

Name of journal: *World Journal of Diabetes*

ESPS Manuscript NO: 15530

Columns: Editorial

Type 2 diabetes among Asian Americans: Prevalence and prevention

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Abstract

Type 2 diabetes (DM) is a growing problem among Asian Americans. Based on the Centers for Disease Control, the age-adjusted prevalence of type 2 DM for Asian Americans is 9%, placing them at "moderate risk." However differential patterns of disease burden emerge when examining disaggregated data across Asian American ethnic groups; with Filipino, Pacific Islander, Japanese, and South Asian groups consistently described as having the highest prevalence of type 2 DM. Disentangling and strengthening prevalence data is vital for on-going prevention efforts. The strongest evidence currently available to guide the prevention of type 2 DM in the US

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