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Treatment of hemorrhoids: A survey of surgical practice in Australia and New Zealand

George E Fowler, Javariah Siddiqui, Assad Zahid, Christopher John Young

Abstract

BACKGROUND

Hemorrhoidal disease is the most common anorectal disorder. Hemorrhoids can be classified as external or internal, according to their relation to the dentate line. External hemorrhoids originate below the dentate line and are managed conservatively unless the patient cannot keep the perianal region clean, or they cause significant discomfort. Internal hemorrhoids originate above the dentate line and can be managed according to the graded degree of prolapse, as described by Goligher. Generally, low-grade internal hemorrhoids are effectively treated conservatively, by non-operative measures, while high-grade internal hemorrhoids warrant procedural intervention.

1
AIM

To determine the application of clinical practice guidelines for the current management of hemorrhoids and colorectal surgeon consensus in Australia and New Zealand.

METHODS

An online survey was distributed to 206 colorectal surgeons in Australia and New Zealand using 17 guideline-based hypothetical clinical scenarios.

RESULTS

There were 82 respondents (40%) to 17 guideline-based scenarios. Nine (53%) reached consensus, of which only 1 (6%) disagreed with the guidelines. This was based on low quality evidence for the management of acutely thrombosed external hemorrhoids. There were 8 scenarios which showed community equipoise (47%) and they were



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Treatment of anal fissure: a survey of surgical practice in Australia and New Zealand J. Siddiqui
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Haemorrhoids (also spelt hemorrhoids), or 'piles', are lumps that occur inside and around the anal passage (back passage) which contain swollen and enlarged blood vessels. Haemorrhoids are common, and are often associated with constipation. Other risk factors for developing haemorrhoids include: 1. being over 50 years of age 2. being pregnant 3. being overweight. If you have haemorrhoids you may notice bright red blood on the toilet paper or in the toilet when you have a bowel motion. There may...

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Less often, a surgical procedure called haemorrhoidectomy may be needed. Here, an operation is carried out under general anaesthetic to surgically remove the haemorrhoids. For more information about surgery for haemorrhoids visit the Colorectal Surgical Society of Australia and New Zealand website.

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Mar 11, 2016 · The web-based survey was distributed by email to all members of the Colorectal Surgery