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Rare post-ERCP complications: can we avoid them?

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Abstract

Regarded minimally invasive, endoscopic retrograde cholangiopancreatography (ERCP) is a common procedure used to manage various pancreaticobiliary disorders. The rate of complications' occurrence is low and starts from 4% for diagnostic interventions. The group of most frequent negative outcomes is commonly known and includes pancreatitis, cholecystitis and hemorrhage. Rare adverse effects occur occasionally but carry a significant risk of unexpected and potentially dangerous results. In some cases, including splenic injury, the knowledge of pre-existing conditions might be helpful in avoiding the unwanted outcome, in others the risk factors are not clearly defined. Such situations demand increased caution in the post-ERCP period. The appearance of abdominal pain, peritoneal symptoms or instability of the patient's hemodynamical condition should alert the physician and lead to further investigation of the possible causes. The diagnostic process usually involves imaging tests. The implementation of the appropriate treatment should be immediate, as many of the rare complications carry the risk of dangerous, even potentially lethal, results.

INTRODUCTION

Endoscopic retrograde cholangiopancreatography (ERCP) is nowadays a common procedure used to manage various pancreaticobiliary disorders, including bile duct stones, malignant obstructions and strictures. Regarded minimally invasive, diagnostic

ERCP is a technique with a low complication rate starting from 4%, though significantly rising up in cases of a therapeutic procedure [1, 2]. The most common complications include: pancreatitis (1.7 - 4.9%), hemorrhage (1.2 - 4.5%) and cholangitis (0.6 - 2.3%) [3, 4]. The history of previous pancreatitis and cholecystitis has been well-documented risk factor of post-ERCP pancreatitis (PEP) and post-ERCP cholecystitis (PEC) [5, 6], while a pre-cut sphincterotomy increases the risk of a post-ERCP hemorrhage [7].

The group of less common post-ERCP adverse effects is diverse and heterogeneous, which makes it much more difficult to predict and, therefore, manage. Unexpected complications might be a result of the introduction of the endoscope itself or of its accessories (i.e. a variety of splenic and hepatic injuries, impaction of the stone retrieval basket or stent migration, colonic or small bowel perforation), or might be due to the air leakage (localized or systemic embolism, pneumothorax), caused by an allergic reaction to the contrast, or might as well be the consequence of existing comorbid diseases (i.e. cardiopulmonary events and sedation-related adverse effects). The uncommon post-ERCP complications occur significantly less often than PEP or PEC. The Italian systematic review presents the rate of 1.3%, with a mortality rate 0.07% (12,973 patients with a total of 173 rare adverse effects and 9 deaths) [8]. While the occurrence of miscellaneous complications seems low and insignificant, it tends to extend the length of the patient's hospitalization, might result in surgical interventions and, possibly - in rare cases - cause death. Therefore, the awareness of its existence is crucial in order to recognize the problem, manage it properly, and avoid the possible negative outcomes.

Commonly known adverse effects, such as PEP, had been already analyzed thoroughly from multiple points of view. This review focuses on the rare post-ERCP complications, mostly those directly connected to the technical aspects of the procedure, especially the ones requiring a surgical intervention. We take a closer look at some of the possibly severe final outcomes and discuss potential strategies of prevention and management. In order to present the subject in a clear manner, the various post-ERCP complications have been divided into minor groups.

SPLENIC INJURY

While splenic injuries as a result of colonoscopy are well documented, cases of post-ERCP splenic injuries remain rare. The severity of possible negative outcomes varies, but even though they are not common, they can potentially be lethal ^[9]. Possible risk factors for this uncommon complication include chronic pancreatitis, as the calcified ligaments stiffen and decrease the mobility of the organs ^[10]. Another presumed mechanism of the complication might be the bowing of the endoscope with torsion of the greater curvature while cannulating the papilla ^[11]. Post-operative adhesions due to prior surgical abdominal interventions might also lead to splenic injury, as they decrease the mobility between the spleen and other organs ^[12].

1 According to the American Association for the Surgery of Trauma, splenic injury can be graded depending on the severity of the damage [Table 1].

1 Table 1. American Association for the Surgery of Trauma: Splenic injury grading scale [13].

A post-ERCP splenic injury was first reported in 1989 by Trondsen *et al* ^[14]. The case considered a 46-year-old female patient who underwent ERCP with sphincterotomy which resulted, 15 h later, in splenectomy due to the decapsulated spleen. Although most of the post-ERCP splenic injuries require a surgical procedure, in less severe cases, such as subcapsular hematomas ^[15], peri-splenic hematomas ^[11] or splenic abscess ^[16], the management might be conservative.

One of the latest reports on the subject presents a non-surgical approach to the post-ERCP spleen injury. Bajwa *et al* submitted a case of an 83-year-old woman who underwent ERCP procedure with sphincterotomy which resulted in formatting a grade 3 splenic laceration with intraparenchymal and subcapsular hematoma and moderate peritoneal free fluid. As the patient maintained hemodynamically stable with no signs of peritoneal symptoms, the management remained conservative ^[17]. Splenectomy becomes a procedure of choice in more severe cases including a rupture of the spleen ^[18]

or an avulsion of the short gastric vessels [12]. The decision should consider the dynamics of the patient's condition as they do not always present with acute abdomen and the onset of the symptoms might often be delayed. As the pain in the upper left abdomen is not always accompanied by signs of peritoneal irritation or significant decrease of hemoglobin levels, it should itself be considered a strong premise to diagnose the possible causes. All the reports on the subject acknowledge that a fast response in those cases is crucial for properly managing the issue.

HEPATIC INJURY

Subcapsular hepatic hematoma is an incidental but potentially dangerous complication. The pathological mechanism of this unique event might be explained by accidental puncture and laceration of small parenchymal vessels by an endoscopic guide wire [19]. Figure 1. Computed tomography presenting an example of advanced hepatic hematoma of the right lobe.

Subcapsular hepatic hematoma as a post-ERCP complication was first presented in 2000 by Ortega *et al* [20]. ERCP was performed on an 81-year-old man due to choledocholithiasis. Following the procedure, the patient presented abdominal pain and a CT scan revealed a hepatic hematoma. Drainage was the management chosen in this case, with a catheter left for three weeks after the puncture. According to Pivetta *et al* [21], a total of 61 cases were reported worldwide as for the year 2020.

The latest case, not included in the Pivetta report, presented by Petrucci *et al* [22], considers a 43-year-old female who underwent ERCP for a stent removal. The abdominal pain in the right upper quadrant appeared the following day and the CT scan revealed a subcapsular hepatic hematoma affecting most of the right lobe. The management was conservative at first, but as the pain reappeared accompanied by fever, the patient underwent series of procedures, including interventional radiology guided drainage, laparoscopic washout and laparotomy with necrosectomy of the liver capsule.

Subcapsular hepatic hematoma should be considered in case of post-ERCP clinical symptoms such as persistent abdominal pain, peritoneal symptoms and hypotension. Although significant, the laboratory test results should not be considered main indicators of this complication, except for a decrease of haematocrit and haemoglobin levels. Imaging, such as computed tomography and ultrasound, is a helpful tool to confirm the diagnosis and evaluate the necessity of a surgical intervention [23]. With various possibilities of action, a decision must be made based on the clinical and hemodynamical status of the patient. In most cases concerning hemodynamically stable patients, a conservative management is the treatment of choice. This includes the use of prophylactic antibiotics due to the risk of an infection of the hematoma, and continuing the monitoring of the patient's hemodynamical status [24]. In the event of instability of the patient's status, a more invasive treatment should be introduced. Procedures such as selective embolization of a branch of the hepatic artery or percutaneous drainage of the hematoma might be helpful in cases of active bleeding and decrease of haemoglobin and the haematocrit levels [25]. In rare situations of advanced hematoma with haemorrhage, surgical intervention in the form of laparotomy drainage with haemostasis must be considered after analysis of the patient's hemodynamical and clinical status [26, 27]. In those cases, it is necessary to monitor the patient in the postoperative period by instruments such as computed tomography or ultrasound.

PERFORATION

According to the studies performed in the last decade, the incidence of ERCP-related perforation ranges from 0.08 to 0.7%, with endoscopic sphincterotomy and guidewire injury being most assumed etiologies [28, 29]. Suggested risk factors associated with post-ERCP duodenal perforation include biliary stricture dilatation, sphincterotomy, sphincter of Oddi dysfunction and dilated common bile duct. ³ Patients with surgically altered anatomy (i.e. due to the previous Billroth II or Roux-en-Y operation) are more at risk of bowel perforation [30].

ERCP-related perforations can be divided into four different types, according to the cause mechanism and the need of a surgical intervention [Table 2].

Table 2. Types of ERCP-related perforations according to Stapfer *et al* [31].

In terms of prevention, it is crucial to recognize the risk factors before the procedure. Complicated cases should be handled by skillful and experienced endoscopists. Patients with history of previous surgical anatomy alterations might be considered for “endoscopic scanning” in order to evaluate the conditions before the main procedure. A balloon dilatation over the guidewire might be helpful in preparing the way for a duodenoscope into the strictures [32]. Type II perforations can be avoided by a cautiously performed sphincterotomy with stepwise incisions.

Surgery is usually required in cases of type I or type II perforations, though the decision should be made taking into account the clinical state of the patient and the severity of the leak. Endoscopic treatment is possible for smaller-range perforations where endoloop application combined with clipping or placing a covered metal stent prevents the need of a surgical intervention [33, 34]. Type III duodenal perforations, including the ones related to the migration of the stents, can also be treated with endoscopic clippings [35].

STENT RELATED COMPLICATIONS

Occlusion is one of the most common complications resulting from inserting plastic or metal biliary and pancreatic stents during the procedure of ERCP. In cases of malignant strictures this rather late negative outcome is a result of the progression of the primary disease [36]. The group of rare complications related to stenting includes migration, misplacement and dislodgement, with the latter resulting, in some cases, in intestinal hemorrhage [37, 38].

Figure 2. The procedure of placing stents in common bile duct.

Patients undergoing endoscopic stent placement are at a risk of a stent migration in approximately 3.5%, with the risk factors including a bile duct benign stenosis, a stenosis of the lower bile duct, and the bile duct diameter being less than 10 mm [39]. A migrating stent can lead to the formation of different types of fistulas, such as bronchobiliary, bile duct-duodenum, and pancreatic-gastric [40, 41]. Other possible and less common complications due to a migrating stent include the previously mentioned perforation of the duodenum and further parts of the gut.

An example of a duodenum injury caused by a migrating stent can be found in a recent case reported by Perez *et al* [42], considering a young female who underwent ERCP stenting due to hepatobiliary tuberculosis. Due to severe abdominal pain, the patient underwent a laparotomy with peritoneal lavage and tube jejunostomy. The operation confirmed a duodenal perforation from a biliary stent migration. The complication led to bacterial peritonitis resulting in a septic shock and the death of the patient. In another case of a migrating stent, described by Paikos *et al* [43], a patient diagnosed with cholangiocarcinoma required ERCP due to the progressive obstructive jaundice. The procedure involved a placement of a plastic stent. Nevertheless, the jaundice persisted despite the procedure. The second ERCP revealed an active ulcer of the duodenum with the stent trapped in it. The patient's condition rapidly worsened, resulting in a respiratory arrest and a heart failure.

BASKET IMPACTION

The conventional treatment of choledocholithiasis includes papillotomy and extracting the stones with a Dormia basket. Removal of larger stones might require additional techniques in which the stone is mechanically fragmented before the extraction [44]. Lithotripsy is effective in 79-92% of the choledocholithiasis cases [45, 46] with the success of the procedure depending mostly on the stone size/bile duct size ratio [47]. One of the rare complications that might occur during the procedure is the impaction of the biliary basket with the incidence rate of 0.26% [4]. The point of the impaction is usually located

at the ampulla but it may also be localized in the main pancreatic duct or the intrahepatic ducts [48, 49].

The retrieval of the basket might become impossible due to different reasons, not only the size of the deposit. The calcification of the stone causes its hardening to the point where a lithotripter is unable to crush it. Cases like this require surgical management, such as choledochomy with cholecystectomy [50]. In rare situations, the extraction of the basket might not be possible *via* choledochotomy and duodenotomy, and must be performed during an emergency operation [51]. Laparoscopic management of impacted Dormia baskets has been presented in a few reports describing common bile duct exploration with choledochoscope and retrieving the trapped basket by a grasper or another biliary basket [52, 53].

CONCLUSION

Rare post-ERCP complications have low incidence rate however, should not be underestimated, since the possible outcomes might be unpredictable. It is important to be aware of the uncommon adverse effects and their clinical presentation in order to diagnose the problem as soon as possible, and implement the relevant treatment. Are we able to avoid those infrequent complications completely though?

The prevention starts before the ERCP procedure itself by acknowledging the risk factors and recognizing cases more exposed to rare, but potentially dangerous incidents. This relates especially to patients with a history of previous abdominal operations (adhesions as a risk factor of splenic injury, prior Billroth II procedure increasing the risk of post-ERCP bowel perforation) [12, 30]. In demanding cases procedures should be carefully performed by experienced and skillful endoscopists with expertise in the matter [54]. Technical difficulties, though challenging, can be overcome by choosing an appropriate approach, suitable for the specific problem. As most of the rare complications are unexpected, it is very important to pay close attention to patient's post-ERCP condition and hemodynamical status. In cases of a splenic or hepatic injury, manifestations such as abdominal pain in the left or right

upper quadrant, respectively, indicate the need for further investigation, especially combined with peritoneal symptoms and decrease of the haemoglobin level ^[18,23]. When unexpected complications occur, a decision needs to be made whether the management of the problem should be conservative or surgical, and the physician must be prepared to adopt adequate treatment immediately.

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