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# Percutaneous transhepatic cholangial drainage-guided methylene blue for fistulotomy using dual-knife for bile duct intubation: A case report

Tang BX *et al.* Difficult bile duct intubation

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## **INTRODUCTION**

Endoscopic retrograde cholangiopancreatography (ERCP) has currently become an essential diagnostic and treatment method for pancreatobiliary diseases. However, the failure rate of routine bile duct intubation during ERCP is 10%<sup>[1,2]</sup>. Methylene blue can be used to identify the duodenal papilla for bile duct intubation<sup>[3]</sup>, and dual-knife fistulotomy is an effective and safe method for accessing the bile duct<sup>[4]</sup>. We combined these two methods in a patient undergoing surgery for a perforated descending duodenal diverticulum.

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## **CASE PRESENTATION**

### ***Chief complaints***

A 50-year-old male patient with developed jaundice was transferred to our outpatient service in October 2022.

### ***History of present illness***

The patient underwent surgery for a perforated descending duodenal diverticulum. He had duodenal diverticulum resection, partial small bowel resection, cholecystostomy, and jejunostomy. After the cholecystostomy tube was removed, obstructive jaundice appeared to develop.

### ***History of past illness***

In medical history the patient alleged healthy and denied a history of heart illness and inspiratory illness.

### *Personal and family history*

From the patient's medical history, we precluded a history of allergies, asthma, and alcoholism. His father and mother had no hereditary diseases and were all healthy.

### *Physical examination*

On admission we performed a physical examination on the patient, and the result revealed yellow staining of the skin and sclera, but there were no enlarged superficial lymph nodes. There were no abnormal cardiopulmonary and abdominal examinations.

### *Laboratory examinations*

Laboratory results revealed that the blood count of the patient was normal, the patient's renal function, carcinoembryonic antigen, cancer antigen 125, cancer antigen 19-9, carcinoembryonic antigen, and alpha-fetoprotein values were also normal. Liver fibrosis test of the patient was normal, and the levels of immunoglobulins immunoglobulin (Ig) A, IgM, and IgG were also normal. As for the levels of serum type III procollagen, type IV collagen, laminin, and hyaluronic acid, all normal. But the liver function was abnormal and total bilirubin was 130.8  $\mu\text{mol/L}$ , direct bilirubin was 98.5  $\mu\text{mol/L}$ , and indirect bilirubin was 32.3  $\mu\text{mol/L}$ .

### *Imaging examinations*

Postoperative cholecystostomy tube imaging (Figure 1) revealed slight dilation of the common bile duct and a small amount of contrast agent flowing into the duodenum.

### **FINAL DIAGNOSIS**

The patient was diagnosed as obstructive jaundice.

### **TREATMENT**

The patient was discharged after PTCD drainage. The daily drainage volume was 2500-2800 mL but the PTCD drainage tube could not be clamped outside of the hospital. ERCP was performed for internal drainage in the bile duct. During ERCP procedure, descending duodenal scarring was observed and the papilla could not be identified after repeated attempts (Figure 2A). Similarly, no ectopic papilla was observed. Insertion of a PTCD tube into the duodenum *via* a guidewire was attempted but we could not insert the guidewire into the common bile duct after repeated adjustments (Figures 2B and C). After injecting a combination of ioversol and methylene blue (Jichuan Pharmaceutical Group Co. LTD, Jiangsu Province, China) *via* the PTCD tube, pale blue-colored duodenal scar protrusions were observed, which were identified as the intramural common bile duct (Figure 2D). We used a dual-knife (KD-650 L; Olympus Medical Systems) to perform layer-by-layer resection. As a result, large amount of ioversol and methylene blue could be seen flowing out (Figure 2E and F). After routine intubation of the stoma was successful, an 8.5 Fr × 5.0 cm plastic stent was inserted and patent ioversol and methylene blue flow was observed (Figure 2G-I).

## **1** **OUTCOME AND FOLLOW-UP**

After the endoscopic procedure, the patient's jaundice and liver function was relieved after 3 wk. Laboratory tests performed in December 2022 revealed that total bilirubin, direct bilirubin and indirect bilirubin was 31.8 μmol/L, 18.9 μmol/L, and 12.9 μmol/L respectively. Until November 2022, the patient was still undergoing follow-up.

## **DISCUSSION**

A possible explanation for the increasing success rate of ERCP procedures is attributed to the excellent ERCP supporting facilities concerning ultrasonography and duodenoscopic viewing, and the application of adjunctive intubation methods to increase intubation success, reduce complications, and alleviate patient pain<sup>[5]</sup>. However, questions such as how the native papilla or biliopancreatoenteric anastomosis can be identified and cannulated were still challenging for endoscopists. The position of

the native papilla in surgically altered anatomy differs greatly from that in the normal anatomy<sup>[5]</sup>.

From the disease history we concluded that surgery was the cause of the obstructive jaundice in this case. As for the treatment of obstructive jaundice, ERCP has a lower incidence of complications and shorter hospital stays and a lower cost than other methods such as PTCD.

During ERCP, the duodenal papilla is usually identified using endoscope landmarks, such as an oral protrusion, duodenal folds, and a small belt formed by the anal columns. Occasionally, the duodenal papilla cannot be identified. Since our patient had undergone perforated descending duodenal diverticulum surgery, the duodenal papilla could not be located. After PTCD guidewire insertion failed, methylene blue was injected into the PTCD tube and visible protrusions in the intramural common bile duct were visualized as blue surfaces. This technique improved visualization of the intramural common bile duct and reduced the risk of complications due to inaccurate intramural common bile duct identification. After visualizing the position of common bile duct, we selected a dual-knife for fistulotomy because the front end of the dual-knife's sheath was as short as 2 mm. The short knife tip of the dual knife can be directly applied to the mucosal surface to improve control of the incision depth and prevent injury to the posterior sphincter wall of the common bile duct. Therefore, dual-knife is safer than needle knife in our experience. Due to the unique design of the expansive tip, dual-knife can also be used to hook the bile duct to the intestinal cavity for incision, which cannot be achieved with needle knife<sup>[7]</sup>. We combined methylene blue tracer and dual-knife fistulotomy to successfully complete bile duct intubation and insert a plastic stent in the patient's bile duct. This enabled internal bile drainage.

## **CONCLUSION**

The combined use of methylene blue tracer and dual-knife incurs a lower risk and is effective method to achieve bile duct intubation during difficult ERCP.

## Figure Legends

**Figure 1** Transcholecystostomy imaging showing slight common bile duct dilation.

**Figure 2 Treatment.** A: Repeated failed attempts to identify the duodenal papilla, a small amount of contrast agent entered the duodenum; B and C: Repeated attempts at guidewire insertion through the percutaneous transhepatic cholangial drainage (PTCD) tube failed; D: mixture of ioversol and methylene blue was injected *via* the PTCD tube; E: Dual-knife was used for layer-by-layer resection. Pale blue-colored protrusions, which were considered to be the intramural common bile duct, can be seen at the duodenal scar; F: A large amount of methylene blue flowed out after dual-knife resection; G: Common bile duct dilation was observed on endoscopic retrograde cholangiopancreatography imaging; H: Insertion of an 8.5 Fr × 5.0 cm plastic stent; I: A large amount of ioversol and methylene can be seen flowing out.

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