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Multiple bilateral and symmetric C1-2 ganglioneuromas: A case report

Wang S *et al.* Multiple bilateral and symmetric C1-2 ganglioneuromas

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Abstract**BACKGROUND**

Ganglioneuromas are rare tumors of the sympathetic nervous system that originate from neural crest sympathogonia. Since the cervical spine has rarely been reported as a site for ganglioneuroma, we present a case report on this uncommon manifestation.

CASE SUMMARY

A 34-year-old male presented with a 4-month history of progressive paralysis of both upper limbs along with an unsteady gait. The touch sensitivity of both hands was reduced, and there was conspicuously high muscle tonus in his upper and lower limbs, along with hyperactive physiological reflection and deep reflexes. Magnetic resonance imaging showed several nodules around the C2-7 intervertebral foramina, among which the masses lying between C1 and C2 were obviously bilaterally compressing the spinal cord. Successful posterior decompression was performed without fixation and the tumors in the upper cervical spine were removed intact, with rapid relief of symptoms. The pathological diagnosis was ganglioneuroma.

CONCLUSION

Multiple and bilateral ganglioneuromas are a rare occurrence in the cervical spine. In this case report, timely resection of the neoplasms around C1 and C2 resulted in spinal cord decompression, with rapid relief of symptoms and a good prognosis. Including the current case, we are aware of only seven such cases in the literature, of which four arose from Japan, one from China, and one from Spain. We suppose that ethnicity and geographic associations with this rare disease presentation may be an aspect for future consideration and investigation.

Key Words: Ganglioneuroma; Cervical cord; Dumbbell tumor; Symmetric; Surgery; Case report

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Core Tip: Ganglioneuromas is common benign tumor but uncommonly existing in the upper cervical spine. Meanwhile, this kind of tumor is rare to be multiple or bilateral. We present a 34-year-old male with the 4 mo history of paralysis in upper limbs and unsteady gait. The magnetic resonance imaging showed bilateral nodes from C2 to C7 intervertebral foramina, among which the bulks between C1 and C2 compressed the spinal cord obviously. The operation of posterior decompression was performed successfully without fixation and the tumors were removed integrally. The pathological diagnosis was ganglioneuromas. Including the current case, we are aware of only seven such cases in the literature, of which four arose from Japan, one from China, and one from Spain. We suppose that ethnicity and geographic associations with this rare disease presentation may be an aspect for future consideration and investigation.

INTRODUCTION

Ganglioneuroma (GN) is a type of benign tumor composed of mature ganglion and nerve sheath cells, which generally arises in association with sympathetic nerves or sympathetic

nervous tissue^[1]. Very rarely, the neoplasm occurs bilaterally in the upper cervical spine, presenting as a dumb-bell shaped mass surrounding the spinal cord. In these circumstances, the spinal cord is potentially compressed by the neoplasm, resulting in symptoms of limb numbness and weakness, potentially progressing to paralysis and respiratory failure^[2]. Surgical resection is required to relieve the symptoms and recover limb function.

Here, we present a rare case of bilateral and symmetric dumb-bell ganglioneuromas in the region of C1-2. We discuss this case in the context of only six previously reported cases of ganglioneuroma affecting the upper cervical spine bilaterally.

CASE PRESENTATION

Chief complaints

¹ The patient provided written informed consent for this case study. A 34-year-old male presented with a history of paralysis in both upper limbs and unsteady gait in the last 4 mo.

History of present illness

The symptoms had progressed rapidly in severity in the past 1 mo preceding his hospital visit.

History of past illness

The symptoms had progressed rapidly in severity in the past 1 mo preceding his hospital visit.

Personal and family history

The patient was an index case of his family about the history of neurofibromatosis.

Physical examination

He presented with multiple cafe-au-lait spots on his body (Figure 1A). The vibrotactile sensitivities of both hands were reduced, which indicating that the spinal cord was affected, and the limb strength was normal. Since there was not numbness or pain in specific area of the limbs, we inferred that none of the exact nerve root was oppressed heavily. Muscle tonus was notably elevated in the upper and lower limbs, the muscular tension of the upper and lower limbs was high, and he showed hyperactive deep tendon reflexes. Additionally, his examination shows positive Hoffman and Babinski signs.

Laboratory examinations

None important laboratory examinations were referred for this case.

Imaging examinations

Magnetic resonance imaging (MRI) of the cervical spine revealed several nodules around the C2-7 intervertebral foramens (Figure 1B). Each nodule presented with low signal intensity on T1-weighted images, but with high intensity on T2-weighted and enhanced images. Among the masses, the nodes around C1 and C2 were clearly compressing the spinal cord bilaterally (Figure 1C). The dimension of the lesion in the right side was 17.1 mm × 22.5 mm × 16.8 mm and the dimension of the lesion in the left side was 16.9 mm × 19.8 mm × 17.2 mm. The nodules of both sides between C1 and C2 were removed entirely after the operation and the compression of the spinal cord was relieved thoroughly (Figure 2).

FINAL DIAGNOSIS

Histological examination confirmed diagnosis of ganglioneuroma (Figure 3).

TREATMENT

Surgical Procedure

The operation was performed under general anesthesia with endotracheal intubation, with the patient kept in a prone position. A standard posterior midline surgical approach

was performed. The laminae of C2 and C1 were partly resected to expose the tumors thoroughly, whereupon they were excised with margins entirely. After excision of the neoplasm, the compression of the spinal cord was immediately relieved.

OUTCOME AND FOLLOW-UP

At the 3-mo follow-up, the patient's symptoms had completely resolved.

DISCUSSION

Ganglioneuromas are usually benign, slow-growing tumors that arise or differentiate from neuroblastomas or ganglioneuroblastomas^[3]. The composition of the tumor includes ganglion cells, Schwann cells, neurites, and fibrous tissue^[3]. The common positions of ganglioneuromas are (in descending order of frequency) the posterior mediastinum, retroperitoneum, adrenal gland, and neck, where they are usually a unilateral, solitary lesion. Generally speaking, the prognosis of ganglioneuromas was good, the patients could live without any symptom. But when the lesions were growing in some important areas, the oppression of the bulk could introduce many symptoms. In these cases, operations should be considered and most patients could recover thoroughly after the operations. In reviewing the literature, it can be concluded that multiple or bilateral occurrences of ganglioneuromas are rare^[4], and that location in the upper cervical spine is especially unusual, with literature reports of only six such cases to the best of our knowledge.

In the current case, the patient had multiple ganglioneuromas bilaterally affecting all cervical nerves from C2 to C7. Also, the café-au-lait marks and history of resection of a neurofibromatosis have previously been associated with ganglioneuromas^[4]. In our case, most neoplasms of these nodes were asymptomatic, since there was sufficient space for expansion of the tumors. However, the massive bulks in the upper cervical spine caused severe compression to the spinal cord, resulting in serious sensorimotor symptoms. The spine marrow of this region is important not only to the sensory and motor functions of the limbs but also for controlling the respiratory system, which calls for timely relief of

compression. Since ganglioneuromas are often solid and have distinct boundaries between surrounding structures, intact resection could be realized without difficulty, with preservation of the bony structures necessary for maintaining the stability of the spine.

¹ To the best of our knowledge, there are only six previous case reports of bilateral and symmetric GNs in the region of upper cervical spine, so we believe it is important to present our case in the context of the limited literature. In 2001, Ugarriza *et al*^[5] reported a case of bilateral and symmetric C1-2 dumbbell ganglioneuroma. Their patient presented with progressive weakness of the limbs, bladder and bowel incontinence, and respiratory difficulty. After an en bloc operative resection of the tumor, there was some persistence of limb weakness, but the respiratory problems disappeared completely. Similarly, Kyoshima *et al*^[6] reported a 35-year-old patient with sensorimotor and respiratory dysfunctions. The tumors extended from C1-C3, consisting of four bilateral C2 and C3 root-related tumors. After expression, the tumors were resected at the dural side, with retention of intraforaminal and extradural parts. In the cases reported by Miyakoshi *et al*^[2] and Ando *et al*^[7], asymptomatic foraminal and extraforaminal tumors were found in conjunction with bilateral and symmetric C1-2 ganglioneuromas; in both cases, the treatment was removal of the tumors at C1-2. The case of Hioki *et al*^[8], an elderly man (72 years) had progressive incomplete paraplegia and lightheadedness. The bilateral tumors at the C1-2 Level were removed thoroughly, followed by histopathological diagnosis of ganglioneuroma. In 2019, Tan *et al*^[9] reported a 27-year-old man with gradually progressive right upper extremity weakness and numbness in both hands. After total resection of the tumor, the syndromes were relieved. Interestingly, four of these case reports arose from Japan, one from China, and one from Spain. We presume that ethnicity and geographic associations with this rare disease presentation may be an aspect for future consideration and investigation.

CONCLUSION

We present our case since multiple bilateral ganglioneuromas of the upper cervical spine are a rare occurrence, with scant documentation in the literature. Diagnosis and surgical planning were facile with MRI and computed tomography imaging. We note the need for timely surgery to decompress the spine by removing the bulk of the tumors, while preserving the bony structures required for spinal stabilization. Even in the case of a benign lesion, cord compressive symptoms would mandate surgical excision.

4%

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