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Intragastric fish bones migrate into the liver: A case report

Dai M *et al.* Abscess induced by foreign body

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Abstract

BACKGROUND

Foreign body in the digestive tract is a common disease in the clinic. However, it is rare for a foreign body to migrate into the liver. Most patients are diagnosed before or after perforation of the digestive tract. Laparoscopic removal of intrahepatic foreign bodies is an effective treatment method.

CASE SUMMARY

A 55-year-old male patient was admitted to the hospital due to fever for 3 days, in addition to pain and discomfort in the right side of his waist. After admission, abdominal computed tomography (CT) showed a foreign body in the liver, and gastroscopy did not indicate obvious erosion or ulcers. The patient then underwent laparoscopic surgery. During the operation, an abscess was seen near the gastric antrum and between the caudate lobes of the liver, which was approximately 30 mm × 31 mm × 23 mm in size. The abscess was cut open, and a fish bone was found inside. The fish bone had penetrated the liver, and was successfully removed. It was confirmed that the fish bone migrated from the stomach to the liver.

CONCLUSION

Although intrahepatic foreign bodies are rare, they should be diagnosed and treated as early as possible to avoid serious complications such as intrahepatic abscess, which may lead to liver resection and even life-threatening events.

Key Words: Foreign body; Intrahepatic; Migrate; Stomach; Case report

Core Tip: Foreign bodies migrating into the liver are rare, which may lead to liver resection and even life-threatening events. They should be diagnosed and treated as early as possible. We report a patient with a fish bone which migrated from the stomach to the liver and was successfully removed by laparoscopic surgery in the early stage. Early management is a prerequisite to ensure treatment efficacy.

INTRODUCTION

Foreign bodies in the digestive tract are common clinical diseases. Most foreign bodies enter the digestive tract consciously or the patients are aware of foreign body ingestion. Therefore, this can be removed through endoscopy timely. ² Perforation of hollow viscus by a foreign body is rare, representing 1% of cases of accidental foreign body ingestion. A few sharp foreign bodies can cause perforation, bleeding or obstruction of the digestive tract. However, sharp foreign bodies can enter the digestive tract and pass through the stomach and duodenal mucosa and enter the liver, but this is even less common. We report a patient with a fish bone which migrated from the stomach to the liver and was successfully removed by laparoscopic surgery in the early stage, which avoided liver resection, and there was no serious infection, bleeding or other complications.

¹ CASE PRESENTATION

Chief complaints

A 55-year-old man was hospitalized due to fever for 3 days.

History of present illness

The patient developed fever 3 days previously, the highest temperature was 39°C, accompanied by paroxysmal dull pain and discomfort in the right waist, without chills, shivering, or any other digestive tract and respiratory tract symptoms. He self-administered antipyretic drugs but his temperature did not significantly decrease, so he came to the hospital for treatment.

History of past illness

His past medical history included hypertension, kidney stones, gout, but no history of digestive system or other system diseases.

Personal and family history

His personal and family history revealed no information relevant to the current case.

Physical examination upon admission

The patient was 170 cm tall and weighed 65 kg, and the patient's temperature was 38.2°C, heart rate was 90 bpm, and blood pressure (measured with an electronic cuff) was 146/96 mmHg. Heart and lung auscultation was normal, the abdomen was soft, without tenderness, rebound pain and muscle tension, and percussion pain in the renal area was negative, and the remaining examination showed no obvious positive signs.

Laboratory examinations

Laboratory examination results were as follows: C-reactive protein (CRP) 153.31 mg/L; white blood cells $11.93 \times 10^9/L$ (normal $3.5-9.5 \times 10^9/L$); procalcitonin 1.04 ng/mL (normal $<0.05 \text{ ng/mL}$); glutamic pyruvic transaminase 57 U/L (normal value 9-50 U/L). All other tests were normal.

Imaging examinations

Abdominal computed tomography (CT) was performed after admission, which indicated a strip shaped high-density focus in the stomach that had penetrated the caudate lobe of the liver. This was considered to be a foreign body in the stomach which had penetrated the liver (Figures 1, 2). Emergency gastroscopy was performed to determine whether there were foreign bodies in the stomach. No obvious erosion or ulcers of the gastric mucosa was found during gastroscopy (Figure 3).

FINAL DIAGNOSIS

The patient was finally diagnosed with intrahepatic foreign body.

TREATMENT

After receiving routine intravenous antibiotics treatment, his temperature decreased, but did not drop to normal. Abdominal CT demonstrated that the foreign body in the stomach had migrated into the liver. Emergency gastroscopy was carried out, and no residue of the foreign body was found in the stomach. Therefore, the patient underwent emergency laparoscopic surgery. During the operation, abscess formation was seen in the hepatogastric space, the abscess was cut, and one end of the fish bone was visible. The fish bone was completely removed. Following removal of the abscess, the gastric wall was examined, and no obvious damage was found (Video 1). The operation went smoothly, and the patient recovered.

OUTCOME AND FOLLOW-UP

Following surgery, the patient's temperature gradually decreased to normal, without abdominal pain and other symptoms. He was discharged one week after the operation and followed up for two weeks, without obvious discomfort.

DISCUSSION

Lambert *et al* reported the world's first case of foreign body in the digestive tract migrating into the liver, causing liver abscess in 1898^[1], and since then only 59 cases have been reported in the literature^[1-3]. However, with the development of digestive endoscopy technology^[4], most foreign bodies in the digestive tract can be removed. A small number of foreign bodies, such as fish bones, toothpicks, iron wires, *etc.*^[5], are thin and sharp, and most of them do not cause obvious symptoms when penetrating the gastrointestinal tract, so are difficult to find; the most common site of perforation is the stomach^[6]. After penetrating the digestive tract, the foreign body often migrates into the left liver^[7]. The patient still has no obvious symptoms at this time. With time, bacteria can undergo microbial replication and dissemination, causing liver

abscess. The patient may develop fever, abdominal pain and other symptoms, even serious infection, liver bleeding, *etc.*, resulting in serious consequences^[8].

Although intragastric foreign body migration into the liver is rare^[9], it occurs occasionally. Most patients cannot recall the history of foreign body ingestion^[4]. Clinicians need to be alert and diagnosis depends on ultrasound, CT, *etc.* Ultrasound may be a convenient and radiation-free screening tool, which can be used to identify abscesses and possible foreign bodies; on the other hand, CT is the first choice for diagnosis^[8], due to its high resolution and accuracy in identifying foreign bodies. It can also be used to assess the depth of penetration and complications. When it is suspected that a foreign body in the digestive tract has migrated into the liver, it is necessary to conduct timely digestive endoscopy. Some patients may have residues in the digestive tract. Foreign bodies can be removed by digestive endoscopy to avoid traumatic surgery. If necessary, before the foreign body is removed, endoscopic ultrasonography should be performed to determine the relationship between the foreign body and the surrounding blood vessels^[10], in order to avoid massive bleeding and protect the safety of patients. In addition, surgical treatment should be carried out as early as possible for foreign bodies without residues in the gastrointestinal tract^[11], rather than after the abscess has liquefied. Timely surgical^[12] removal of foreign bodies can reduce the occurrence of complications and preserve the liver.

In the present case, the fish bone transferred from the stomach to the liver, and gastroscopy was performed in a timely manner. No obvious wound was found in the stomach; thus, it could not be removed under endoscopy. Therefore, laparoscopic foreign body removal was selected. As the foreign body had entered the liver a short time ago, no obvious damage was found on the gastric wall, hepatogastric space and liver during the operation. Following removal of the foreign body, complete debridement was conducted, to ensure a good treatment effect. Therefore, for liver abscesses of unknown cause, clinicians should consider the possibility of foreign bodies^[13], carefully

observe the patient's imaging findings, repeatedly ask about relevant medical history regarding ingestion of foreign bodies, carry out endoscopy as soon as possible when there is a high degree of suspicion of foreign bodies in the liver, and perform laparotomy if necessary, and surgery is the most effective method of treatment^[14]. Early management is a prerequisite to ensure treatment efficacy.

CONCLUSION

We report a case of intragastric foreign body which migrated into the liver. Although this is rare, if not treated in time, it may cause serious infection and bleeding, leading to liver resection, and can even be life-threatening, which should stimulate vigilance in clinicians.

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