

Name of Journal: *World Journal of Hepatology*

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Manuscript Type: Systematic Reviews

Physical activity as a treatment of non-alcoholic fatty liver disease: A Systematic Review

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Abstract

AIM: To review the effectiveness of exercise as a therapy for nonalcoholic fatty liver disease (NAFLD) and potential benefits in treating insulin resistance and atherosclerosis.

METHODS: Medline (EBSCOhost) and PubMed were searched for English language, randomized

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