Informed Consent

Title of the research work

Evaluation of chronic idiopathic tinnitus and its psychosocial triggers

Principle investigator:

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The purpose and introduction of the case report:

Tinnitus is a very frequent subjective symptom in adults. It has been found that 15-30% of patients with tinnitus had no clinically manifest hearing loss or even had no subclinical sensorineural hearing loss when evaluated using advanced auditory testing. Previous studies found that there are several comorbid psychiatric conditions and disorders in sufferers of tinnitus, which also may contribute to its persistence and increased severity. They include stress, anxiety, depression, sleep disturbance, increased forgetfulness, major depression and anxiety and somatoform disorders. However, the relationship of these comorbidities to the onset of tinnitus is still unclear. Also the psychosocial triggers for initiation, increased severity and chronicity of tinnitus are understudied in many areas of the world. This study aimed to determine the comorbid psychosocial factors and behaviors associated with tinnitus and the predictors for the increase in its severity. The following

investigations and procedures will be done. They include audiograms, speech discrimination (SDS) and masking testing and neuropsychiatric evaluation. Measures used for assessment included Tinnitus Handicap Inventory (THI), Depression Anxiety Stress Scale (DASS 21), Perceived Stress Scale (PSS) and Insomnia Severity Index (ISI). The data of the patient is highly confidential and will be reserved with the principle investigator under special code number when shared with other included researcher in the study.

Corresponding author consent:

I certify that I have given a translated document (Arabic copy) from the above consent form for the patient to sign after I ensured that confidentiality is maintained by not citing the patient's name in the paper or showing her name on any of the investigations and imaging.

Signature

By signing below, I have read have read and under

By signing below, I agree that I have read and understand the above information and agree for participation in the above research work.

Printed name of the patient:

Signature