

## PEER-REVIEW REPORT

**Name of journal:** *World Journal of Clinical Cases*

**Manuscript NO:** 73968

**Title:** Awareness of initiative practice for health in the Chinese population: A questionnaire survey based on a network platform

**Provenance and peer review:** Unsolicited Manuscript; Externally peer reviewed

**Peer-review model:** Single blind

**Reviewer's code:** 06086865

**Position:** Peer Reviewer

**Academic degree:** MD

**Professional title:** Associate Professor

**Reviewer's Country/Territory:** Germany

**Author's Country/Territory:** China

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**Reviewer chosen by:** AI Technique

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**Review time:** 5 Days and 7 Hours

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input checked="" type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input checked="" type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No



**Baishideng  
Publishing  
Group**

7041 Koll Center Parkway, Suite  
160, Pleasanton, CA 94566, USA  
**Telephone:** +1-925-399-1568  
**E-mail:** bpgoffice@wjgnet.com  
**https://**www.wjgnet.com

<b>Peer-reviewer statements</b>	Peer-Review: [ <input checked="" type="radio"/> ] Anonymous [ <input type="radio"/> ] Onymous Conflicts-of-Interest: [ <input type="radio"/> ] Yes [ <input checked="" type="radio"/> ] No
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## **SPECIFIC COMMENTS TO AUTHORS**

**ABSTRACT/CORE TIP** • The abstract and core tip should contain a line about the "initiative practice for health (IPFH)." Without this the subsequent parts are difficult to understand. Conclusion (abstract) The Chinese population has limited knowledge of the IPFH. People who are older, earn more income and have medical-related work experience have strong IPFH awareness. - This should be - People with strong IPFH awareness are older, earn more, and have medical-related work experience.

**INTRODUCTION** To solve health challenges effectively, countries around the world have adopted different policies[7, 8],so as to China[9]. - This should be - "so has China" • There should perhaps be some mention of environmental and climatic changes as challenges. IPFH is a process in which people take the initiative to learn health-related knowledge, improve their lifestyle and ensure their own healthy status. - This should be - "gain" & "health" (delete "own") It absolutely highlights the active participation of individuals in personal health management and citizen participation in the healthy development of China. Delete - "absolutely" It encourages individuals to find personal ways and to acquire effective knowledge to promote modifiable health-related behaviors in terms of the diet, exercise, society, and mentality to enable healthier lives. Do you mean - mental health measures?

**MATERIALS AND METHODS** • Questionnaire - include this as a supplement. Scoring of questions could be explained in this supplement and removed from the main text. Based on the literatures and the suggestions of experts for health management,epidemiology, clinical medicine, etc., a self-designed questionnaire including a total of 49 questions was compiled based on the purpose of this research after the group discussion and the preliminary investigation for 55 samples.



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- Remove "etc." Split this sentence. Correct language errors. • Online surveys have an inherent bias. Not all people have access, particularly those who need it most. This has been mentioned as a limitation, but the important implication is how to reach the disadvantaged population with poor awareness of IPFH. This needs to be discussed.

**RESULTS Sociodemographic Characteristics of the Participants** • This bias is apparent from the socio-demographic characteristics of the sample. You have noted that your sample is predominantly female, urban-based, with college education and (possibly) high incomes. (Is more than five thousand Yuan per month a high level of income?) • You have to explain what this socio-demographic profile means for people who have little idea about China.

**DISCUSSION** However, it is much different from the survey about the awareness of health knowledge among rural residents in Western China conducted by Yuan F, et al. from July 2011 to April 2012[15]. It indicated that the health knowledge level of lower income families is higher than which of rich families, and it is declined with increasing age. Which may because the rural population has certain particularity and the respondents we surveyed live in urban area. • This is exactly the point I am trying to make - that the more disadvantaged people who could possibly benefit most from such initiatives often get excluded from such surveys. The other lesson is that this survey should be conducted in -person among the rural population. The differences in results will be useful in understanding how to expand the initiative to this population. Just expanding the Internet access, as you have mentioned, may not be enough to carry this initiative forward. More innovative ways have to be found. This aspect is a very important one. It should be discussed in far greater detail because this is the most important implication of this survey. Finally, this portion needs to be re-written to make it more comprehensible. • The discussion is too long, wordy and repetitive. A more concise version would help in improving the overall quality of the manuscript.

**TEXT** • The entire text needs careful language editing. Some sentences are so long that it

is difficult to follow through. Examples: In October 2016, the Central Committee of the Communist Party of China and the State Council released the “Healthy China 2030” plan, which aims to effectively address the challenges posed by the UN SDGs as well as the accompanying economic burden and to improve people’s health by promoting healthy lifestyles, optimizing health services, improving health security, building a healthy environment, and developing health industries by 2030[10]. It is based on health management and emphasizes the long-term continuous and dynamic tracking of the individual's entire life cycle behavioral system as well as comprehensive detection, assessment, effective intervention and continuous follow-up services for individual or group health conditions and their risk factors affecting health. Based on the literatures and the suggestions of experts for health management, epidemiology, clinical medicine, etc., a self-designed questionnaire including a total of 49 questions was compiled based on the purpose of this research after the group discussion and the preliminary investigation for 55 samples. • There are many other language errors that need to be corrected.

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This is an interesting study of the the residents' awareness of "initiative practice for health" (IPFH) of Chinese population and explore the relevant influential factors. The study is well designed, and the results are interesting. After a minor language editing, it can be accepted for publicatiion.