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Rare case of granulomatous lobular mastitis

Armin Kamyab

**Abstract**

Granulomatous lobular mastitis is a rare inflammatory disease of the breast of unknown etiology. Most present as breast masses in women of child-bearing age. We report the case of a 29 year old female eleven months postpartum, who presented with a swollen and tender right breast, with a large area of firmness, initially misdiagnosed as mastitis. Core needle biopsy revealed findings consistent with granulomatous lobular mastitis. She was started on steroid therapy to which she responded well. Granulomatous lobular mastitis is a rare inflammatory disease of the breast. The definitive diagnosis entails a biopsy. Certain pathologic features can overlap with other breast conditions, and therefore other causes of chronic or granulomatous mastitis should be ruled out. There is no definitive consensus on the appropriate treatment. Most studies however favor medical management over surgical excision. The surgeon must remain vigilant in all breast masses, and ruling out cancer remains the priority. With pathologic confirmation of granulomatous lobular mastitis, medical management is appropriate,

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