic degeneration were rare, therefore, the signal and enhancement of MS are usually homogeneous. Unilateral or bilateral lymph node metastasis was found in 5 cases, including local pelvic lymph nodes such as the obturator and inguinal lymph nodes, and distant metastasis such as

in the mediastinal and phrenic lymph nodes. Even though leukaemic MS may have adjacent or systemic bone marrow abnormalities, which show ¹⁴ decreased signal intensity on T1WI, increased signal intensity on fat-saturated T2WI or short time inversion recovery images, and diffuse gadolinium enhancement^[28], these were not found or reported in the 11 cases. In general, the imaging features are nonspecific, and diagnosis of vulvovaginal MS without histopathological evidence is challenging or even impossible, especially for small lesions and isolated MS.

Even though the imaging findings of vulvovaginal MS are nonspecific, for our case, there were some useful clues before histopathological evidence. First, the patient was a young woman with massive infiltration of the pelvic floor, and this was different from vaginal squamous cell carcinoma, which most commonly occurs at an older age ¹ in the upper third of the vagina on the posterior wall. Primary vaginal adenocarcinoma occurs at a younger age, but it usually appears as a polypoid, papillary, plaque-like, or ulcerated lesion ¹ in the upper third and anterior wall of the vagina. Second, the signal of the lesion was homogeneous despite its massive size. Other huge vulvovaginal malignancies like sarcoma are usually heterogeneous due to haemorrhage or necrosis^[29]. Moreover, the patient had night sweats and blasts were detected in her peripheral blood, indicating a possibility of haematological diseases. Pelvic lymphoma can be infiltrative with similar imaging presentations to MS. However, lymphoma may have extensive lymph node involvement. Treatment of vulvovaginal MS, as well as MS in all other sites, is similar to AML. Induction chemotherapy is now the standard of care, and additional radiotherapy is often considered when the disease persists after chemotherapy. Complete remission can be achieved with chemotherapy. In addition, ⁶ allogeneic HSCT is a potentially efficient treatment for MS, with a substantial portion of patients achieving long-term remission and likely cure^[30]. Surgery is not needed. Increasing age, comorbidities and complications are adverse prognostic factors of MS and usually predict treatment-related mortality^[31]. This was also confirmed in our 16 cases of vulvovaginal MS. Seven patients achieved complete remission, with a median age of 34.0 years and no significant comorbidities or complications. Seven patients died

with a median age of 50.9 years; among them, only one received one cycle of chemotherapy and rejected further treatment; two suffered MDS, breast cancer and Paget's disease; and the other four either had leukaemia relapse or developed severe complications, such as renal failure, dyspnoea, fungemia and sepsis. The other two patients were asymptomatic after treatment, but additional details could not be obtained. It has been reported that earlier-stage MS patients achieve better outcomes, such as isolated MS^[32]. However, this has not been confirmed in our cases. Our systematic review has a limitation. Information such as past history, immunophenotype, imaging examination and lymphadenopathy was not included in some cases.

CONCLUSION

Vulvovaginal MS is a rare disease that can be either isolated or leukaemic MS. It may present as localised or massive lesions with adjacent tissue infiltration. Even though the diagnosis of vulvovaginal MS is difficult without histopathological evidence due to its nonspecific clinical and imaging presentations, MS should be considered in the differential diagnosis of a newly developed T2-hyperintense homogeneously enhanced vulvovaginal mass, especially in a patient with suspected haematological malignancy.

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