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Is lithium potentially a trace element?

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Abstract

Lithium, a naturally occurring element, is widely used in clinical settings for psychiatric treatment. Several studies showed that micro-dose lithium (e.g. lithium in drinking water) could have anti-aging and anti-dementia effects in addition to an anti-suicidal effect, although anti-mania and psychosis or anti-cancer effects are yet to be determined. Although these studies do not provide conclusive evidence, further studies are

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