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Rumination Syndrome Symptoms, Causes & Treatment ...

<https://www.buoyhealth.com/diagnoses-a-z/rumination-syndrome> ▾

Treating **rumination syndrome** first involves a **careful diagnosis** with likely rounds of **testing** to rule out similar diagnoses. There is no **definitive treatment** for **rumination syndrome** and management is centered around behavioral modification [10]. Modifications include breathing techniques and **treatment** of any coexisting **psychiatric** conditions.

Rumination Syndrome: A Review of Current Concepts and ...

<https://www.sciencedirect.com/science/article/pii/S0002962915302160>

The **crucial steps** in the **treatment strategy** for **rumination syndrome** rely on reassurance, education and a physiologic explanation to the patient and family that this is not a "**disease**," followed by behavioral and relaxation programs and addressing stress factors.

Cited by: 5

Author: Reza A. Hejazi, Richard W. McCallum

Publish Year: 2014

Diagnosis and Treatment of Rumination Syndrome - Clinical ...

[https://www.cghjournal.org/article/S1542-3565\(18\)30602-5/fulltext](https://www.cghjournal.org/article/S1542-3565(18)30602-5/fulltext)

Rumination syndrome is a functional gastrointestinal disorder characterized by effortless postprandial regurgitation. The disorder appears uncommon, although only limited epidemiologic data are available. Awareness of the characteristic symptoms is essential for recognizing the disorder, and thus avoiding the long delay in diagnosis, that many patients experience.

Cited by: 1

Author: Magnus Halland, John Erik Pandolfino, El...

Publish Year: 2018

Diaphragmatic breathing for rumination syndrome: efficacy ...

<https://onlinelibrary.wiley.com/doi/abs/10.1111/nmo.12737>

Dec 10, 2015 · Ans Pauwels, Charlotte Broers, Brecht Van Houtte, Nathalie Rommel, Tim Vanuytsel and Jan Tack, A Randomized Double-Blind, Placebo-Controlled, Cross-Over Study Using Baclofen in the Treatment of **Rumination Syndrome**, *The American Journal of Gastroenterology*, 113, 1, (97), (2018).

Cited by: 19

Author: Magnus Halland, G. Parthasarathy, Adil ...

Publish Year: 2016

Search Results - ("Rumination syndrome ... - PubMed Health

[https://www.ncbi.nlm.nih.gov/pubmedhealth/?term=\("Rumination...](https://www.ncbi.nlm.nih.gov/pubmedhealth/?term=(%20Rumination...) ▾

Antipsychotic **medications** are approved by the U.S. Food and Drug Administration (FDA) for **treatment** of **schizophrenia**, bipolar **disorder**, and for some drugs, depression. We performed a **systematic review** on the **efficacy** and **safety** of atypical antipsychotic drugs for ...

Name of Journal: *World Journal of Meta-Analysis*

Manuscript NO: 48518

Manuscript Type: SYSTEMATIC REVIEW

Treatment options for rumination syndrome - A Systematic Review

Ong AML *et al.* Treatment for RS

Andrew Ming-Liang Ong, Shu-Wen Tay, Yu-Tien Wang

Abstract

BACKGROUND

Rumination syndrome (RS) is characterized by recurrent effortless postprandial regurgitation of recently ingested food from the stomach to the oral cavity and has been associated with quality of life impairment and malnutrition. There is a general lack of consensus on the most appropriate treatment options for RS.

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Rumination syndrome - Diagnosis and treatment - Mayo Clinic

<https://www.mayoclinic.org/diseases-conditions/rumination-syndrome/diagnosis-treatment/...> ▾

DIAGNOSIS

TREATMENT

CLINICAL TRIALS

Mayo Clinic doctors start by obtaining an accurate medical history and asking about symptoms. This initial exam, and sometimes observation of a person's behavior, may be enough to diagnose rumination syndrome. While the diagnosis can be made in the vast majority of cases with a careful history, high-resolution esophageal manometry and impedance measurement can be used to confirm the diagnosis. This testing also provides an image of the disordered function for use in biofeedback. Biofeedback is...

[See more on mayoclinic.org](#)

Diagnosis and Treatment of Rumination Syndrome: A Critical ...

https://www.researchgate.net/publication/331263915_Diagnosis_and_Treatment_of...

Objectives: Both rumination syndrome and **supra-gastric belching (SGB)** have limited treatment options. We demonstrated (**open-label**) that **baclofen** reduces pressure flow events in these patients.

Rumination Syndrome: A Review of Current Concepts and ...

<https://www.sciencedirect.com/science/article/pii/S0002962915302160>

The best treatment for rumination syndrome is **behavioral treatment** consisting of **habit reversal** using **relaxation and diaphragmatic breathing** as the competing response (essentially **reprogramming of the stomach**). Our **treatment strategy** consists of a 2-phase intervention:

Phase 1

Cited by: 6

Author: Reza A. Hejazi, Richard W. McCallum

Publish Year: 2014

Diagnosis and Treatment of Rumination Syndrome - Clinical ...

[https://www.cghjournal.org/article/S1542-3565\(18\)30602-5/fulltext](https://www.cghjournal.org/article/S1542-3565(18)30602-5/fulltext)

The cornerstone of treatment of rumination syndrome is a thorough explanation of the **condition** and the **underlying mechanism** responsible for the **rumination episodes**.

Cited by: 1

Author: Magnus Halland, John Erik Pandolfino, ...

Publish Year: 2018

Rumination Syndrome Symptoms, Causes & Treatment ...

<https://www.buoyhealth.com/diagnoses-a-z/rumination-syndrome> ▾

There is no definitive **treatment for rumination syndrome** and management is centered around behavioral modification [10]. Modifications include **breathing techniques** and **treatment** of any coexisting psychiatric conditions. **Diagnosis**. **Diagnosis of rumination syndrome follows criteria** outlined in a set of guidelines called Rome IV [8]. To meet these criteria, your physician will determine ...