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Clinical Trials Study

Independent effects of diet and exercise training on fat oxidation in non-alcoholic fatty liver disease

Ilaria Croci, Nuala M Byrne, Veronique S Chachay, Andrew P Hills, Andrew D Clouston, Trisha M O'Moore-Sullivan, Johannes B Prins, Graeme A Macdonald, Ingrid J Hickman

Abstract

AIM: To investigate the independent effects of 6-mo of dietary energy restriction or exercise training on whole-body and hepatic fat oxidation of patients with non-alcoholic fatty liver disease (NAFLD).

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Nonalcoholic Fatty Liver Disease - Today's Dietitian Magazine

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