



PEER-REVIEW REPORT

Name of journal: World Journal of Diabetes

Manuscript NO: 59561

Title: Effectiveness of cognitive behavior therapy for sleep disturbance and glycemic control in persons with type 2 diabetes mellitus: A group community-based randomized controlled trial in China

Reviewer's code: 00504351

Position: Peer Reviewer

Academic degree: MD, PhD

Professional title: Assistant Professor

Reviewer's Country/Territory: Japan

Author's Country/Territory: China

Manuscript submission date: 2020-09-18

Reviewer chosen by: Jia-Ru Fan

Reviewer accepted review: 2020-11-11 05:45

Reviewer performed review: 2020-11-13 00:28

Review time: 1 Day and 18 Hours

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input checked="" type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Peer-reviewer	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous



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Conflicts-of-Interest: [] Yes [Y] No

SPECIFIC COMMENTS TO AUTHORS

Comments to authors: This study performed a cluster randomized controlled trial with cognitive behavior therapy (CBT) to evaluate the glycosylated hemoglobin (HbA1C) and sleep quality (PSQI) in patients suffered from T2DM, with a large population (over 1033 persons and 44 eligible clusters) through to 12 months. Results showed that CBT delivered by general practitioners, is an effective and practical method that could reduce glycemic levels and improve sleep quality for patients with T2DM in community. It is a big and good job.



PEER-REVIEW REPORT

Name of journal: World Journal of Diabetes

Manuscript NO: 59561

Title: Effectiveness of cognitive behavior therapy for sleep disturbance and glycemic control in persons with type 2 diabetes mellitus: A group community-based randomized controlled trial in China

Reviewer's code: 02446387

Position: Peer Reviewer

Academic degree: MHSc, PhD

Professional title: Professor

Reviewer's Country/Territory: United States

Author's Country/Territory: China

Manuscript submission date: 2020-09-18

Reviewer chosen by: Jia-Ru Fan

Reviewer accepted review: 2020-11-12 01:38

Reviewer performed review: 2020-11-13 13:07

Review time: 1 Day and 11 Hours

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input checked="" type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Peer-reviewer	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous



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Conflicts-of-Interest: [] Yes [Y] No

SPECIFIC COMMENTS TO AUTHORS

See my comments sent to the office.