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Labial inverse dilaceration of bilateral maxillary central incisors: a case report

Dilacerated bilateral maxillary central incisors

Junmin Wang, Lifeng Guo, Liqiong Ma, Jing Zhang

Abstract

BACKGROUND

Dilaceration is a rare dental developmental anomaly characterized by an abrupt deviation along the longitudinal axis of the root in which an angulation forms between the root and the crown. Here, we report on dilacerated bilateral maxillary central incisors in mixed dentition.

CASE SUMMARY

A 10-year-old female patient presented the main complaint of unerupted central incisors. An oral examination and radiography provided the basis for a diagnosis of dilaceration of the maxillary central incisors. After surgical exposure of the impacted teeth, a button with an attached chain was applied to the palatal surface of teeth 11 and 21. After 8 months, a button was bonded to the labial surface of the crown to fix an elastic chain and move the teeth toward the maxillary arch. Finally, a fixed appliance was applied to tooth alignment to class 1 malocclusion using an 0.019×0.025-in nickel-titanium wires. After 3 years of follow-up, the clinical findings and radiographic assessment showed that the roots had developed with vital dental pulp and healthy periodontium, were acceptable aesthetically, and showed no resorption.

CONCLUSION

The rare occurrences of dilacerated bilateral maxillary central incisors can be successfully treated through surgical exposure and orthodontics.

Key Words: Dilaceration; Traumatic injury; Central incisors; Child; primary tooth; Case report

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Core Tip: Here, we report on a rare case of maxillary bilateral central incisors with severe root dilaceration in mixed dentition that we treated with surgical exposure followed by orthodontic treatment. The dilacerated teeth were successfully moved into the proper position with an aesthetically acceptable outcome at the three-year follow-up assessment. We also discuss the timing of and prognosis for treating dilacerated teeth.

INTRODUCTION

Dilaceration is a dental deformity characterized by ³an abrupt change in the axial angulation between the crown and the root of a tooth that may appear both in deciduous and permanent dentition. It causes severe aesthetic and subsequent psychological concerns for patients during the mixed dentition period ^[1,2]. The suspicion of dilacerated teeth is usually based on radiographic images, while treating a dilaceration tooth poses great challenges for clinicians due to its difficult positioning and abnormal root. The criteria for identifying root dilaceration in the recent literature vary. Some authors defined the longitudinal axis of the tooth to form an angle equal or greater than 90 between the crown and the root, whereas others are inclined to define a deviation from the normal axis ³of 20 degrees or more in the apical part of the root ^[3].

The possible etiological factors for dilaceration include traumatic injury, developmental disturbances, and developmental syndromes. In preschool children, acute facial trauma is the most common cause. Thus, the impact of a blow can transfer vertically up to the unerupted germ, which displaces the calcifying part of the permanent germs and makes them angle with the rest of the germs ^[4]. The incisal edge of the successor tooth becomes displaced in the labial direction while the Hertwig's epithelial root sheath continues to develop in its original place ^[5]. Finally, the crown of the permanent central incisor moves labially with root development. The extent ⁶of the disorder depends on the age of the patient suffering the trauma, the stage of development of the tooth, and the range of root resorption.

This clinical case shows a rare case of maxillary bilateral central incisors with severe root dilaceration in mixed dentition that we treated with surgical exposure followed by

orthodontic treatment. The dilacerated teeth were successfully moved into the proper position with an aesthetically acceptable outcome at the three-year follow-up assessment. We also discuss the timing of and prognosis for treating dilacerated teeth.

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CASE PRESENTATION

Chief complaints

A 10-year-old girl was brought to the Department of Endodontics at Anhui Medical University in China with a chief complaint of unerupted bilateral maxillary central incisors.

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History of present illness

The patient presented to the Department of Endodontics, Anhui Medical University, China, with a chief complaint of unerupted central incisors.

History of past illness

The patient reported that she suffered maxillofacial trauma from a fall at the age of 5 years. The deciduous incisor underwent severe luxation, but no dental treatment was performed at the time.

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Personal and family history

The patient had a noncontributory personal and family history. Her general physical condition was healthy.

Physical examination

An intraoral examination showed the absence of 11 and that 21 presented with mesiolabial migration while the primary central incisors were present. Radiography revealed the germ of 11 and that 21 with root dilaceration and the crown point to the nasal cavity. Again, the patient's general health condition was good, and she presented mixed dentition with Class I malocclusion.

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Laboratory examinations

The patient's blood test results were all normal.

Imaging examinations

To assess the detailed three-dimensional positioning of the root, a cone-beam computed tomography (CBCT) scan was performed. The scan revealed that the roots of 11 and 21 were positioned horizontally, with the crowns in the transverse position. The roots were dilacerated and the crowns being directed toward the nasal cavity. The root development was Nolla stage 9.

FINAL DIAGNOSIS

A diagnosis of severe dilacerated maxillary incisors was made.

TREATMENT

Because the parents refused extraction and strongly desired to preserve the teeth, surgical traction and orthodontic surgical treatment were selected as the method for correcting the axes of teeth 11 and 21. The parents were informed of the treatment plan, the risk of failure, and the possible complications. After the extraction of the primary incisors, a full-thickness triangular mucoperiosteal flap was raised to expose the palatal side of the dilacerated tooth while the patient was under local anesthesia. A button with an attached chain was attached to the palatal surface of teeth 11 and 21. The elastic chain was secured to the maxillary arch and changed every month. The flap was repositioned and sutured with absorbable synthetic surgical sutures. After 8 mo, when the incisal edge of teeth 11 and 21 were transparent through the alveolar mucosa, the second surgery was performed. A full-thickness flap was again made while the patient was under local anesthesia, and a button was bonded to the labial surface of the crown to fix an elastic chain. The elastic chain was secured to the maxillary arch. The traction continued for 8 mo, during which the incisors were guided to the proper arch. A final

fixed appliance was applied to the tooth alignment using an 0.019×0.025-in nickel-titanium wires, and the patient was provided with a retainer and placed on a routine maintenance schedule at 3- to 6-mo intervals.

OUTCOME AND FOLLOW-UP

At the 3-year recall evaluation, the impacted bilateral maxillary central incisors were successfully positioned into properly aligned with an aesthetically acceptable gingival contour through the two-stage crown exposure surgery and orthodontic traction (Fig 4). Tipped molars and Class I malocclusion have been corrected, with no observable adverse effects. The final appearance of the teeth was aesthetically acceptable, and they functioned properly. No adverse effects were observed concerning pulp vitality, color change, or mobility. CBCT scan showed that the closure apices of 11 and 21 and the crowns were properly aligned and that the ideal overbite, overjet, and resolution of the insufficient incisal space had been achieved. The indicated proper alignment of the incisor root and normal lengths of the adjacent teeth. The dilacerated incisor root continued to mature during the post-treatment phase. The exposed incisor after completed treatment presented an acceptable gingival contour and attached gingiva after the completion of the treatment.

DISCUSSION

Crown dilacerations with palatal angulation are more prevalent in upper incisors. Hohayeb reported that upper incisors have a dilaceration frequency as high as 98%^[6]. The etiological factors contributing to dilaceration are not fully understood. Traumatic dental injury frequently occurs before the eruption of the permanent teeth and is a widely accepted etiology for dilaceration of the anterior teeth among preschool children^[7]. 22.7% children has oral injuries before 6 ages^[8]. The maxillary incisor bud, which is located palatally to the apex of the primary incisor, moves gradually upward and forward in a vestibular direction accompanied by resorption of the primary incisor root. The fibrous connective tissue between the primary maxillary incisor and the

succedaneous tooth is less than 3 mm thick ^[9]. The narrow anatomical relationship can easily result in severe dilaceration when the primary tooth suffers an axial traumatic injury. Further, the axial impact force the incisal edge of the permanent crown displacement while the Hertwig's epithelial sheath remains unaltered, maintaining its initial direction^[1]. Therefore, an angle formed between the crown and the root. One study reported no gender difference in the prevalence of root dilaceration^[2] while another reported a male-to-female ratio of 6:1^[4]. Other researchers have found dilaceration in the posterior teeth, and this finding is inconsistent with the view that trauma is the major etiological factor^[3]. Stewart studied 41 cases of dilacerated incisors and found that only 22% of the patients had a history of injury^[10]. Idiopathic developmental disorder, facial clefting and/or hereditary factors are suggested as potential factors when there is no clear evidence of traumatic injury^[11].

⁷ If the roots bend mesially or distally, the dilaceration is evident on a periapical radiograph. However, if the dilaceration is towards the labial/buccal or palatal/Lingual direction, the X-ray is difficult for diagnosis of root dilaceration. Besides, Dilacerated root is ⁶ difficult to differentiate from fused roots, condensing osteitis, or a dense bone island by X-ray. Therefore, CBCT is strongly recommended to evaluate the root toward palatal/Lingual direction and assess the three-dimensional images of the root clearly. In addition, CBCT is benefit for assessing the thickness of the cortical and cancellous bone, and thus, help the dentist to optimum the proper treatment and prevent complications ^[12]. The dose from CBCT is much lower than conventional CT ^[13]. Therefore, CBCT scans from a variety of angles are recommended to aid in the diagnosis, ³ which can help to determine the exact location and angulation of the dilaceration.

The treatment of dilacerated incisors requires a multidisciplinary approach involving two main therapies beginning with the extraction of the affected teeth and followed by prosthetic restoration. Alternatively, when the parents of preschool children reject extraction because of the emotional problems associated with the loss of the anterior teeth. Successful treatment of impacted central incisors with surgical exposure followed by orthodontic traction has been demonstrated in previous studies by Pinho *et al* and

Bayram *et al* [12,14,15]. No consensus has emerged among researchers in this regard, with many preferring to preserve the impacted permanent tooth and achieving satisfactory results in cases in which this approach is appropriate. Han *et al* evaluated 12 patients with inversely maxillary immature central incisors and found continuous development of the impacted teeth root with the same roots, with the length and apical size being the same as normally erupted contralateral incisors and no further alveolar bone loss in the 24-month follow-up period [16].

The success rate for the combined surgical-orthodontic treatment of dilacerated teeth depends largely on the maturity of the root, the position and inclination of the impacted tooth, and the adequate space for the infected tooth [17,18]. Most frequent complications resulting from forced extraction of impacted teeth with dilacerated root and inverted or horizontal crown were as follows: ankylosis, loss of attachment, external root resorption, pulp necrosis, pulp canal obliteration, crown discoloration, root exposure, unaesthetic gingival margin [17,19,20].

During the treatment, the excessive bending angle may affect the adjacent lateral incisor or penetrate the labial mucosa and damage the periodontal tissue [21]. McNamara *et al* emphasized that the integrity of the Hertwig's epithelial sheath is decisive, playing a crucial role in the continuous development of and prognosis for a dilacerated tooth [22]. The prognosis is relatively good for a dilacerated tooth with an immature root apex, obtuse angulation, and a more occlusal position in the alveolar crest [18]. The treatment period increases with the patient's age; thus, late mixed and full permanent dentition requires lengthy surgical-orthodontic treatment. Therefore, early orthodontic intervention treatment is recommended to create more space for root formation and enhance the benefits of further treatment. its treatment poses great challenges in terms of restoring the aesthetic appearance aspect without damaging the adjacent teeth or periodontal tissue.

CONCLUSION

The present case study demonstrated the successful treatment of bilateral maxillary central incisors with severe root dilaceration through surgical exposure and orthodontic treatment.

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