Based on Resolution 8430 of 1993 of the Ministry of Health and Social Protection of Colombia, the study presented is classified as risk-free because it is a questionnaire and, furthermore, citing the resolution "no intervention or intentional modification of the variables is carried out." biological, physiological, psychological or social of the individuals participating in the study."

According to Article 16 of the first paragraph of the previously mentioned resolution, in low-risk research the researcher may be exempt from obtaining informed consent, given the above, no signature is required. Likewise, given that some of the answers may be considered sensitive for the respondent, at the beginning of the call the confidentiality of the answers provided was clearly explained to the mothers.