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Superior mesenteric artery syndrome in a patient with esophageal stenosis: A case report

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Abstract

BACKGROUND

² Superior mesenteric artery syndrome (SMAS) is a rare condition, characterized by duodenal obstruction caused by compression of its third part by the superior mesenteric artery (SMA). Most cases of SMAS are associated with weight loss, and the most frequent clinical manifestations are nausea, vomiting, postprandial fullness, and abdominal pain. Treatment of SMAS is usually conservative, consisting mainly of adequate nutritional support, but in refractory cases surgery may be necessary with gastrojejunostomy and duodenojejunostomy being the most commonly performed procedures.

CASE SUMMARY

We describe the case of a man in his forties with a pre-existing diagnosis of esophageal stricture due to sodium hydroxide ingestion and who suffered significant weight loss after replacement of his jejunostomy tube. He was admitted to the hospital due to pain and abdominal distension. A ⁴ computerized tomography (CT) scan showed significant distension of the stomach and duodenum with narrowing of the duodenum at the point at which it is crossed by the superior mesenteric artery, thus establishing the diagnosis

of SMAS. Due to the presence of the esophageal stricture, the patient was incapable of emesis; however, passage of a nasogastric tube for decompression was not possible. Considering the risk of gastric perforation due to distention, we opted for surgical treatment in the form of a surgical gastrojejunostomy after which he showed complete resolution of all symptoms and was discharged from the hospital five days after the procedure.

CONCLUSION

Diagnosis of SMAS can be challenging in patients with esophageal stenosis, and risk of gastric perforation may preclude conservative treatment.

3 INTRODUCTION

Superior mesenteric artery syndrome (SMAS), also known as Wilkie's or cast syndrome, is a rare condition that was first described by Von Rokitsansky in the 1860s [1]. The disease is characterized by duodenal obstruction caused by compression of the third part of this organ by the superior mesenteric artery (SMA). The clinical manifestations are those of proximal gastrointestinal obstruction, such as abdominal pain, anorexia, nausea, vomiting, and postprandial fullness. It has an estimated incidence of 0.01% to 0.3% in the general population although given the nonspecific nature of its symptoms, this syndrome is likely underdiagnosed [1].

Regarding its pathophysiology, it is currently accepted that a reduction in the retroperitoneal fat padding leads to the narrowing of the aorto-mesenteric angle and results in duodenal compression by the SMA anteriorly and the aorta and vertebral column posteriorly. The most significant risk factors for SMAS are therefore those related to significant and rapid weight loss (such as severe burns, trauma, bariatric surgery, malignancy) [2]. However, other less frequent causes that can lead to the reduction of the aforementioned angle, such as surgery for correction of spinal scoliosis and restorative proctocolectomy, have also been described [3-6].

As the symptoms are nonspecific, diagnosis may be delayed, which can result in potentially severe complications, such as gastric perforation and peritonitis [7]. Therefore, clinical suspicion of SMAS should be followed by imaging studies to establish the diagnosis. Computed tomography and magnetic resonance imaging (CT and MRI, respectively) are particularly helpful in calculating the aortomesenteric angle [7,8]. A distance between the aorta and the SMA inferior to 10 mm and an aortomesenteric angle of less than 25° are highly suggestive of duodenal obstruction and SMAS [9,10].

We report a rare case of SMAS in a patient with pre-existing esophageal stricture, which presented unique challenges to the diagnosis and treatment of this condition.

CASE PRESENTATION

Chief complaints

A male patient in his forties arrived at the emergency room complaining of abdominal distention and diffuse abdominal pain for the past four days.

The patient complained of a diffuse abdominal pain had started four days ago and progressively worsened and was associated with malaise and asthenia.

History of present illness

Upon arrival in the emergency room, the patient was hemodynamically stable. Heart rate was 88 beats per minute, blood pressure was 108/76 mmHg and respiratory rate was 18 breaths per minute. He mentioned having his jejunostomy tube replaced three weeks before presentation after which he experienced significant difficulty in diet infusion that resulted in a significant weight loss of 20 kg during that period (weight at admission was 39 kg with a BMI [body mass index] of 13.2 kg/m²).

He was started on intravenous hydration and laboratory exams were obtained.

History of past illness

The patient had a past medical history of undergoing multiple surgeries for the treatment of corrosive injuries of the upper gastrointestinal tract secondary to ingestion of sodium hydroxide at another hospital two years before presenting at our hospital. During that time period, he was suffering from gastric perforation with peritonitis and underwent laparotomy with peritoneal cavity lavage, primary closure of the gastric perforation, and placement of a feeding jejunostomy. He underwent two subsequent procedures for treatment of intra-abdominal abscess and was left with a laparostomy wound that healed secondarily. After this episode, he also suffered from a significant stricture of the distal esophagus, located 20cm from the incisor teeth, which did not allow a pediatric endoscope or a nasogastric tube to pass through the stricture. While able to drink small amounts of water, he was wholly dependent on enteral feeding through his jejunostomy tube for meeting his nutritional requirements.

Personal and family history

He had no other comorbidities and reported sporadic use of tobacco, alcohol, and crack cocaine.

Physical examination

Physical examination of the abdomen was remarkable for significant abdominal distention, diffuse pain upon abdominal palpation, and hyper-tympanism on abdominal percussion. An empty rectal vault was noted on digital rectal examination. Vital signs were within the normal range of values, and the patient was afebrile.

Laboratory examinations

Biochemical test results were unremarkable with the only significant finding being a C-reactive protein (CRP) of 80 mg/L (reference range: < 10mg/L). Considering his history of multiple previous abdominal surgeries, intestinal obstruction due to adhesions was considered a likely diagnosis, and the patient underwent CT for further evaluation.

Imaging examinations

The CT scan demonstrated significant gastric and duodenal distension with formation of air-fluid levels, and marked overinflation of the cuff on the jejunostomy tube.

The jejunostomy tube was then replaced followed by the outpour of a significant amount of enteric secretion and immediate relief of his symptoms.

On the following day, however, the patient became once symptomatic again and complained of abdominal pain and distension. Since these symptoms persisted for two days, another CT scan was performed for further investigation and revealed gastric and duodenal distension with an abrupt reduction in bowel caliber at the duodenojejunal flexure (Figures 1 and 2).

The aortomesenteric angle and distance between the aorta and the SMA were 16.26° and 7 mm, respectively, which corroborated a diagnosis of SMAS (Figures 3 and 4). While small bowel obstruction due to adhesions was initially considered as the likely diagnosis, this possibility was excluded by the findings on the second CT scan, which showed dilatation that was restricted to the stomach and part of the duodenum. Overinflation of the cuff on the jejunostomy tube can also be a cause of abdominal pain and distention and was likely the reason for the difficulties faced by the patient during diet infusion. However, as the symptoms recurred after replacement of the jejunostomy tube, another cause for gastric distension was sought. Vomiting is usually one of the hallmark symptoms of SMAS, but patients with esophageal strictures are often incapable of emesis as was the case of the patient in question. Radiographic exams with the use of oral contrast medium can also be helpful in the diagnosis of SMAS but could not be performed in this case as the patient was intolerant of oral ingestion. The diagnosis of SMAS was obtained after a careful analysis of the CT scan, which showed a marked reduction in the aortomesenteric angle and the distance between the aorta and the SMA. His history of recent and significant weight loss further corroborated the diagnosis of SMAS.

FINAL DIAGNOSIS

Superior mesenteric artery syndrome.

TREATMENT

Considering the impossibility of gastric and duodenal decompression with a nasogastric tube due to esophageal stricture and the marked gastric distension viewed on the CT scan, conservative treatment with nutritional support and weight gain was deemed unsuitable for this patient due to risk of gastric perforation with peritonitis. Gastric perforation was considered as a potential complication since there was significant distension of the stomach, which suffered from both proximal (esophageal stricture) and distal (compression by the mesenteric artery) obstruction. We have no access in our institution to guidewire-assisted esophageal dilatation under fluoroscopy, and transfer to an institution with such resources available was not feasible. As the possibilities of surgical treatment were discussed with the patient, he expressed his desire to keep the feeding jejunostomy tube and to undergo no future reconstructive surgical treatments for his esophageal stricture. He then underwent laparotomy, which confirmed the presence of marked gastric and duodenal distention up to the point where the duodenum crossed the aortomesenteric angle with a sudden reduction in bowel caliber (Figure 5). Adhesions from previous surgical procedures were released, and the segment of jejunum where the jejunostomy tube was placed was resected. A Roux-en-Y gastrojejunostomy was then performed followed by the placement of a new jejunostomy using the Witzel procedure.

OUTCOME AND FOLLOW-UP

Post-operative recovery was uneventful with hospital discharge after 5 days. The patient remains well and asymptomatic during a follow-up period of two months and has regained 6 kg of weight during that period.

DISCUSSION

SMAS is a relatively uncommon cause of obstruction of the upper gastrointestinal tract, usually associated with rapid and significant weight loss [1]. Diagnosis is usually based on the assessment of the aortomesenteric angle and the distance between the aorta and the SMA on the CT scan [7,8]. Treatment of SMAS may be conservative or surgical. The conservative approach consists of nutritional support aiming at weight gain and consequently, retroperitoneal fat pad restoration [7]. If not successful, surgery may be needed, especially in cases unrelated to acute weight loss [8,10]. Many surgical approaches, which include gastro or duodenojejunostomy, have been described and can be performed through open surgery or *via* a laparoscopic approach [11]. Another option for surgical treatment is Strong's operation, which divides the ligament of Treitz with mobilization of the duodenojejunal junction and repositioning of the duodenum further away from the aorta [7,11]. Duodenal division and re-anastomosis anterior to the SMA is another technique although it is a less commonly used option for the surgical treatment of SMAS [11].

While no current evidence-based guidelines to determine ideal treatment for SMAS are available, an initial attempt at conservative treatment with nutritional support aiming weight gain is indicated in most cases [7]. Diagnosis and treatment of SMAS requires a multidisciplinary approach as correct radiological diagnosis requires a high index of suspicion, and during the initial stages of treatment, these patients are particularly vulnerable to refeeding syndrome. When conservative treatment fails or is not feasible, surgical treatment with high rates of success is indicated [11]. While scientific evidence is insufficient, laparoscopic gastrojejunostomy or duodenojejunostomy is currently accepted as the standard of treatment as either technique offers optimal decompression of the upper gastrointestinal tract with less of surgical trauma [11]. While patients with esophageal obstruction due to neoplasms or benign strictures and who are dependent on gastrostomy or jejunostomy tubes for enteral feeding may be particularly vulnerable to rapid weight loss and therefore to the development of SMAS, we have found no previous report in the literature of SMAS in a patient with pre-existing esophageal stricture. Diagnosis of SMAS in this particular subset of patients may be challenging as

characteristic symptoms, such as vomiting and/or postprandial fullness, may be absent. Concern about the lack of an effective mechanism of gastric decompression may lead to gastric perforation and peritonitis thus causing an increase in the risks of conservative treatment for these patients. While this study is the first report in the literature of SMAS occurring in a patient with esophageal stricture, thus describing a novel situation in the scientific literature, we lack evidence for estimating the risk of potential complications and therefore the ideal treatment for SMAS in the specific settings we have reported.

CONCLUSION

SMAS is a rare condition, characterized by duodenal obstruction caused by the compression of its third part by the SMA. While no current evidence-based guidelines to determine ideal treatment for SMAS are available, an initial attempt at conservative treatment with nutritional support aiming at weight gain is indicated in most cases. However, SMAS may present differently in patients with esophageal strictures, as the hallmark symptom of vomiting may be absent. When treating patients with coexisting SMAS and esophageal strictures, the risk of gastric perforation due to ineffective gastric decompression must be considered and may favor early surgical treatment.

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