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Omental fibroma combined with right indirect inguinal hernia masquerades as a scrotal tumor: A case report and review

Ping Zhou *et al.* **Omental fibroma indirect inguinal hernia**

Abstract**BACKGROUND**

The most common causes of scrotal enlargement in patients include primary tumor of the scrotum, inflammation, hydrocele of the tunica vaginalis, and indirect inguinal hernia; scrotal enlargement caused by external tumors of the scrotum is rare. The patient had both a greater omentum tumor and an inguinal hernia, and the tumor protruded into the scrotum through the hernia sac, which is even rarer. Moreover, omental tumors are mostly metastatic, and primary omental fibroma is rare.

CASE SUMMARY

Here, we report a rare case of a 25-year-old young man with scrotal enlargement and pain for 3 months. Preoperative examination and multidisciplinary discussions considered intra-abdominal tumor displacement and inguinal hernia, and intraoperative exploration confirmed that the greater omentum tumor protruded into the scrotum. Therefore, tumor resection and tension-free inguinal hernia repair were performed. The final diagnosis was benign fibroma of the greater omentum accompanied by an indirect inguinal hernia.

CONCLUSION

This unusual presentation of a common inguinal hernia disease illustrates the necessity of performing detailed history taking, physical examination, and imaging before surgery.

Key Words: Hernia; Indirect inguinal hernia; Fibroma; Omental tumor; Scrotal tumor; Greater omentum; Case report

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Core Tip: Intrascrotal tumors are common male reproductive system-related tumors and are mostly primary tumors. In this case, the tumor in the scrotum of the patient was not a primary tumor of the scrotum or a metastatic lesion of other tumors. Instead, a primary lesion of the greater omentum fibroma in the abdominal cavity was completely displaced to the scrotum, which is a rare occurrence. We searched the studies included in PubMed since 2011 and found four similar reports of fibromas herniating into the scrotum, originating from the greater omentum, mesentery, and appendix. Analysis showed that the patients' tumor activity was high, and all patients also had an inguinal hernia, which was the basis of the disease. This case reminds us that even the most common diseases may have various unexpected situations, and it is necessary to conduct detailed inquiries and physical examinations on the patient and complete relevant preoperative examinations and tests to avoid misdiagnosis. When the patient's condition is complex, multidisciplinary joint diagnosis and treatment are needed to choose the most suitable treatment method.

INTRODUCTION

Intrascrotal tumors are common male reproductive system-related tumors and are mostly primary tumors. In this case, the tumor in the scrotum of the patient was not a

primary tumor of the scrotum or a metastatic lesion of other tumors. Instead, a primary lesion of the greater omentum fibroma in the abdominal cavity was completely displaced to the scrotum, which is a rare occurrence. We searched the studies included in PubMed since 2011 and found four similar reports of fibromas herniating into the scrotum, originating from the greater omentum, mesentery, and appendix. Analysis showed that the patients' tumor activity was high, and all patients also had an inguinal hernia, which was the basis of the disease. This case reminds us that even the most common diseases may have various unexpected situations, and it is necessary to conduct detailed inquiries and physical examinations on the patient and complete relevant preoperative examinations and tests to avoid misdiagnosis. When the patient's condition is complex, multidisciplinary joint diagnosis and treatment are needed to choose the most suitable treatment method.

1

CASE PRESENTATION

Chief complaints

A 25-year-old male patient presented to the Department of Urology, South China Hospital of Shenzhen University, because of "right testicular pain for 3 months, aggravated for 1 wk".

History of present illness

The patient developed right testicular pain without obvious cause 3 months prior with intermittent attacks accompanied by gradual enlargement of the scrotum and lower abdominal pain 1 wk prior.

History of past illness

Previously healthy and without any other illnesses.

6

Personal and family history

No special.

Physical examination

Physical examination revealed that the patient had a mass in the right groin area varying in size with the position of the body, which could be partially returned, and there was a sense of impact in the inner ring opening when coughing. The patient had significant scrotal swelling, and approximately 5 cm of mass could be felt, accompanied by light tenderness.

Laboratory examinations

CEA 1.49 ng/mL, AFP 2.90 ng/mL, HCG 0.15 IU/L, LDH 148u/L ↓

Imaging examinations

B ultrasound: right inguinal oblique hernia, hernia sac considered omentum, right scrotal solid mass.

Total abdominal CT enhancement: right oblique inguinal hernia, hernia contents may be greater omentum. Right scrotal mass, no obvious enhancement, and superior mesenteric artery branch blood supply? The possibility of tumors of mesenteric origin was considered (Figures 1 and 2).

Pelvic MR enhancement: right scrotal mass with slightly short T1T2 signal, low signal in DWI lesion, mixed ADC image with slightly low signal shadow, mild enhancement after enhancement, and clear boundary between the tumor and right testicle.

MULTIDISCIPLINARY EXPERT CONSULTATION

After completing relevant examinations, the patient was considered to have a right inguinal hernia complicated with a scrotal tumor after discussion by the urological and gastrointestinal surgeons before surgery. The mass was most likely to be a greater omentum tumor. Mesenteric tumors and primary tumors in the scrotum are less likely.

The nature of the tumor was unknown, and it was to be surgically removed directly. No preoperative puncture was performed to avoid the risk of tumor spread.

FINAL DIAGNOSIS

Omental fibroma combined with right indirect inguinal hernia.

Postoperative pathological diagnosis: Right greater omentum mass, spindle cell proliferative lesion, considered benign or low-grade mesenchymal tumor, tended to be fibrous or fibroblastic in origin (Figure 5).

Immunohistochemistry: Vim+, Ki67<1%, SMA, Desmin, CD34, S100, STAT6, ALK, MUC4, EMA, CD117, DOG1, and β -catenin (GUANGZHOU KINGMED CENTER FOR CLINICAL LABORATORY).

Genetic testing

A CTNNB1 gene mutation was detected (Ruijin Hospital, Shanghai Jiao Tong University School of Medicine).

Pathological consultation

Combined with the results of the original unit's immunohistochemistry and our unit's genetic test, it was judged to be consistent with fibromatosis (Ruijin Hospital, Shanghai Jiao Tong University School of Medicine).

TREATMENT

Intraoperative exploration: Through the right groin incision exploration, the tumor was confirmed to be of greater omentum origin, hard, completely enveloped, and approximately 6*5 cm in size. In addition, several nodules the size of rice grains were observed in the protruding omentum, and no abnormalities were observed in the right spermatic cord or testicular exploration. No obvious abnormality was found in any organ of the abdominal cavity by laparoscopy combined with exploration.

The greater omentum mass and part of the omentum nodule were resected and sent for rapid frozen section examination (Figures 3 and 4).

Intraoperative rapid frozen section examination revealed that the greater omentum mass was a benign spindle cell tumor, and the omentum nodule was considered a benign lesion.

Then, right inguinal oblique hernia tension-free repair was performed, and the operation was complete.

The patient was discharged the following afternoon.

OUTCOME AND FOLLOW-UP

The patient recovered well after the operation, and the stitches were removed in the outpatient department after discharge.

B ultrasound was reviewed 4 months after surgery, and total abdominal CT was reviewed 7 months after surgery. There was no recurrence of inguinal hernia, no recurrence of tumor, and no bad performance was found in the abdominal cavity, inguinal region or scrotum.

At a follow-up visit 7 months after the surgery, the patient felt fine, with no protrusion of the right inguinal hernia, no swelling of the scrotum, and no pain or discomfort.

DISCUSSION

Review :

We conducted a systematic search of the PubMed database with the following key words: inguinal hernia, scrotum, and fibroma. A total of 4 cases of intraabdominal fibroma protruding into the scrotum, with inguinal hernia as the manifestation, have been reported since 2011 (Table 1).

The age of the patients ranged from 18 to 51 years. The medical history ranged from 1 to 4 months, and the tumor diameter ranged from 2.5 cm to 19 cm. Tumor sources included the greater omentum, mesentery, and appendix, all of which are considered benign lesions.

Omental fibroma :

Of all omental tumors, metastatic malignant tumors are the most common, and they mainly occur in the stomach, colon, pancreas, and ovary^[5]. Primary peritoneal tumors are rare and can be benign or malignant, accounting for approximately 50% each^[6]. Malignant tumors commonly include leiomyosarcoma and hemangiopericytoma. Benign tumors commonly include lipomas, leiomyomas, fibromas, and neurofibromas, with omental fibromas accounting for approximately 2%^[7-9]. Cases where tumors fall into the scrotum and manifest as inguinal hernias are even rarer^[1-4].

Surgical resection is the main treatment method, in which local resection of benign omental tumors is effective and rarely relapses. Tumor markers, B-ultrasound, and CT examination are helpful for preoperative diagnosis and localization.

Scrotal tumor :

Scrotal tumors include primary tumors of the scrotum, metastatic tumors, and tumors that herniate into the abdominal cavity^[10]. Primary tumors of the scrotum mainly include testicular tumors and testicular adnexal tumors^[11].

The incidence rate of testicular tumors is approximately 1/100000, accounting for 1-2% of male tumors. More than 90% of testicular tumors are malignant tumors, including germ cell tumors, sex cord/stromal tumors, and secondary tumors, among which germ cell tumors account for more than 90%. Testicular adnexal tumors refer to tumors originating from the epididymis, spermatic cord, white membrane, seminal vesicle, and supporting tissues, which are rarely seen clinically^[12,13].

Before surgery, B-ultrasound, CT, MRI, and other examinations are recommended^[14,15]. Additionally, complete laboratory tests, such as those for HCG, CEA, AFP, and LDH, are recommended.

Inguinal hernia mistaken for tumor :

The common locations of a hernia sac are the omentum and small intestine, while others include the cecum, appendix, sigmoid colon, bladder, uterine appendages, abdominal tumors, and so on^[16]. If the hernia content cannot be returned to the abdominal cavity, the possibility of incarceration, adhesion, and tumor invasion should

be considered^[17]. However, it should be noted that the appendix, fecal mass, incarceration, edematous intestinal canal, and even extraperitoneal fat are easily misdiagnosed as tumors^[18].

CONCLUSION

Surgeons need to be aware that scrotal masses caused by inguinal hernia can be associated with tumors. In this case report, a patient with a greater omentum tumor complicated with indirect inguinal hernia had a clinical manifestation of a scrotal mass.

The purpose of the surgery was to remove the tumor while repairing the inguinal hernia. During the operation, the hernia sac and its contents were carefully explored, and the tumor was removed. It was then sent for rapid frozen section examination to determine whether the surgical resection scope needed to be expanded and whether a patch should be placed during the operation^[19,20]. The type of pathology after surgery determines whether the patient needs further treatment after surgery. Finally, the follow-up work of surgical patients after discharge is also a factor that cannot be ignored.

This case report provides information to help doctors choose an optimal treatment plan, reducing medical risks and ultimately benefiting patients. These are issues that doctors need to consider.

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