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Type II Abernethy Malformation with Cystic Fibrosis in a 12-year-old Girl: A Case Report

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Abstract

BACKGROUND

Abernethy malformation, also known as congenital extrahepatic portosystemic shunt, is an uncommon malformation resulting from aberrant development of the portal venous system. Cystic fibrosis (CF) is an autosomal recessive genetic disease caused by mutations in the *CFTR* gene. It mainly affects the exocrine glands of the respiratory, digestive and reproductive systems. It is considered extremely rare in the Asian population. We present a clinical case involving a pediatric patient of Asian descent who was diagnosed with Abernethy malformation and CF.

CASE SUMMARY

A 12-year-old girl presented with a medical history of recurring respiratory infections and hemoptysis, and chest computed tomography (CT) showed bronchiectasis. Whole exome sequencing was performed for the patient, yielding findings that revealed a compound heterozygous variant of the *CFTR* gene: c.233_c.234insT/p.Trp79fsTer3 (maternal origin); c.2909G>A/p.Gly970Asp (paternal origin). CF was diagnosed. The physician's attention was drawn to the presence of splenomegaly during disease progression. Abdominal enhanced CT revealed splenomegaly, compression of the left kidney, and multiple tortuous dilated vascular shadows were seen at the splenic hilum, which flowed back into the left renal vein and portal vein, suggesting Abernethy

malformation type II. Intraoperatively, the abnormal blood flow was seen to merge into the inferior vena cava through the left renal vein without hepatic processing, and the pathology of liver biopsy showed hypoplastic, dilated or absent portal vein branches, both of which supported the diagnosis of Abernethy malformation type II. This represents the initial documented instance of Abernethy malformation accompanied by a CFTR gene mutation in the existing body of literature.

CONCLUSION

Coexisting Abernethy malformation and CF are rare. Detailed medical history information, abdominal enhanced CT, venography and genetic testing contribute to diagnosis as well as differential diagnosis.

INTRODUCTION

Abernethy malformation, alternatively referred to as congenital extrahepatic portosystemic shunt, is a congenital anomaly that arises from aberrant embryonic development of the umbilical and yolk veins^[1, 2]. This condition leads to an anomalous connection between the portal vein and vena cava, which exhibits a low occurrence rate, affecting approximately 1 in every 30 000 Live births^[3]. Cystic fibrosis (CF) is a hereditary disorder characterized by autosomal recessive inheritance, resulting from mutations in the *CFTR* gene located on chromosome 7, which mainly affects the respiratory, digestive and reproductive systems^[4, 5]. CF exhibits a higher prevalence among individuals of Caucasian descent, while it is extremely rare in Asian populations^[6, 7]. We present an Asian girl with type II Abernethy malformation coexisting with CF. Compound heterozygous mutations of the *CFTR* gene have been detected. We discuss the key points of diagnosis and treatment of Abernethy malformation and CF.

CASE PRESENTATION

Chief complaints

A 12-year-old girl was admitted to the respiratory department of our hospital on October 3, 2021, presenting with a chief complaint of cough with hemoptysis and dyspnea persisting for a duration of 4 d.

History of present illness

Four days prior, the individual presented with symptoms of a cough accompanied by hemoptysis and dyspnea subsequent to exposure to cold temperatures.

History of past illness

The patient has a medical history of recurrent respiratory tract infections dating back to early childhood. The patient had a history of patent foramen ovale and was admitted to our cardiothoracic surgery department 1 year previously. Cardiac ultrasound revealed a 2-mm echogenic interruption in the atrial septum, confirming the presence of a patent foramen ovale. Due to the small size of the defect and low platelet count ($89 \times 10^9/L$), surgical intervention was not pursued.

Personal and family history

The patient was G3P3, born at term with a birth weight of 3.5 kg. The Apgar score at birth was unknown, and there was no reported history of postnatal asphyxia. The patient's parents were healthy and not blood relatives. The patient had a 25-year-old brother and a 14-year-old sister; neither of whom had any history of similar medical conditions.

Physical examination

Physical examination at admission showed body temperature 36.4°C, pulse 98 beats/min, breathing rate 24 breaths/min, and blood pressure 98/65 mmHg. The patient exhibited clear mental status, stable breathing, absence of cyanosis in the lips, no signs of aspiration, coarse breathing sounds in both lungs with audible wet rales, and

the absence of clubbing of the fingers. The abdomen was found to be soft with no evidence of pressure or rebound pain. On palpation, the liver was located 3 cm below the rib cage, while the spleen was found to be 8 cm below the rib cage.

Laboratory examinations

3 Laboratory test findings were as follows: white blood cell count $3.28 \times 10^9/L$, platelet count $84 \times 10^9/L$; fecal occult blood, negative; blood biochemistry: alanine aminotransferase 28.0 U/L, aspartate aminotransferase 38.0 U/L, creatine kinase-MB 15.0 U/L; positive for mycoplasma antibodies; sputum culture: *Pseudomonas aeruginosa*; bone marrow smear: normal proportions and morphology of the erythroid, myeloid, megakaryocytic, and lymphoid populations; tumor tests : α -fetoprotein 1.66 ng/mL, carcinoembryonic antigen 1.63 ng/mL, nonspecific enolase 10.87 ng/mL, carbohydrate antigen 19-9 90.95 ng/mL; fiberoptic bronchoscopy alveolar lavage: numerous erythrocytes and inflammatory cells, 74% neutrophils, 6% lymphocytes, and 20% macrophages.

Imaging examinations

Chest computed tomography (CT) (Figure 1A and 1B) showed a flocculent shadow with multiple cystic translucent shadows in both lungs, and bronchiectasis with infection was considered. Ultrasound of the portal venous system showed that the internal diameter of the main trunk of the portal vein was 8 mm, with a maximum blood flow velocity of 19.3 cm/s, and a slightly tortuous course. The internal diameter of the splenic vein was 11 mm, with a tortuous course, slowed blood flow velocity, and tortuous vascular echoes around the fundus of the stomach, suggesting that the portal vein had a slightly tortuous course, and the splenic vein was thickened with a tortuous course. The whole abdomen was enhanced on CT imaging (Figure 1C–1E). The liver was irregular in shape, with a large caudate lobe and no abnormal density shadows in the parenchyma. The gallbladder was not significantly abnormal in shape or size, and no abnormal density shadows were seen. The spleen was enlarged, the left kidney was

compressed, and multiple tortuous dilated vascular shadows were seen at the splenic hilum, which flowed back into the left renal and portal veins. The findings were suggestive of Abernethy malformation type II.

FINAL DIAGNOSIS

The diagnosis of CF was determined through an analysis of medical history, chest CT, and whole exon gene detection. Additionally, the diagnosis of Abernethy malformation type II was established through enhanced abdominal CT, intraoperative portography, and liver biopsy. Ultimately, the patient was diagnosed with Abernethy malformation type II concurrent with CF.

TREATMENT

After the pulmonary infection improved, the patient was transferred to the general surgery department and underwent ligation of abnormal branches of the portal vein and liver biopsy on October 20, 2021 after excluding the relevant contraindications. During the intraoperative period, observations revealed hepatic shrinkage, significant splenic enlargement, and tortuous alterations in the splenic vessels. The inferior margin of the spleen exhibited looseness, accompanied by an abnormally thickened vessel measuring ~0.8 cm in diameter, which was observed to be draining into the left renal vein. The central venous catheter remained *in situ via* the terminal jejunal vein, and portal vein pressure measurements recorded values of 17.1 and 23.1 cmH₂O before and after occlusion of the abnormal shunt, respectively. Twenty minutes after blocking, no stasis was seen in the intestinal canal, kidney and spleen, and the branches of the portal vein were seen on portal venography. The abnormal shunt vessels were ligated, and no abdominal organ stasis was seen, and some tissues of the right lobe of the liver were taken for pathological examination. Pathological analysis showed that portal vein branches were dysplastic, dilated or absent, which was consistent with Abernethy malformation type II (Figure 2).

OUTCOME AND FOLLOW-UP

Postoperative anti-infective therapy, rehydration, hemostasis, liver protection, and nutritional support were provided. Subsequently, cardiac enzymes were reassessed: troponin I 0.005 ng/mL, myoglobin 141.7 ng/mL, creatine kinase isoenzyme 1.3 ng/mL, and B-type natriuretic peptide 33 pg/mL. Additionally, liver function was reassessed on postoperative days 1, 3 and 7 (Table 1).

The patient had a satisfactory postoperative recovery and was subsequently discharged from the medical facility. However, during routine outpatient follow-up, she was admitted to the respiratory department on two separate occasions in November 2021 and February 2023 for the treatment of recurring cough and hemoptysis, respectively. Sputum bacterial culture revealed the presence of *Pseudomonas aeruginosa* infection. Subsequent re-evaluation of the abdominal enhanced CT scan revealed irregular liver morphology, splenomegaly, multiple tortuous dilated blood vessels at the splenic hilum, and pancreatic atrophy (Figure 1F and 1G).

DISCUSSION

Coexistent Abernethy malformation and CF are infrequent, and a comprehensive examination of the pertinent academic sources yielded no documented occurrences. Intraoperative venography showed multiple tortuous dilated vessels in the splenic hilum, abnormal blood flow into the inferior vena cava through the left renal vein, and portal vein branches and side branches were present, which supported the diagnosis of Abernethy malformation type II^[8, 9].

There is evidence suggesting a potential association between Abernethy malformation and CF with the occurrence of splenomegaly. Abernethy malformation results in splenomegaly due to obstruction of blood return from the splenic vein as a result of portal vein hypoplasia and abnormal blood shunting. CF is a monogenic disorder resulting from mutations in the *CFTR* gene, which encodes the epithelial ion channel responsible for the transportation of chloride and bicarbonate ions. These mutations lead to impaired mucus hydration and clearance, resulting in the obstruction

of lumens of the respiratory, pancreatic, and biliary tracts, as well as abnormal secretion from exocrine glands^[10]. Cystic fibrosis liver disease (CFLD) frequently manifests with hepatic steatosis, cholestasis, and progressive cirrhosis, leading to portal hypertension and subsequent splenomegaly^[11,12]. Additionally, noncirrhotic portal hypertension can arise in CFLD, potentially attributed to inflammatory and fibrotic paracaval portal vein lesions^[13]. Therefore, it is hypothesized that the splenomegaly observed in this child was a result of a combination of both diseases.

Splenomegaly may cause secondary hypersplenism, which is clinically manifested by hypoplasia of one or more blood vessels. Complications such as infection, anemia, and hemorrhage can easily arise. In the present case, the child exhibited splenomegaly, reduced peripheral leukocyte count, and thrombocytopenia, indicating the presence of hypersplenism, and bone marrow aspiration was performed to exclude the possibility of hematological disorders. The respiratory system of the child with CF exhibited manifestations such as recurrent respiratory infections and hemoptysis following birth, with imaging indicating the presence of bronchiectasis^[14]. In this particular instance, postnatal asphyxia was not observed, and the child had a history of serum transfusion and electrolyte disorders at the age of 2 mo. The diagnostic value of chloride concentration in the sweat test for CF is substantial^[15]. Although the child's serum electrolyte examination before and after hospitalization and surgery did not reveal any significant abnormalities, the sweat electrolyte examination was regrettably not conducted during the hospitalization period. Consequently, the diagnosis of CF was based on clinical manifestations and genetic test results. The genetic analysis indicated that the patient's father and mother possessed heterozygous alleles for the causative gene. The specific mutations were identified at positions c.233_c.234insT and c.2909G>A, which have not been documented in the pertinent databases. In accordance with Mendelian inheritance patterns, the likelihood of the disease manifesting in the patient's siblings was 1/4. However, it is important to note that the patient's brother and sister had no similar history of the disease, and no genetic testing was conducted on them.

Misdiagnosis and underdiagnosis are common occurrences in cases of Abernethy malformation and CF. A comprehensive medical history and meticulous physical examination are invaluable in enhancing diagnostic accuracy. In the presence of splenomegaly, varices of the digestive tract, and hepatic encephalopathy, it is imperative to consider the potential occurrence of Abernethy malformation. Similarly, when encountering a patient with recurrent respiratory tract infections, alongside a history of hemoptysis and abnormal sweating, it is crucial to contemplate the possibility of CF. Patients with Abernethy malformation accompanied with upper gastrointestinal varices may have hematemesis after food stimulation, and CF may also have massive hemoptysis due to bronchiectasis. When inquiring about the history, it is imperative to exercise caution in accurately identifying the two conditions.

The management of Abernethy malformation encompasses both conservative approaches and surgical interventions aimed at rectifying abnormal blood flow^[16, 17]. Conversely, CF is primarily addressed symptomatically to mitigate respiratory infections, impede disease advancement, and the advent of genetic testing technology has emerged as a valuable tool to enhance diagnosis and treatment precision^[10, 18]. Consequently, patients exhibiting clinical suspicion of CF necessitate routine genetic testing.

CONCLUSION

Coexisting Abernethy malformation and CF are rare. In cases where patients present with unexplained thrombocytopenia, splenomegaly, and hypersplenism, it is advisable to use enhanced abdominal CT to detect Abernethy malformation. In instances where children exhibit symptoms such as hemoptysis, recurrent respiratory infections, and bronchiectasis, it is crucial to raise awareness regarding the possibility of CF, and genetic testing may be conducted to establish a conclusive diagnosis. The co-occurrence of Abernethy malformation and CF is a clinically infrequent phenomenon that necessitates a detailed clinical history, as well as comprehensive laboratory and imaging evaluation to improve diagnostic accuracy.

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