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### Diabetes in the Middle East and North Africa

<https://pubmed.ncbi.nlm.nih.gov/23642969>

Aims: Even though the Middle East and North Africa (MENA) region had the highest comparative prevalence of diabetes in 2012, little is known about the nuances of diabetes risk and capacity to address the burdens. To provide a comprehensive overview, we reviewed the literature on diabetes in the MENA region. Methods: We conducted a systematic search in PubMed between January 1990 ...

Cited by: 65 Author: Azadeh Zabetian, Heval Mohamed Keli, J...

Publish Year: 2013



### Type 2 Diabetes in the Middle East and North Africa (MENA ...

<https://oncobemakev.com/type-2-diabetes-in-the>

### Diabetes in Africa - International Diabetes Federation

<https://www.idf.org/our-network/regions-members/africa/diabetes-in-africa.html> ▾

Nov 21, 2019 · **Diabetes in Africa**. Last update: 21/11/2019. 19 million adults (20-79) are living with **diabetes** in the IDF **Africa** Region in 2019. This figure is estimated to increase to 47 million by 2045. 45 million adults (20-79) in the IDF **Africa** Region have Impaired Glucose Tolerance (IGT) which places them at high risk of developing **type 2 diabetes**.

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<https://www.nature.com/articles/nrneph.2015.173>

Nov 10, 2015 · The highest **prevalence** of T2DM is seen in the **Middle East and North Africa**. b ... The worldwide **epidemiology of type 2 diabetes mellitus** – present and future perspectives. ... Arab world: a call ...

**Cited by:** 302 **Author:** Merlin C. Thomas, Mark E. Cooper, Paul Zi...

**Publish Year:** 2016

Name of Journal: *World Journal of Diabetes*

Manuscript NO: 63460

Manuscript Type: REVIEW

**Epidemiology of Type 2 Diabetes in the Middle East and North Africa: Challenges and Call for Action**

Diabetes in the MENA region

**Abstract**

Type 2 diabetes (T2D) continues to be a serious and highly prevalent public health problem worldwide. In 2019, the highest prevalence of diabetes in the world at 12.2%, with its associated morbidity and mortality, was found in the Middle East and North Africa (MENA) region. In addition to a genetic predisposition in its population, evidence suggests that obesity, physical inactivity, urbanization, and poor nutritional habits have contributed to the high prevalence of diabetes and prediabetes in the region. These risk factors have also led to an earlier onset of T2D among children and

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Publish Year: 2016

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