

[Could gestational diabetes mellitus be managed through...](#)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4825102>

Apr 14, 2016 · There is increasing evidence that the dietary patterns having beneficial effects both in prevention and management of diabetes are characterised by high consumption of plant foods (e.g. whole grains, fruit, vegetables and extra-virgin olive oil, nuts) and fish, and low consumption of animal-based, high-fat, processed foods, that is, the Mediterranean-style diet (MedDiet) .

Cited by: 21 Author: Carmela Santangelo, Alessandra Zicari, ...  
Publish Year: 2016

[Gestational Diabetes | CDC](#)

<https://www.cdc.gov/diabetes/basics/gestational.html>

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**[PDF] Nutrition for Gestational Diabetes—Progress and Potential**<https://www.mdpi.com/2072-6643/12/9/2685/pdf>

Sep 03, 2020 · Sep 03, 2020 · Special Issue of Nutrients has been published, looking at nutrients or factors related to **nutrition** that may be involved either in the **prevention**, development or treatment of GDM. In this way, I hope that it plays some part in showing **current** progress and the potential for future improvements in **nutrition** for GDM.

Cited by: 1

Author: Clive J. Petry

Publish Year: 2020

**Diet Quality and History of Gestational Diabetes Mellitus ...**[https://www.cdc.gov/pcd/issues/2015/14\\_0360.htm](https://www.cdc.gov/pcd/issues/2015/14_0360.htm) ▾**Abstract**

Introduction

Methods

Results

Discussion



Introduction Women with a history of gestational **diabetes** mellitus (GDM) **have elevated risk of developing type 2 diabetes**. **Diet quality** plays an important role in the prevention of type 2 diabetes. We compared diet quality among childbearing women with a history of GDM with the diet quality of childbearing women without a history of GDM. Methods We used data from the National Health and Nutrition Examination Survey for 2007 through 2010. We included women without diabetes aged 20 to 4...

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Cited by: 15

Author: Rui Sherry Xiao, Tiffany A. Moore Simas, S...

Publish Year: 2015

Name of Journal: *World Journal of Diabetes*

Manuscript NO: 62986

Manuscript Type: MINIREVIEWS

**Improving nutrition for the prevention of gestational diabetes: Current status and perspectives**

Improving nutrition for the prevention of gestational diabetes

**Abstract**

Gestational diabetes mellitus (GDM) is a common complication of pregnancy and a serious public health problem. It carries significant risks of short-term and long-term adverse health effects for both mothers and their children. Risk factors, especially modifiable risk factors, must be considered to prevent GDM and its consequences. Observational studies have identified several nutritional and lifestyle factors associated with the risk of GDM. The results of intervention studies examining the effects of diet

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< **Abstract** Introduction Methods Results Discussion Ack >

**Introduction** Women with a history of gestational **diabetes** mellitus (GDM) **have elevated risk of developing type 2 diabetes**. **Diet quality** plays an important role in the prevention of type 2 diabetes. We compared diet quality among childbearing women with a history of GDM with the diet quality of childbearing women without a history of GDM. **Methods** We used data from the National Health and Nutrition Examination Survey for 2007 through 2010. We included women without diabetes aged 20 to ...

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**Cited by:** 15 **Author:** Rui Sherry Xiao, Tiffany A. Moore Simas, ...

**Publish Year:** 2015

### [Nutritional Supplementation for the Prevention and/or ...](#)

<https://link.springer.com/article/10.1007/s11892-019-1199-1> ▾

Aug 01, 2019 · Purpose of Review **Gestational diabetes** mellitus (GDM) is a common pregnancy complication that has short- and long-term health implications for both the mother and child. While lifestyle modifications, insulin therapy, and oral agents such as metformin are effective, they can be difficult to adhere to, and there remain concerns over long-term effects of oral agents on the infant. ...

**Cited by:** 14 **Author:** Jasmine F Plows, Jasmine F Plows, Clar...

**Publish Year:** 2019 **Estimated Reading Time:** 8 mins

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