



**PEER-REVIEW REPORT**

**Name of journal:** World Journal of Diabetes

**Manuscript NO:** 41192

**Title:** Unhealthy eating habits around sleep and sleep duration: To eat or fast?

**Reviewer's code:** 03469232

**Reviewer's country:** Japan

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2018-08-13

**Date reviewed:** 2018-08-16

**Review time:** 2 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input checked="" type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input checked="" type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

The manuscript entitled "Unhealthy eating habits around sleep and sleep duration: To eat or fast?" is an interesting and well-written Editorial which introduce chrono-nutrition in the management of diabetes. Although the author mentioned some endocrinological factors in the association between circadian rhythm and late-night



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dinner eating (LNDE), the effect of LNDE on neuroendocrine system was not well discussed. As the author stated, studies concerning the effect of LNDE on circadian rhythm are limited; however, the reviewer would recommend that the author add more information regarding the association of LNDE with circadian misalignment.

#### **INITIAL REVIEW OF THE MANUSCRIPT**

##### ***Google Search:***

- The same title
- Duplicate publication
- Plagiarism
- [Y] No

##### ***BPG Search:***

- The same title
- Duplicate publication
- Plagiarism
- [Y] No



## PEER-REVIEW REPORT

**Name of journal:** World Journal of Diabetes

**Manuscript NO:** 41192

**Title:** Unhealthy eating habits around sleep and sleep duration: To eat or fast?

**Reviewer's code:** 03402733

**Reviewer's country:** Japan

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2018-08-13

**Date reviewed:** 2018-08-16

**Review time:** 3 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input type="checkbox"/> Anonymous
<input type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input type="checkbox"/> No

### SPECIFIC COMMENTS TO AUTHORS

Major comments Kei Nakajima write an editorial to review unhealthy lifestyles associated with breakfast skipping, late-night dinner eating, and sleep duration on cardiometabolic diseases. This review encompasses an interesting topic. These unhealthy lifestyles are important in Asia. No critical problem is involved in this study.



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##### *BPG Search:*

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- Plagiarism
- [Y] No



**PEER-REVIEW REPORT**

**Name of journal:** World Journal of Diabetes

**Manuscript NO:** 41192

**Title:** Unhealthy eating habits around sleep and sleep duration: To eat or fast?

**Reviewer's code:** 00036318

**Reviewer's country:** Greece

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2018-08-13

**Date reviewed:** 2018-08-17

**Review time:** 4 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input type="checkbox"/> Anonymous
<input type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

This is a well-written editorial from an expert on the field of nutrition. The editorial is balanced, well-organized, comprehensive and uptodate.

**INITIAL REVIEW OF THE MANUSCRIPT**



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- Duplicate publication
- Plagiarism
- [Y] No



**PEER-REVIEW REPORT**

**Name of journal:** World Journal of Diabetes

**Manuscript NO:** 41192

**Title:** Unhealthy eating habits around sleep and sleep duration: To eat or fast?

**Reviewer's code:** 02951258

**Reviewer's country:** Ukraine

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2018-08-13

**Date reviewed:** 2018-08-18

**Review time:** 5 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input checked="" type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input type="checkbox"/> Grade C: Good	polishing	<input checked="" type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input checked="" type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

The manuscript by Kei Nakajima "Unhealthy eating habits around sleep and sleep duration: To eat or fast?" is an well-written and easy to read editorial. The main focus of this work is aimed to nutrition and its relationship to metabolic disorders. Although current evidence about the effect of late-night dinner eating and breakfast skipping are



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limited, it would be great to add more information concerning the alternations of circadian rhythms and the secretion of leptin, ghrelin and incretins. Generally the editorial is well-organized, up-to-date and can be published in WJD.

#### **INITIAL REVIEW OF THE MANUSCRIPT**

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- [Y] No



**PEER-REVIEW REPORT**

**Name of journal:** World Journal of Diabetes

**Manuscript NO:** 41192

**Title:** Unhealthy eating habits around sleep and sleep duration: To eat or fast?

**Reviewer's code:** 02446627

**Reviewer's country:** United States

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2018-08-13

**Date reviewed:** 2018-08-18

**Review time:** 5 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
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			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

Nice and concise editorial with few important point for future research. The topic and data remains controversial but makes it a good editorial

**INITIAL REVIEW OF THE MANUSCRIPT**



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