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Epidemiology of Type 2 Diabetes in the Middle East and North Africa

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Diabetes in the Middle East and North Africa

<https://pubmed.ncbi.nlm.nih.gov/23642969>

Aims: Even though the Middle East and North Africa (MENA) region had the highest comparative prevalence of diabetes in 2012, little is known about the nuances of diabetes risk and capacity to address the burdens. To provide a comprehensive overview, we reviewed the literature on diabetes in the MENA region. Methods: We conducted a systematic search in PubMed between January 1990 ...

Cited by: 65Author: Azadeh Zabetian, Heval Mohamed Keli, J...Publish Year: 2013

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Cited by: 302

Author: Merlin C. Thomas, Mark E. Cooper, Paul Zi...

Publish Year: 2016

Name of Journal: *World Journal of Diabetes*

Manuscript NO: 63460

Manuscript Type: REVIEW

Epidemiology of Type 2 Diabetes in the Middle East and North Africa: Challenges and Call for Action

Diabetes in the MENA region

Abstract

Type 2 diabetes (T2D) continues to be a serious and highly prevalent public health problem worldwide. In 2019, the highest prevalence of diabetes in the world at 12.2%, with its associated morbidity and mortality, was found in the Middle East and North Africa (MENA) region. In addition to a genetic predisposition in its population, evidence suggests that obesity, physical inactivity, urbanization, and poor nutritional habits have contributed to the high prevalence of diabetes and prediabetes in the region. These risk factors have also led to an earlier onset of T2D among children and

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