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Does music reduce anxiety and discomfort during flexible sigmoidoscopy? A systematic review and meta-analysis

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Abstract

AIM

To investigate the role of music in reducing anxiety and discomfort during flexible sigmoidoscopy.

METHODS

Match Overview

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[Clinical trial: music reduces anxiety levels in patients attending for ...](#)

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8 Jul 2009 ... Aims To examine whether music reduced anxiety levels in patients attending ... or flexible sigmoidoscopy/colonoscopy) on anxiety levels (state-trait ... measures of stress/anxiety such as heart rate, blood pressure, ... that music does improve patient comfort level during bronchoscopy. ... Statistical analysis.

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14 Sep 2008 ... CONCLUSION: Listening to music is effective in reducing procedure time and ... Keywords: Colonoscopy, Colon cancer, Meta-analysis, Music therapy, Screening ... studied anxiety in patients undergoing flexible sigmoidoscopy and ... in Portuguese[29], one was a systematic review focus on pain[30], one ...

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跳到 SEDOANALGESIA AND OTHER METHODS TO **REDUCE PAIN** - Two **systematic reviews** suggest that **nitrous** ... all sedoanalgesia methods **can** cause ... **reduced pain** during the procedure. ... **decrease anxiety** levels in patients in a ... **flexible sigmoidoscopy** or colonoscopy, ... The second **meta-analysis** dealt with ...

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2016年4月19日 - **Systematic review** and **meta-analysis** of **music** interventions in ... Moreover, the **music** intervention **can** be chosen by the patient, by a **music** therapist or **Anxiety-** and **pain reducing** effects appear to be greatest when people ...

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We performed this **systematic review** and **meta-analysis** of randomized controlled trials to Stress before or **during** these procedures **can** induce ... patient **anxiety** and **pain**, **music** has historically been used **in pain reduction** on patients undergoing bronchoscopy **flexible sigmoidoscopy**, cystoscopy,