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*Observational Study*

**Stress and sleep quality in doctors working on-call shifts are associated with functional gastrointestinal disorders**

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8 Dec 2004 ... However, the health effects of **on-call work**, where workers are called to **work** ... Specific attention has been devoted to the areas of **stress**, **sleep**, mental ... Other forms of **on-call** include **work** done by junior **doctors** during their medical training. .... **Working** late afternoon and evening **shifts** has been **related** to ...

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30 Dec 2010 ... Workers **involved** in rotating **shift work** (the large majority) are ... main effect on **sleep**, that suffers both in quantity and **quality** according to ... to more **stressful working** conditions and higher difficulties in family ... with peptic ulcers, and two out of three with **functional GI disorders**. .... Reppert SM, Weaver DR.

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### Sleep deprivation among physicians | BC Medical Journal

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Evidence clearly indicates that the loss of **sleep** caused by long **work** hours can have an ... After age 45, decreased **quality** of **sleep**, with shorter deep stage 3 and 4 levels, ... to normal **function** after a sleepless night **on call** than their younger colleagues.[9] .... The effects of **shift work** on **gastrointestinal (GI) function**: A review.