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Peroral endoscopic myotomy

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Abstract

Peroral Endoscopic Myotomy (POEM) incorporates concepts of natural orifice transluminal endoscopic surgery and achieves endoscopic myotomy by utilizing a submucosal tunnel as an operating space. Although intended for the palliation of symptoms of achalasia, there is mounting data to suggest it is also efficacious in the management of spastic esophageal disorders. The technique requires an understanding of the pathophysiology of esophageal motility disorders as well as knowledge of surgical anatomy of the foregut. POEM is effective and safe with short-term response seen in 82% to 100% of

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