

**ESPS Peer-review Report**
**Name of Journal:** World Journal of Clinical Oncology

**ESPS Manuscript NO:** 9488

**Title:** \*Is exercise ignored in palliative cancer patients?

**Reviewer code:** 00646241

**Science editor:** Ling-Ling Wen

**Date sent for review:** 2014-02-14 13:11

**Date reviewed:** 2014-02-16 07:20

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input type="checkbox"/> Grade A (Excellent)	<input type="checkbox"/> Grade A: Priority Publishing	Google Search:	<input type="checkbox"/> Accept
<input type="checkbox"/> Grade B (Very good)	<input checked="" type="checkbox"/> Grade B: minor language polishing	<input type="checkbox"/> Existed	<input checked="" type="checkbox"/> High priority for publication
<input checked="" type="checkbox"/> Grade C (Good)	<input type="checkbox"/> Grade C: a great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D (Fair)		BPG Search:	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E (Poor)	<input type="checkbox"/> Grade D: rejected	<input type="checkbox"/> Existed	<input type="checkbox"/> Major revision
		<input type="checkbox"/> No records	

**COMMENTS TO AUTHORS**

Review In their paper "Is exercise ignored in palliative cancer patients?", Sibel Eyig?r and Sedef Akdeniz present a very interesting view of rehabilitation physicians on palliative cancer care. The work is very much worth being communicated; however, in some ways the paper might be improved. In the introduction, the authors first state that there is a need for cancer rehabilitation in palliative cancer patients, and only several lines later, they give their definition of cancer rehabilitation. These paragraphs should be arranged in different sequence. In the introduction, the authors further state that "Although cancer patients are in great need of physiotherapy and rehabilitation, this is often ignored by health professionals" - this might indeed be true, however, can they quote any study in which this has been shown? At several parts of the work, the authors state that exercise might reduce the risk of getting cancer - this information is not really relevant for the message of this paper. In the paragraph regarding muscle mass, there is no information whether improving muscle mass may be beneficial in order to prolong the time cancer patients may spend out of bed, which in turn might prevent possible secondary diseases. In the paragraph "treatment plan and compliance" is not explicitly said that the patient herself/himself should be active partner in the planning process. In particular, the concept of palliative care as a most individualized and personal type of care should be stressed. In this paragraph, the authors also write about passive, active, active-aided, resistance, strengthening and aerobic exercises. For the non-specialist reader, these terms should be explained more in detail. Also, there should be said something about the differential indications of these different types of therapy / physical exercise. I believe that for some patients physical therapy may also help against depression - if this is true, it should also be said, with references. Further, it would



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be helpful if the authors gave two or three examples of individual cases experiencing positive results from an individually planned rehabilitation treatment.

**ESPS Peer-review Report**

**Name of Journal:** World Journal of Clinical Oncology

**ESPS Manuscript NO:** 9488

**Title:** \*Is exercise ignored in palliative cancer patients?

**Reviewer code:** 02439561

**Science editor:** Ling-Ling Wen

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**Date reviewed:** 2014-02-24 11:08

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input checked="" type="checkbox"/> Grade A (Excellent)	<input checked="" type="checkbox"/> Grade A: Priority Publishing	Google Search:	<input checked="" type="checkbox"/> Accept
<input type="checkbox"/> Grade B (Very good)	<input type="checkbox"/> Grade B: minor language polishing	<input type="checkbox"/> Existed	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C (Good)	<input type="checkbox"/> Grade C: a great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D (Fair)	<input type="checkbox"/> Grade D: rejected	<input type="checkbox"/> Existed	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E (Poor)		<input type="checkbox"/> No records	<input type="checkbox"/> Major revision

**COMMENTS TO AUTHORS**

I think you wrote a good and timely review for pull attention about rehabilitation treatment of cancer patient.