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Observational Study

Addition of simvastatin to carvedilol non responders: A new rescue therapy for treatment of portal hypertension

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Abstract

Aim

The aim is to determine whether addition of simvastatin could be an important pharmacological rescue therapy for carvedilol non- responders.

Methods

One hundred and two consecutive patients of cirrhosis of liver with significant portal hypertension were included. Hepatic venous pressure gradient was measured at the base line and after proper optimization of dose; chronic response was assessed at 3 months. Carvedilol non-responders were given simvastatin 20 mg per day [increased to 40 mg per day at day 15]. Carvedilol plus simvastatin was continued for 1 month and

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