





## Lumbar Disc Herniation - National Institutes of Health

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5685963

Oct 04, 2017 · Pathology of LDH. The intervertebral disc consists of an inner nucleus pulposus (NP) and an outer annulus fibrosus (AF). The central NP is a site of collagen secretion and contains numerous proteoglycans (PG), which facilitate water retention, creating hydrostatic pressure to resist axial compression of the spine [3, 4]. The NP is primarily composed of type II collagen, which accounts for ...

Cited by: 104 Author: Raj M. Amin, Nicholas S. Andrade, Brian ...

Publish Year: 2017

## Ten-Step Minimally Invasive Spine Lumbar Decompression ...

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<_	Abbreviation	ons Methods	Discussion	Conclusion	References	>
1. LFI	igamentum flav	um				
2. MIS	Sminimally inva	sive spine				
3. MT	Dmicrosurgical	tubular discectomy				
4. MT	Fmicrosurgical	tubular foraminotomy				
See m	ore on academ	ic.oup.com				
Cited	ed by: 24 Author: Mohamed Abdelatif Boukebir, Connor Dav					
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