

6 Name of journal: World Journal of Gastrointestinal Endoscopy

ESPS Manuscript NO: 20843

Manuscript Type: Original Article

Observational Study

Unsedation colonoscopy can be not that painful--**1** Evaluation of the effect of
'Lamaze method of colonoscopy'

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Xiao-Hong Cen, Xian-Guang Huang, Mei-Ting Huang

Abstract

AIM: To evaluate the pain relieving effect of intervention with 'Lamaze method of colonoscopy' in the process of colonoscopy.

METHODS: 585 patients underwent colonoscopy were randomly divided into three groups, Lamaze group, anesthetic group and control group. 224 patients of Lamaze group, the 'Lamaze method of colonoscopy' were practiced in the process of colonoscopy. The Lamaze method of colonoscopy is modified from

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copies.2 During the insertion phase of **colonoscopy**, at least ... by a direct vasodilating
effect of CO2.11,12 In the 1980s, en- doscopists began to **evaluate** CO2 insufflation as a
potential **method** to reduce postcolonoscopy **pain** and bloating.13.

缺少字词: lamaze

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have an **impact** on the practice of Glendoscopy. Evidence-based methodology