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Name of Journal: *World Journal of Clinical Cases*

Manuscript NO: 76130

Manuscript Type: CASE REPORT

Laparoscopic treatment of bilateral duplex kidney and ectopic ureter: A case report

Wang SB *et al.* Duplex kidney with ectopic ureter

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Abstract

BACKGROUND

Duplication of the renal pelvis is a common congenital malformation of the urinary system. About one-third of cases are complete unilateral duplication of the renal pelvis, while bilateral duplication is extremely rare. Herein, we described a single case of bilateral renal duplication with double ureteral orifice ectopic vaginal fistula treated with laparoscopy.

CASE SUMMARY

A 6-year-old girl suffering from long-term vaginal leakage was admitted on June 10, 2018. She was diagnosed with complete duplication of both kidneys and ureters and ectopic opening of both ureters combined with ureterovaginal fistula. The patient received laparoscopic ectopic ureteral bladder replantation and was followed up for 2 years. No renal function damage and vaginal leakage were found.

CONCLUSION

Laparoscopic bladder-ureter reimplantation could effectively determine the location and number of ectopic ureters by imaging and cystoscopy.

Key Words: Complete duplex kidney; Ureteral orifice ectopic; Vaginal fistula; Laparoscopic; Rare urinary malformation; Case report

Wang SB, Wan L, Wang Y, Yi ZJ, Xiao C, Cao JZ, Liu XY, Tang RP, Luo Y. Laparoscopic treatment of bilateral duplex kidney and ectopic ureter: ¹A case report. *World J Clin Cases* 2022; In press

Core Tip: This paper reported a rare case of bilateral complete duplication of renal pelvis with ectopic bilateral ureteral openings. The diagnosis was confirmed by imaging contrast examination and cystoscopy staining test, and the bilateral ectopic openings were successfully repaired by laparoscopy. This study provided a reference for clinicians to improve the diagnosis and treatment experience of such cases in the future.

INTRODUCTION

Duplication of renal pelvis is a rare congenital malformation of the urinary system^[1]. The incidence of duplication abnormality was not significantly different between the left and right renal pelvis, but it was more commonly seen in females^[2]. Clinically, most patients are diagnosed with urinary tract infection, hydronephrosis, dysuria, leakage of urine, abdominal pain, and other manifestations, while about 60% of the patients have no obvious clinical symptoms^[3,8,9]. Surgery is the most common treatment for this condition.

Herein, we described a single case with bilateral duplication with double ureteral orifice ectopic vaginal fistula. Although preoperative examination confirmed that the ectopic opening of the left repeated ureter was in the vagina, the opening and lower segment of the right repeated ureter were clear. Therefore, laparoscopic operation was selected to prevent postoperative omission caused by the right ureteral ectopic opening. During the operation, double ureters were detected at bilateral iliac vessels. Preoperative ureteral catheters reserved in normal bilateral ureters played an important role in helping surgeons to determine which one was a double ureter.

CASE PRESENTATION

Chief complaints

Repeated vaginal leakage was found for 6 years.

History of present illness

On June 10, 2018, a 6-year-old girl was admitted to our Hospital due to prolonged vaginal leakage since birth. The girl was previously treated in several hospitals. Considering that the child was young, no further definite diagnosis was made.

History of past illness

The history of chronic diseases, myocardial infarction, cerebral infarction, stroke and mental illness, and infectious diseases were denied. The history of surgery, trauma and blood transfusion were also denied.

Personal and family history

The history of family special diseases were denied.

Physical examination

No morphological abnormality of the vulva, no obvious redness in the external orifice of the urethra, and no obvious secretion in vagina and urethra were observed. The vaginal orifice was moist, and a small amount of liquid, which was clear and accompanied by urine odor, flew out every minute.

Laboratory examinations

² Blood routine examination, liver and kidney function and coagulation function were basically within the normal range. Serum infectious disease antigen test result was negative. Urine routine examination showed leukocyte 2 +, occult blood +, and nitrite -.

Imaging examinations

Intravenous: pyelography (IVP) suggested a bilateral duplex kidney (Figure 1). Magnetic resonance urography (MRU) indicated multiple lesions in the upper pole of the right kidney, pelvic effusion, double pelvis, and double ureter duplication (Figure 2). Moreover, abdominal enhanced computed tomography (CT) combined with CT urethrography (64 slices) suggested the presence of bilateral duplex kidneys (double pelvis, ureter). A right upper duplication of ureteropelvic malformation with full course of dilatation (cystic dilatation of the pelvic segment) was shown, and the end of the malformed pelvic ureter leaked into the vagina (Figure 2). Urocystoscopy (7.5 Fr) revealed that the only ureteral opening was on both sides of the urethral crest and normal urine spurted from both sides of the opening. A catheter was indwelled and 300

mL methylene blue diluted solution were then injected into the bladder. No obvious blue staining was observed in vaginal leakage within 30 min.

FINAL DIAGNOSIS

After repeated discussions among the doctors from the urology and radiology departments, the following diagnoses were considered: (1) complete duplication of both kidneys and ureters; and (2) ectopic opening of both ureters combined with ureterovaginal fistula.

TREATMENT

The patient was required to fast for at least 6 h before the operation. Dexamethasone sodium phosphate (1 mL: 5 mg) was intravenously injected half an hour before the operation to eliminate preoperative stress; diclofenac sodium suppository (12.5 mg) anal plug and cefuroxime sodium (0.75 g) intravenous drip were given immediately after preemptive analgesia to prevent infection. A 10% glucose injection (100 mL: 10 g) was given 2 h before operation to eliminate insulin stress. Then laparoscopic bilateral ureteral exploration, laparoscopic bilateral ectopic ureteral bladder reimplantation, and transurethral cystoscopic bilateral ureteral stent (D-J tube) implantation were performed following general intravenous anesthesia (7% sevoflurane inhalation, propofol emulsion injection 160 mg/h, sufentanil citrate injection 200 µg/h, and vecuronium injection 200 µg/h). First, a lithotomy position was taken. Povidone-iodine solution (100 mL: 5 g) was used to disinfect the perineal area. A 9 Fr cystoscope was then installed, and a 5 Fr ureteral catheter was retrogradely inserted into normal bilateral ureters. The patient was then placed in a supine position. Povidone-iodine solution (100 mL: 5 g) was used to disinfect the operation area (from the upper part to the nipple line, from the lower part to the upper third of the thigh, and from both sides to the posterior axillary line). Consequently, laparoscopic exploration of bilateral ureters was performed. The ureter without a ureteral catheter was dissociated and severed. Then the distal ureter was ligated, a 4.7 Fr ureteral stent was inserted into the proximal

ureter, and the ureter and bladder were reimplanted (Figure 3 showing the operation details). Finally, the ureteral catheter in normal bilateral ureter was removed, and a 10 Fr double-lumen balloon catheter was inserted. The operation was successful. Intraoperative blood loss was about 5 mL, the operation lasted 167 min and the patient returned to the ward after anesthesia.

OUTCOME AND FOLLOW-UP

There was no vaginal leakage following catheter removal on the 15th day after operation. One month after surgery, bilateral ureteral stents were removed under general anesthesia. Pathological results (BL1900110, Figure 4) revealed that the wall of the sample tube was lined with urothelium, with little inflammatory cell infiltration and vascular congestion. Intravenous pyelography (IVP, Figure 1) was reexamined 3 mo after the operation. Double pelvis and double ureter were abnormal, the ectopic ureter was unobstructed, and there was no hydronephrosis in the renal pelvis. The child was followed up for 2 years. No renal function damage and vaginal leakage were found.

DISCUSSION

Duplication of the renal pelvis is a common congenital malformation of the urinary system^[1]. The incidence rate of duplication of renal pelvis in China is about 0.07%, with about 1.25% cases discovered by autopsy, and approximately 2.7% by IVP^[4,5]. About one-third of the cases are complete unilateral duplication of the renal pelvis, while bilateral duplication is extremely rare. Duplication of the renal pelvis can be categorized into incomplete and complete duplication deformity according to the degree of duplication^[6]. Under normal circumstances, the ureteral opening is in the bladder triangle. Urethral opening outside the bladder triangle, which is also known as ectopic ureteral opening, is often associated with complete duplication of the renal pelvis^[7,8]. Duplication of renal pelvis deformity occurs unilaterally. It can also simultaneously occur on both sides (there is no significant difference between the left and right renal pelvis) and is generally more common in women than men^[9]. The occurrence of

bilateral ectopic ureteral orifice is extremely rare^[24]. About one-third of the cases with duplication of renal pelvis are unilateral complete duplication of the kidney and ureter. In the embryonic stage, complete duplication of ureteropelvic malformation can occur if the two ureteral buds simultaneously appear from the bend of the lower end of the mesonephric tube. Incomplete duplication of ureteropelvic malformation can occur if the ureteral buds are normal, but the branches appear during early growth process in post-renal culture medium^[7]. Normally, the ureteral opening is located on the ureteral spine in the bladder triangle. If the ureteral orifice is located **outside the bladder triangle**, it is called **ectopic ureteral orifice**, which is typically accompanied by complete duplication of the kidney and ureter malformation^[8].

Most (about 60%) patients with duplication of renal pelvis and ureter have no obvious and typical clinical symptoms^[11]. Patients are accidentally identified when they visit the hospital due to repeated urinary tract infections, hydronephrosis, dysuria, repeated vaginal/rectal leakage, and unexplained lumbo-abdominal pain^[10]. Because most patients may not show obvious symptoms for life, they can be followed-up regularly. However, for patients with obvious symptoms, several surgical procedures have been developed, including ureterovesical anastomosis, ureteropelvic anastomosis, upper half nephrectomy, and upper ureterectomy^[12,13]. Yet, it is still controversial whether the whole length of duplication of the ureter should be removed as the retention of the ureteral stump may cause recurrent urinary tract infection after the operation, and complete resection of repeated ureter increases the risk of ureter injury. Although the ectopic ureteral orifice may be accompanied by repeated pyeloureter^[14], it can be easily missed by routine examination such as abdominal CT scan and color Doppler ultrasound of urinary system^[15]. This makes it difficult to locate the ectopic ureteral orifice during operation, especially the rare double kidney and double ureter malformation combined with ectopic vaginal orifice of bilateral repeated urinary catheter, as observed in this case. Due to ectopic ureteral opening in the vagina, patients often have symptoms such as repeated leakage of urine, perineal ulceration, repeated urinary tract infections, which seriously affect treatment, even endanger life, so timely

identification and early surgical treatment are needed^[16]. For patients with ureteropelvic duplication and ectopic ureteral orifice, it is critical to determine the location and number of ectopic ureteropelvic orifices before operation. We recommended detailed preoperative examination and evaluation such as intravenous pyelography (IVP) to determine the course of the ureter, cystoscopy and methylene blue staining to determine the ectopic position of ureteral orifice, MRU to determine the basic shape of the whole urinary tract, and CT enhanced three-dimensional reconstruction, *etc.* These test results can visually display the shape of both kidneys and ureters and evaluate the course of ureter and the position and number of ureter openings before operation, in order to help clinicians to make clinical decisions. In this case, although the left ureteral orifice was located in the vagina before operation, the lower segment of the right ureter was not clearly displayed. In order to prevent missed lesions, laparoscopic operation was selected to explore the ureter at bilateral iliac vessels during operation. Therefore, it is very important to reserve catheter in bilateral normal ureter before operation, which can help surgeons to identify a duplicate ureter. Laparoscopic ectopic ureteral bladder reimplantation can reduce the trauma of open surgery on children, postoperative bleeding, urinary cysts, renal function decline, hypertension, omental hernia and other complications through refined surgical techniques^[17-22].

In this case, the operation time (167 min) was not different from that of unilateral operation (137 ± 38 min)^[19,23], but the child could benefit from only one anesthesia. However, the same bilateral operation require was very demanding on the operator because there was no need to change the body position and increase the operation channel^[23]. There were no complications such as hypertension, urinary tract infection with fever, urinary cyst and loss of lower renal function^[6].

CONCLUSION

Laparoscopic ureteral bladder reimplantation is widely used in clinic practice^[17,18,23]. It is critical to determine the location and number of ectopic ureteral openings by various

examinations before operation. Laparoscopy has the advantages of minimal invasiveness and rapid recovery, but its effectiveness has not been established by large data evaluation. We searched PubMed, CNKI and other databases, and found only a few reports of laparoscopic repair in patients with bilateral repeat ureteropelvic and bilateral ectopic ureteropelvic malformations. Therefore, the case reported herein had clinical value and significance.

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