

Religiousness and mental health: a review

https://pubmed.ncbi.nlm.nih.gov/16924349

Objective: The relationship between religiosity and mental health has been a perennial source of controversy. This paper reviews the scientific evidence available for the relationship between religion and mental health. Method: The authors present the main studies and conclusions of a larger systematic review of 850 studies on the religion-mental health relationship published during the 20th ...

Cited by: 1154 Author: Alexander Moreira-Almeida, Francisco Lo...

Publish Year: 2006

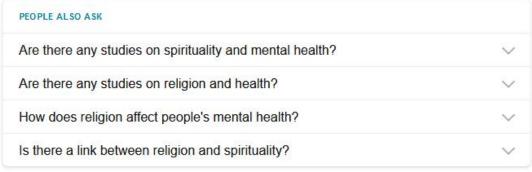
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Sep 04, 2019 · This chapter reviews the main and most robust scientific evidence on the relationship between Religiousness/Spirituality (R/S) and mental health. We discuss the proposed mechanisms involved in this relationship, such as purpose and meaning in life, optimism, gratitude, social support, self-esteem, cognitive framework (involving, for example, a sense of coherence), healthier lifestyle, etc.

Cited by: 2 Author: Alexandre de Rezende-Pinto, Cristiane Si...

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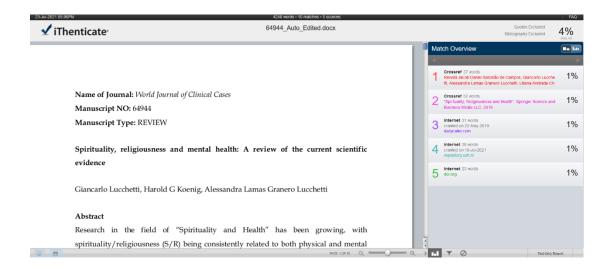


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