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**13**  
**Glucosamine and Chondroitin for the treatment of Osteoarthritis**

Haris S Vasiliadis, Konstantinos Tsikopoulos

**Abstract**

The prevalence of primary or idiopathic osteoarthritis (OA) of knee and hip joints has substantially increased in general population during the last decades. Analgesics and non-steroidal anti-inflammatory drugs are currently extensively used as non-surgical treatment options. However, they act as symptomatic treatments, not offering a cure of OA and they are accused for an increased risk of adverse events. Glucosamine (GL) and Chondroitin (CH) are nutritional supplements that have recently gained widespread use as treatment options for OA.

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### Effectiveness of Glucosamine and Chondroitin Sulfate for Osteoarthritis

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Although there is not yet have a proven treatment to stop or slow the progression of osteoarthritis, glucosamine and chondroitin sulfate nutritional supplements ...

### Use of glucosamine and chondroitin to treat osteoarthritis: a review of ...

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To evaluate the current evidence that support or disprove the use of glucosamine and chondroitin in the